

# LOK-stödets utveckling under 20 år, Stockholm

Statligt Lokalt Aktivitetsstöd, LOK-stöd, skapades i slutet av 1960-talet då barn- och ungdomsidrotten utvecklades snabbt för att numera vara en stor och viktig del av svensk idrott. LOK-stödet infördes för att ge idrottsföreningar ett ekonomiskt stöd för att kunna bedriva verksamhet för barn och ungdomar. I princip har LOK-stödet sett ut på ungefär samma sätt sen starten. En del regler har förändrats liksom nivån för det ekonomiska stödet. I det här dokumentet redovisas LOK-stödets utveckling för orienteringsföreningar under de senaste 20 åren.

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## 1. LOK-stödet

Statligt lokalt aktivitetsstöd, det så kallade LOK-stödet, är ett stöd till svenskt föreningsliv för att stimulera till att skapa bra verksamhet för barn och ungdomar. LOK-stödet skapades för att ge ett stöd till föreningslivet för att satsa på meningsfulla aktiviteter för barn och unga. En ny och växande ungdomskultur ungdomskravaller, raggarkultur och motbokens avskaffande var några saker som sågs som ett hot mot sunda värderingar bland unga.

Reglerna för LOK-stödet har förändrats ett antal gånger under årens lopp. De senaste förändringarna och är åldersgruppen 21-25 år blev berättigad till LOK-stöd 2014 och ett extra ledarstöd till de grupper som har två ledare. För orienteringsföreningarna i Sverige innebär LOK-stödet ett årligt tillskott på omkring 3,8 miljoner kronor fördelat på 347 föreningar (2019). Varje deltagartillfälle ger i genomsnitt 11 kronor till föreningen.

LOK-stödet är också en viktig fördelningsnyckel när Riksidrottsförbundet fördelar det statliga stödet inom idrotten. Ju mer LOK-stödssammankomster som redovisas för orientering desto mer stöd till orienteringsidrotten.

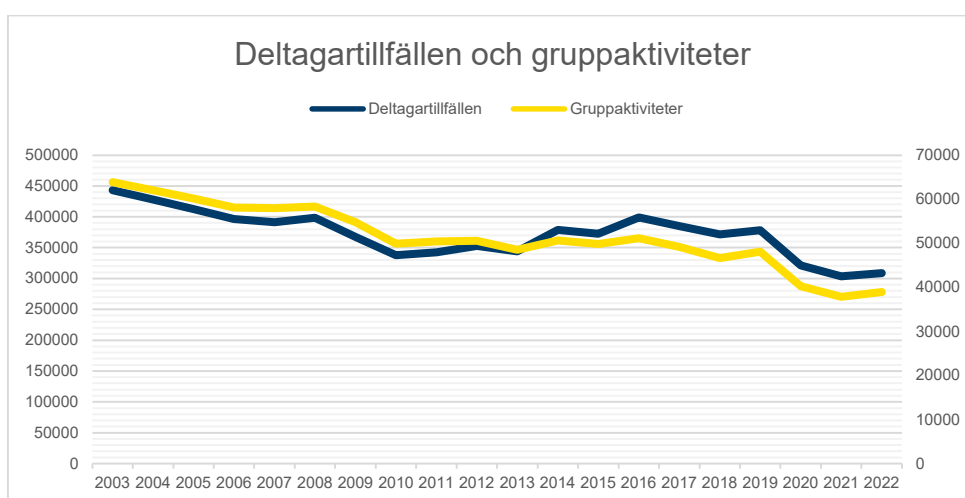
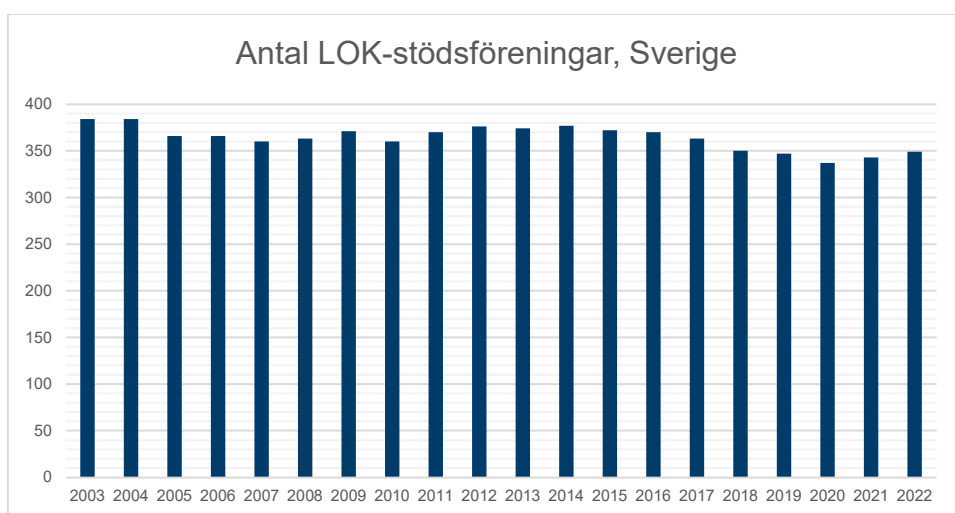
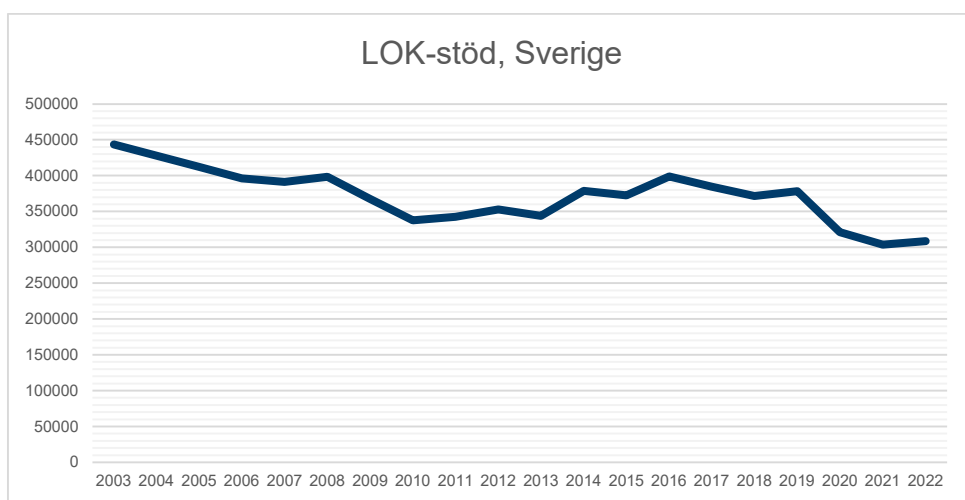
Här följer en redovisning av LOK-stödets utveckling i distriktet som helhet och för respektive förening i distriktet. Föreningar som eventuellt saknas redovisar inget LOK-stöd. Av redovisningen nedan framgår den totala utvecklingen, eventuella skillnader mellan pojkar och flickor samt utvecklingen för LOK-stödets olika åldersgrupper. Förhoppningsvis kan underlaget ge mer kunskap om för vilka målgrupper framtida satsningar bör göras. I vilka åldrar och vilket kön finns våra styrkor respektive svagheter? Vilka satsningar behöver göras?

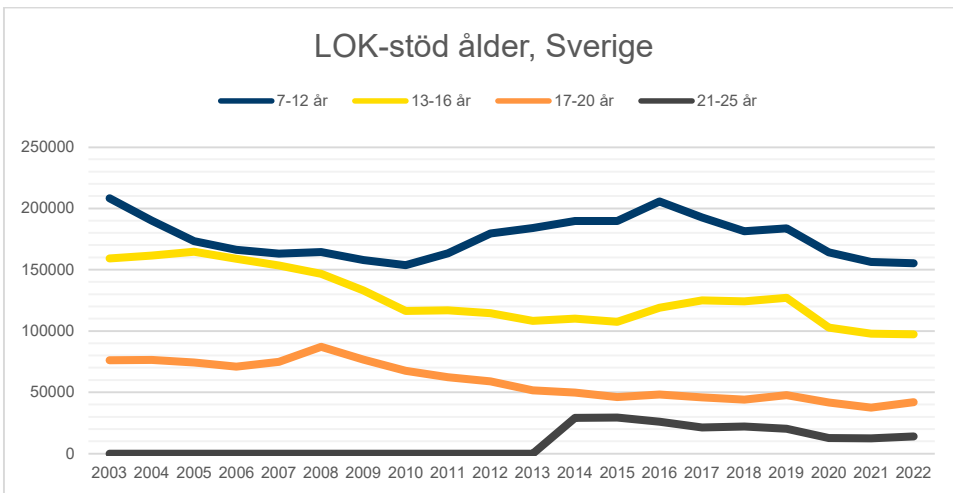
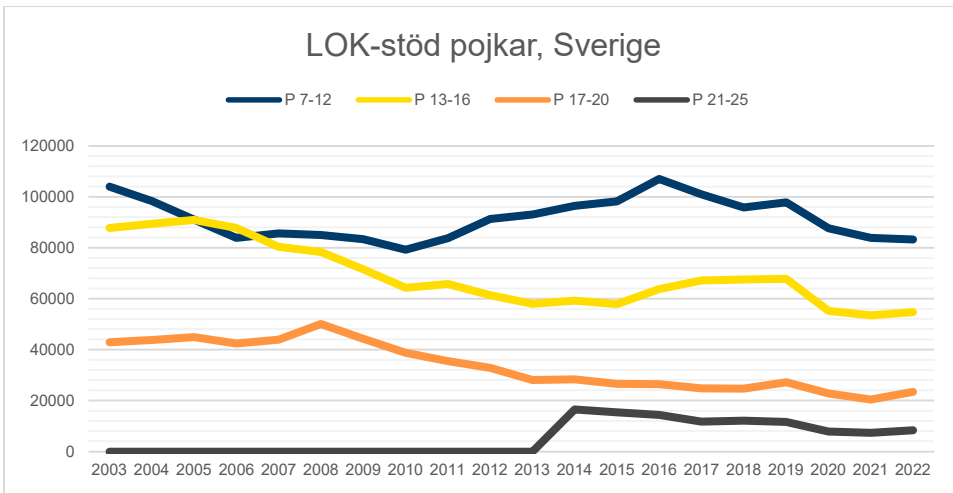
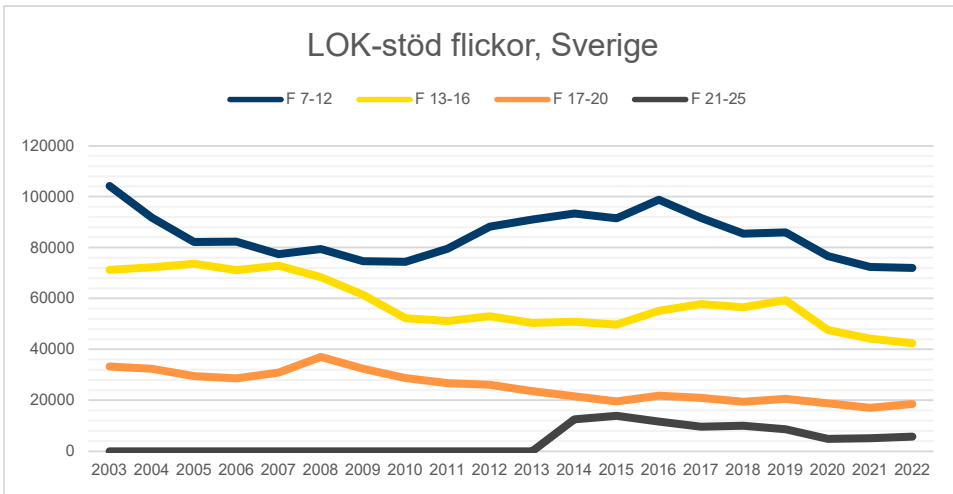
I mars 2020 drabbades Sverige och världen av en coronapandemi med restriktioner och begräsningar som följd. Restriktioner i olika nivåer kvarstod till den 9 februari 2022. Detta påverkade verksamheten.

Alla värden är antal deltagartillfällen. Källa: Riksidrottsförbundet

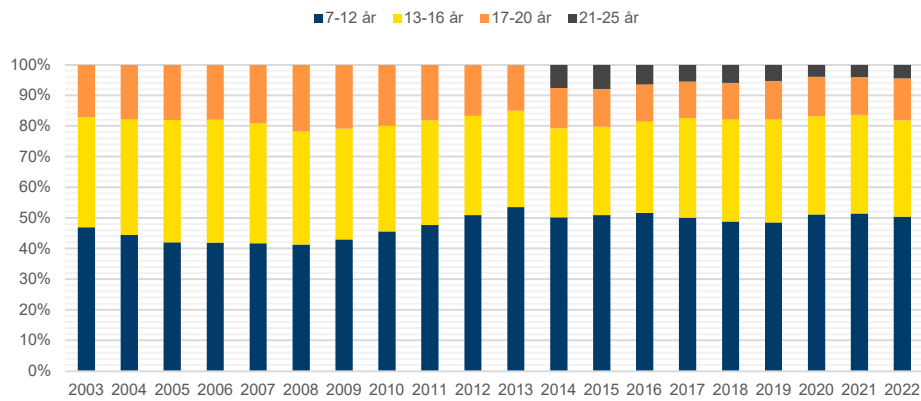


## 2. Sverige

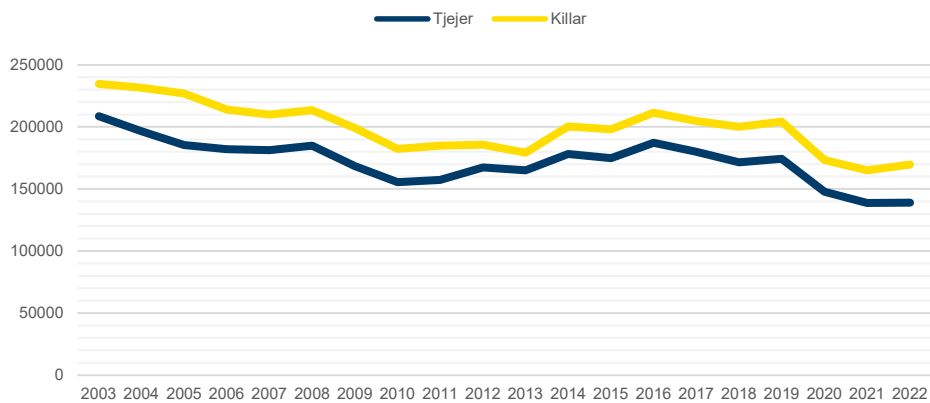




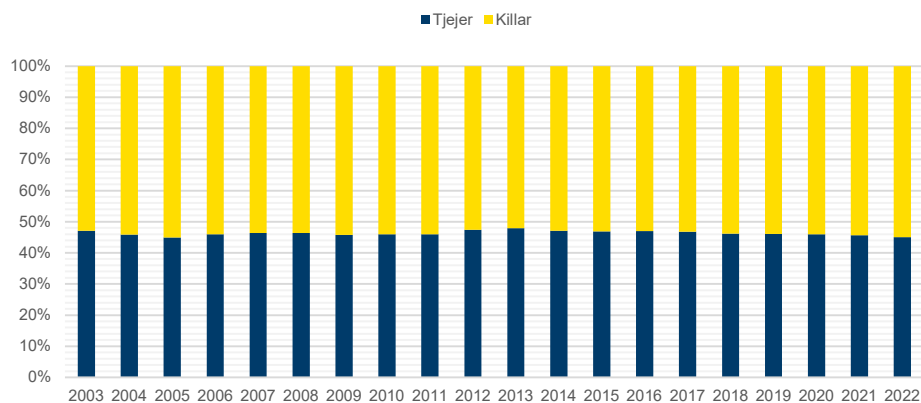
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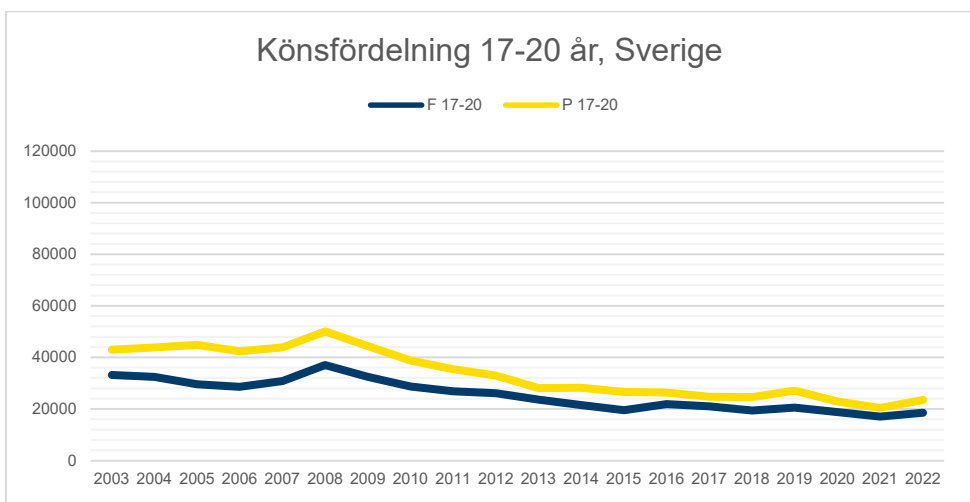
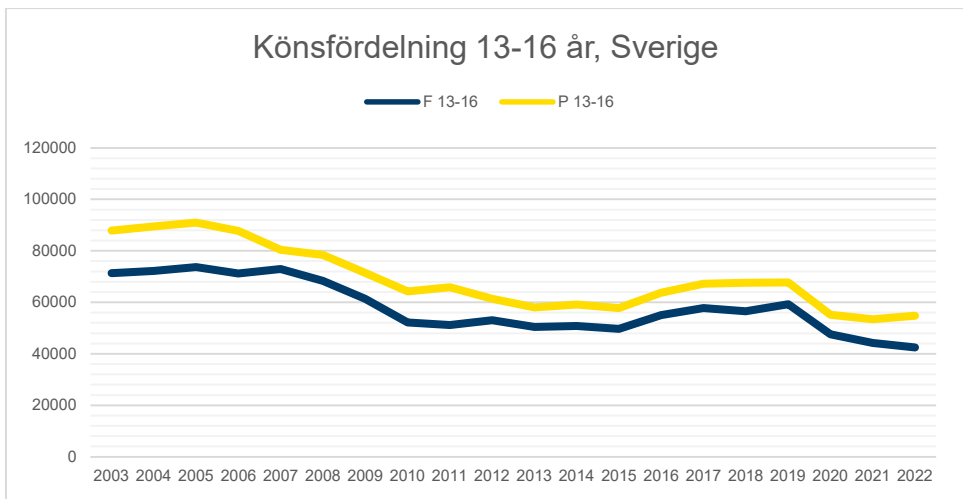
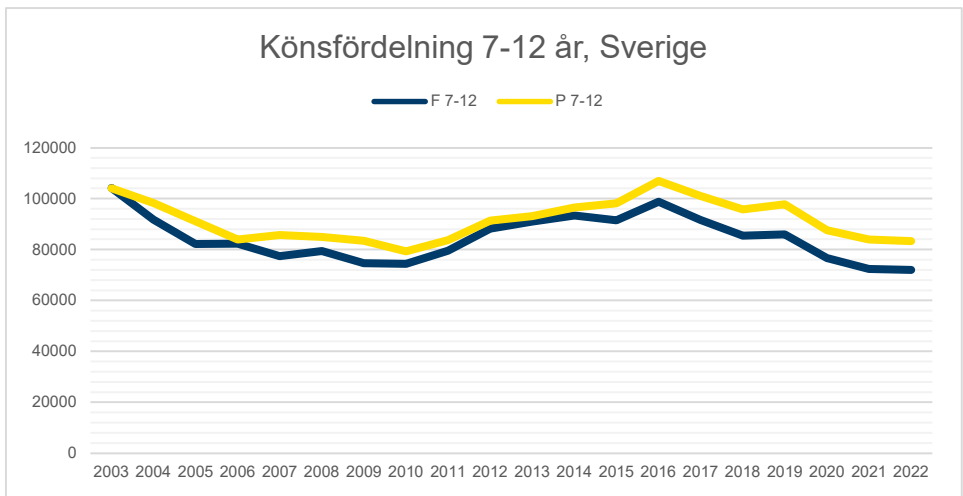


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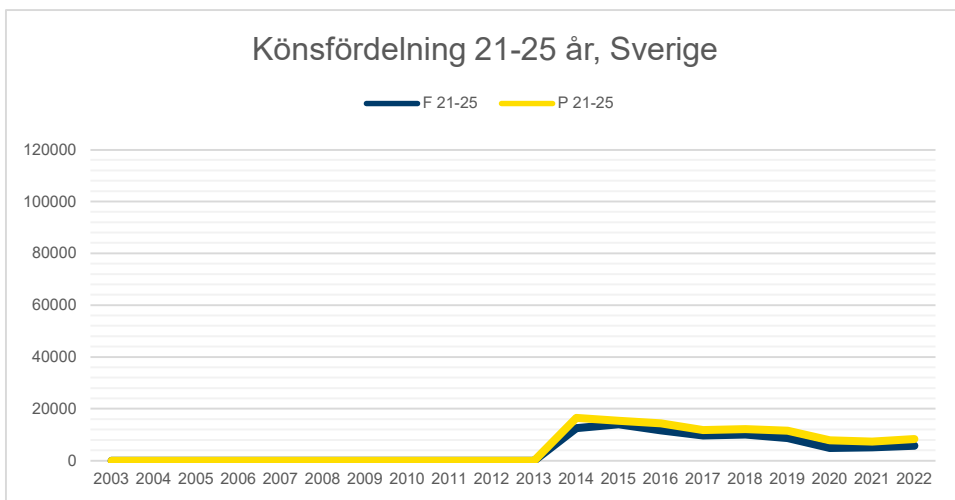


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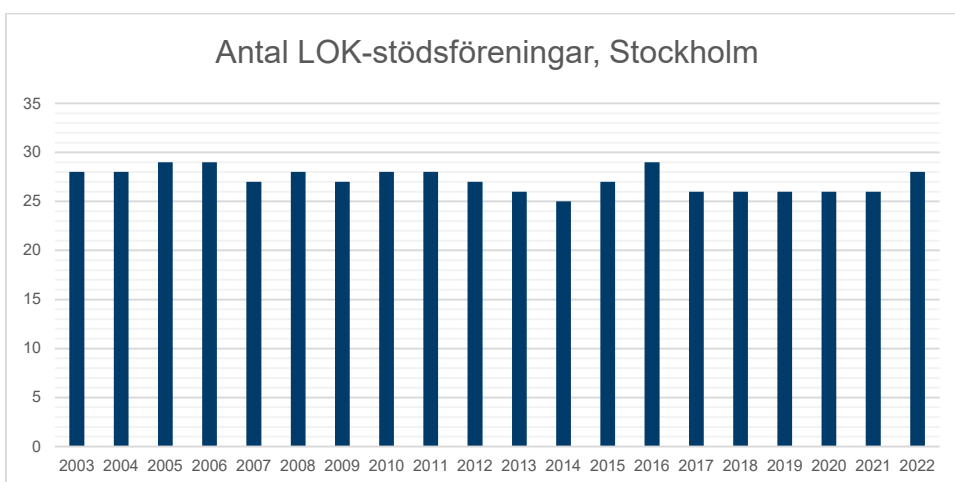
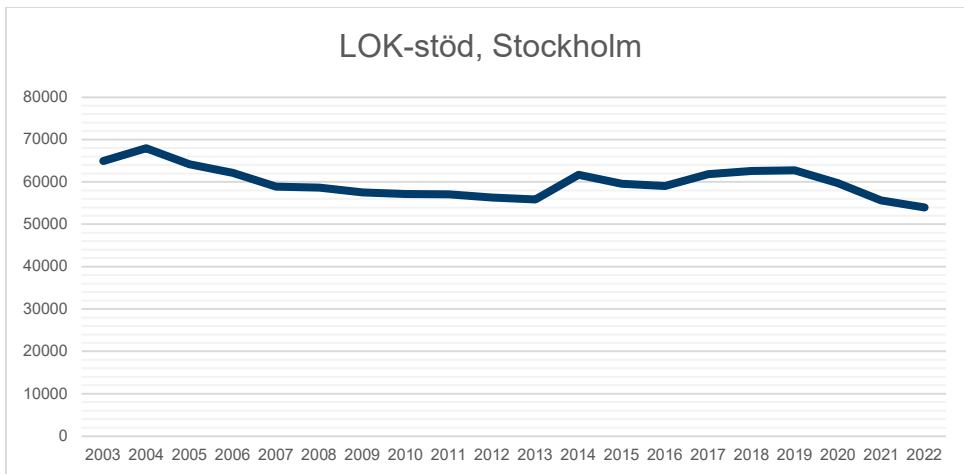


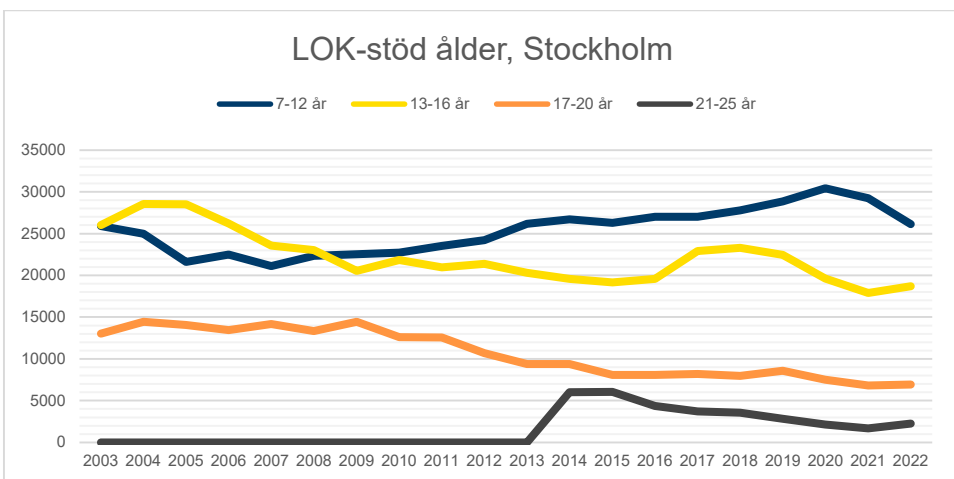
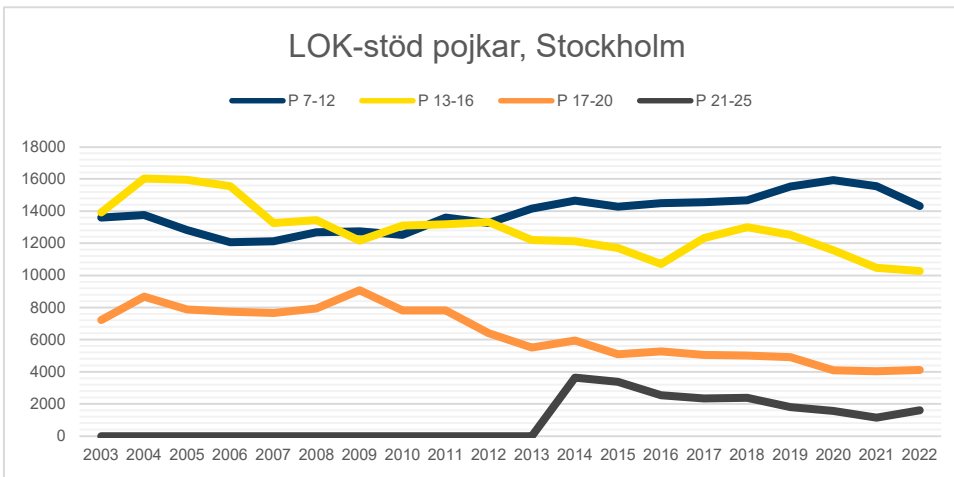
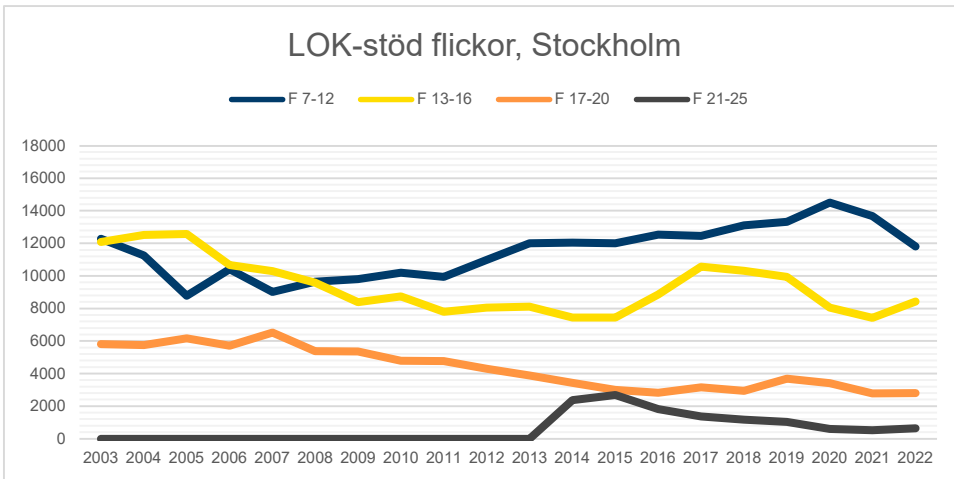




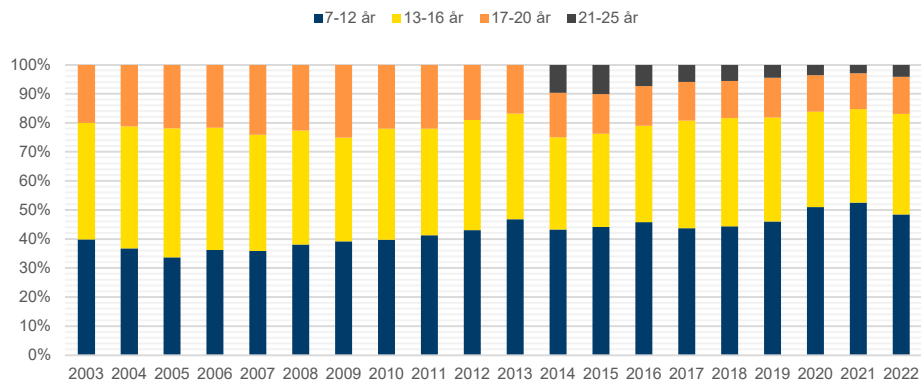


### 3. Stockholm

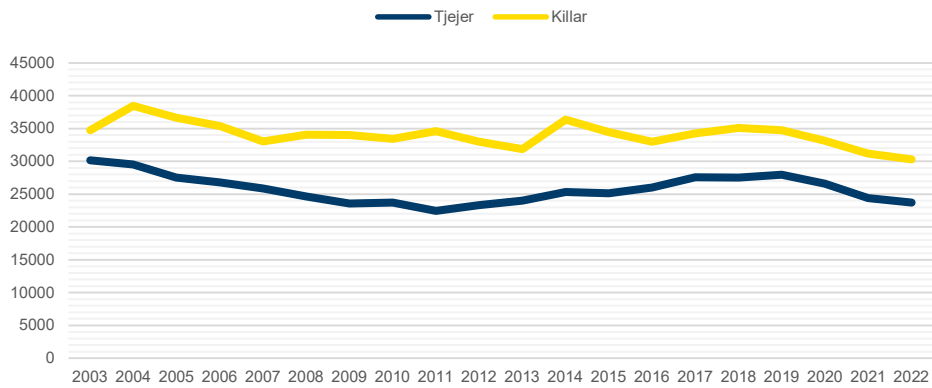




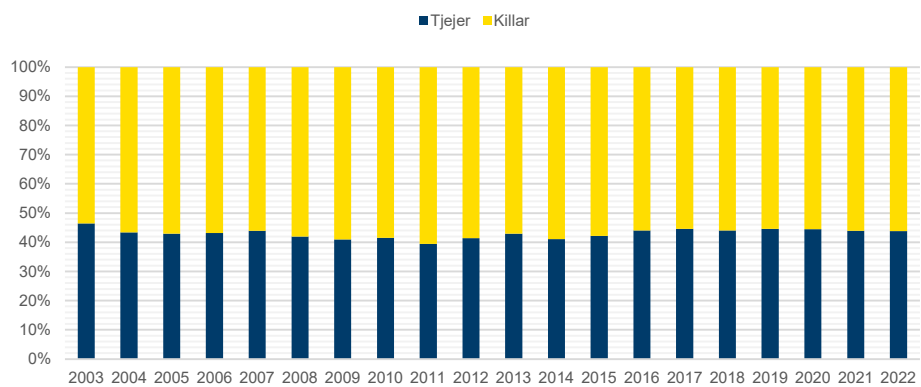
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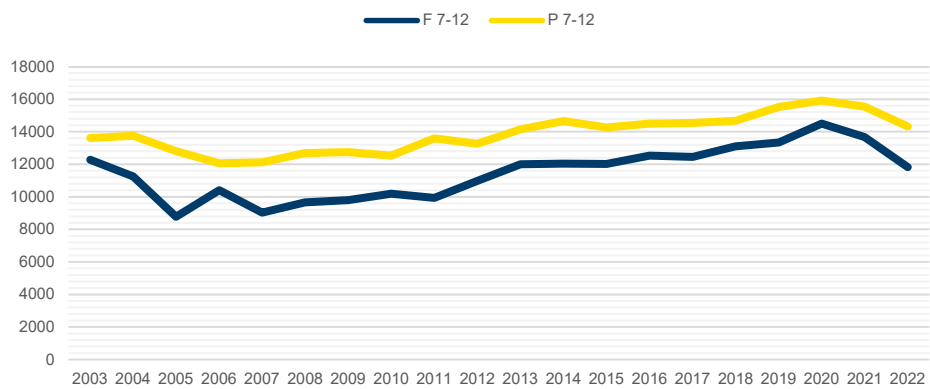
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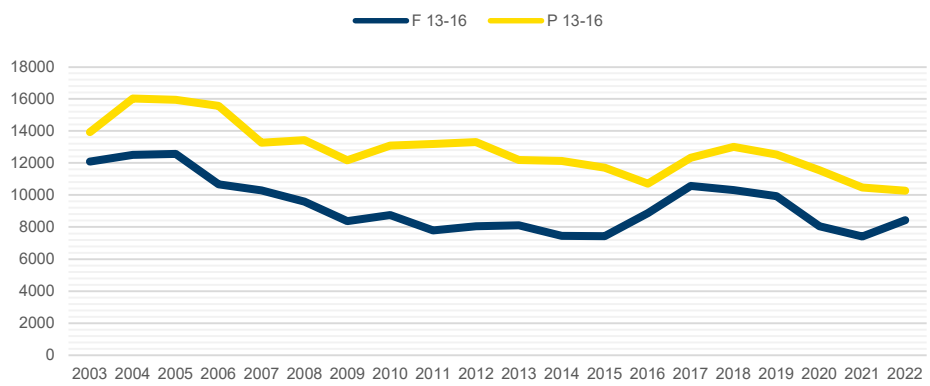
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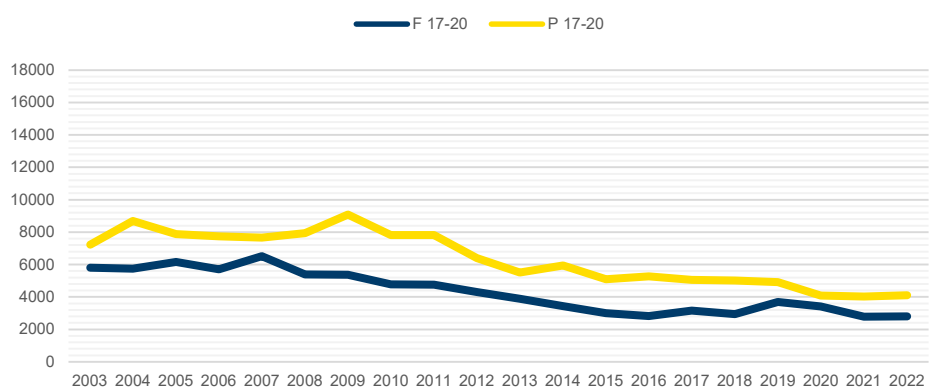
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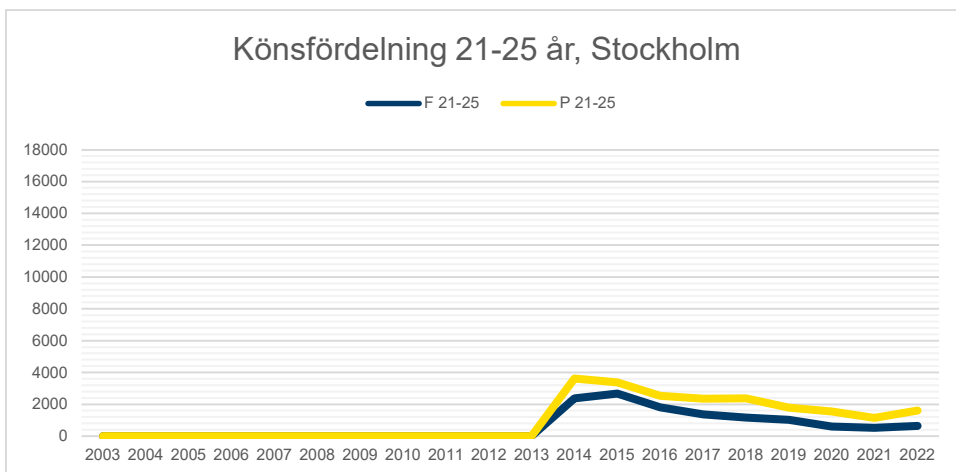


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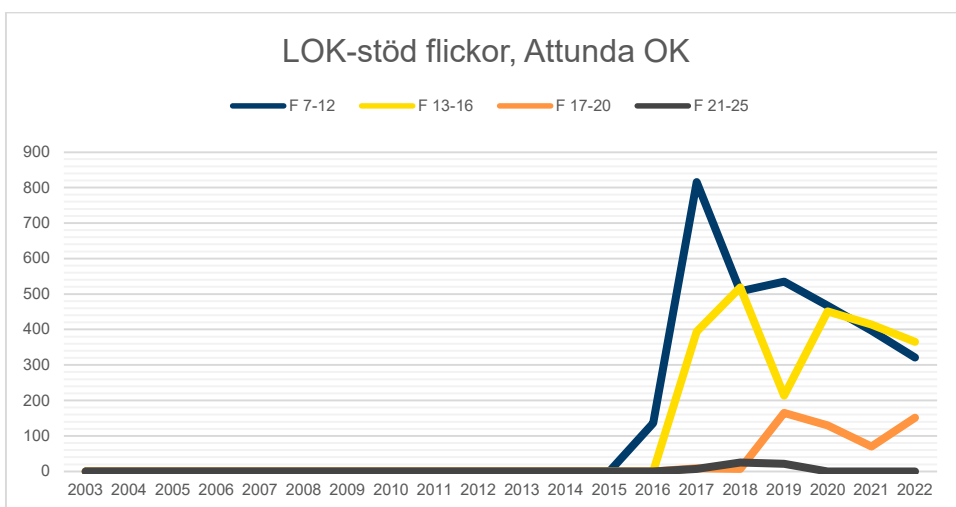
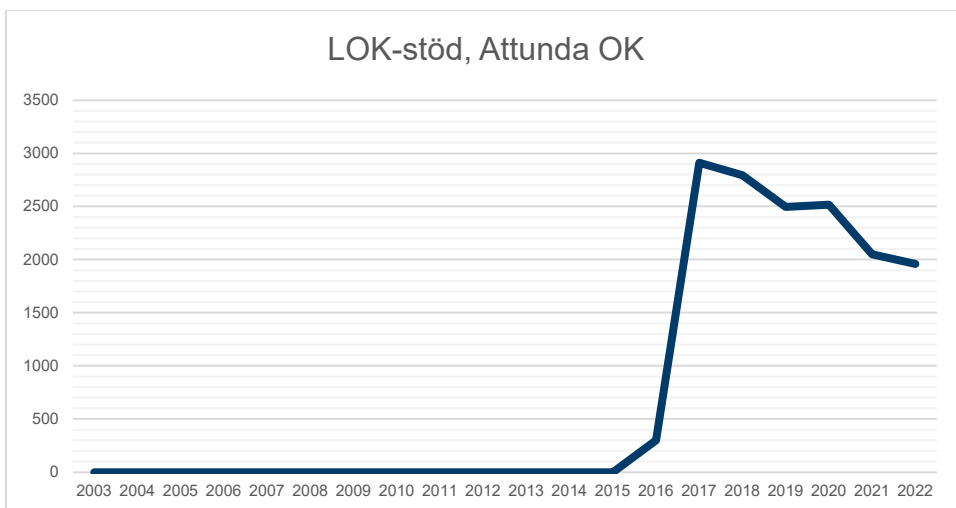


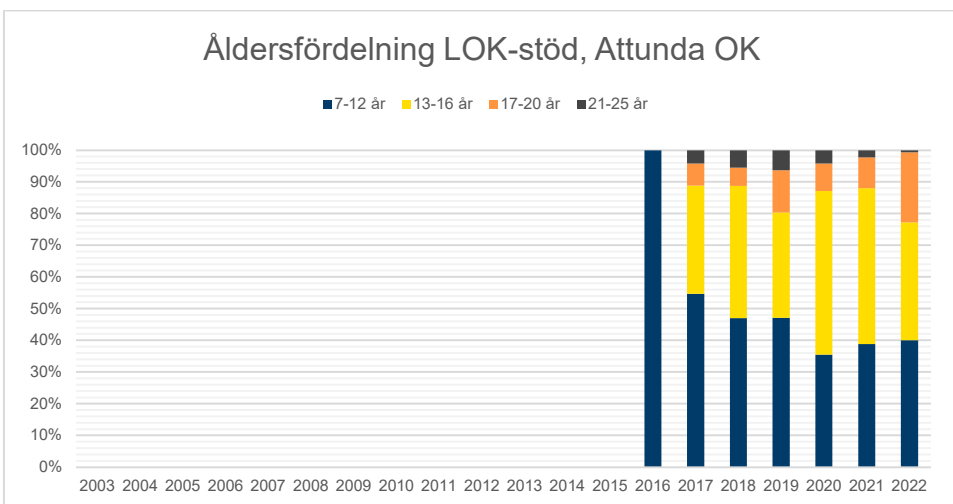
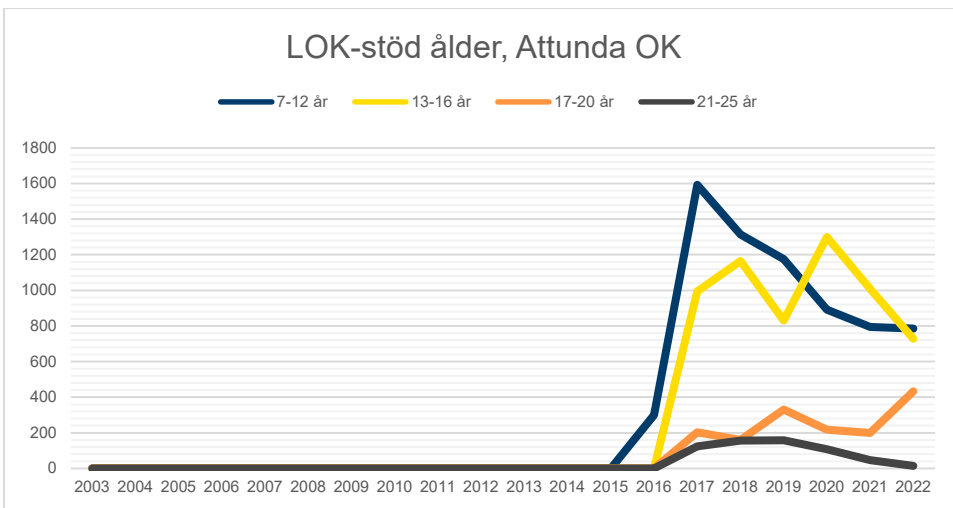
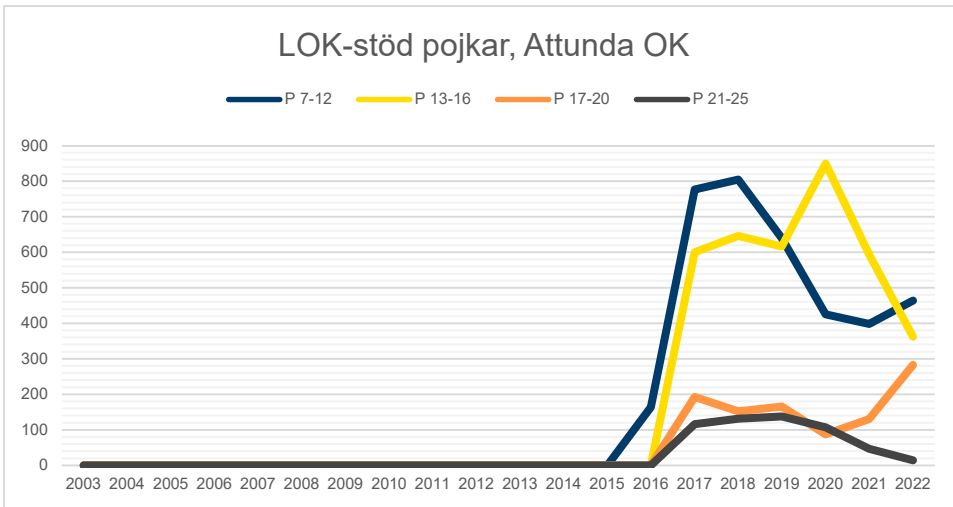
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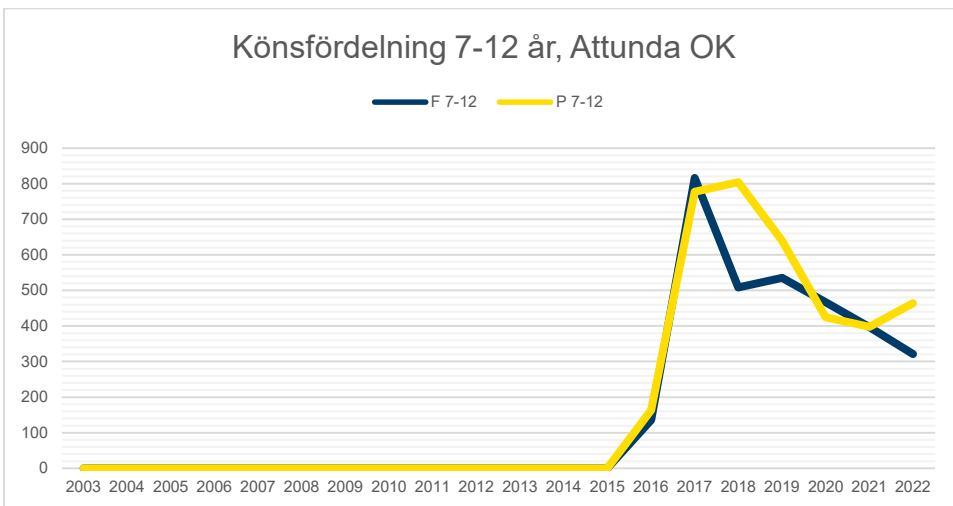
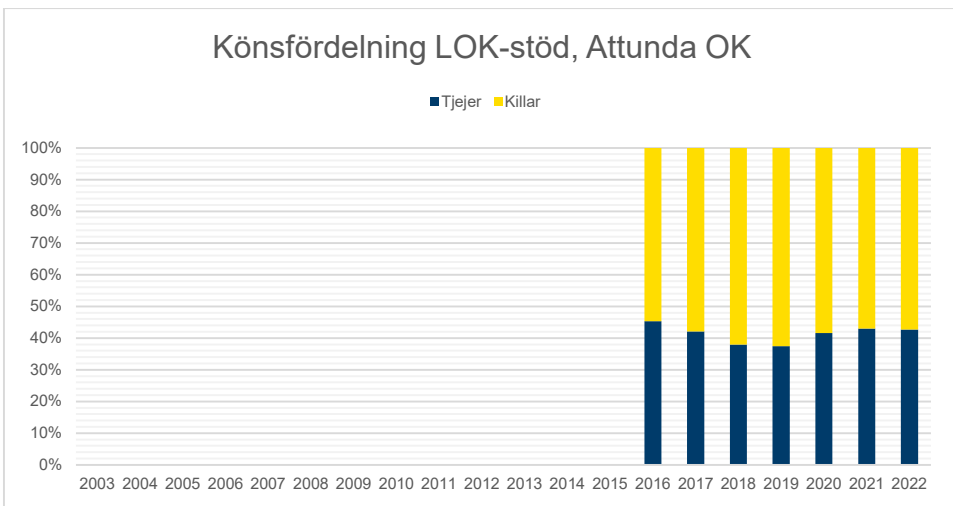
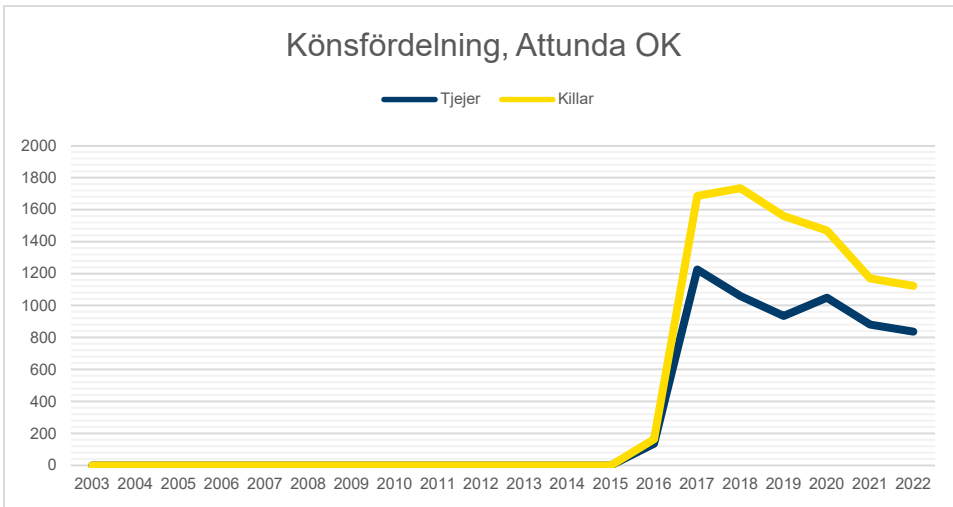




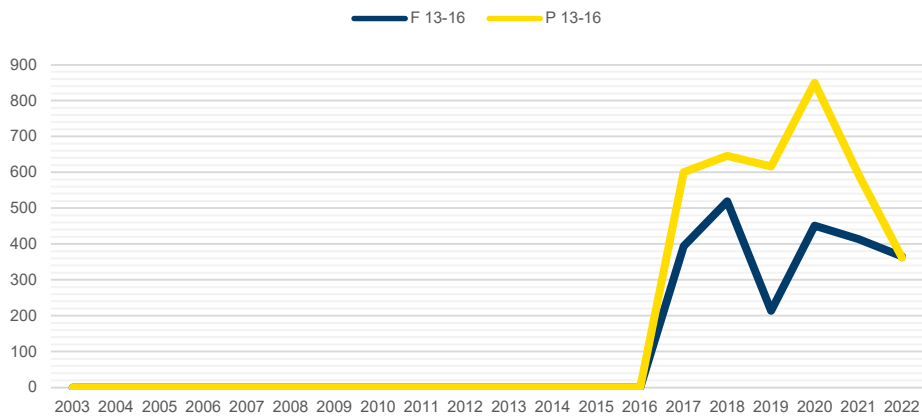
## 4. Attunda OK



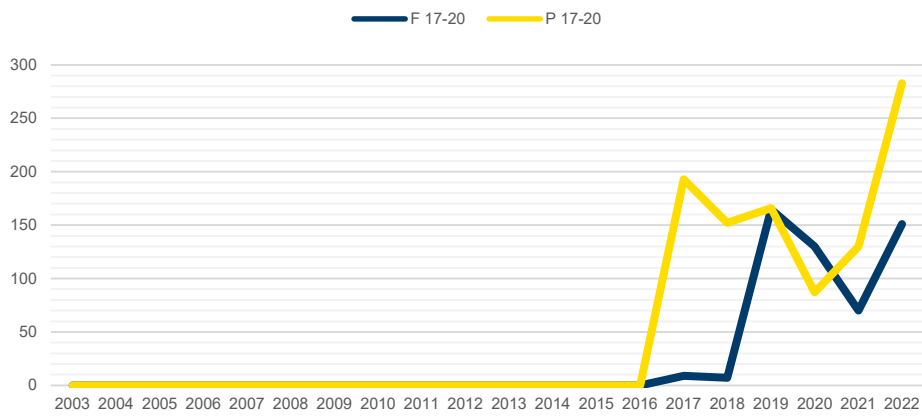




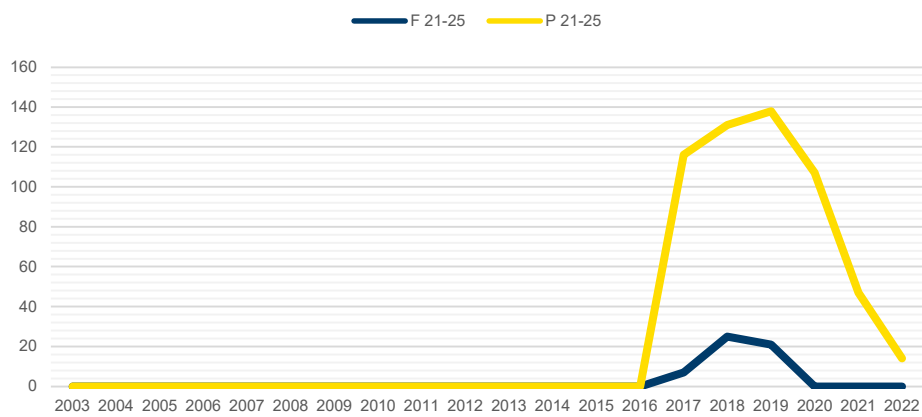
### Könsfördelning 13-16 år, Attunda OK



### Könsfördelning 17-20 år, Attunda OK



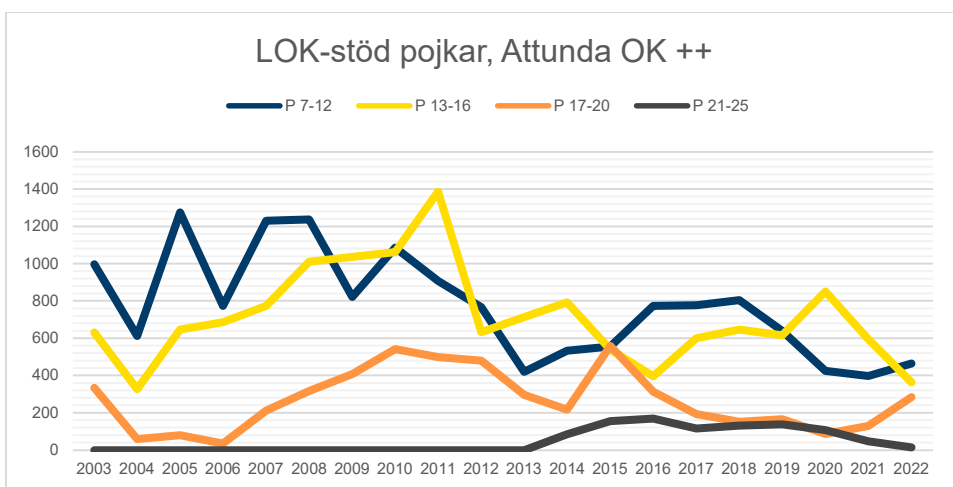
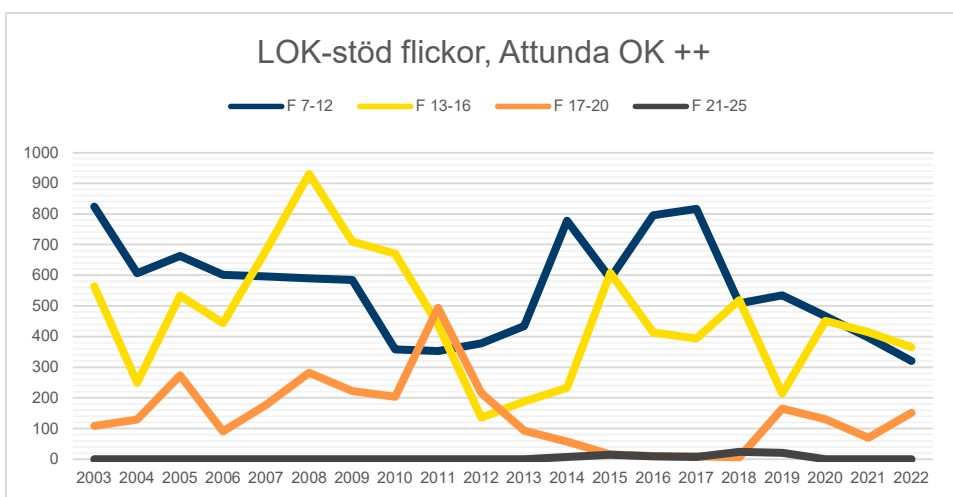
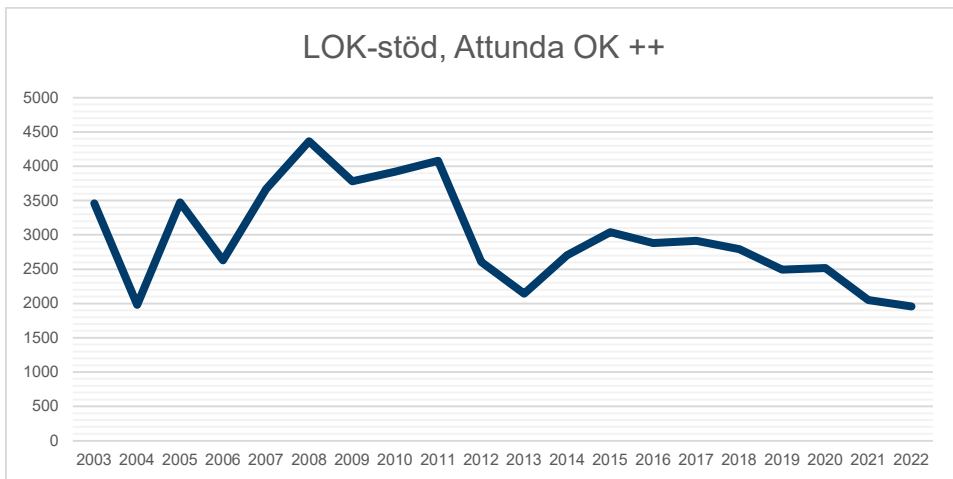
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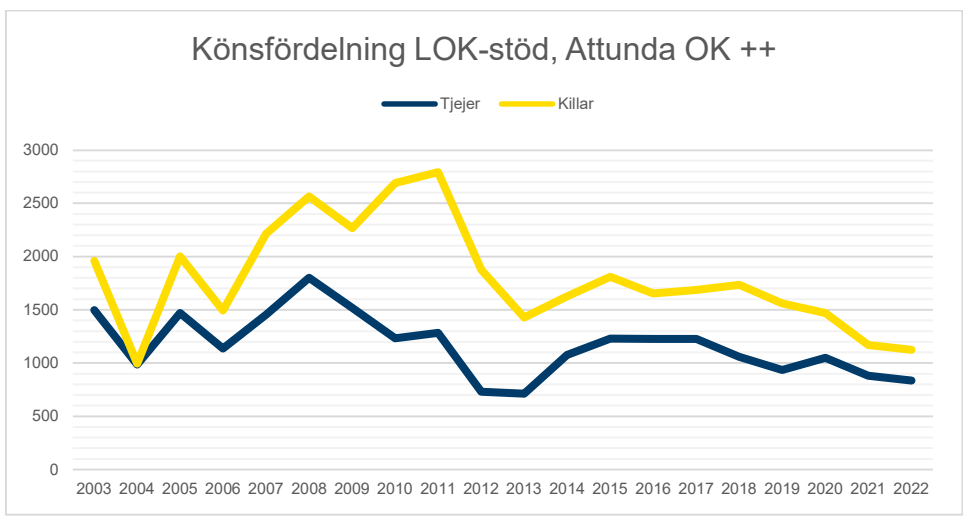
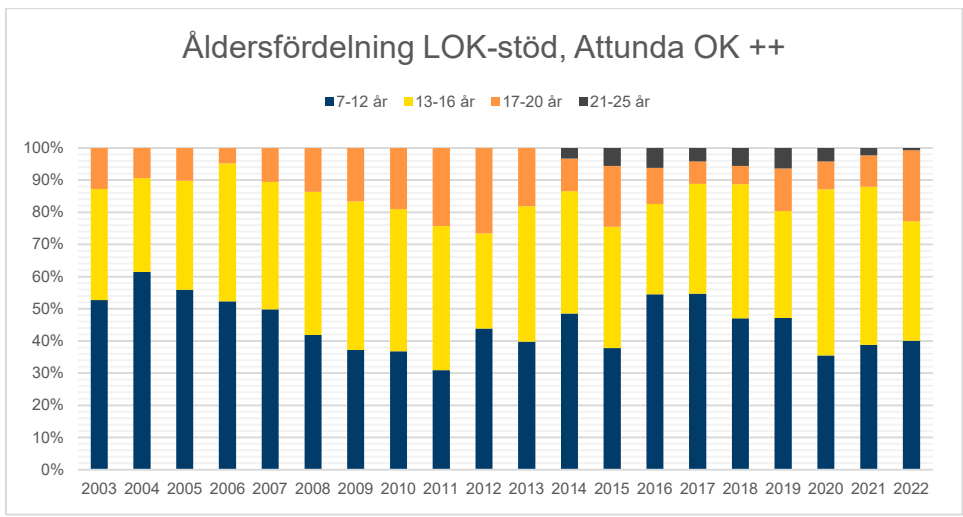
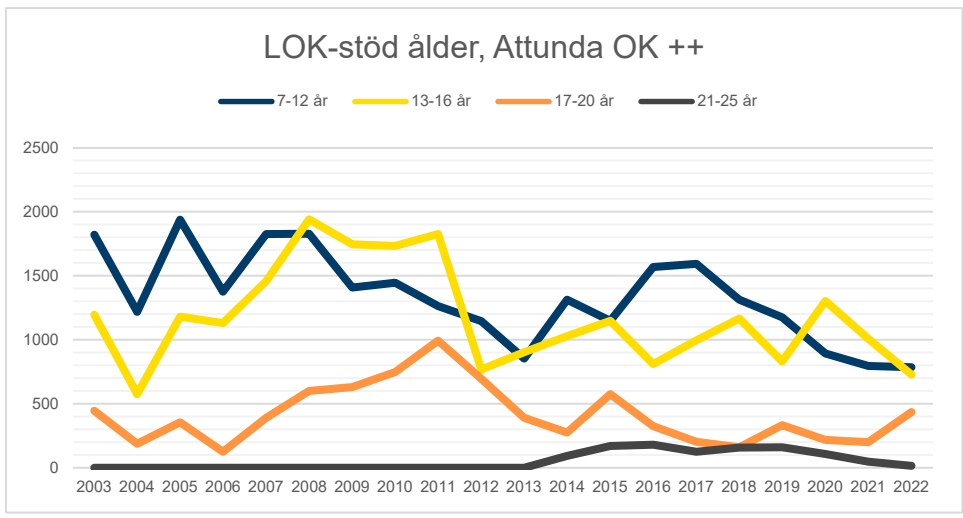




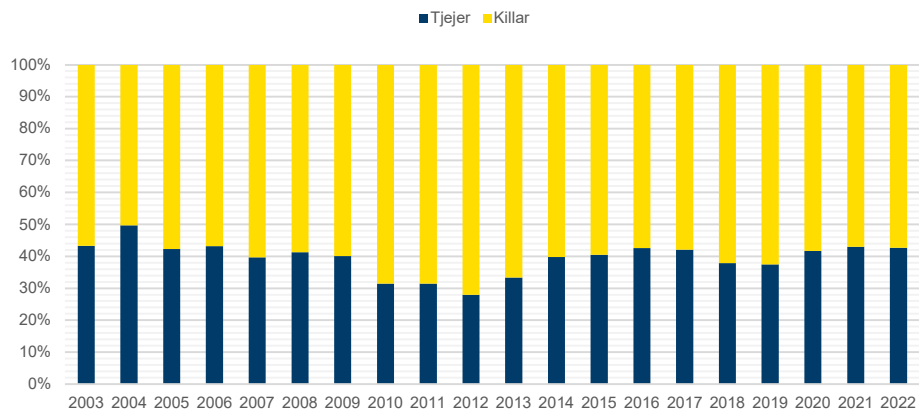
## 5. Attunda OK ++

Attunda OK är en sammanslagning av Rotebro IS och Turebergs IF. Nedan visas det sammanlagda LOK-stödet för Attunda OK, Rotebro IS och Turebergs IF.

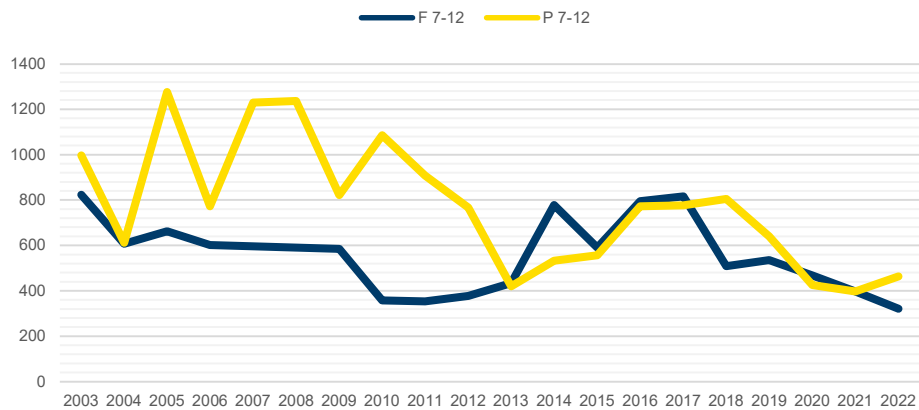




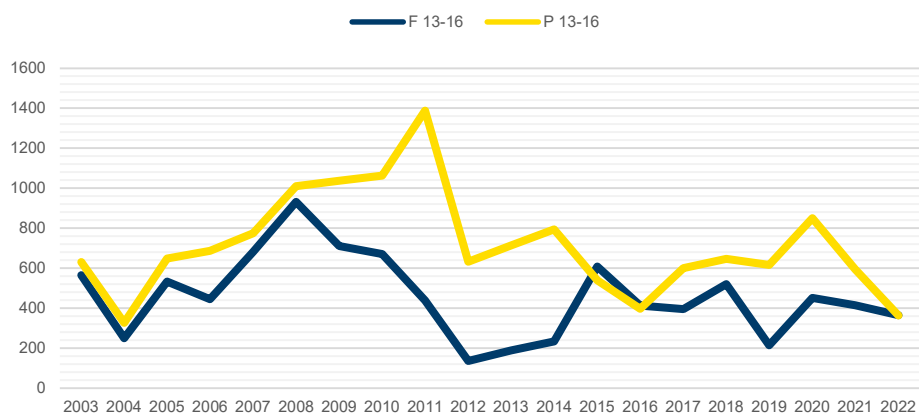
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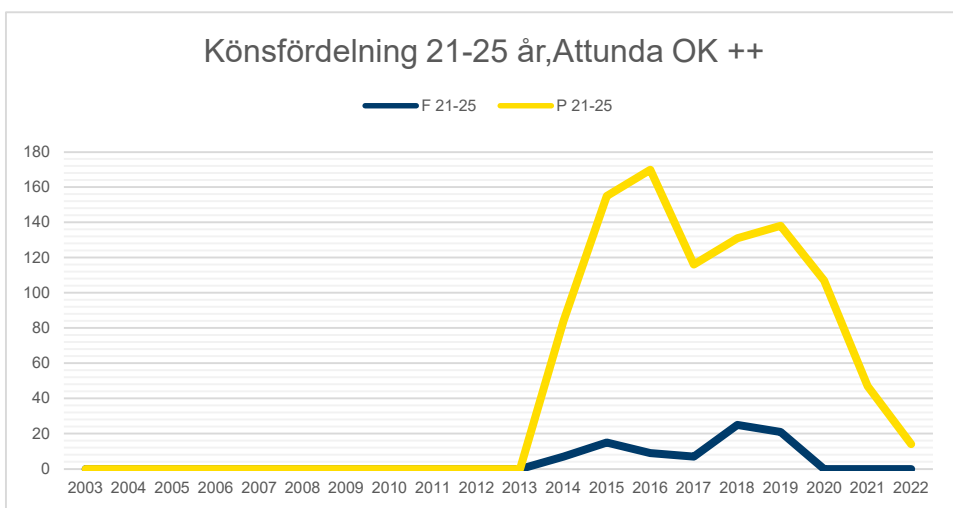
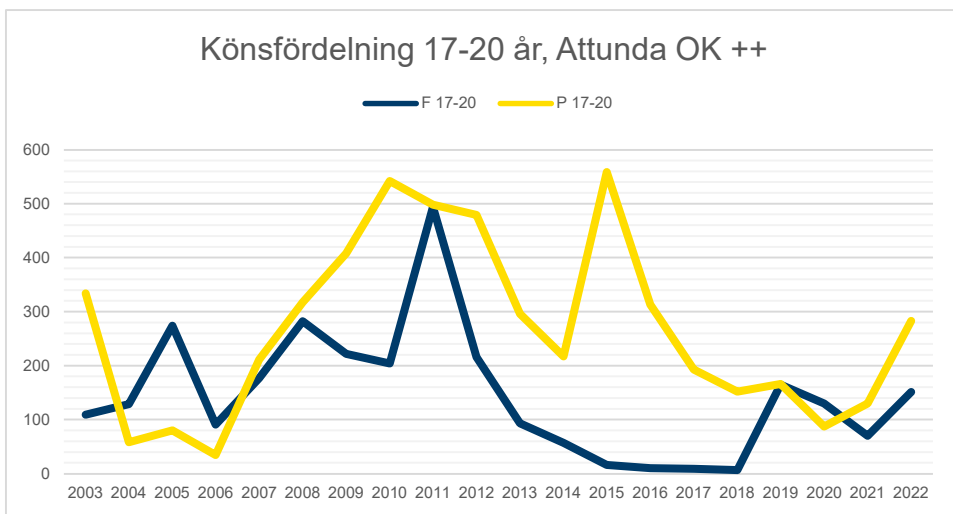


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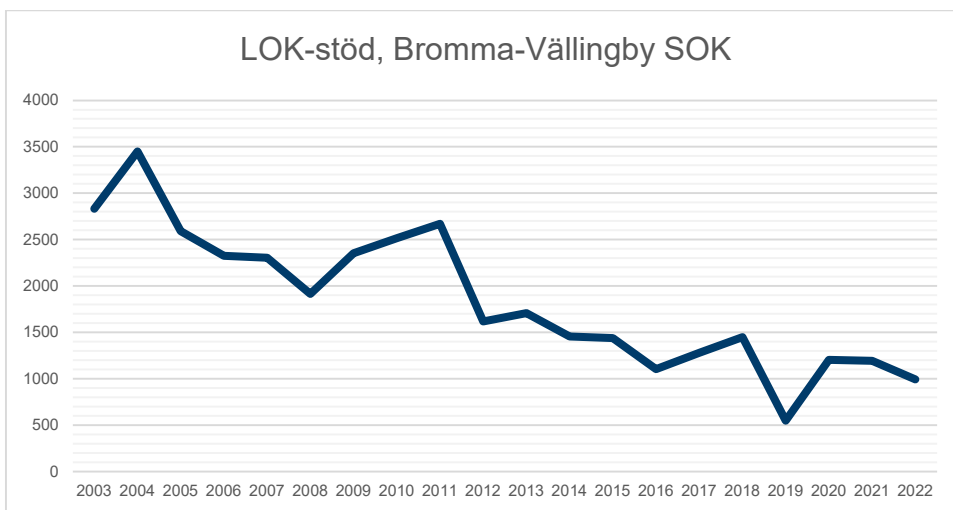


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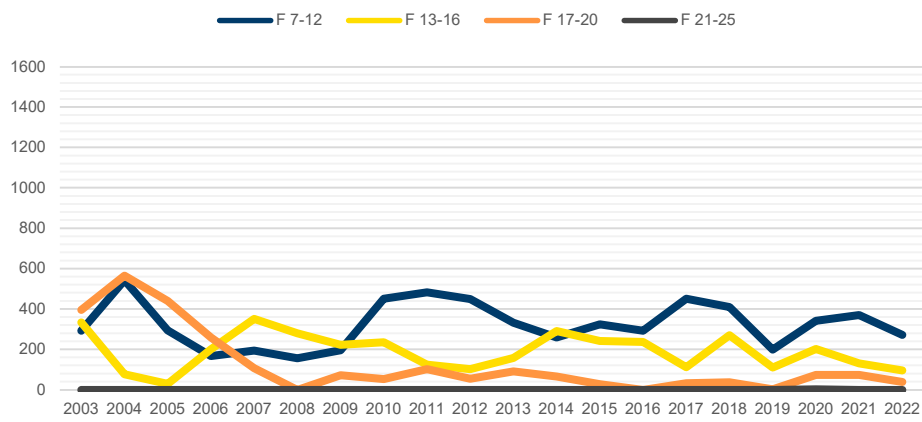




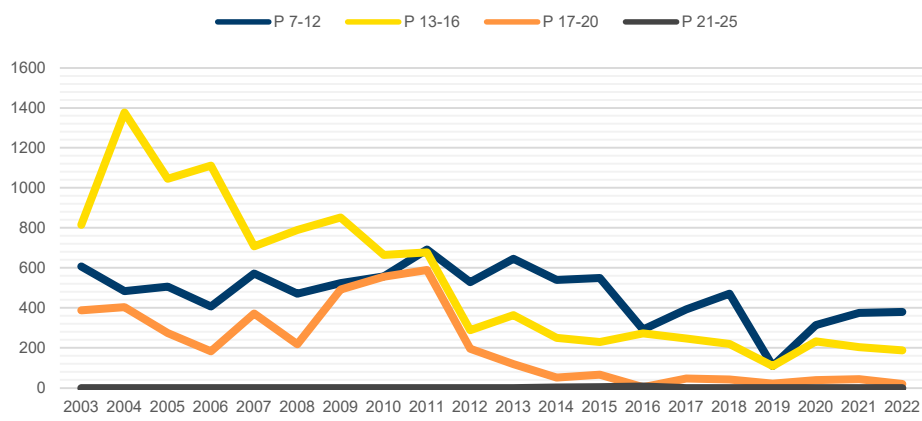
## 6. Bromma-Vällingby SOK



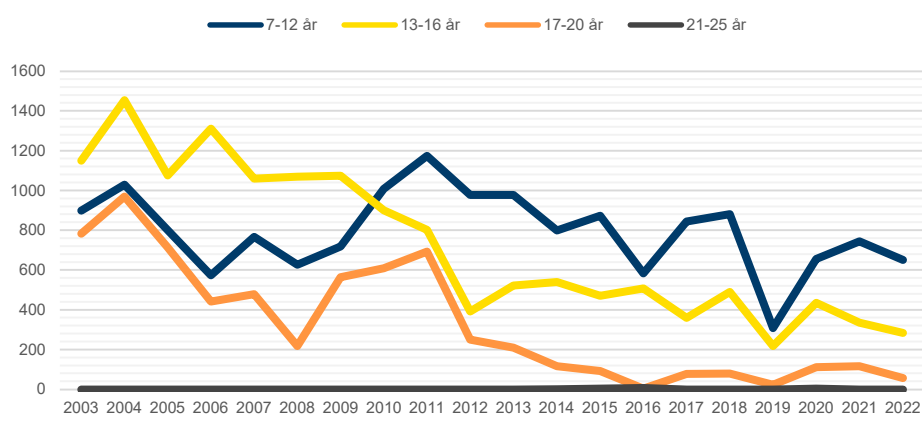
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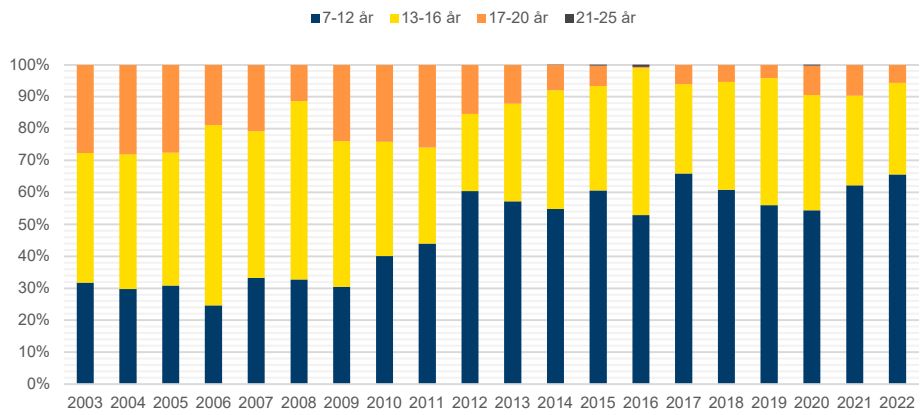
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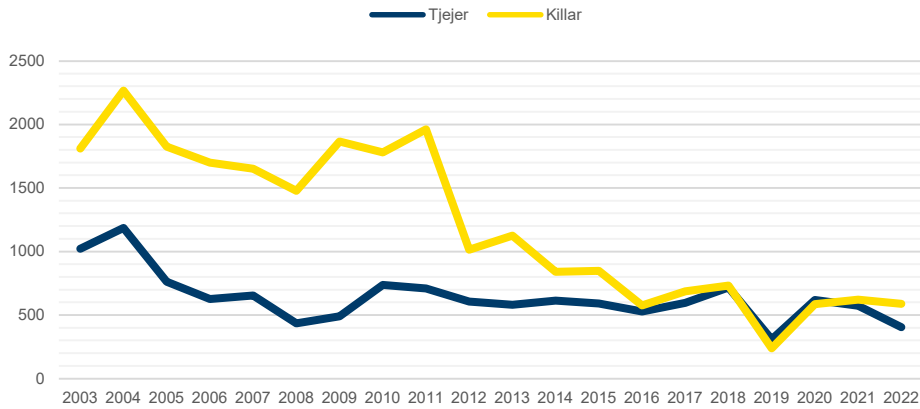
### LOK-stöd ålder, Bromma-Vällingby SOK



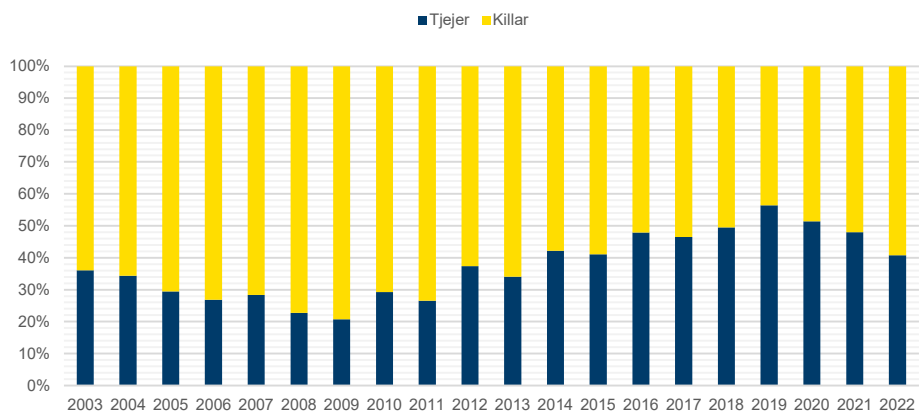
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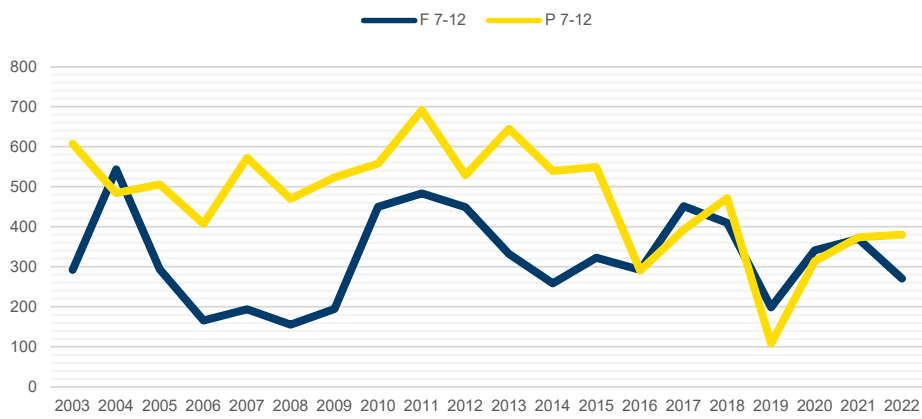
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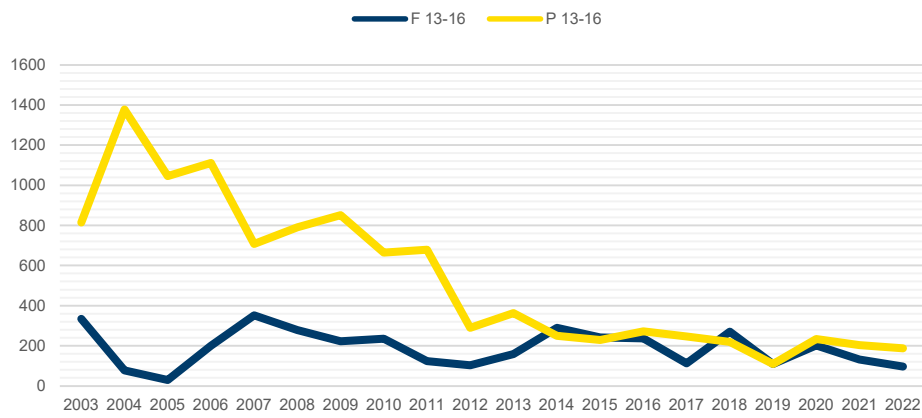
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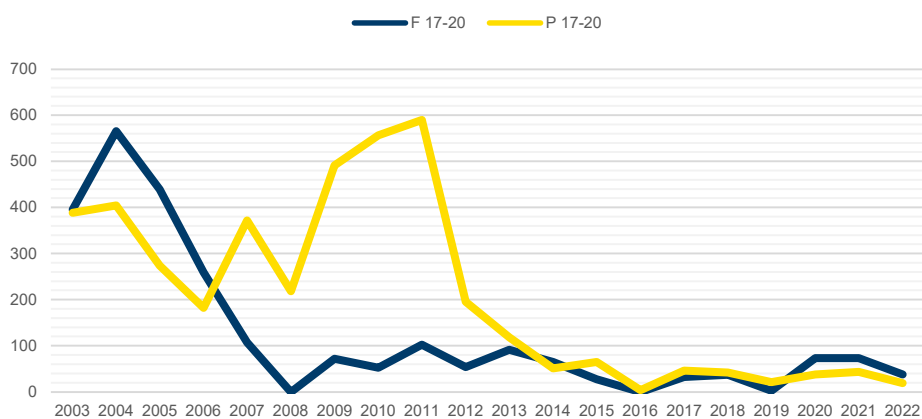
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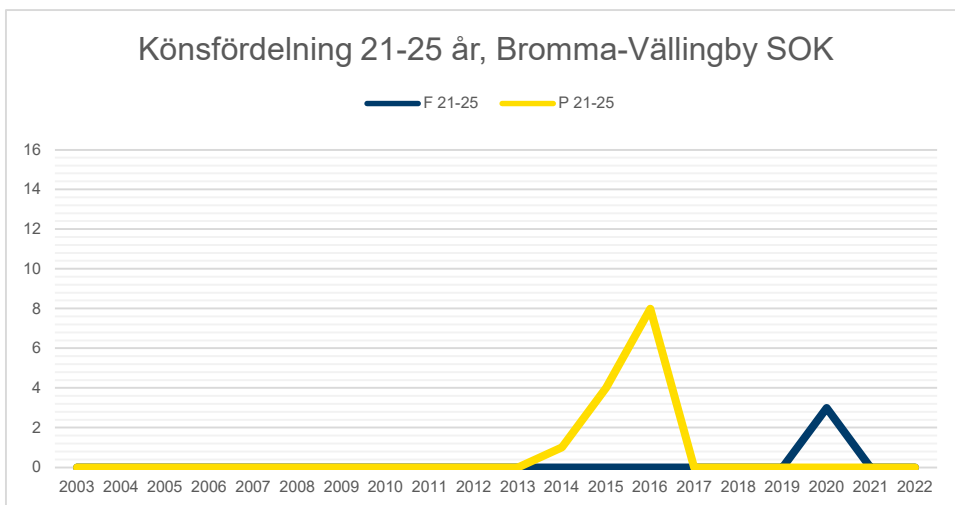


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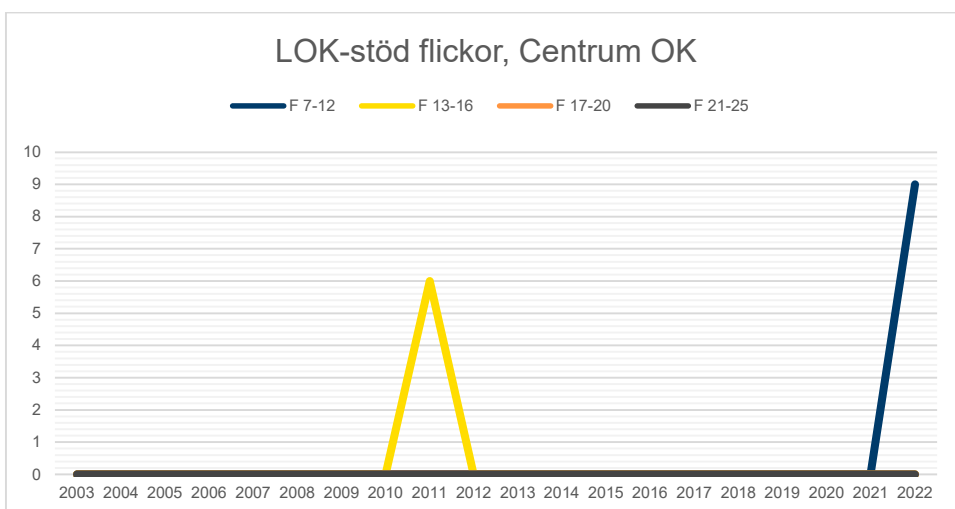
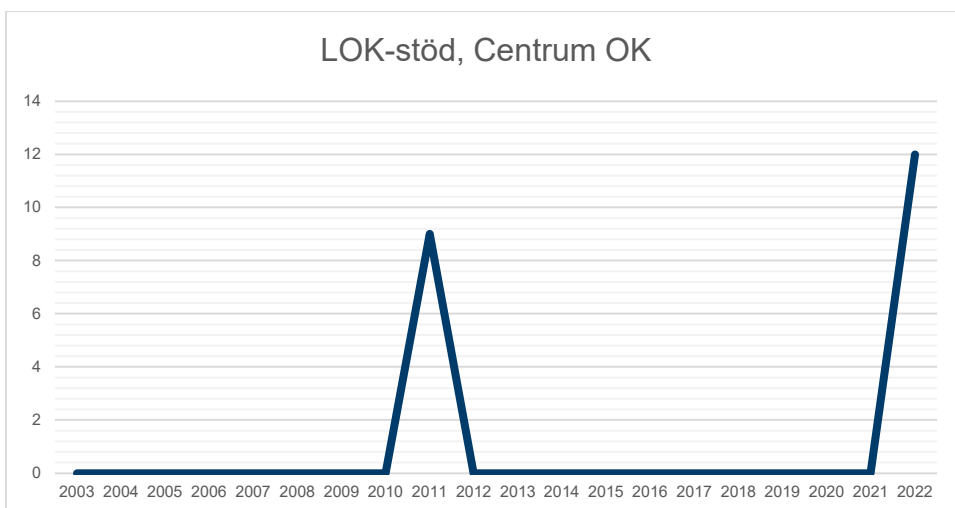


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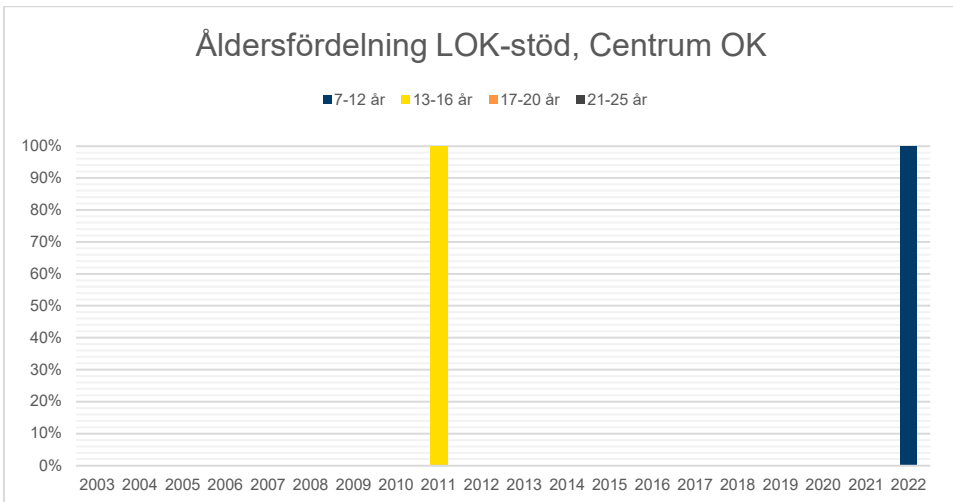
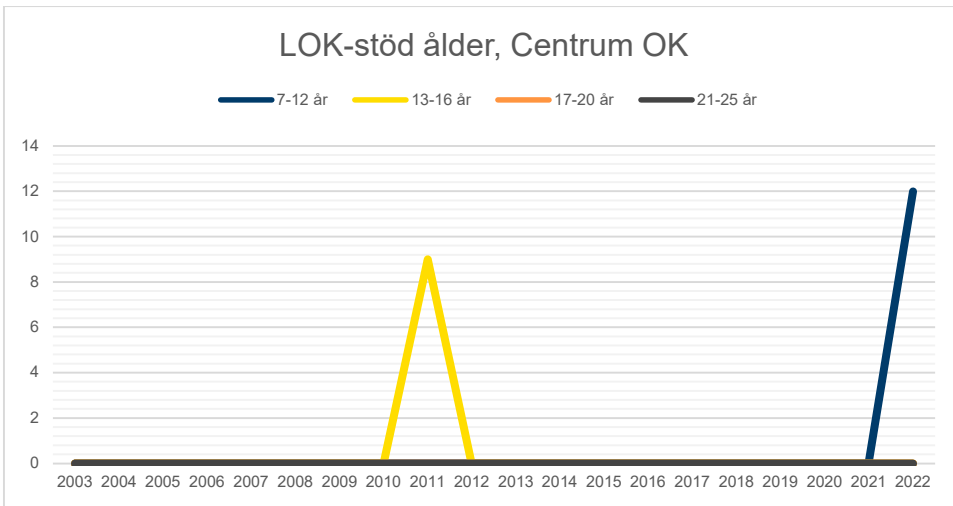
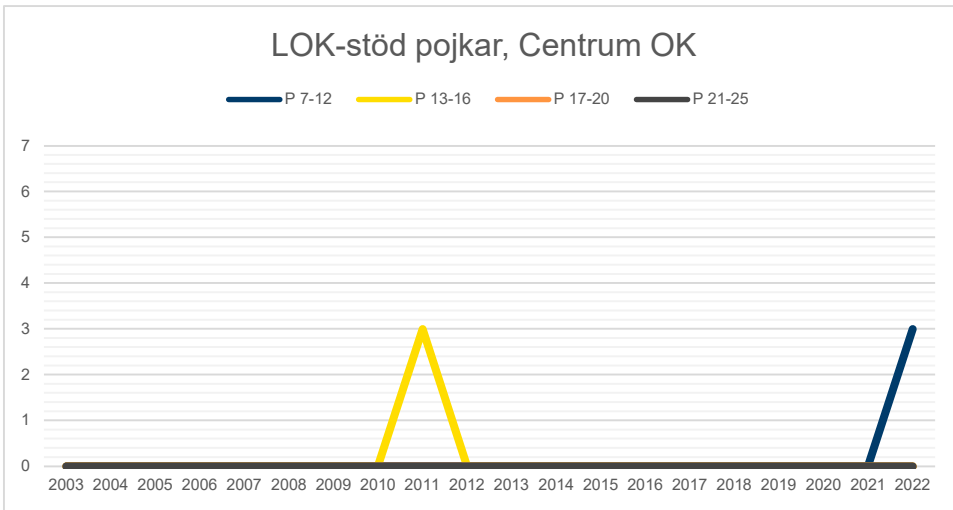


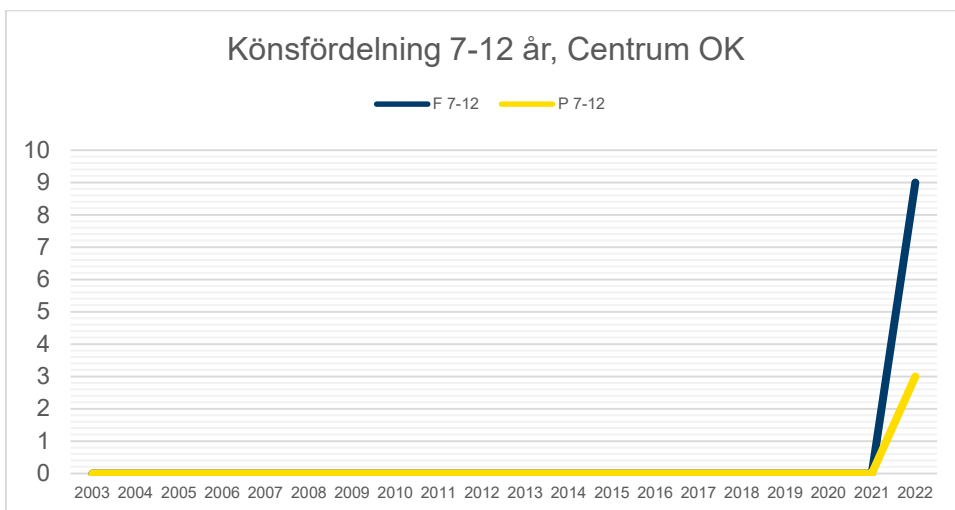
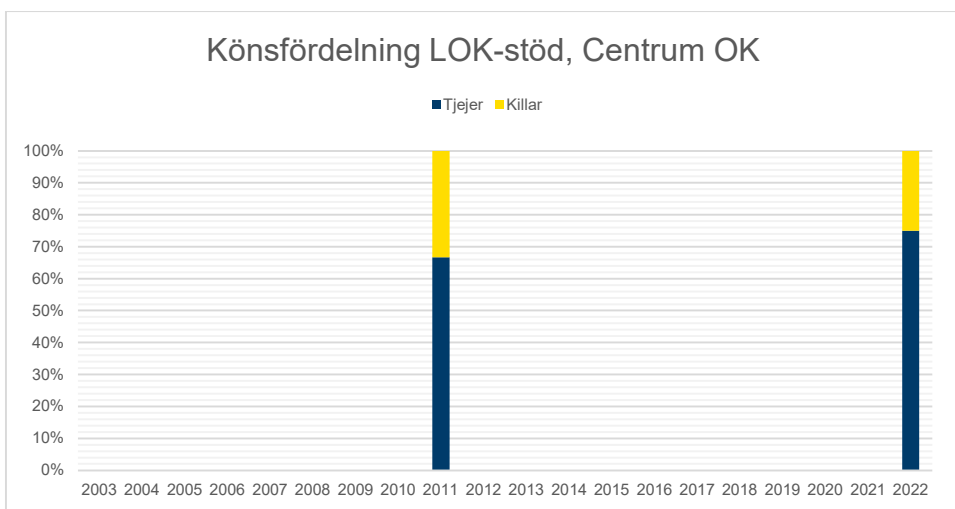
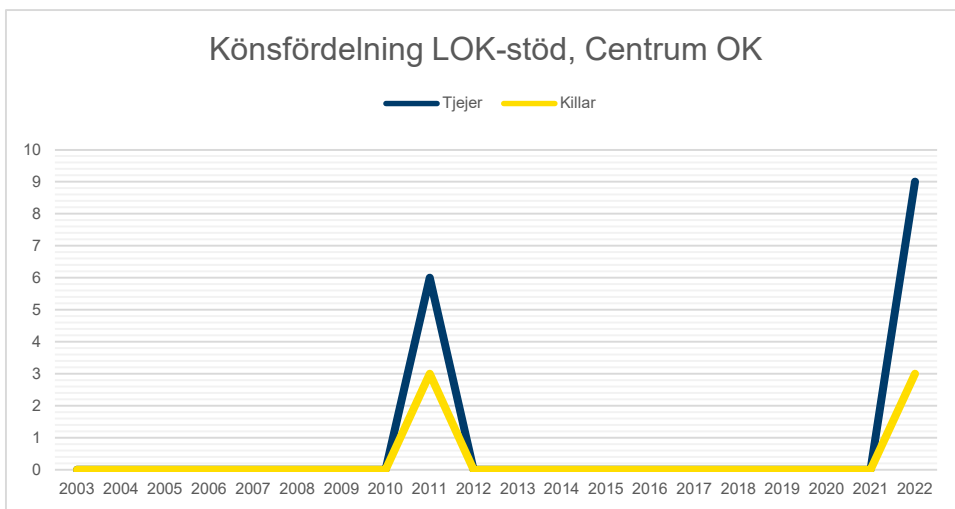


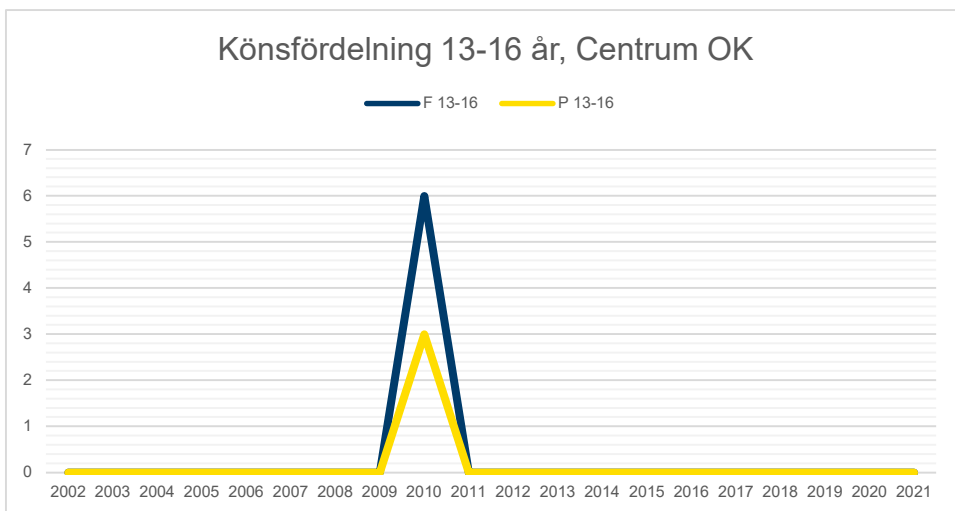
## 7. Centrum OK



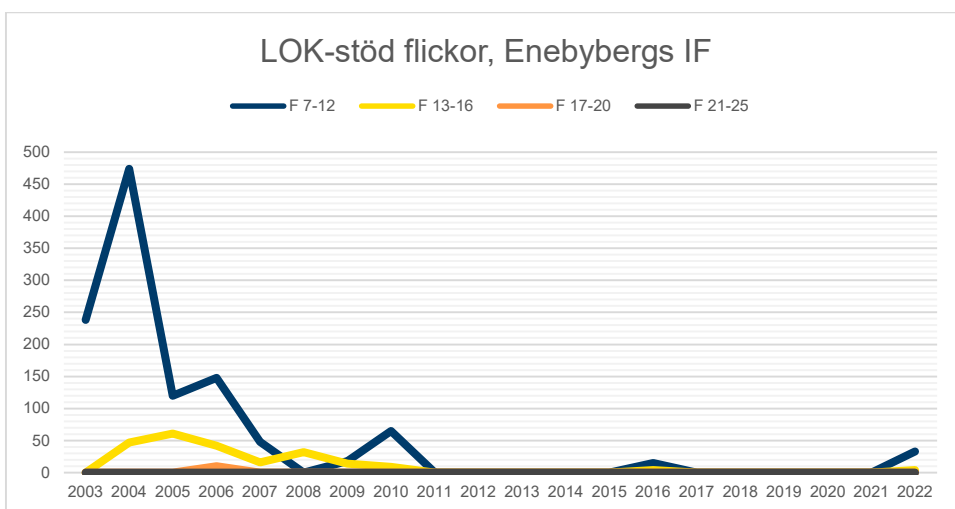
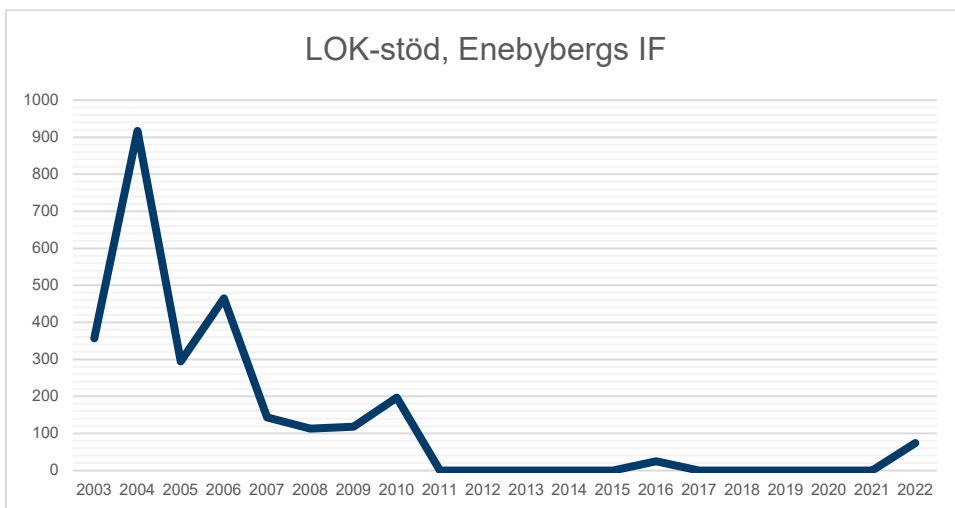


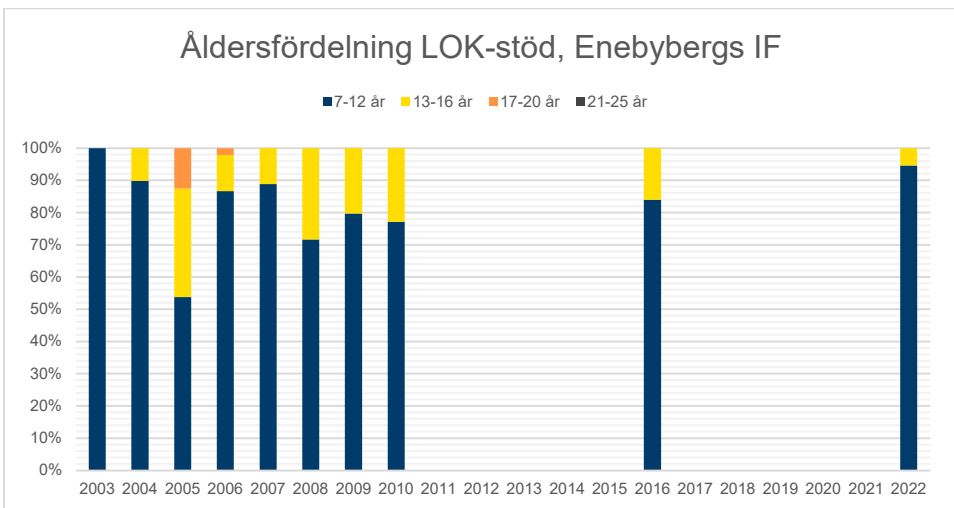
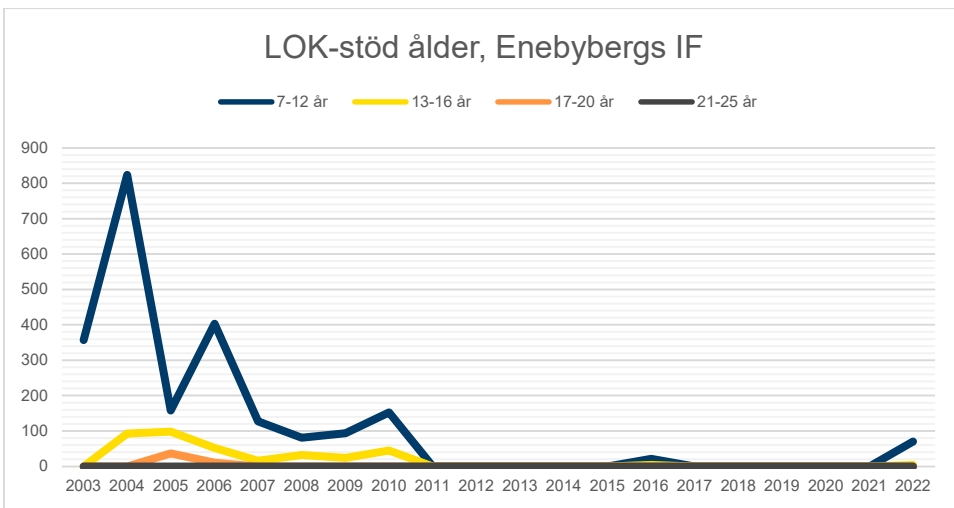
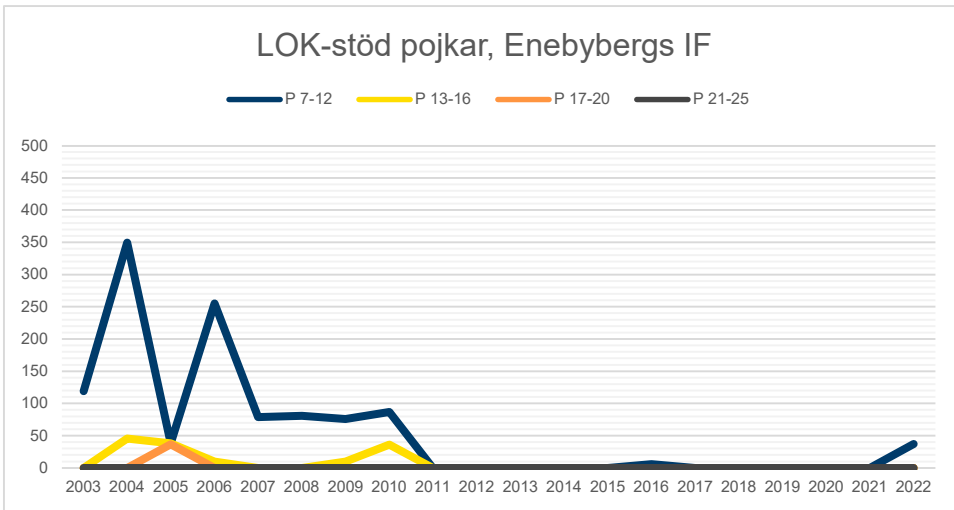


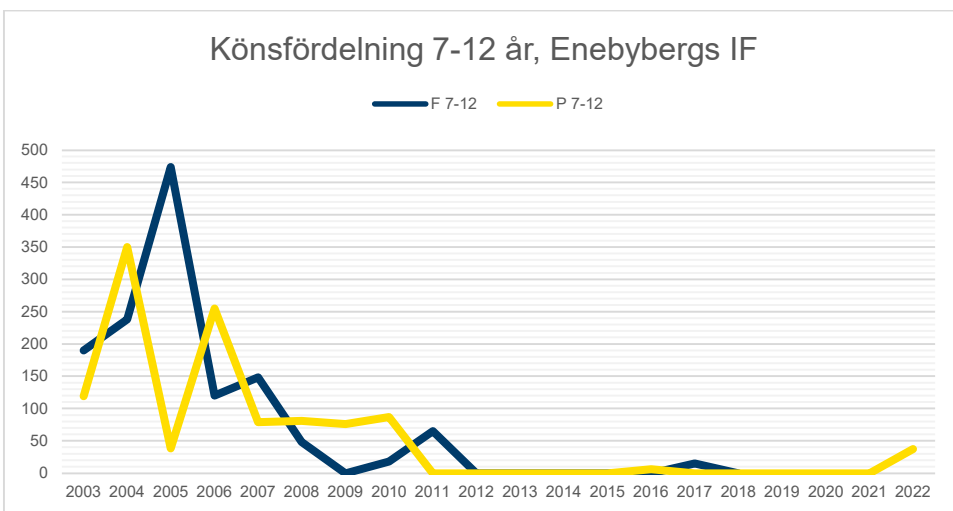
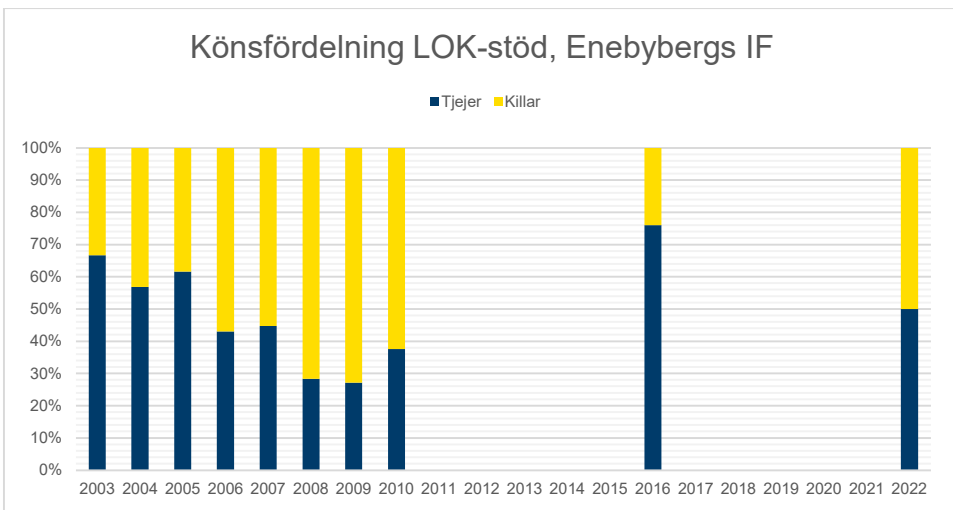
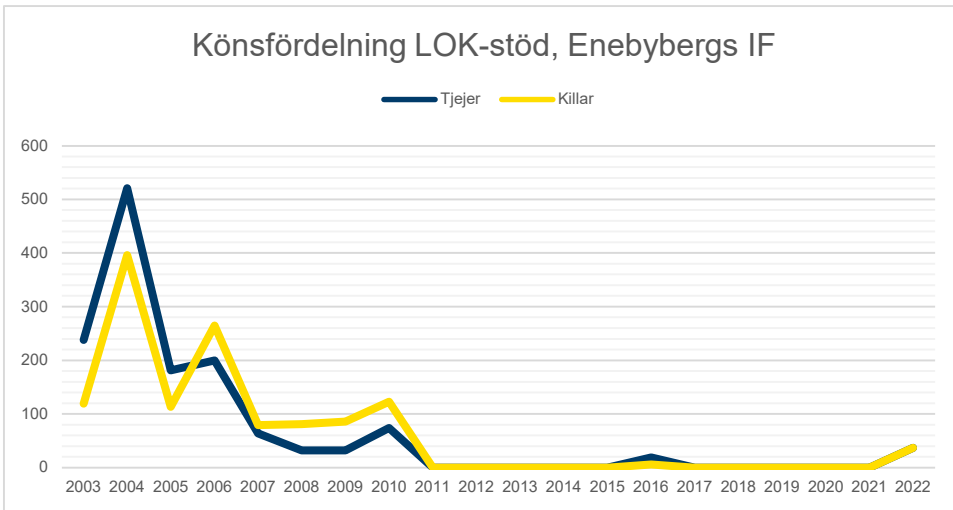


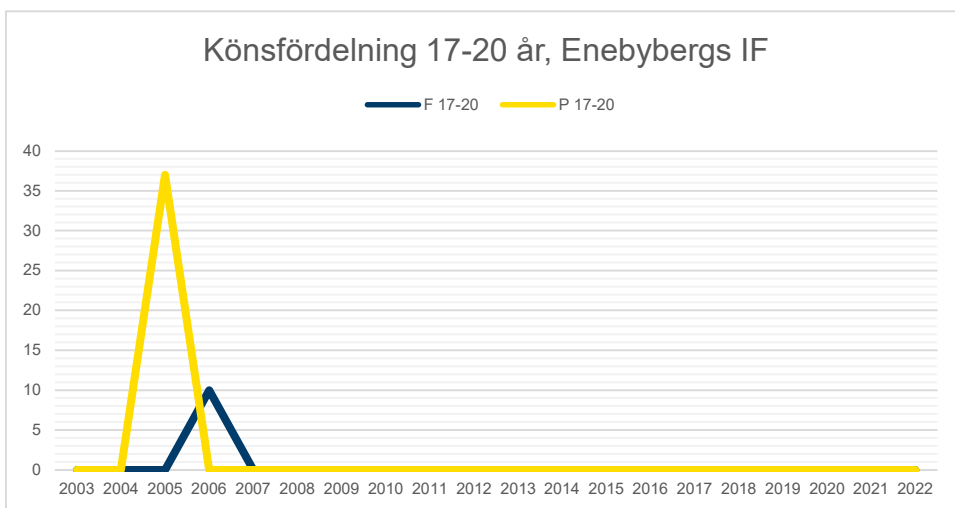
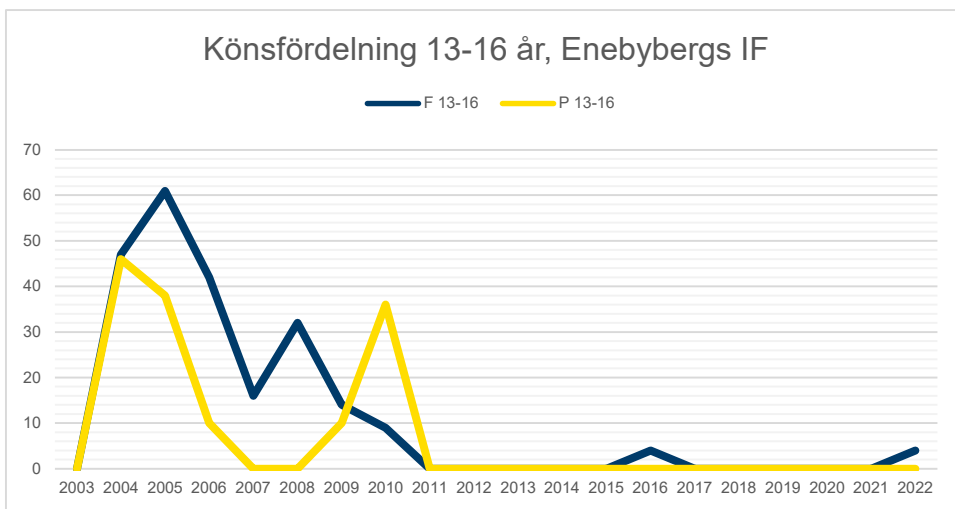


## 8. Enebybergs IF

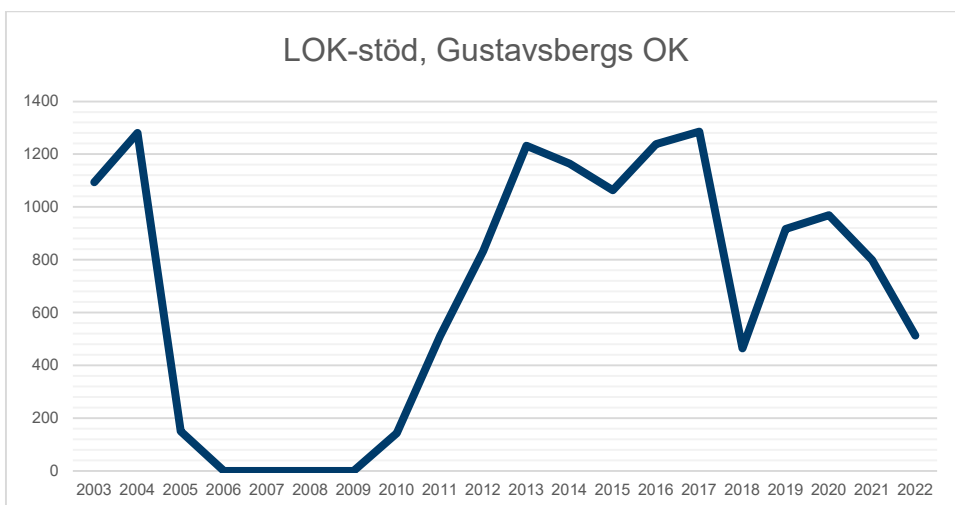


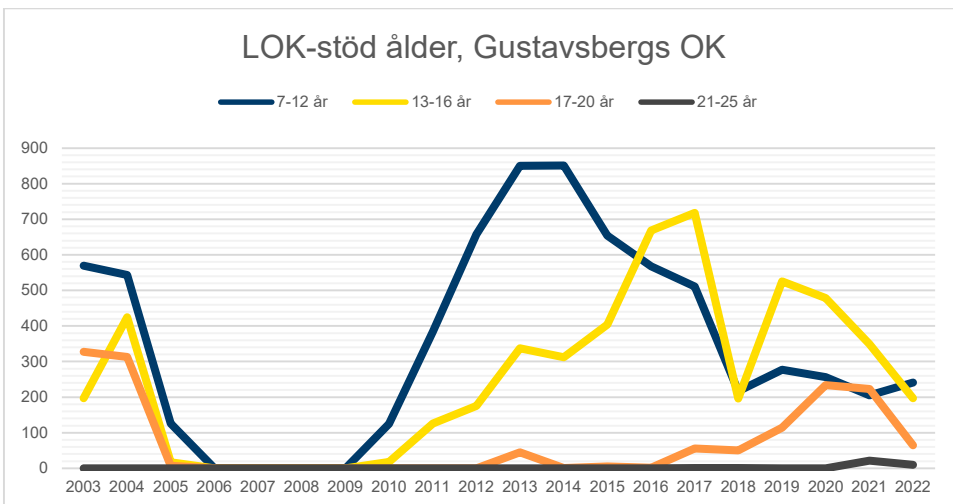
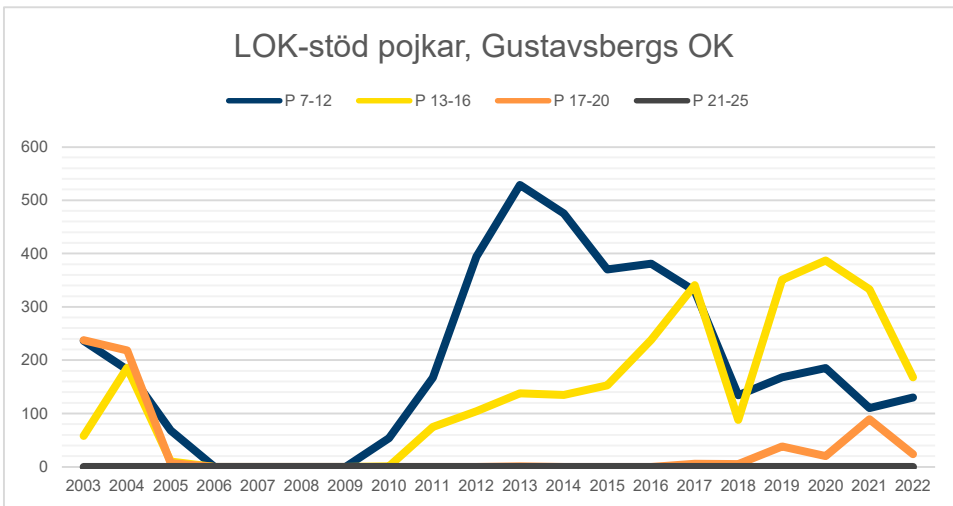
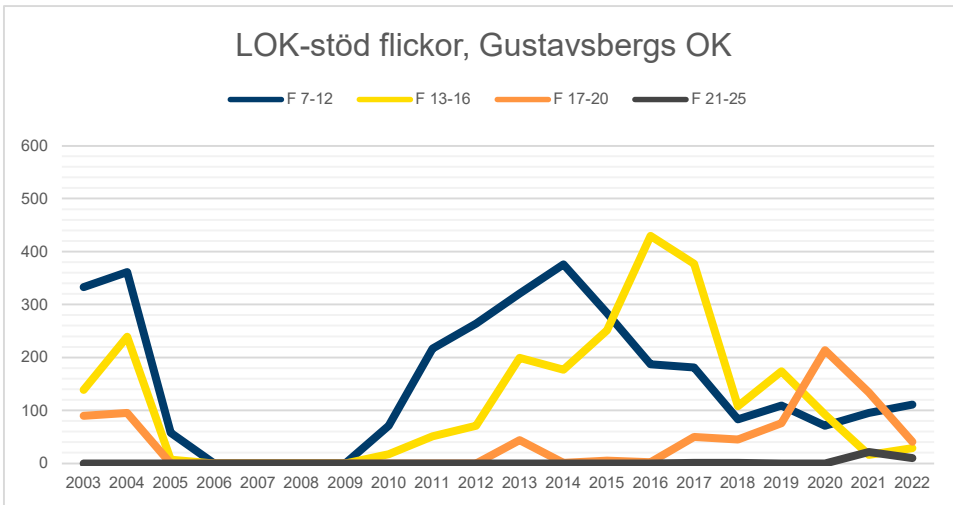




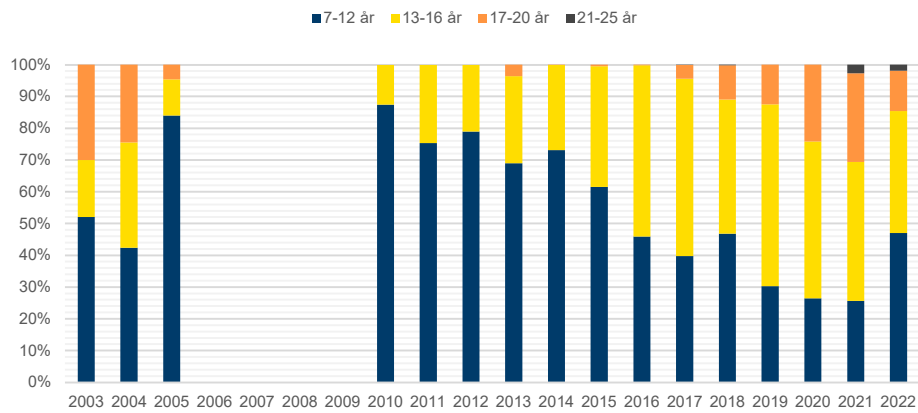


## 9. Gustavsbergs OK

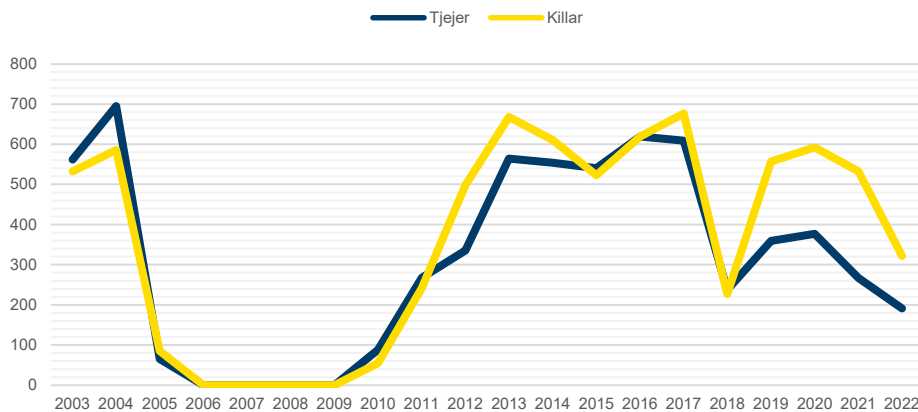




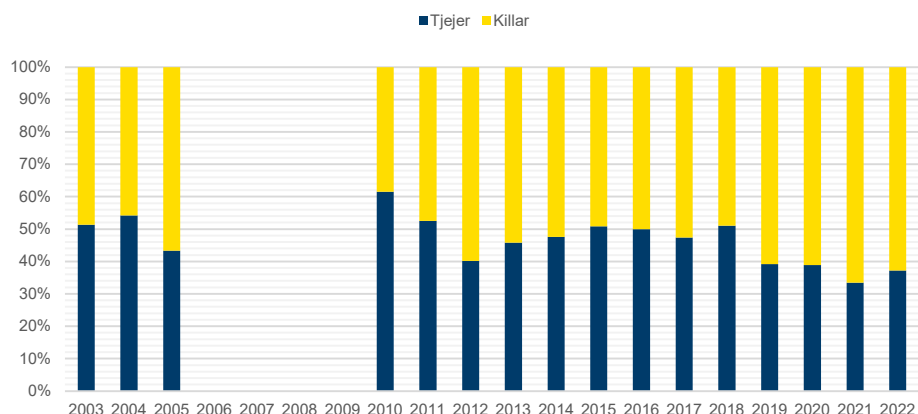
### Åldersfördelning LOK-stöd, Gustavsbergs OK



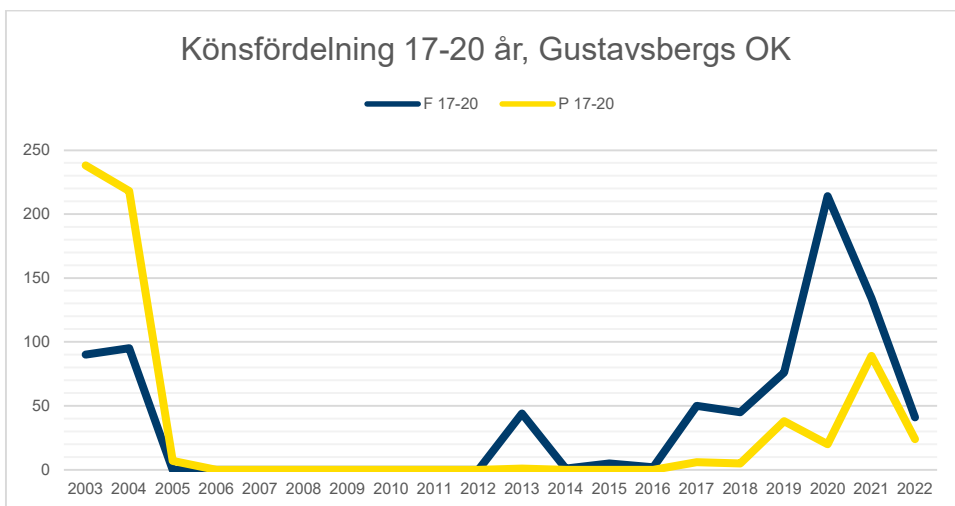
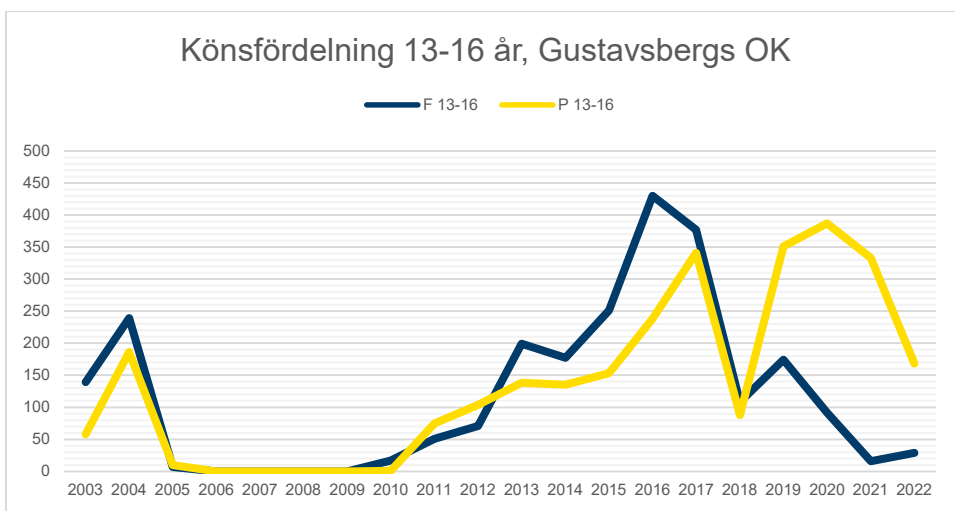
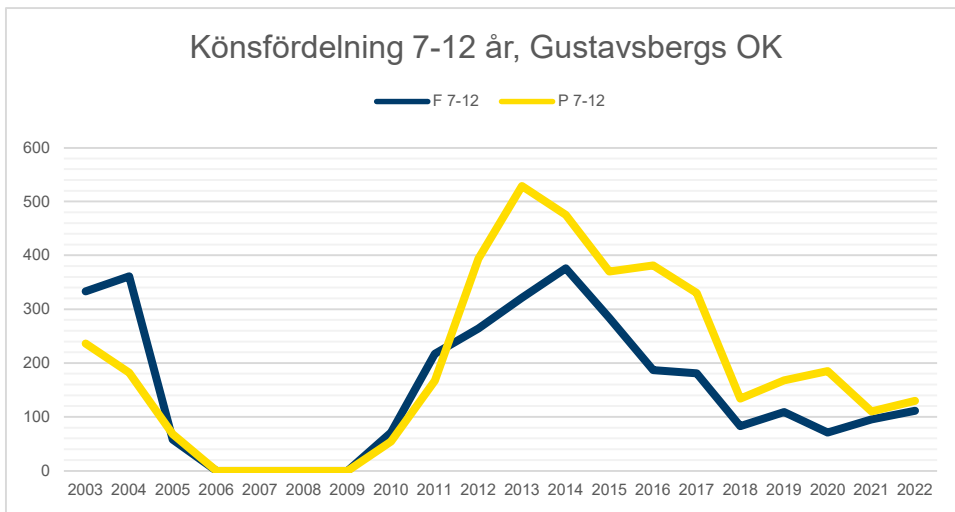
### Könsfördelning LOK-stöd, Gustavsbergs OK

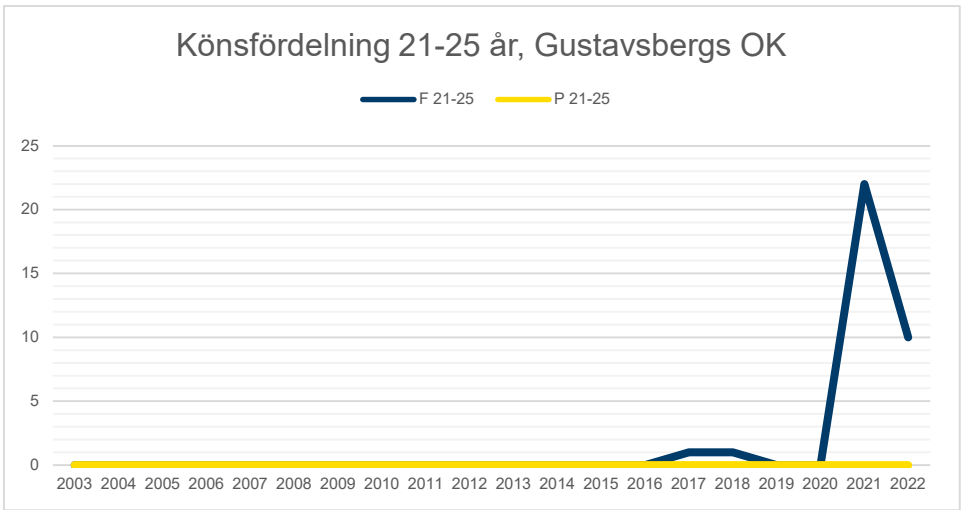


### Könsfördelning LOK-stöd, Gustavsbergs OK

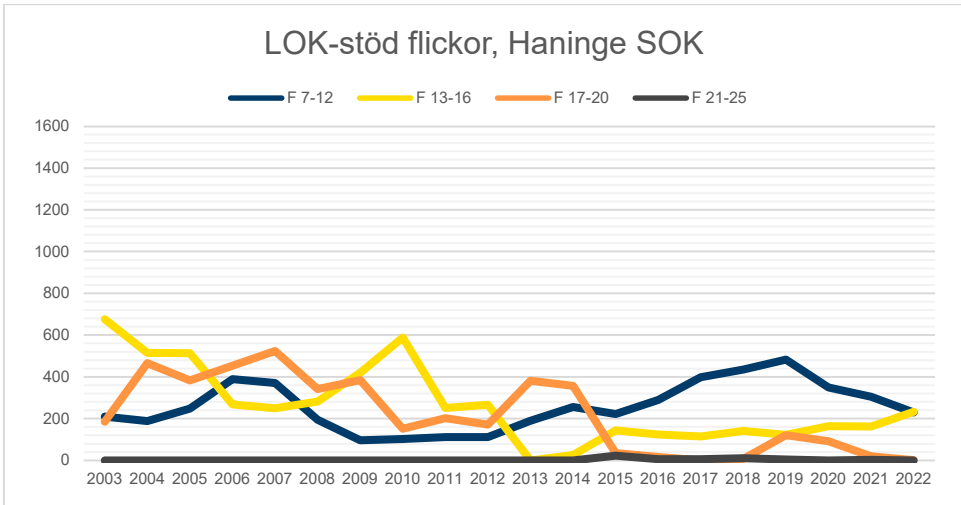
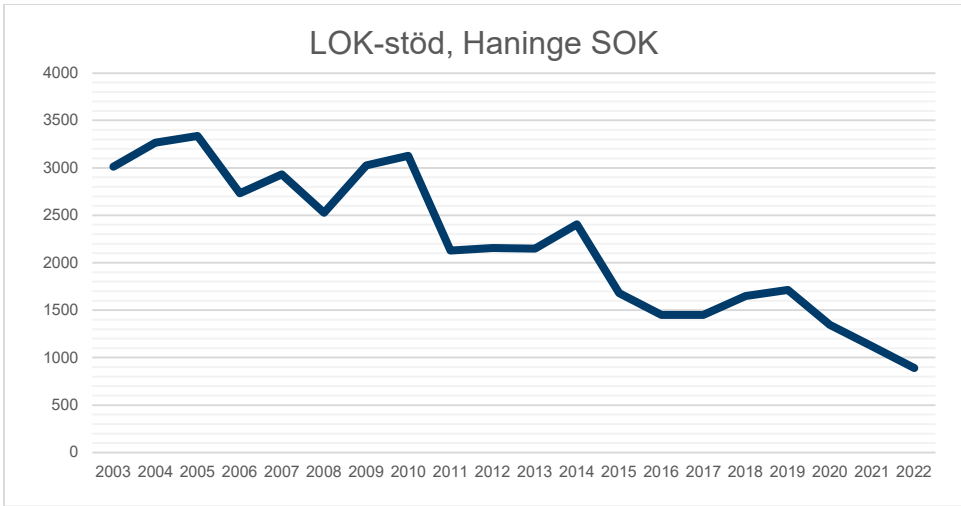


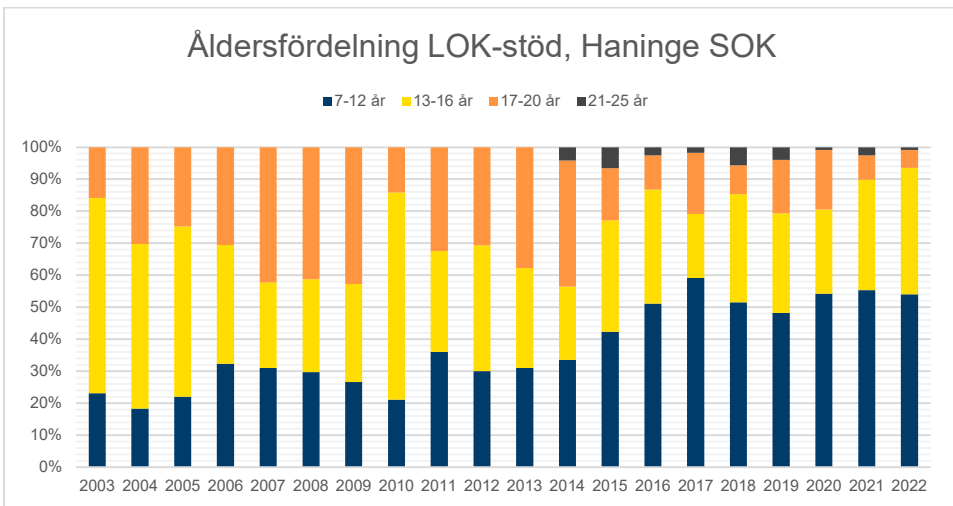
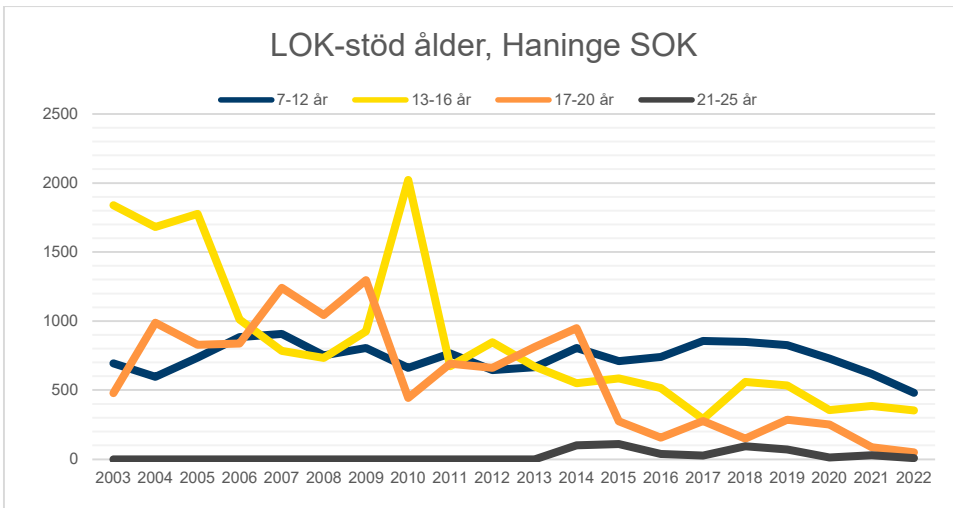
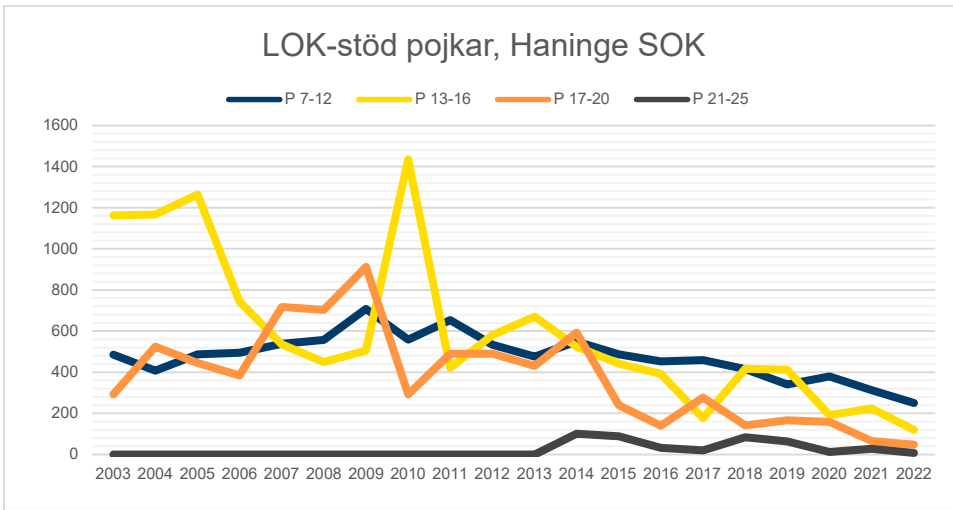


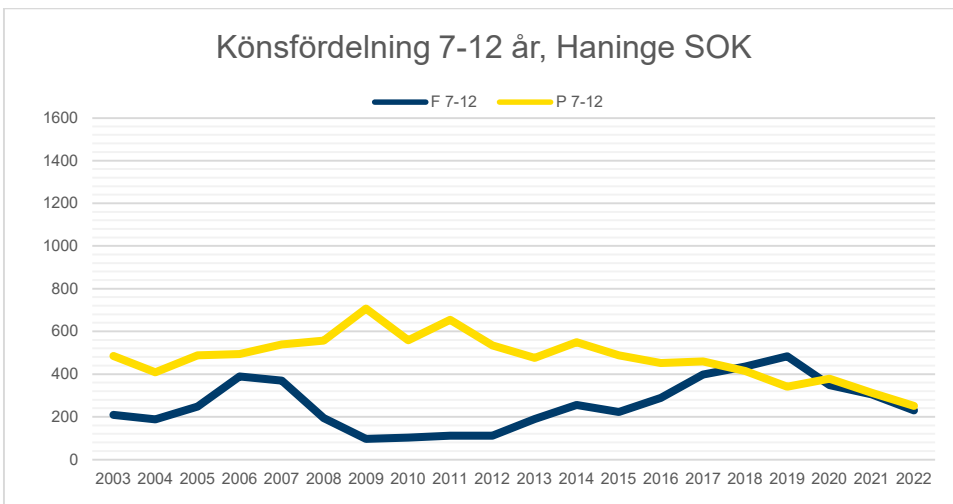
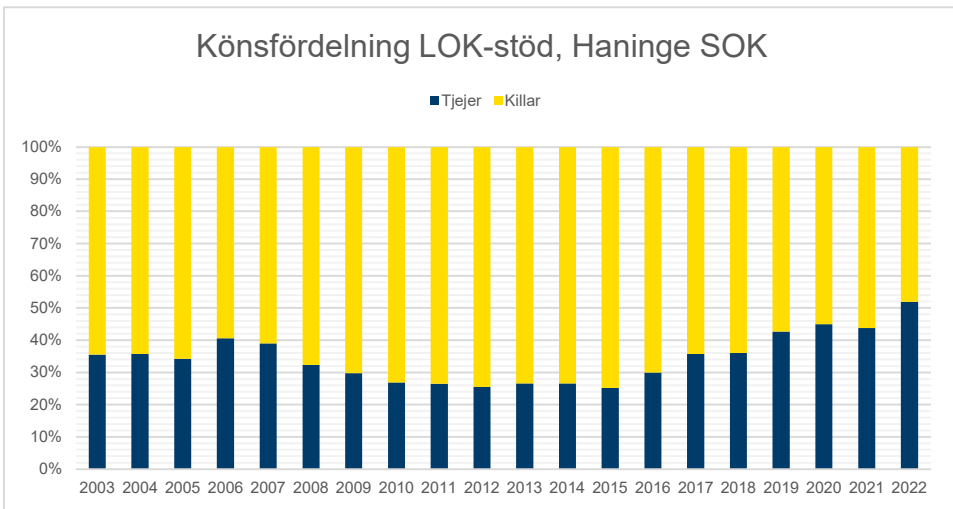
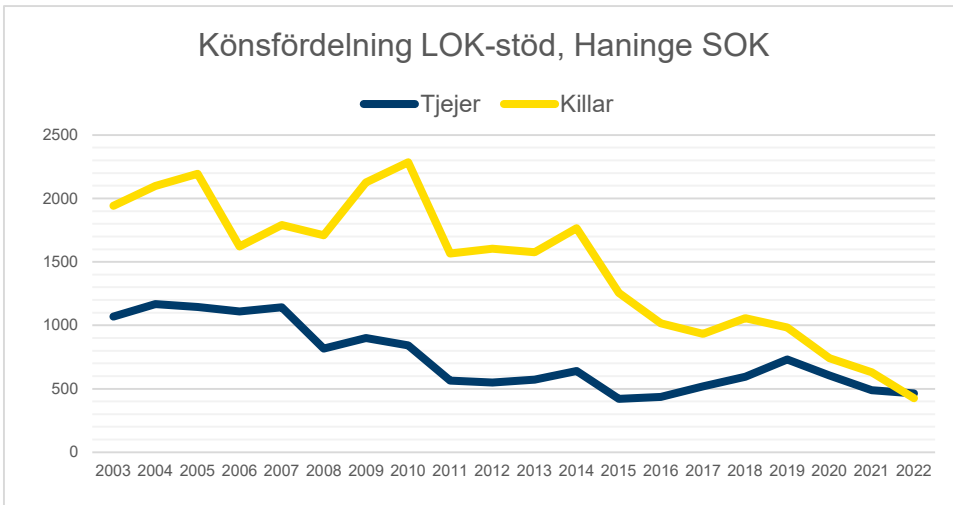




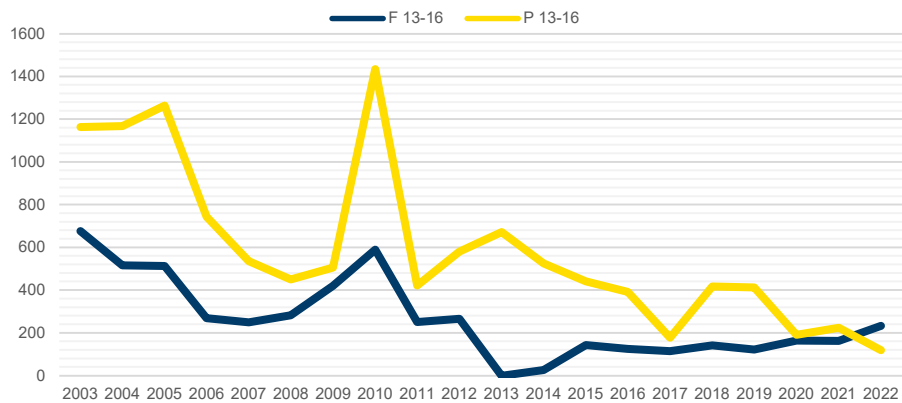
## 10. Haninge SOK



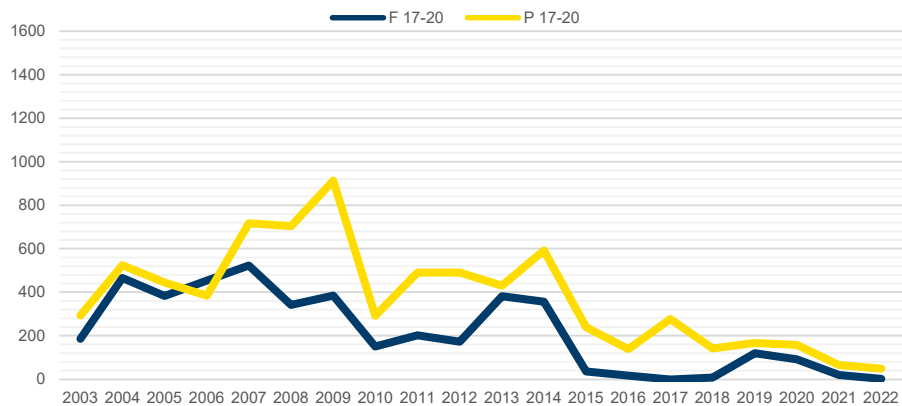




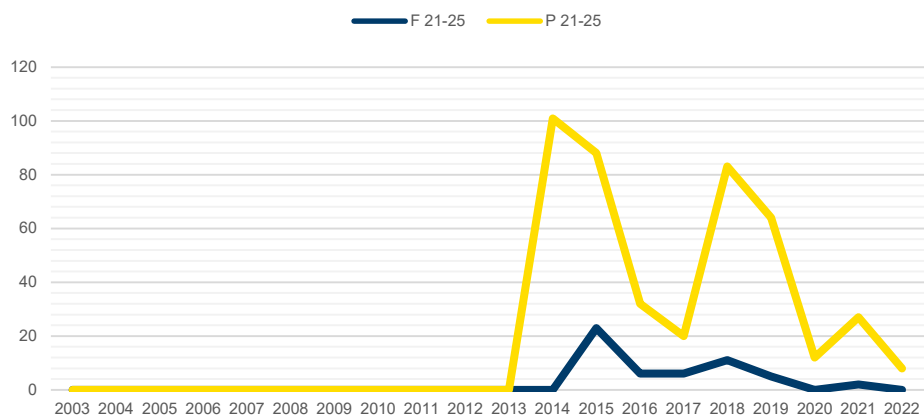
### Könsfördelning 13-16 år, Haninge SOK



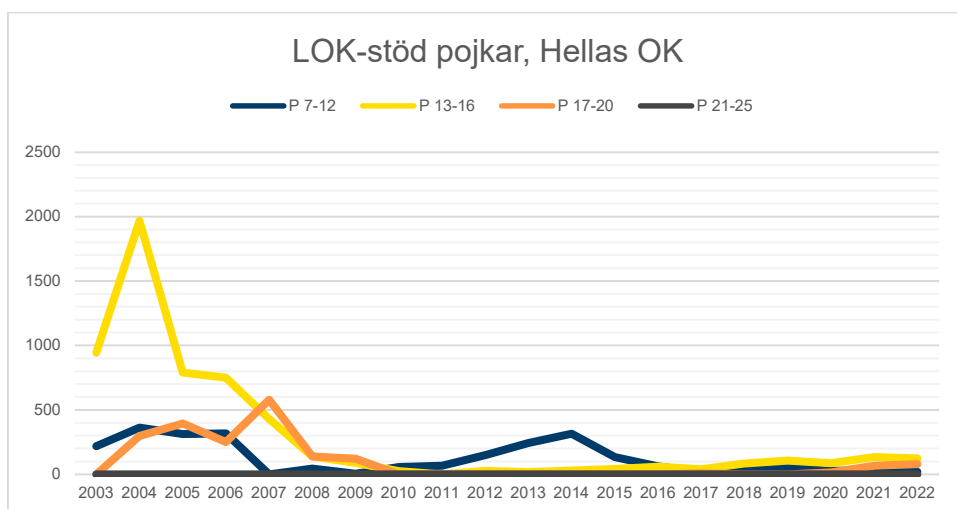
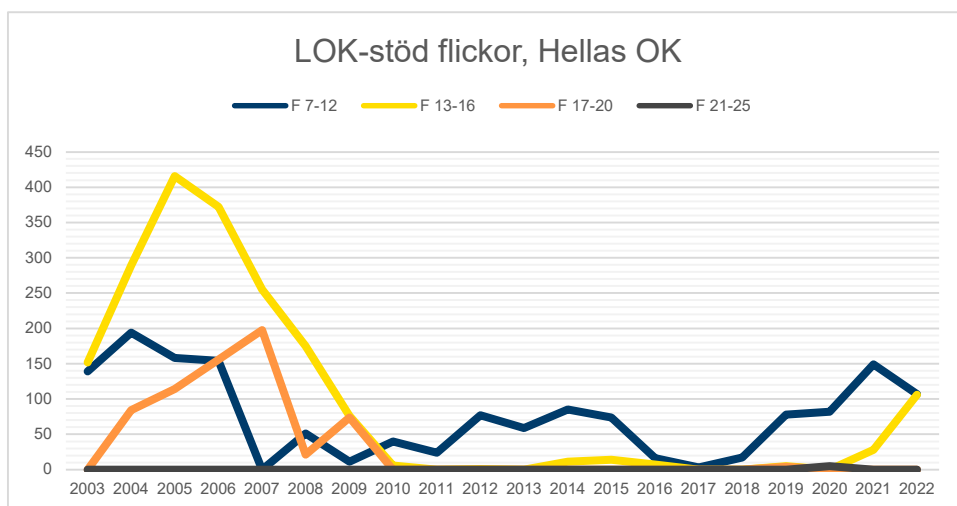
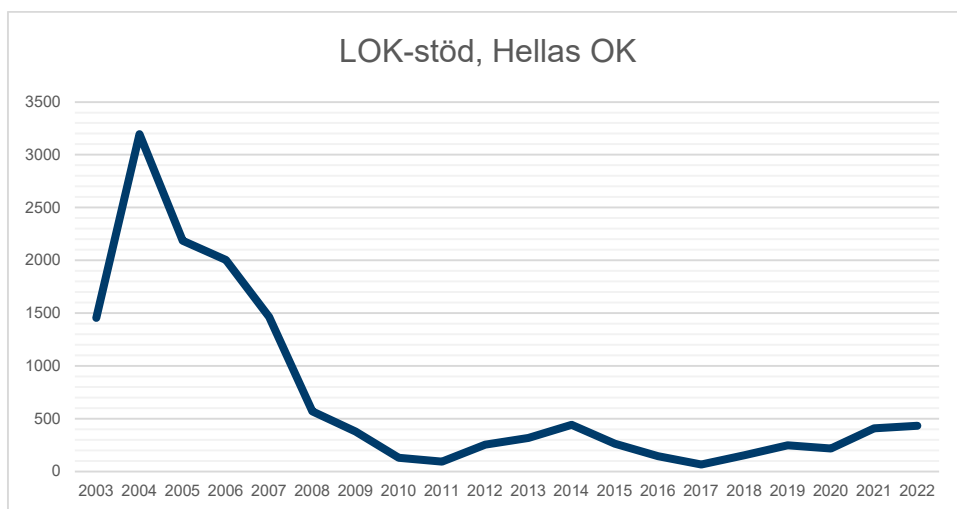
### Könsfördelning 17-20 år, Haninge SOK

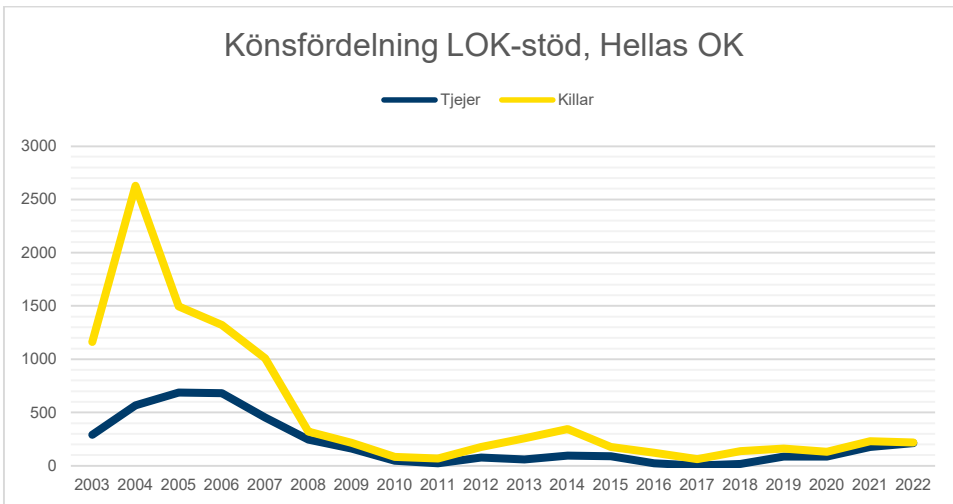
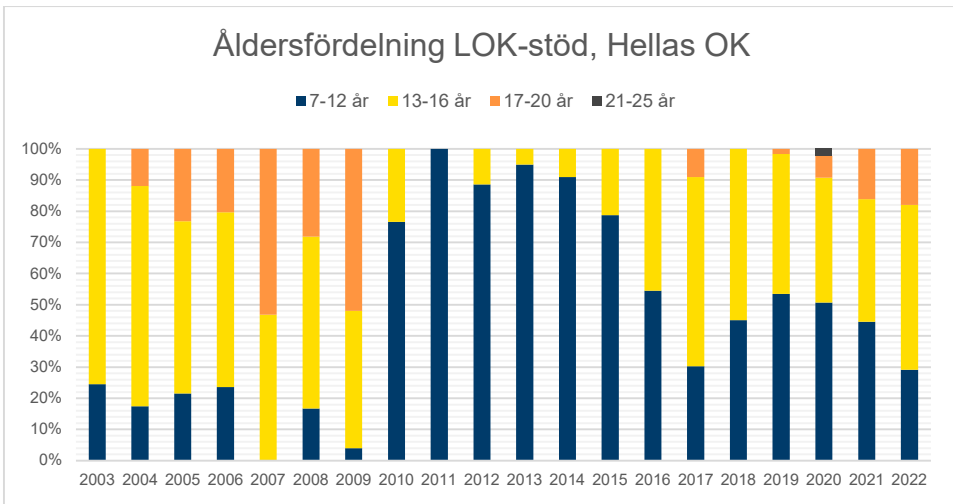
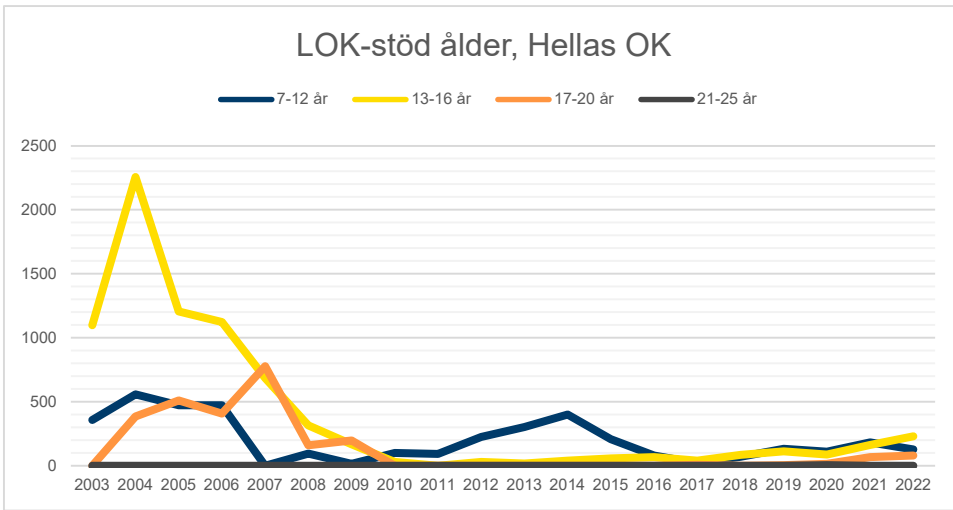


### Könsfördelning 21-25 år, Haninge SOK

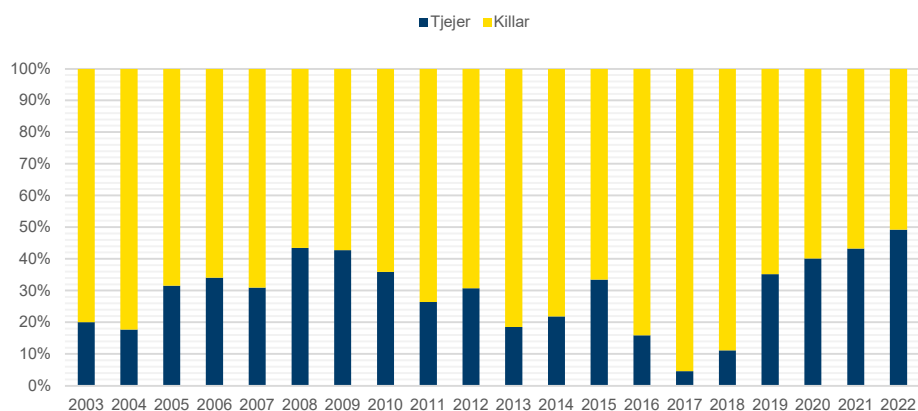


## 11. Hellas OK

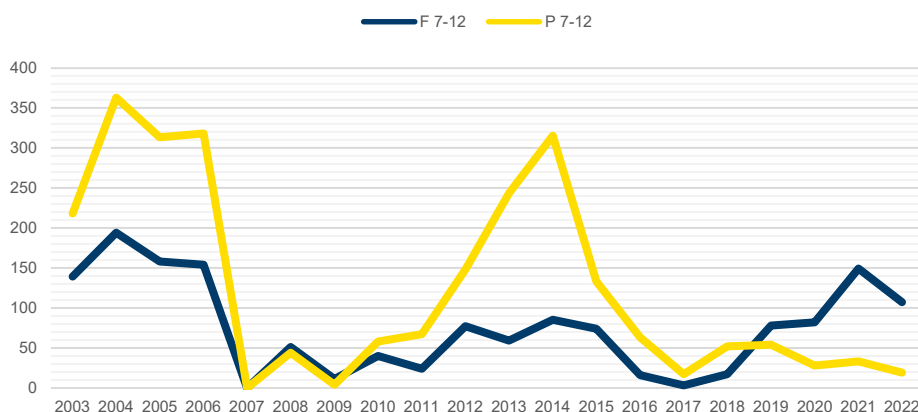




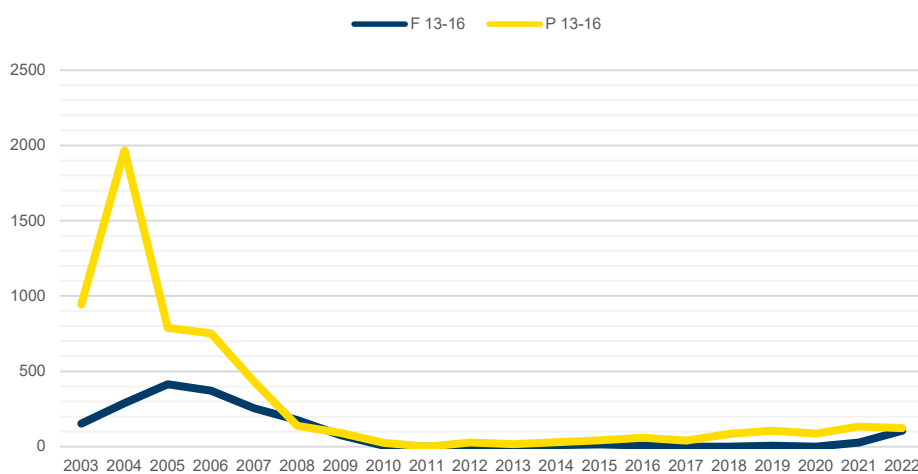
### Könsfördelning LOK-stöd, Hellas OK



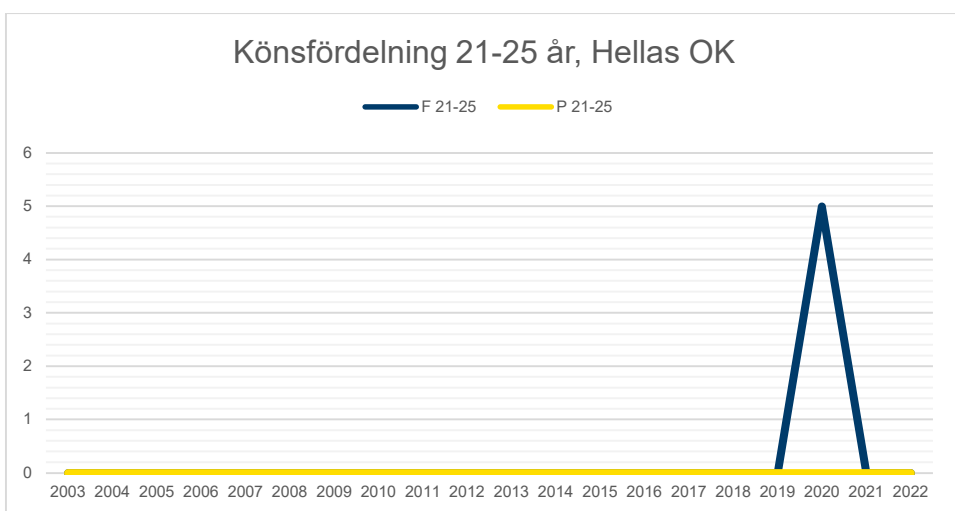
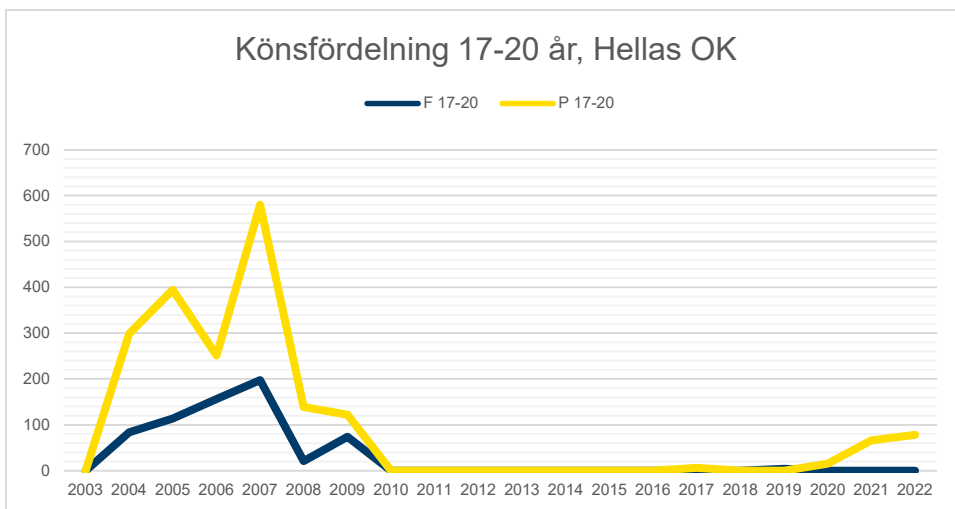
### Könsfördelning 7-12 år, Hellas OK



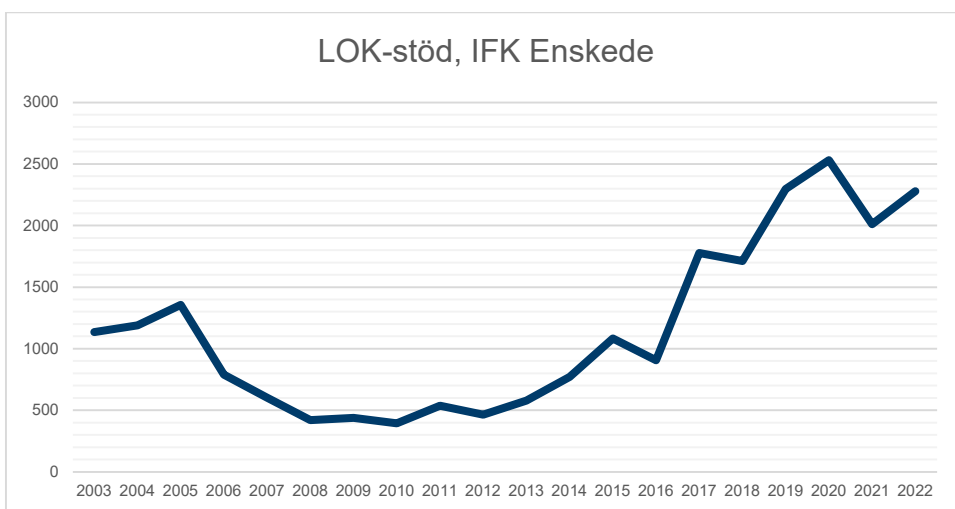
### Könsfördelning 13-16 år, Hellas OK

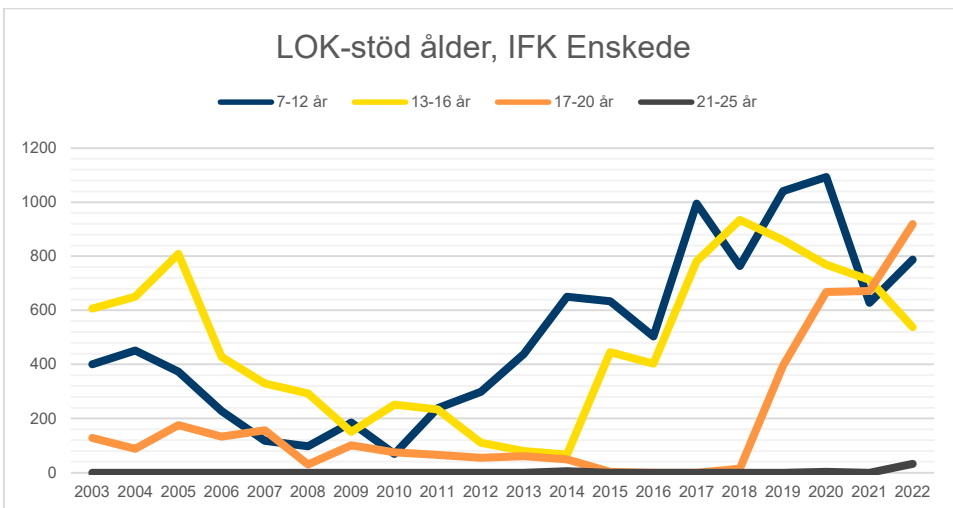
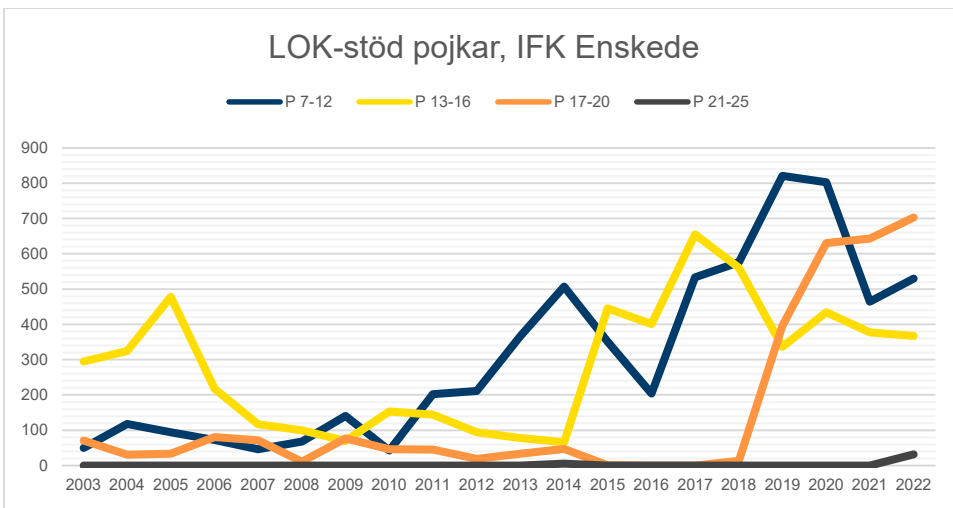
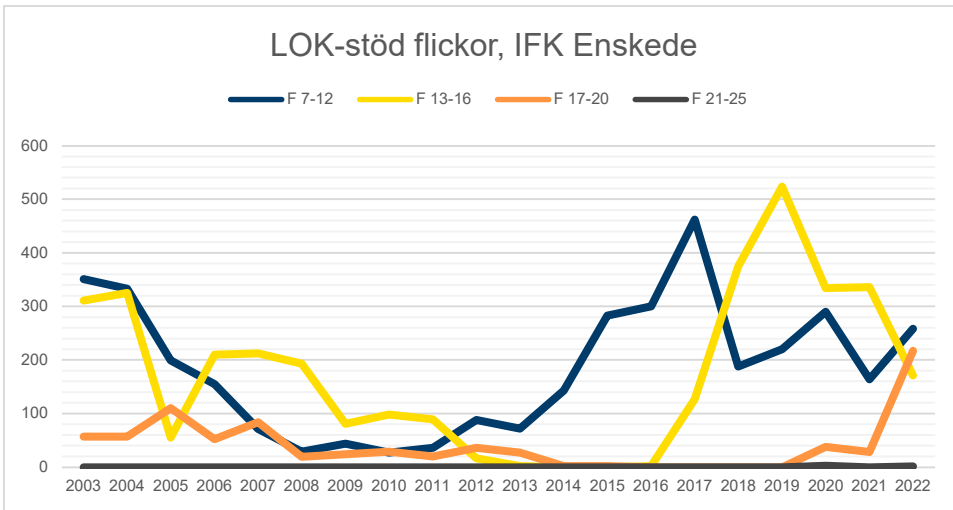




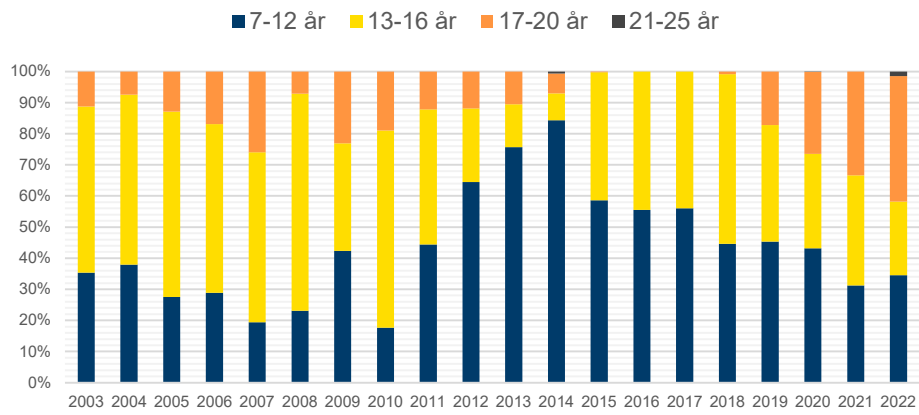


## 12. IFK Enskede

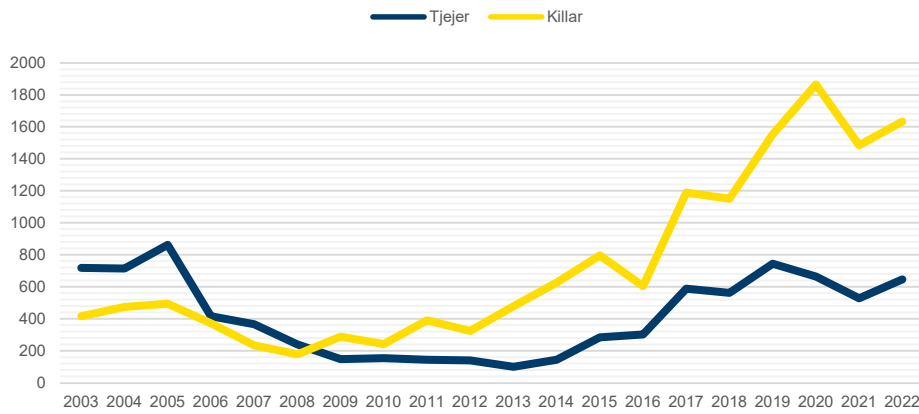




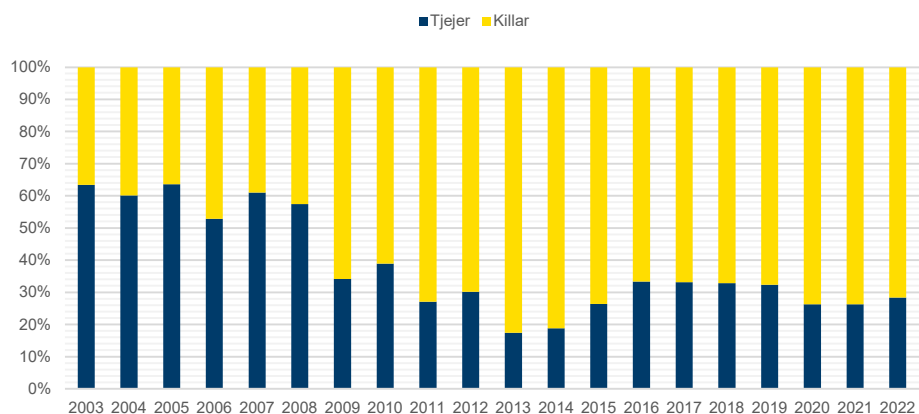
### Åldersfördelning LOK-stöd, IFK Enskede



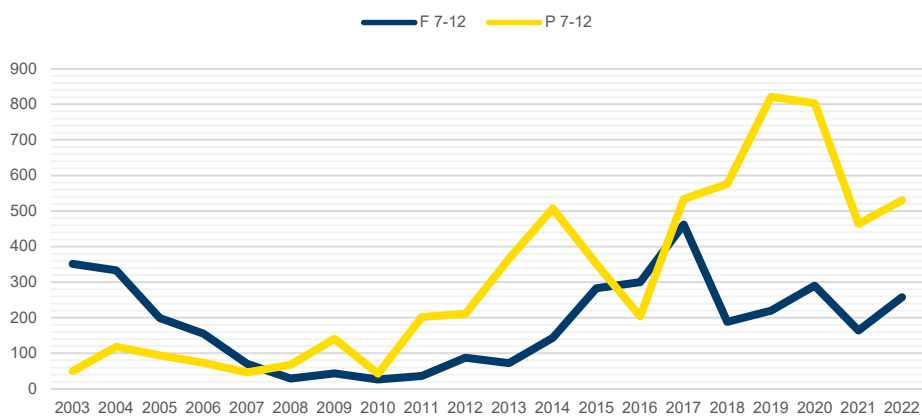
### Könsfördelning LOK-stöd, IFK Enskede



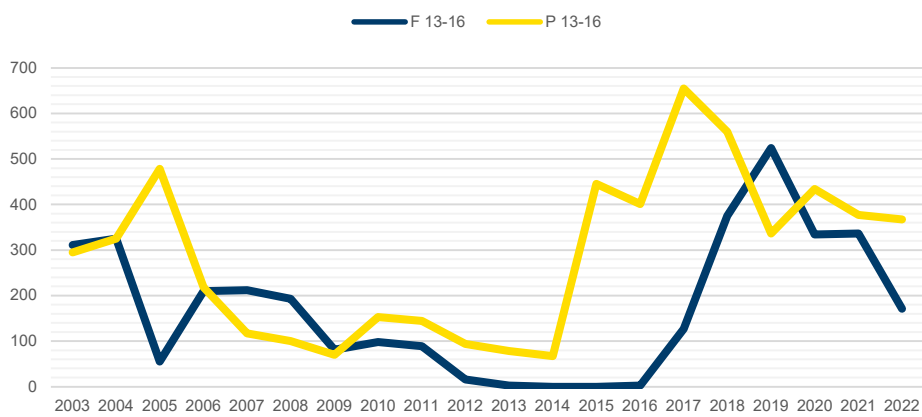
### Könsfördelning LOK-stöd, IFK Enskede



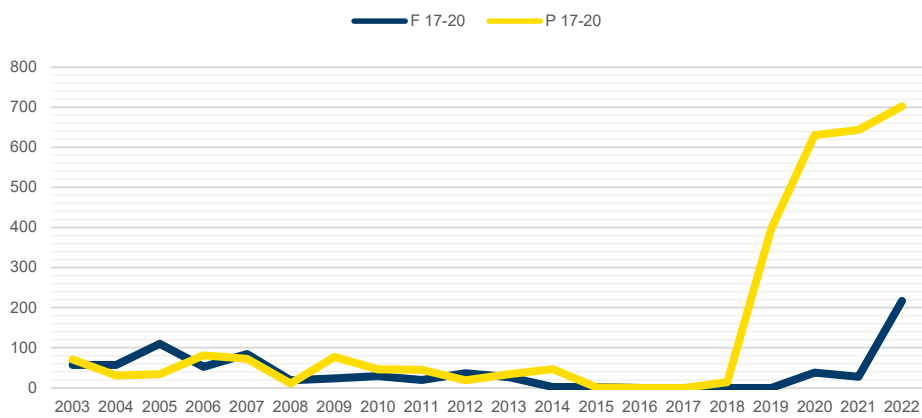
### Könsfördelning 7-12 år, IFK Enskede

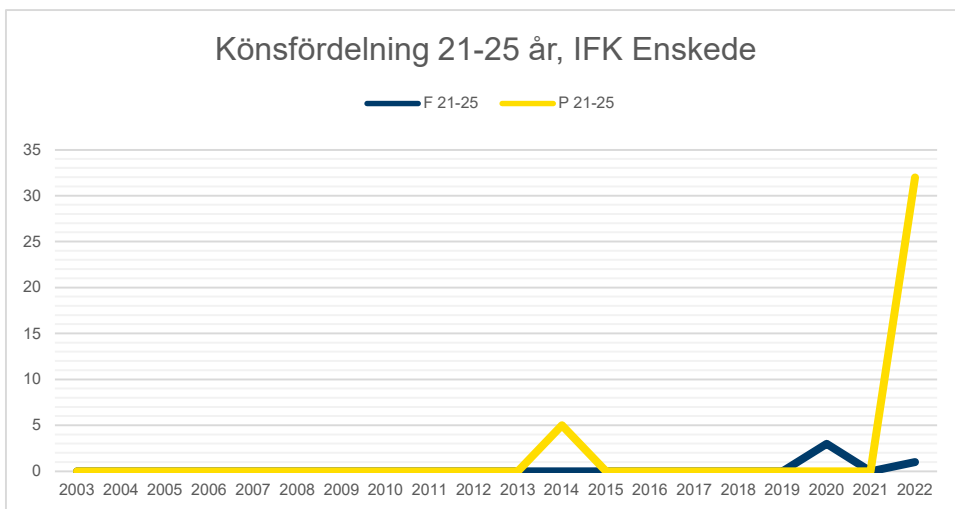


### Könsfördelning 13-16 år, IFK Enskede

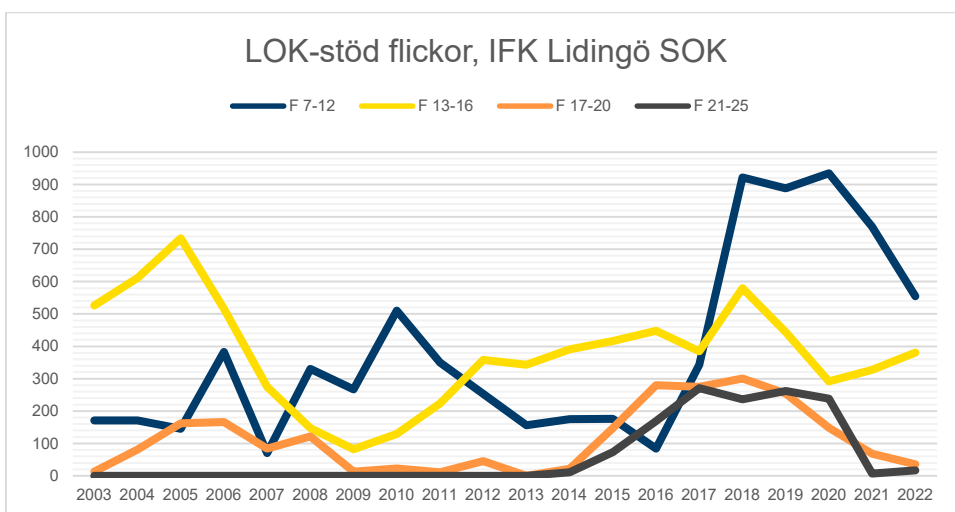
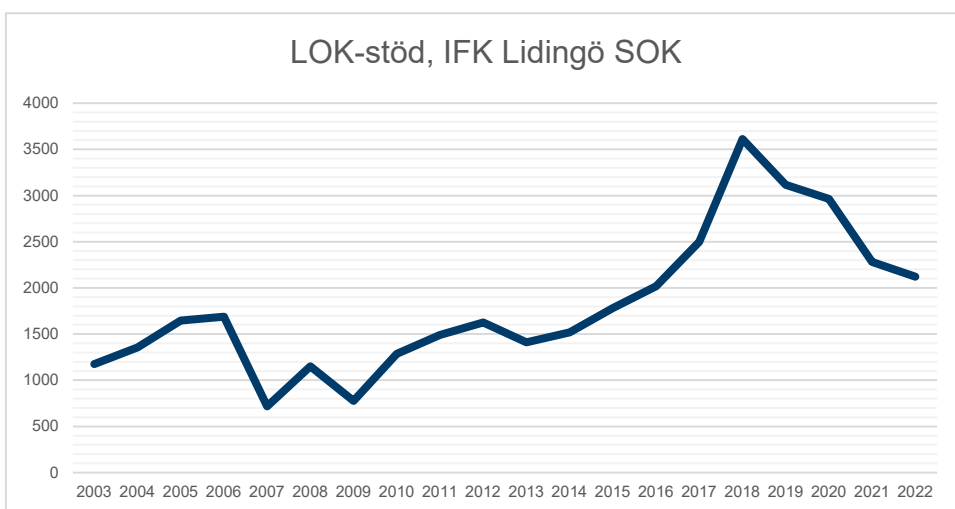


### Könsfördelning 17-20 år, IFK Enskede

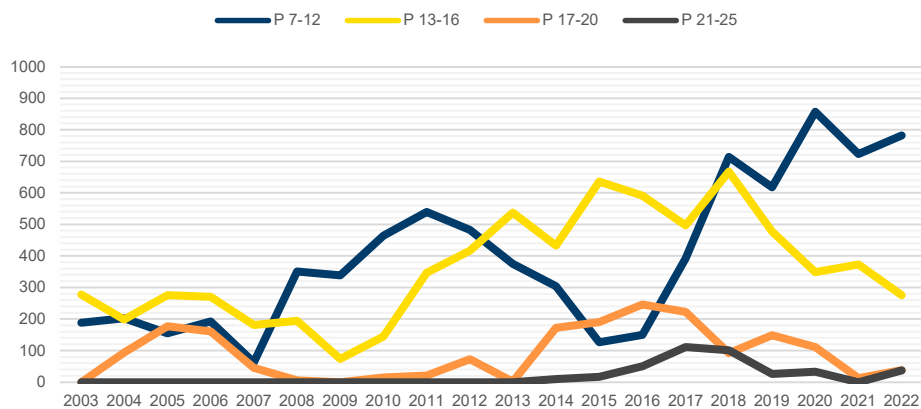




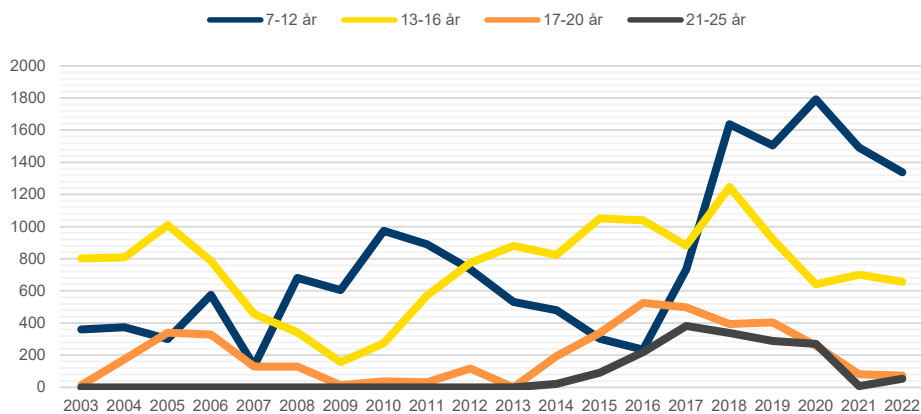
## 13. IFK Lidingö SOK



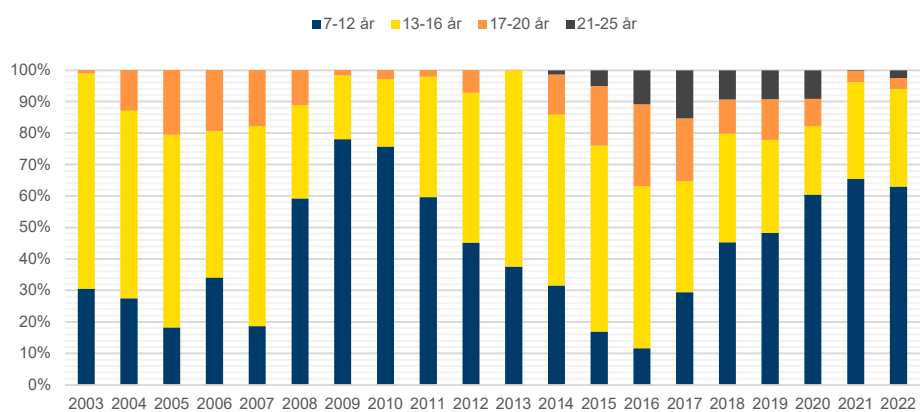
### LOK-stöd pojkar, IFK Lidingö SOK

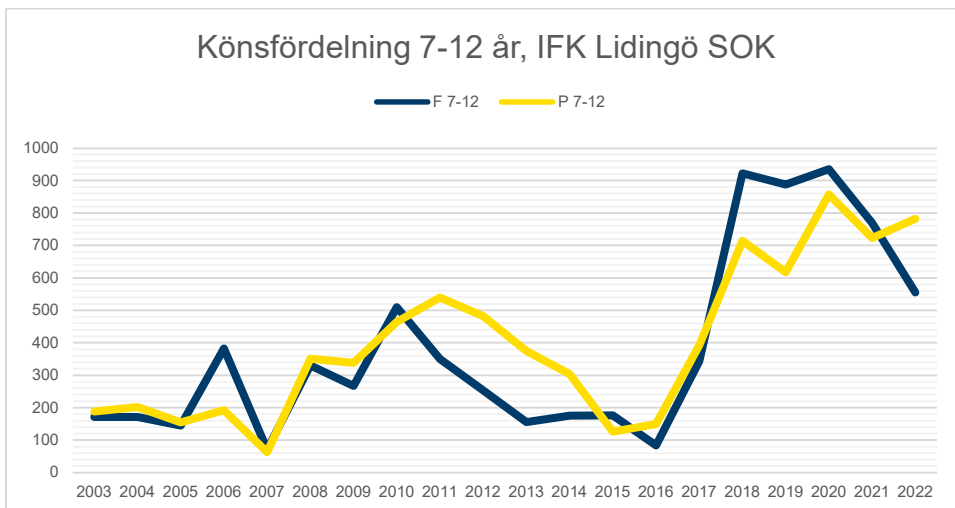
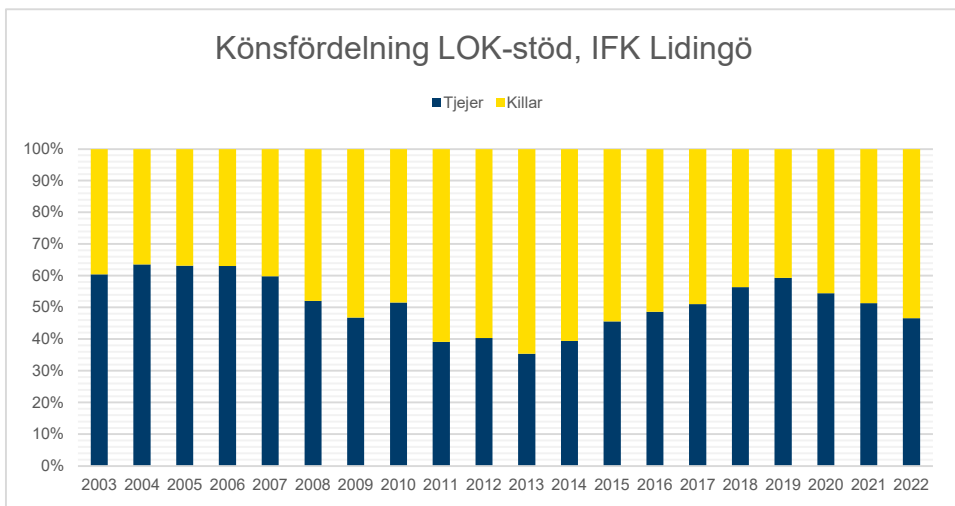
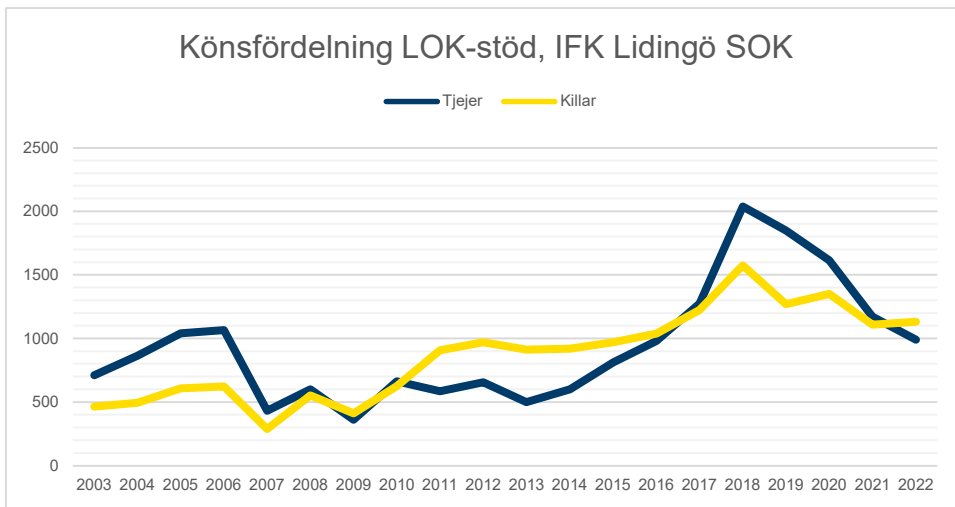


### LOK-stöd ålder, IFK Lidingö

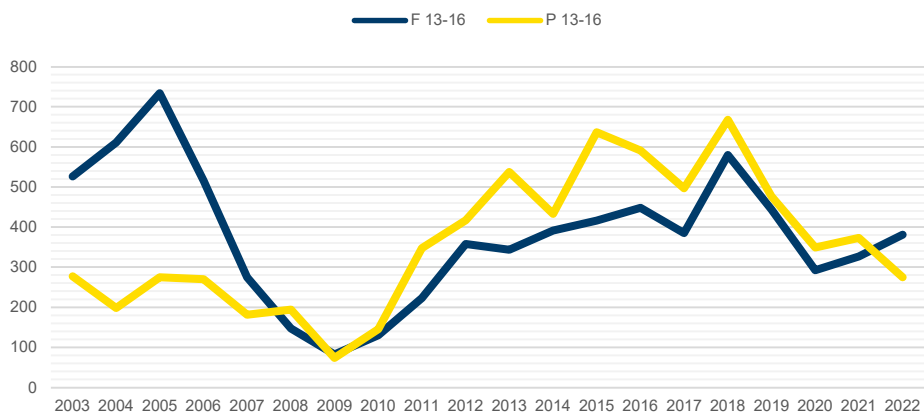


### Åldersfördelning LOK-stöd, IFK Lidingö

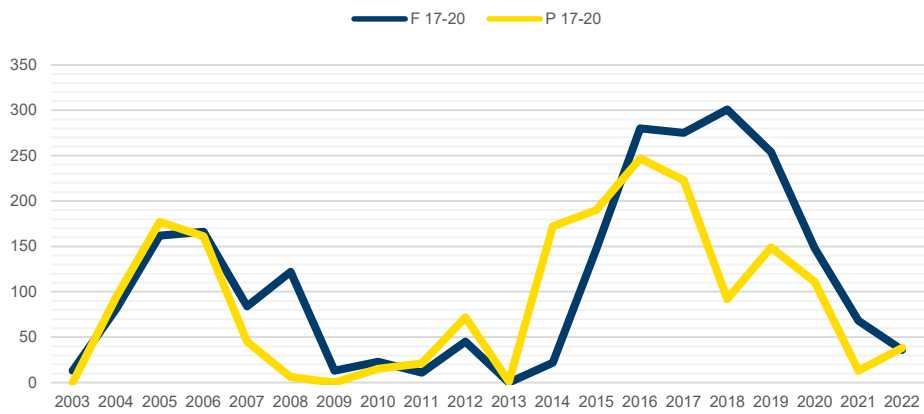




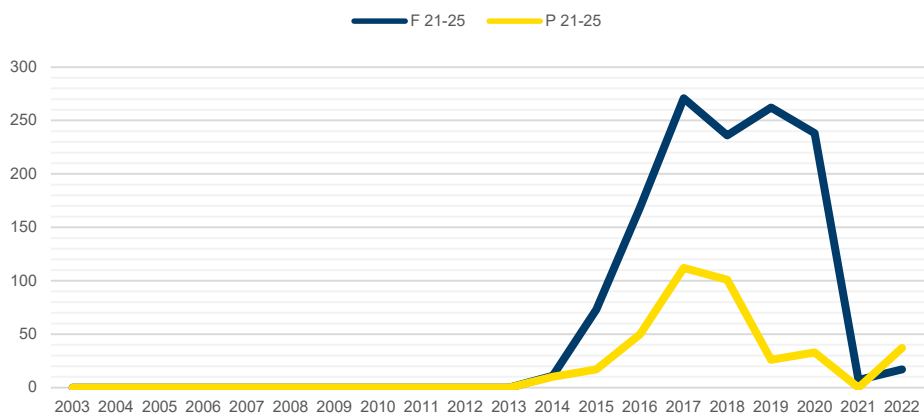
### Könsfördelning 13-16 år, IFK Lidingö SOK



### Könsfördelning 17-20 år, IFK Lidingö SOK

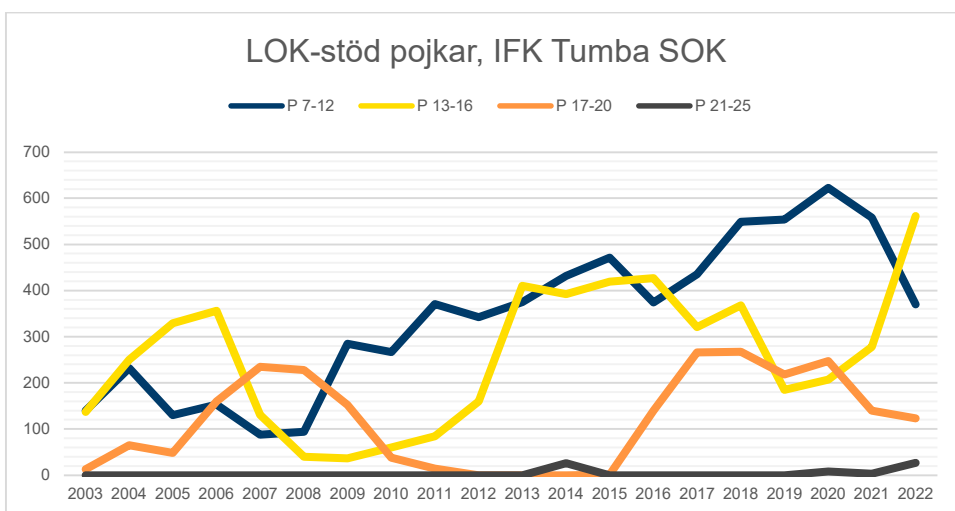
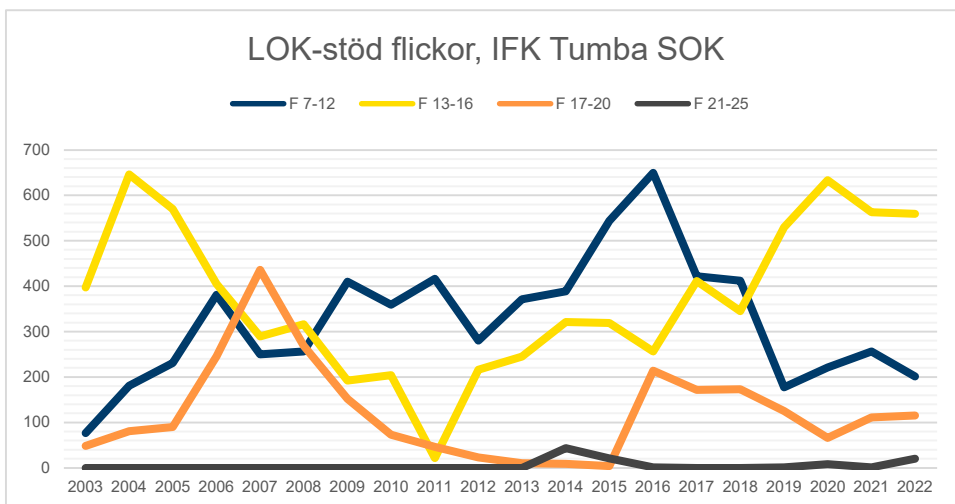
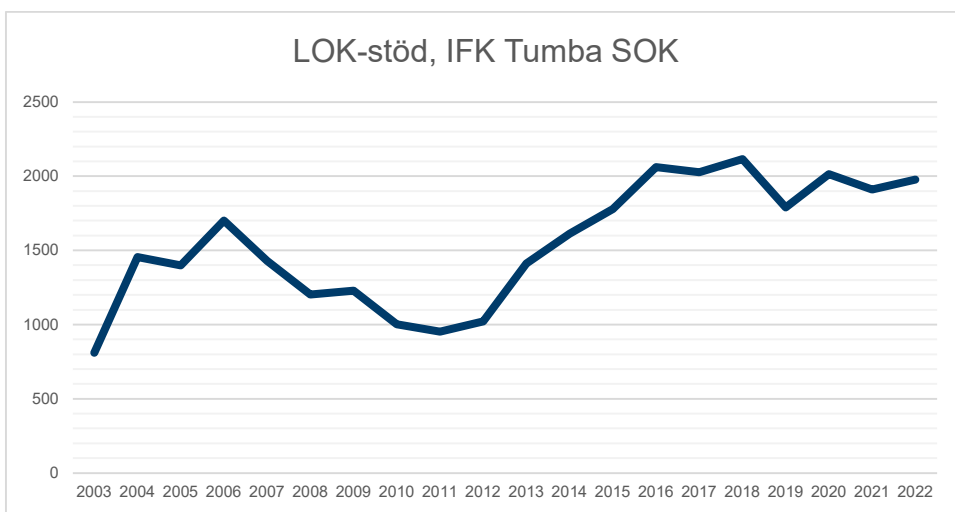


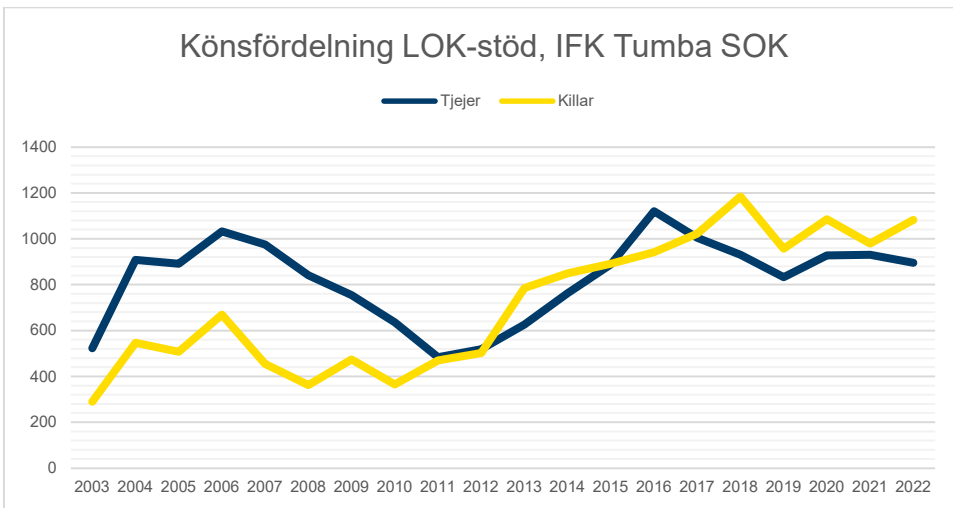
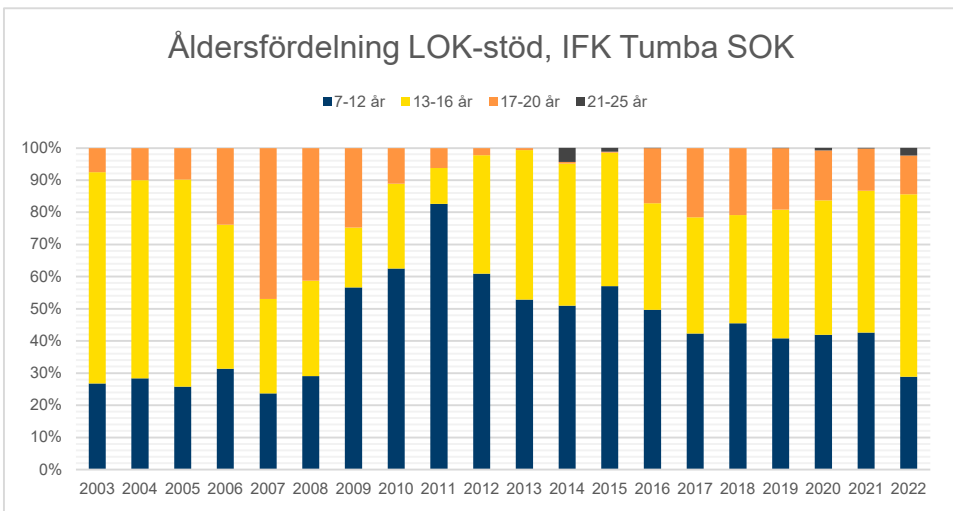
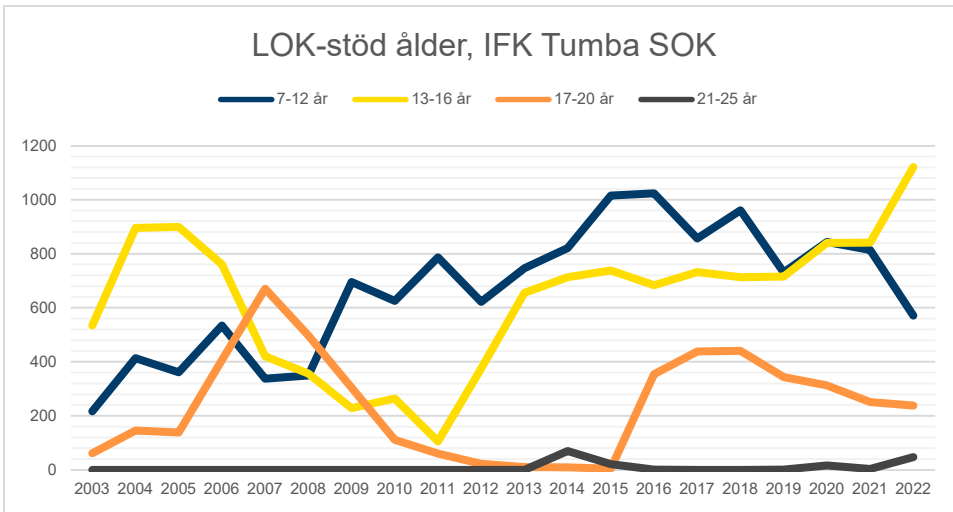
### Könsfördelning 21-25 år, IFK Lidingö SOK



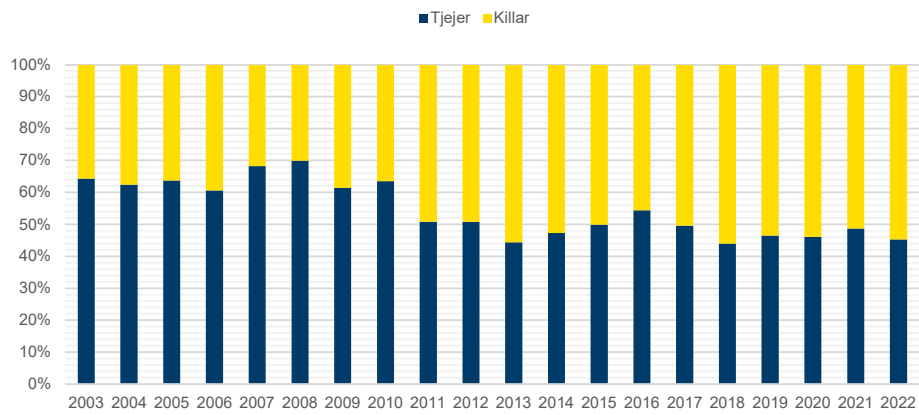


## 14. IFK Tumba SOK

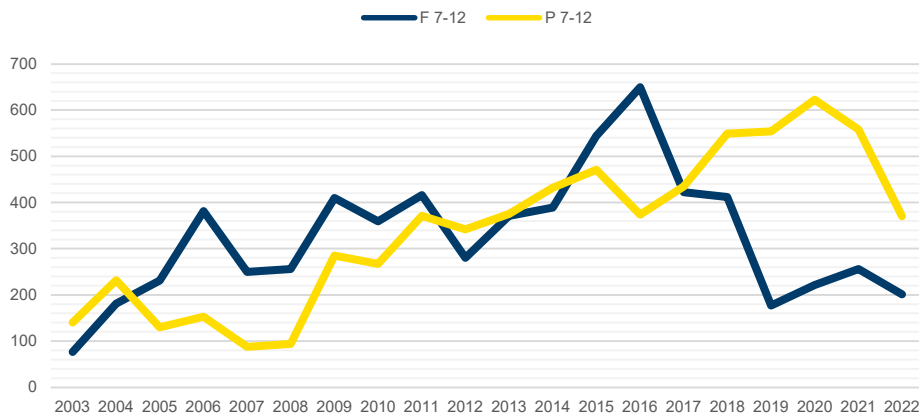




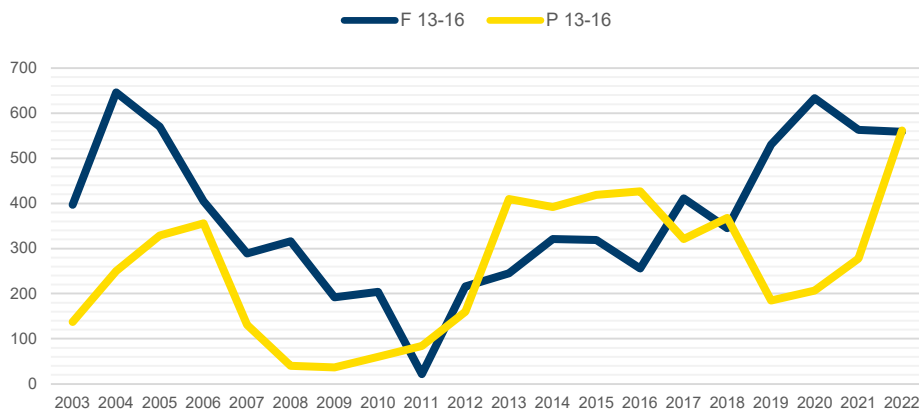
### Könsfördelning LOK-stöd, IFK Tumba SOK

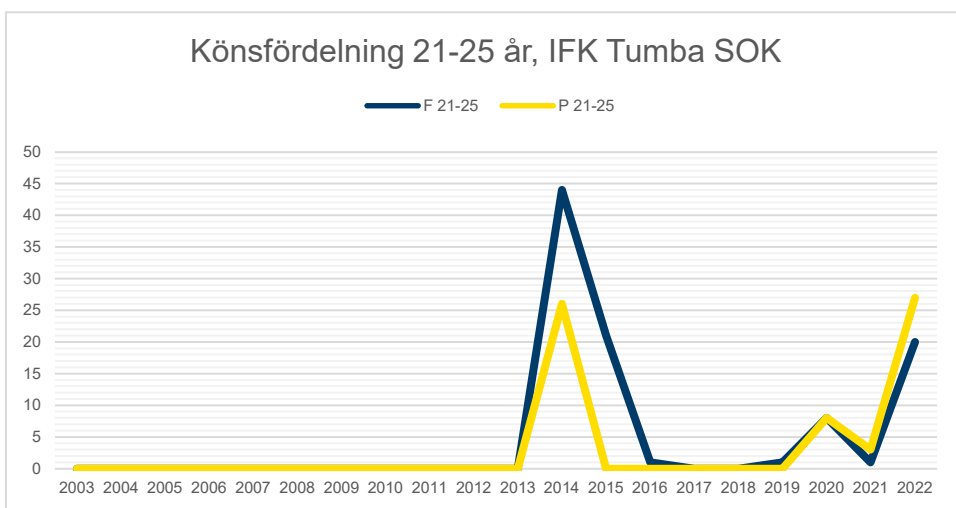
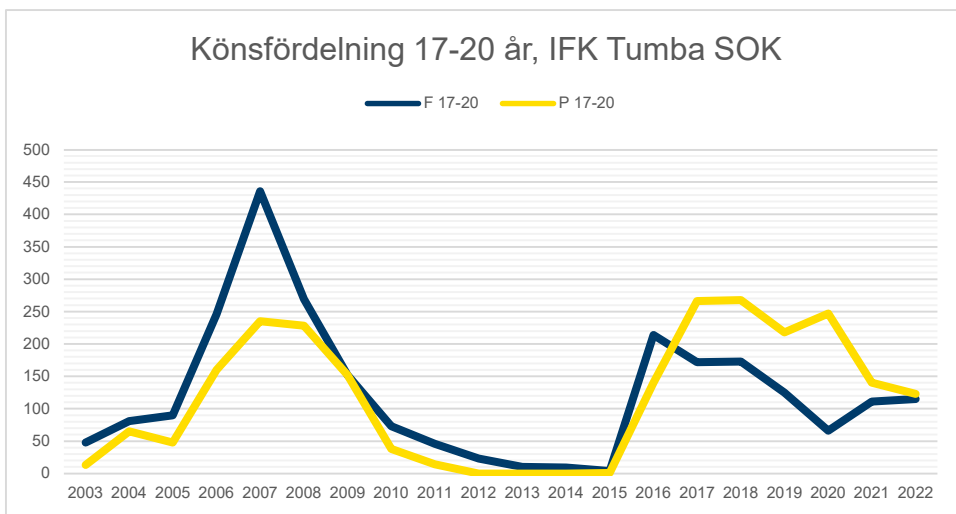


### Könsfördelning 7-12 år, IFK Tumba SOK

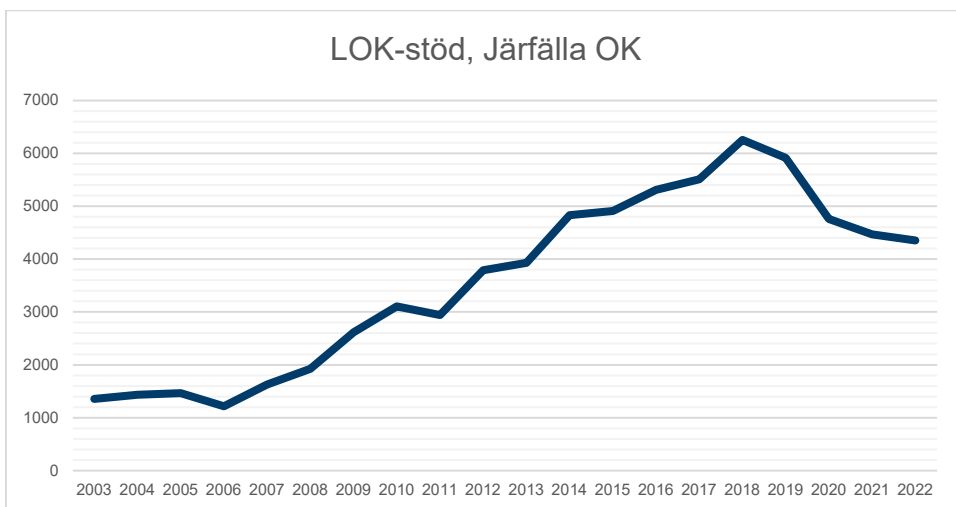


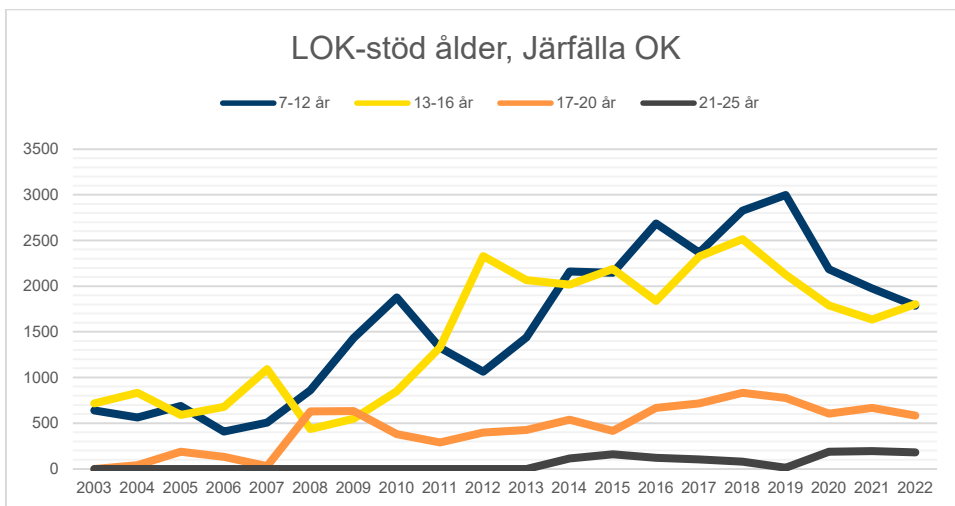
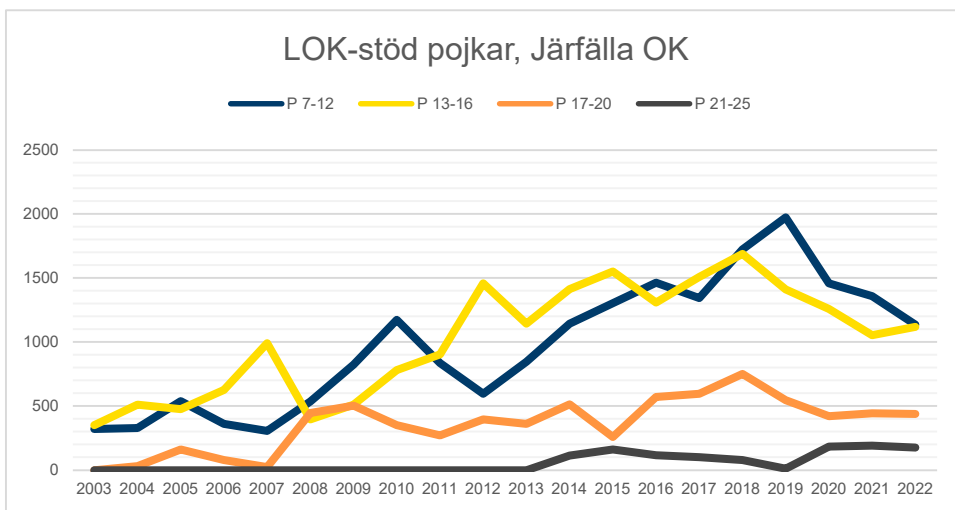
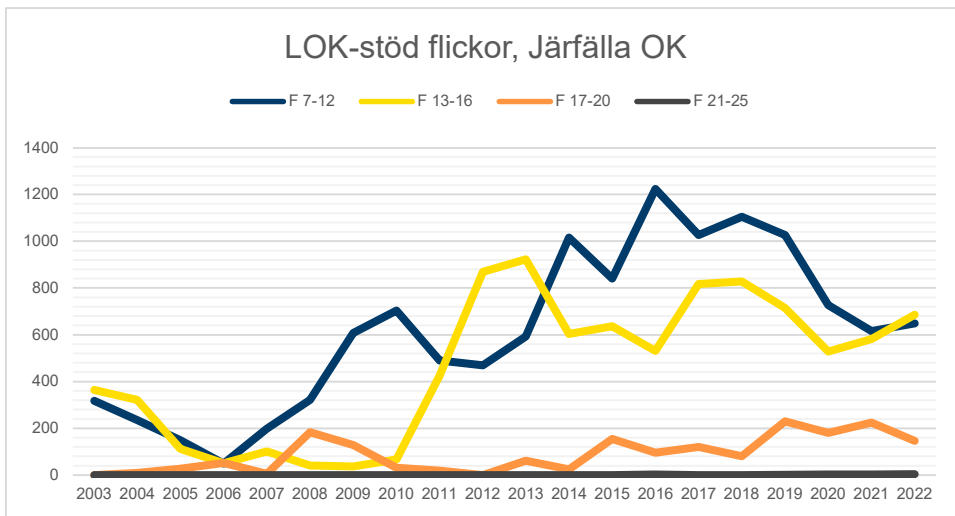
### Könsfördelning 13-16 år, IFK Tumba SOK



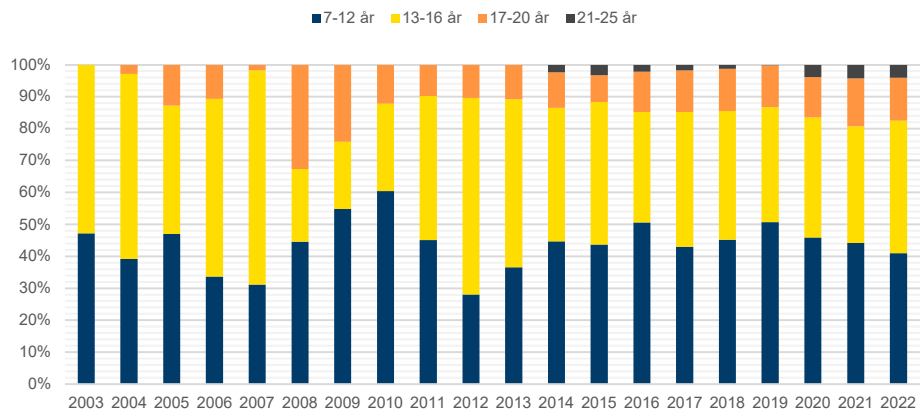


## 15. Järfälla OK

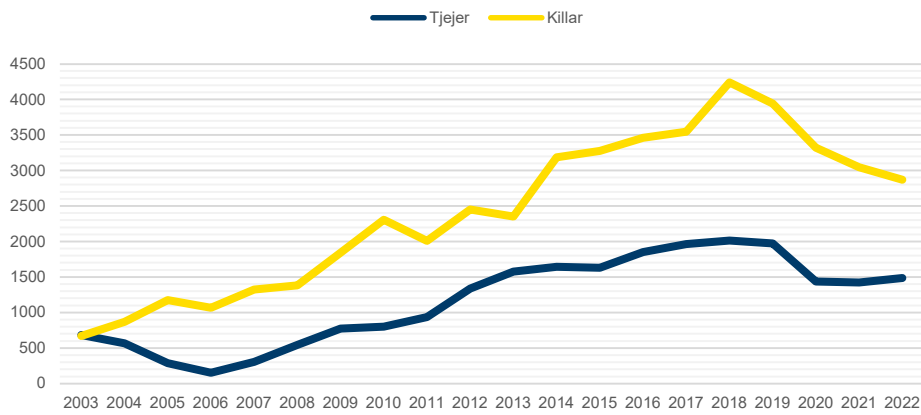




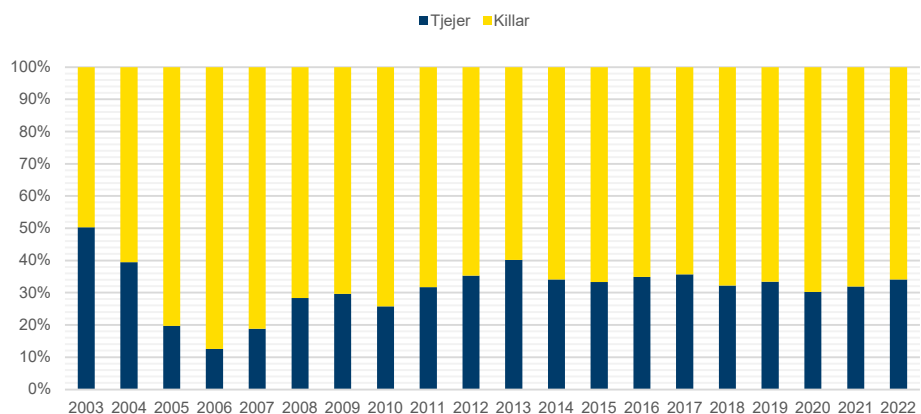
### Åldersfördelning LOK-stöd, Järfälla OK



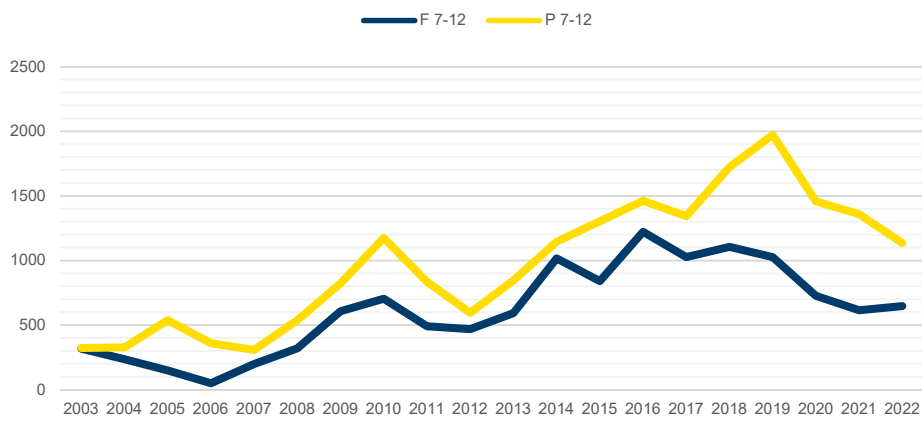
### Könsfördelning LOK-stöd, Järfälla OK



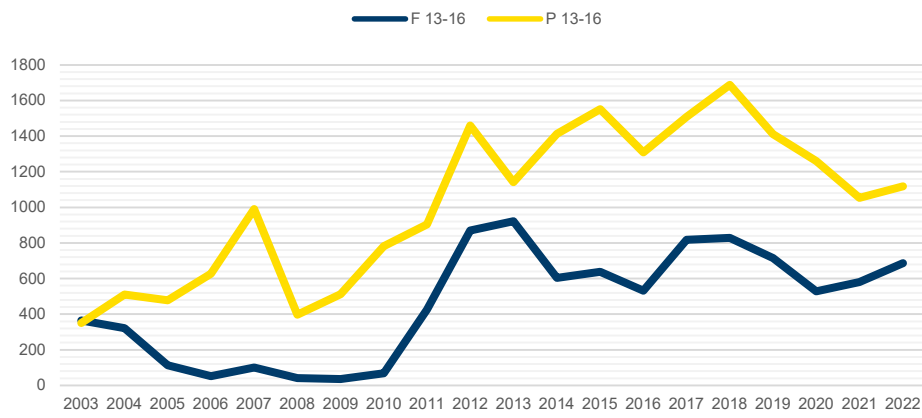
### Könsfördelning LOK-stöd, Järfälla OK



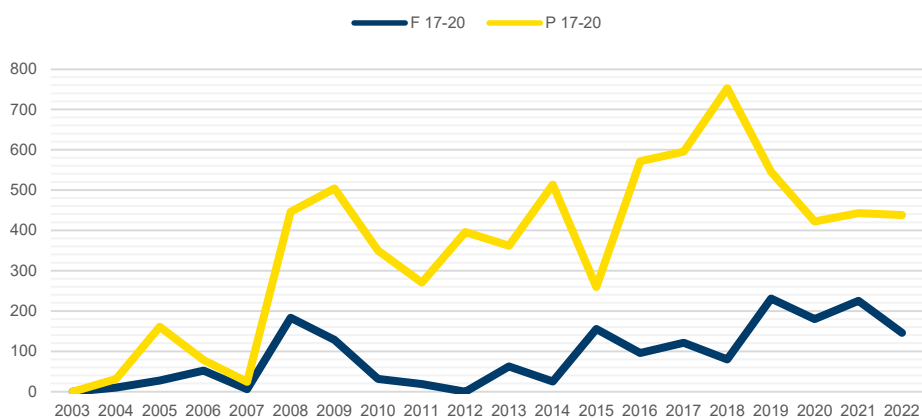
### Könsfördelning 7-12 år, Järfälla OK

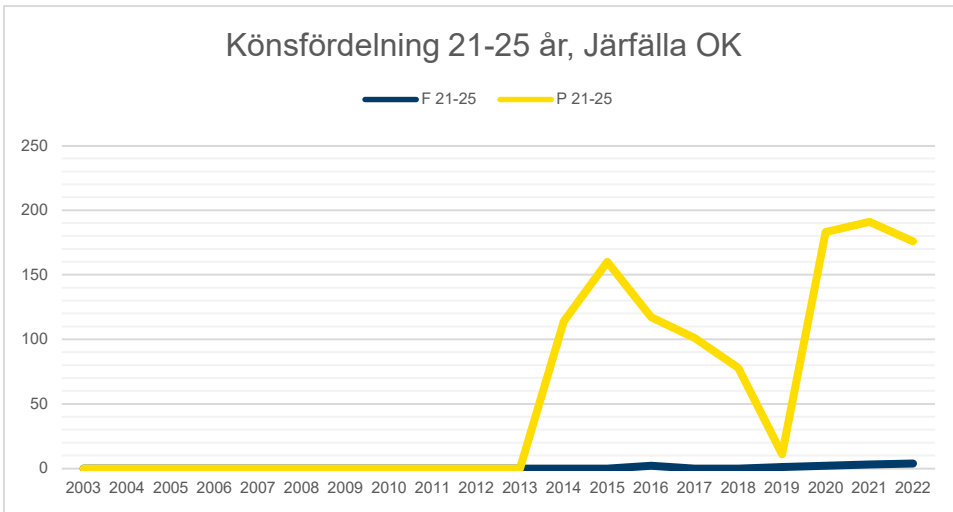


### Könsfördelning 13-16 år, Järfälla OK

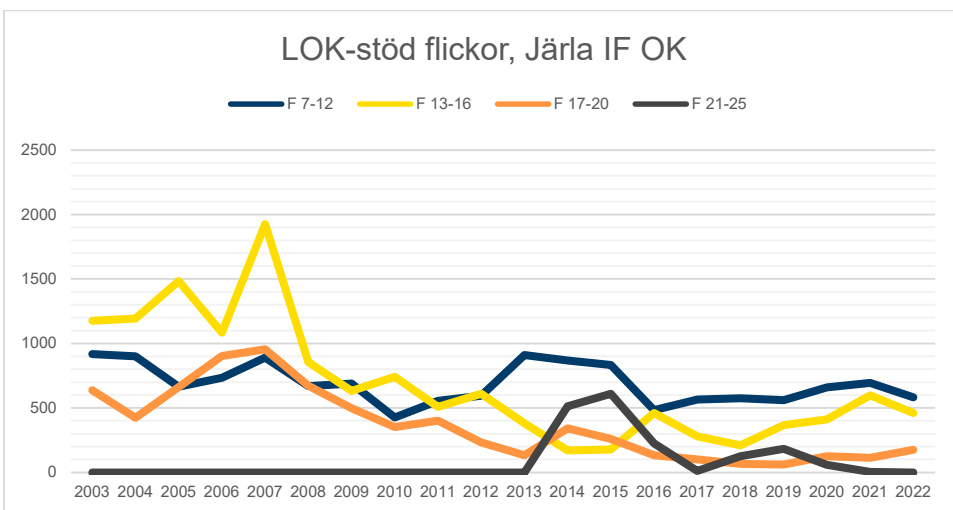
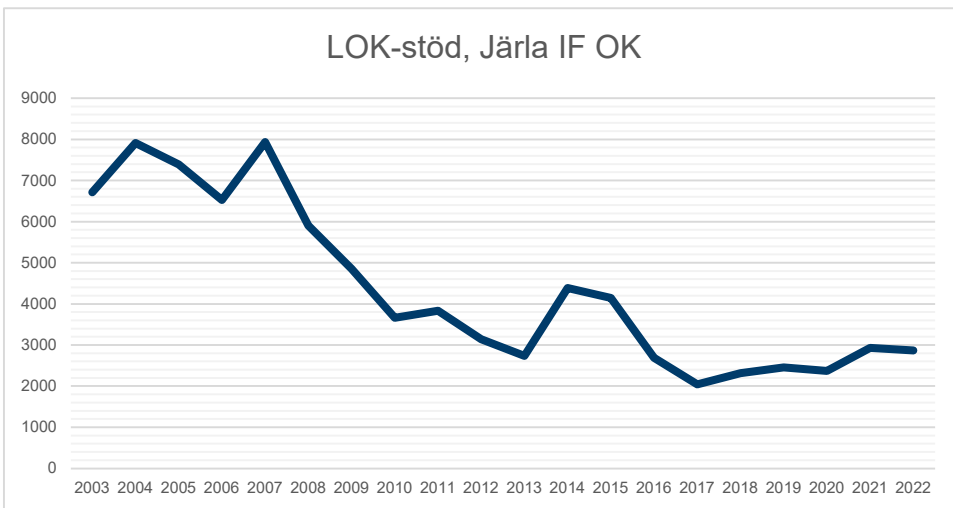


### Könsfördelning 17-20 år, Järfälla OK

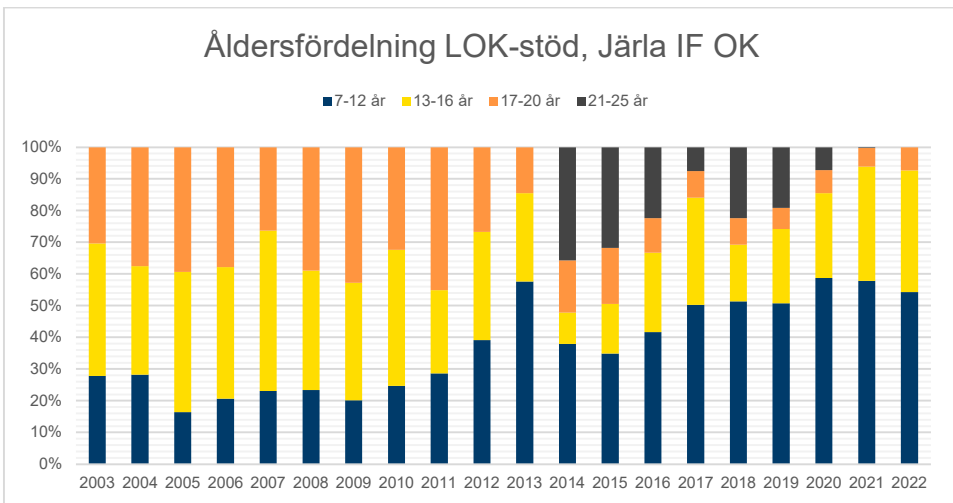
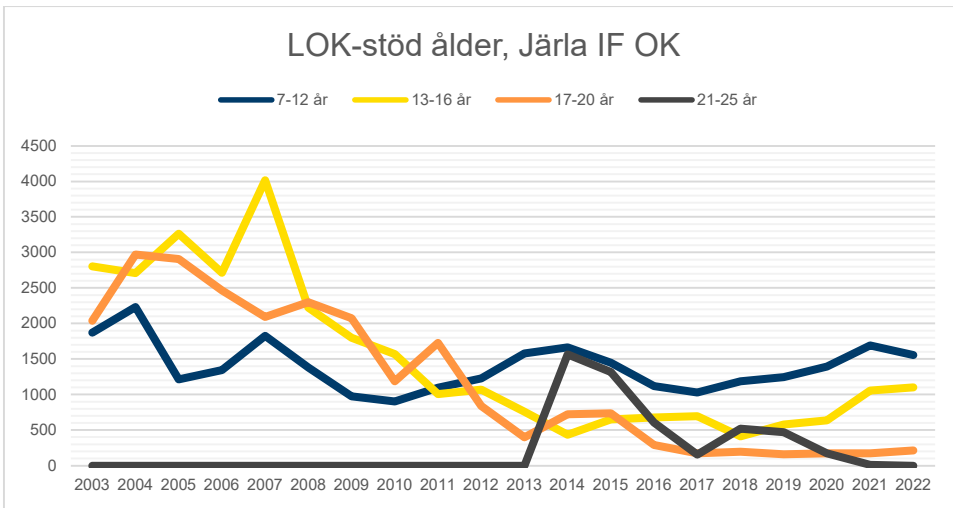
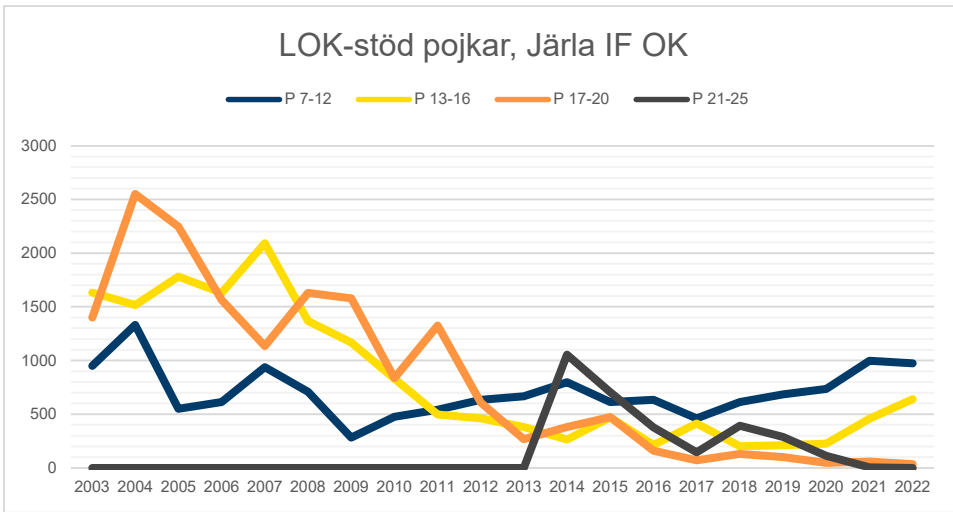


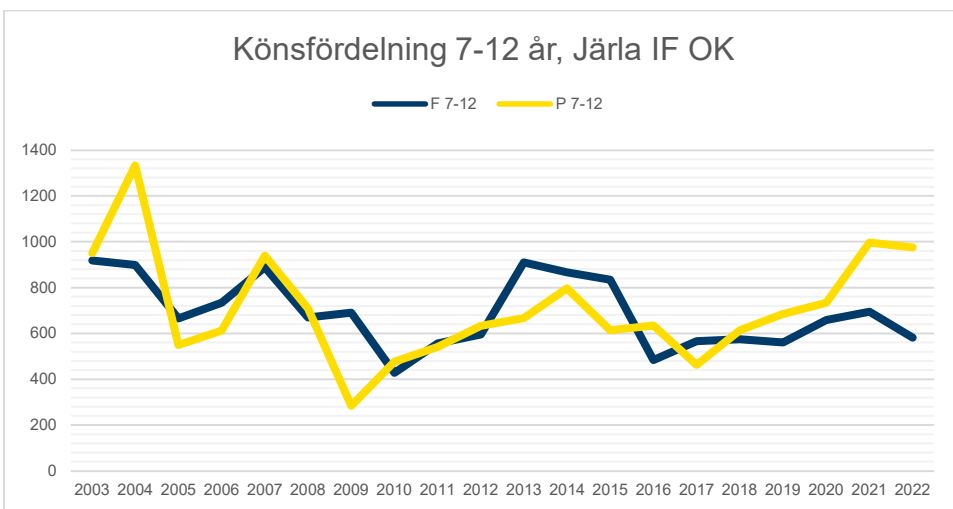
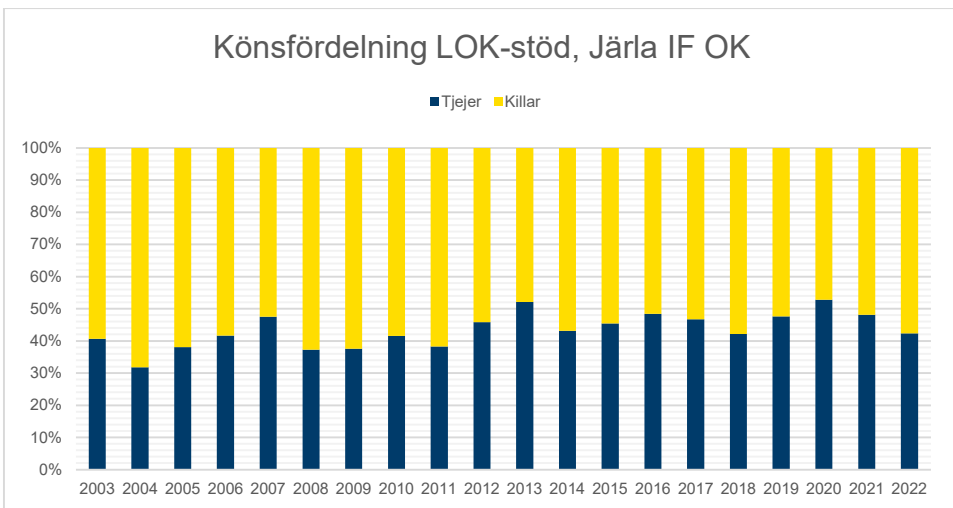
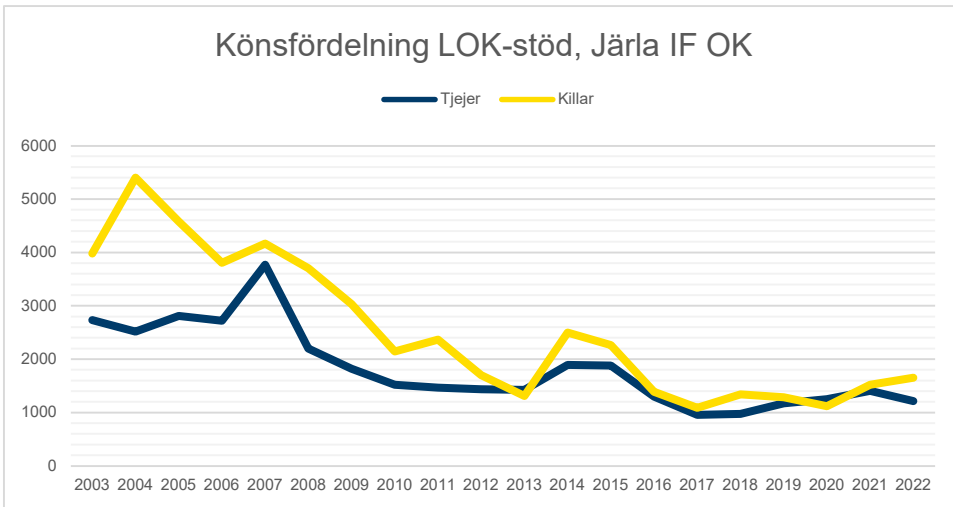


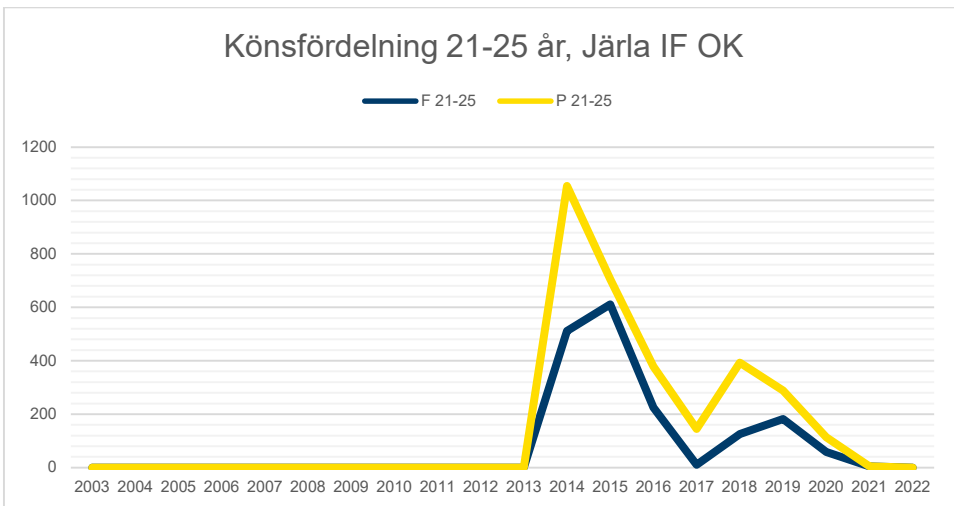
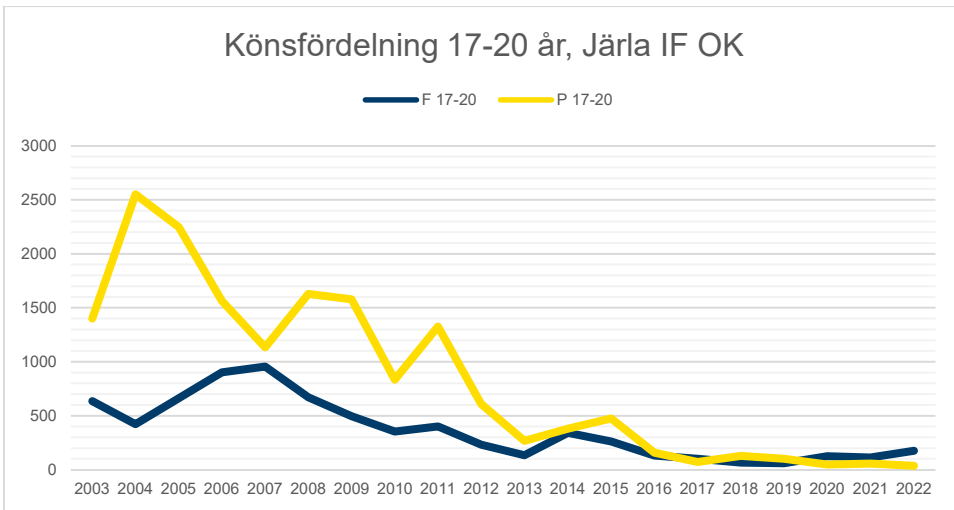
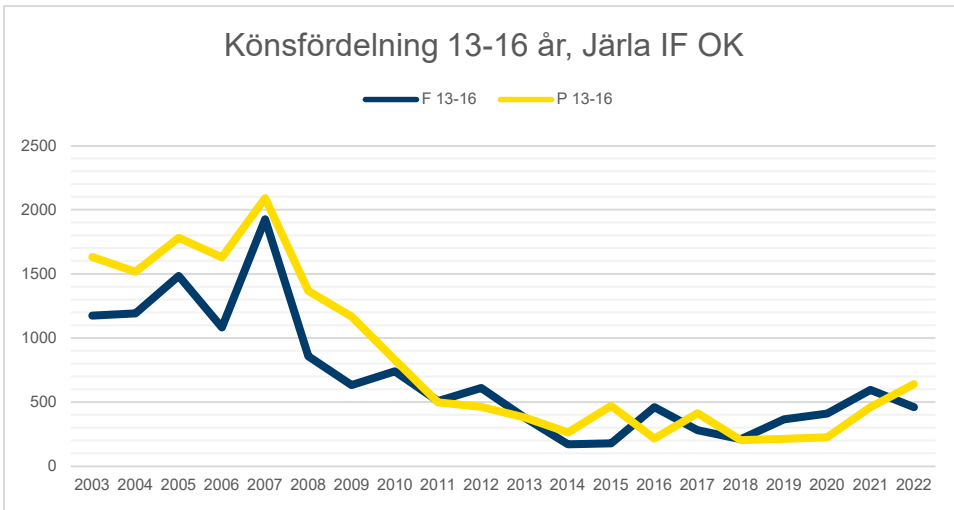
## 16. Järla IF OK



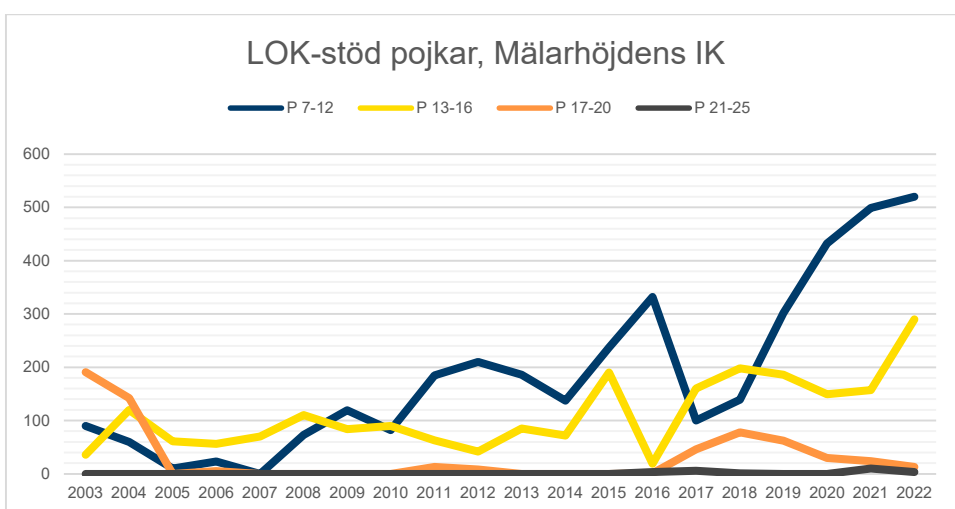
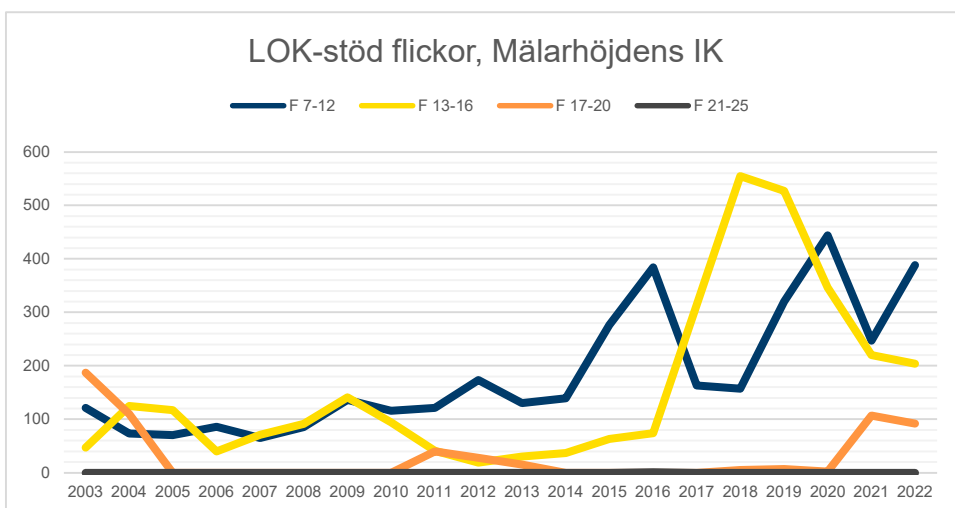


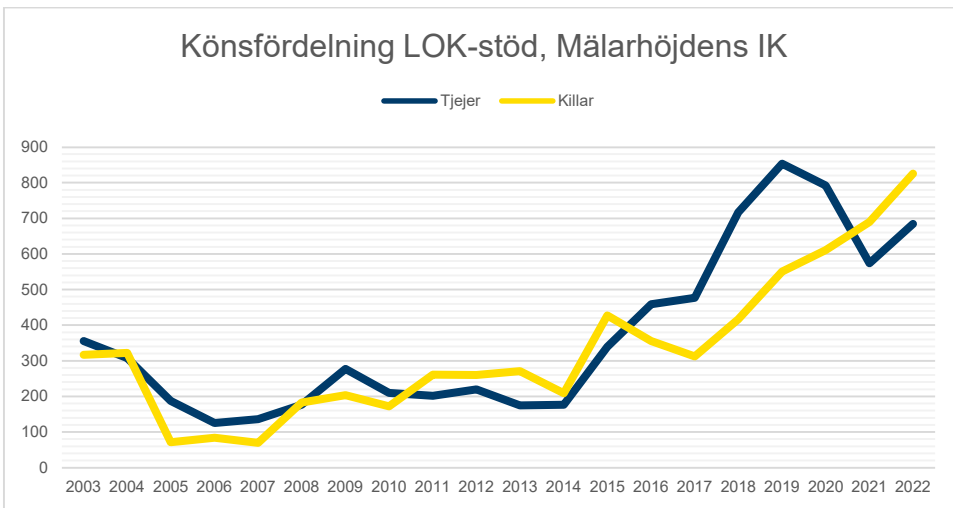
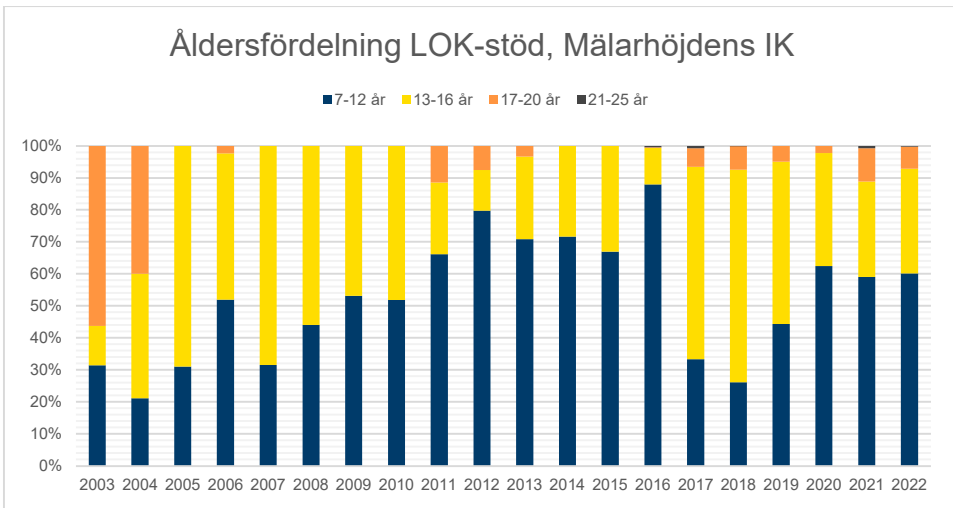
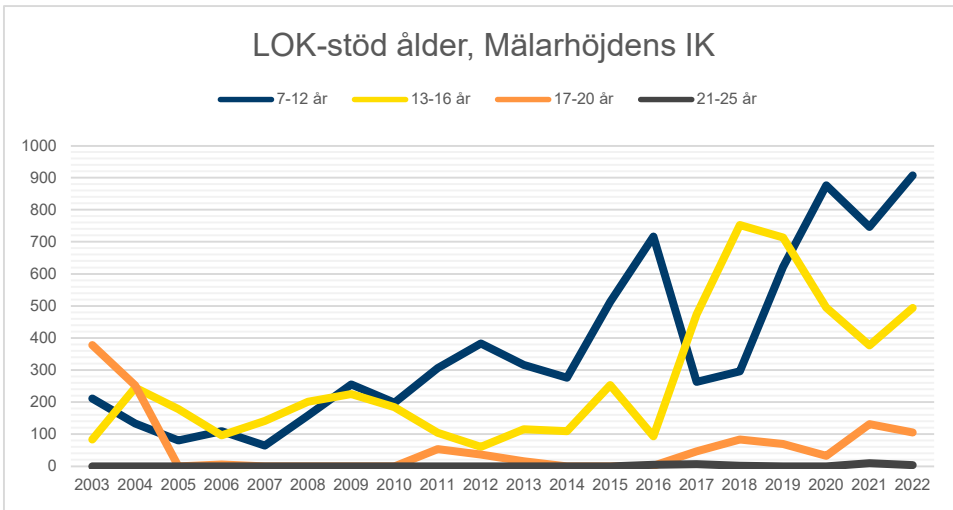




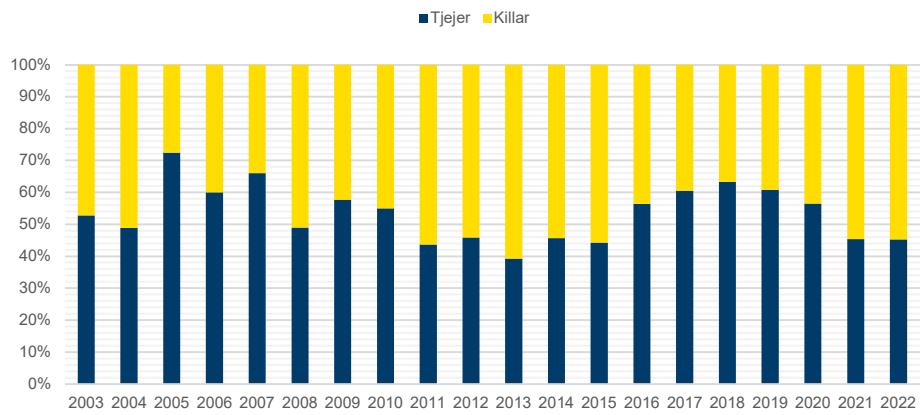


## 17. Mälärhöjdens IK

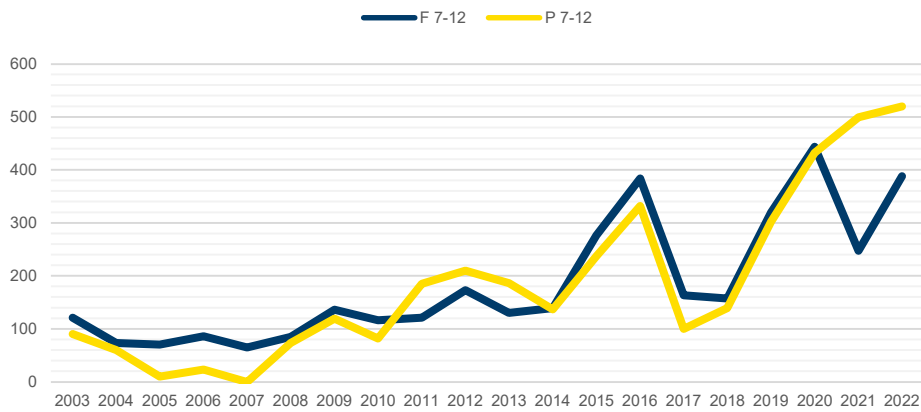




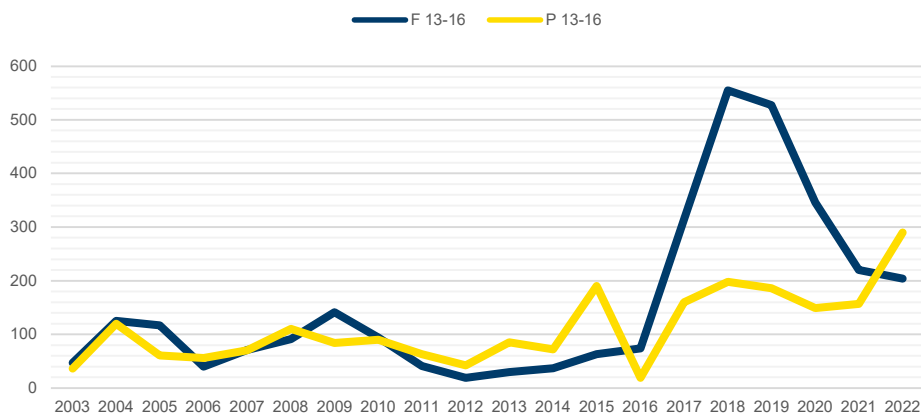
### Könsfördelning LOK-stöd, Mälardalens IK

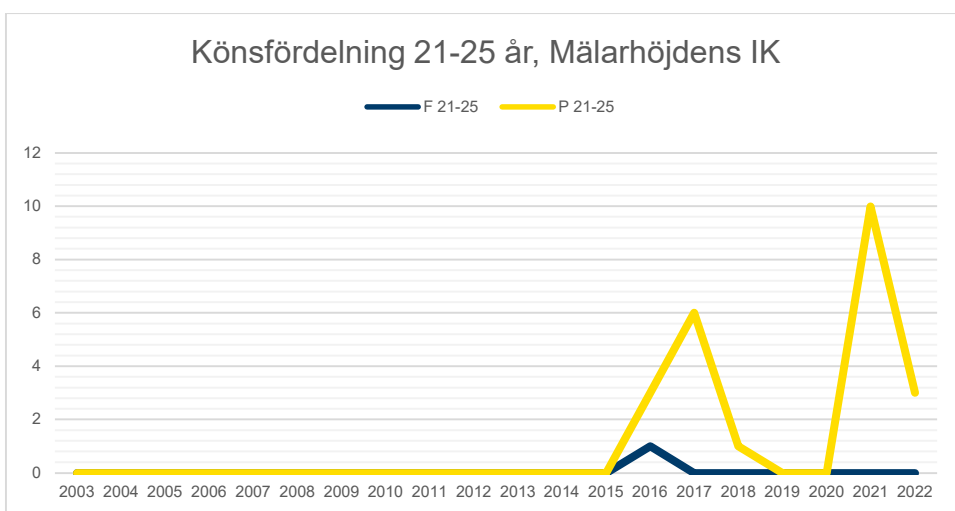
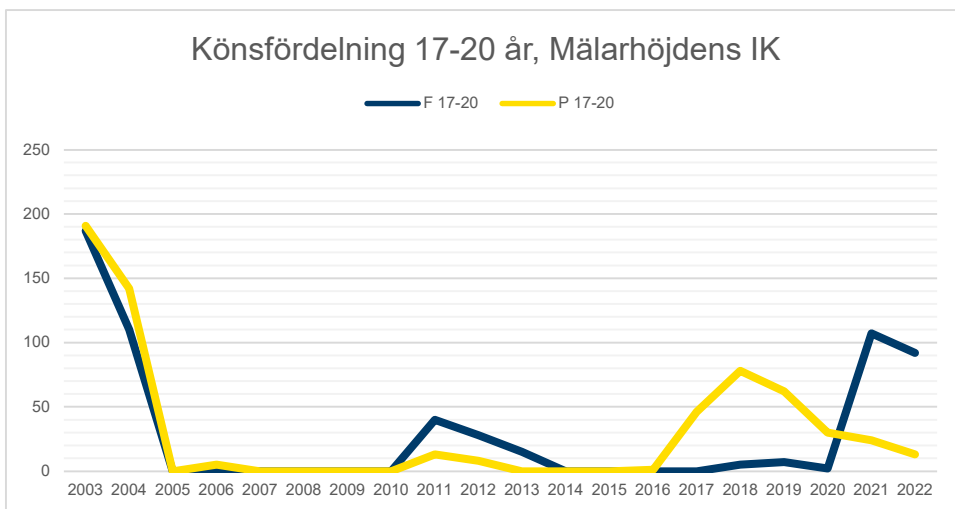


### Könsfördelning 7-12 år, Mälardalens IK

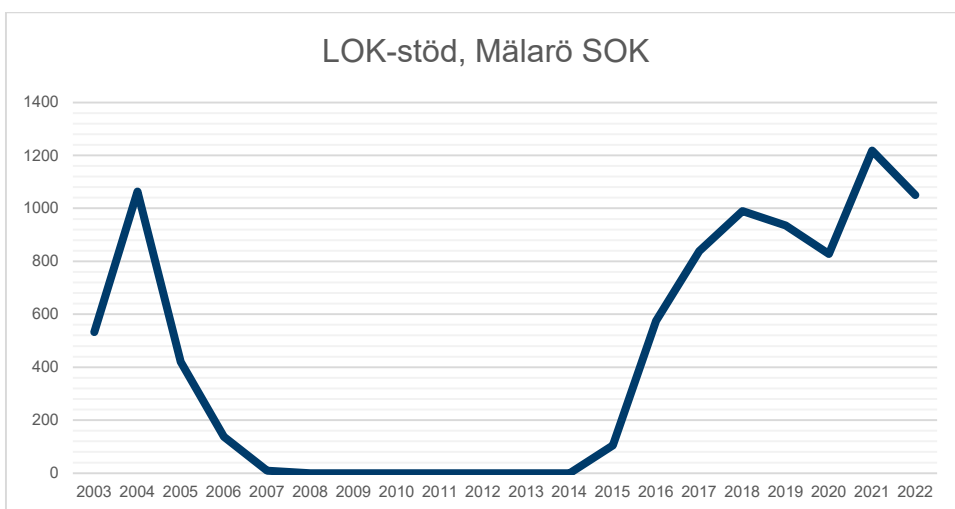


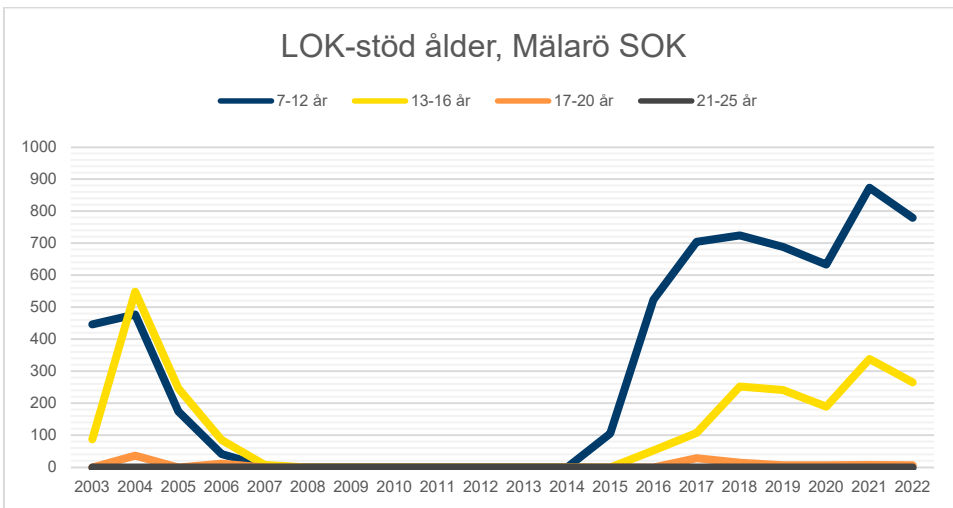
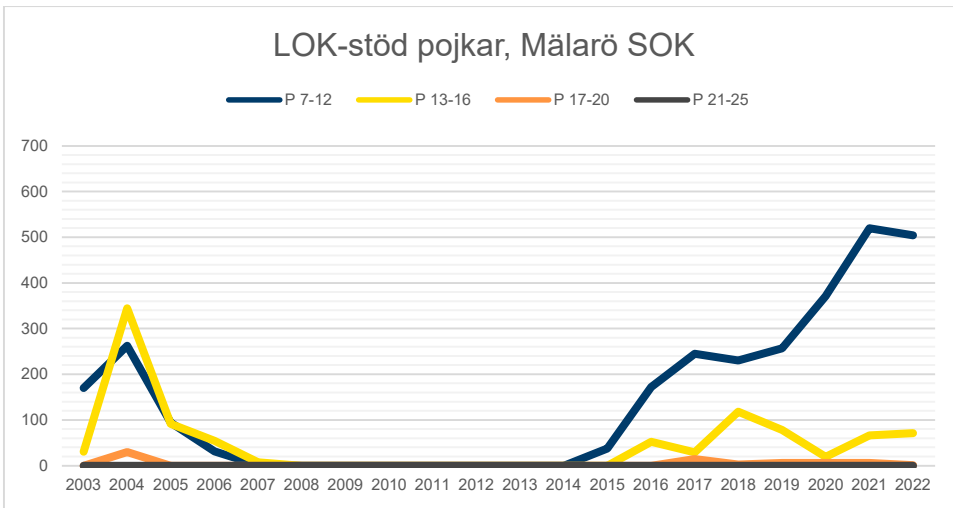
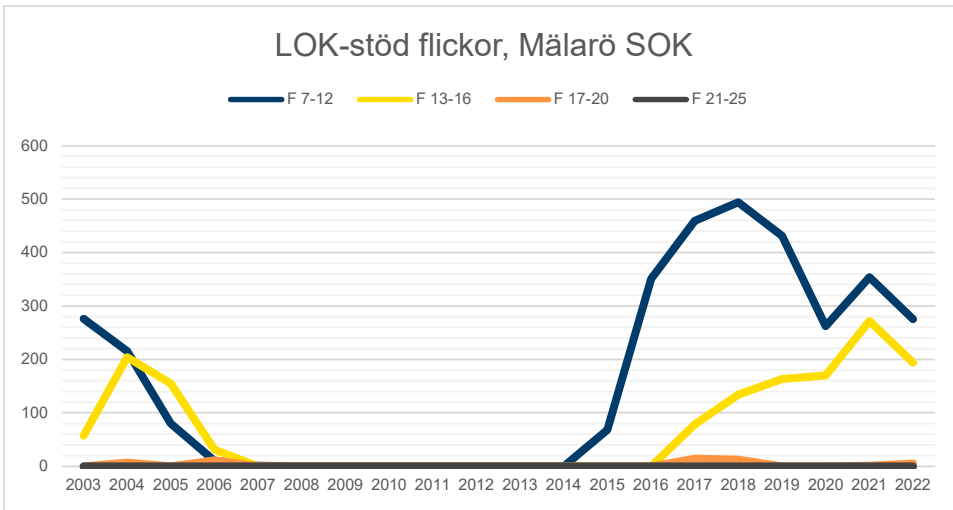
### Könsfördelning 13-16 år, Mälardalens IK





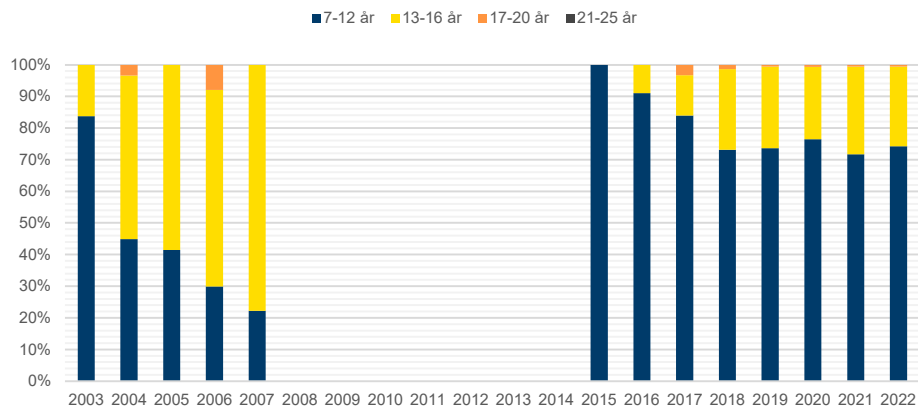
## 18. Mälare SOK



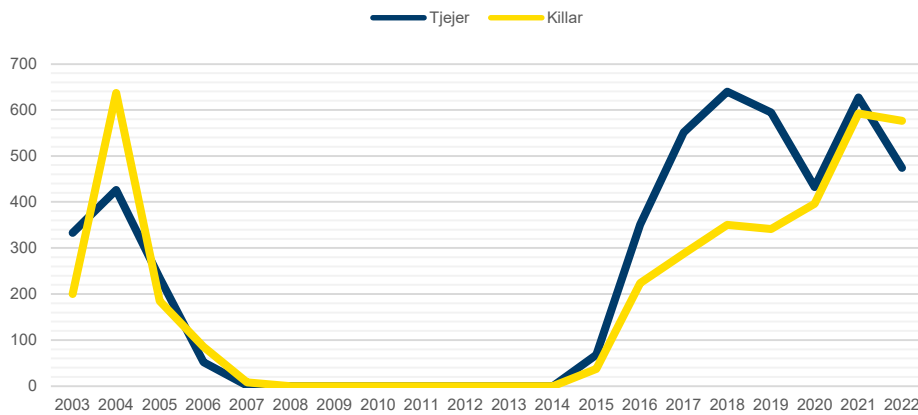




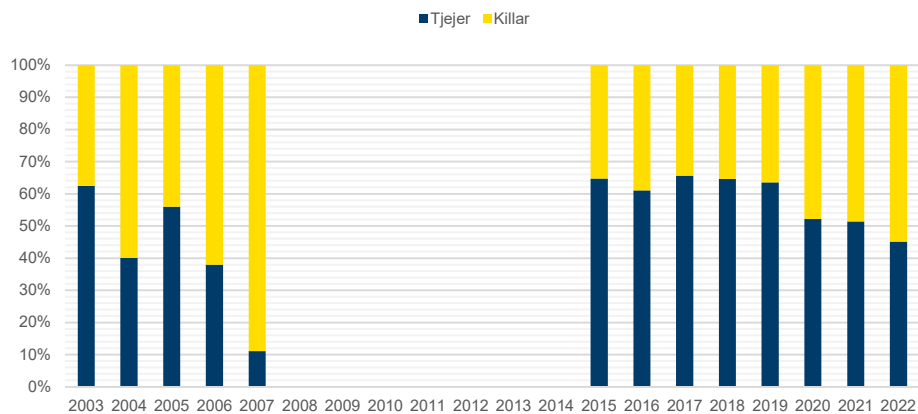
### Åldersfördelning LOK-stöd, Mälars SOK

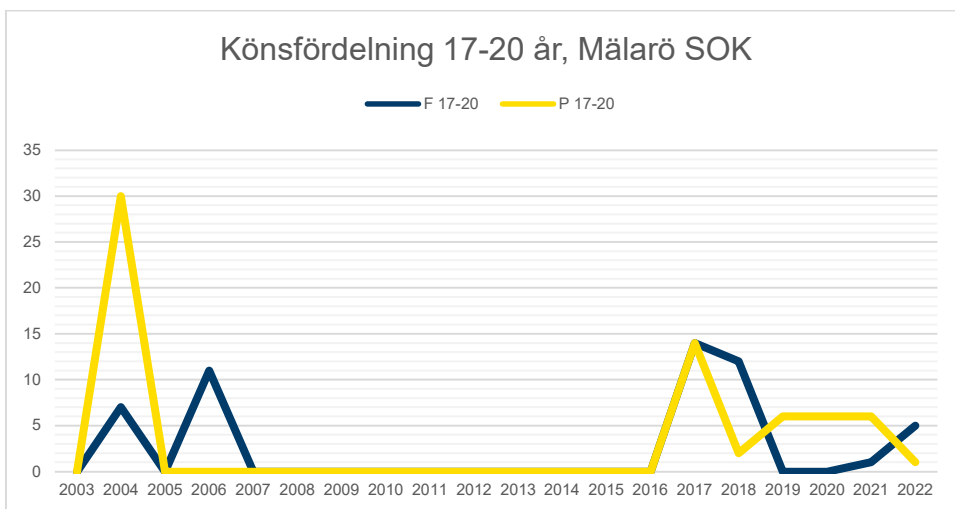
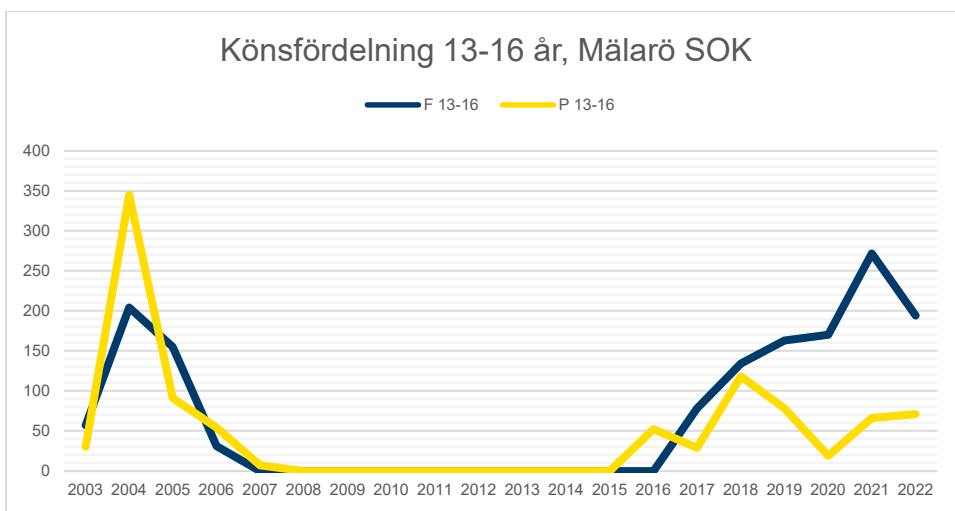
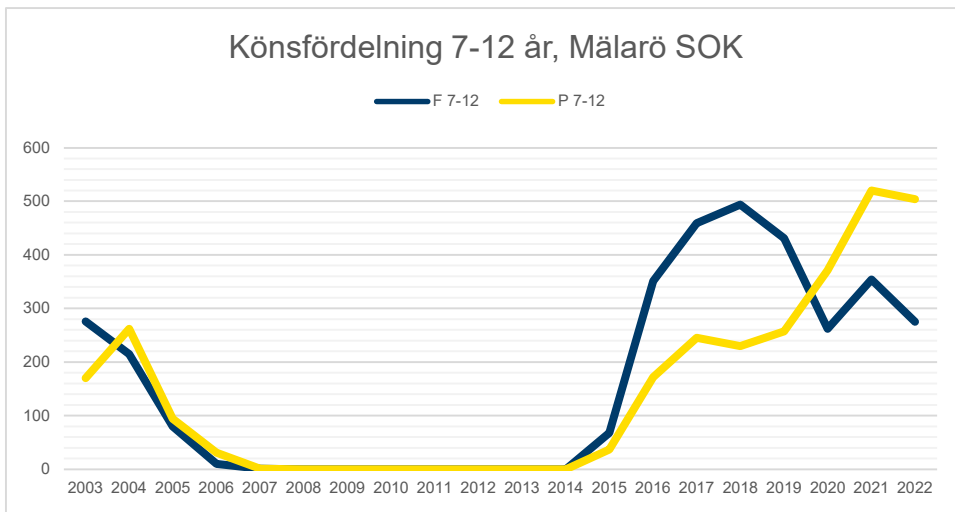


### Könsfördelning LOK-stöd, Mälars SOK

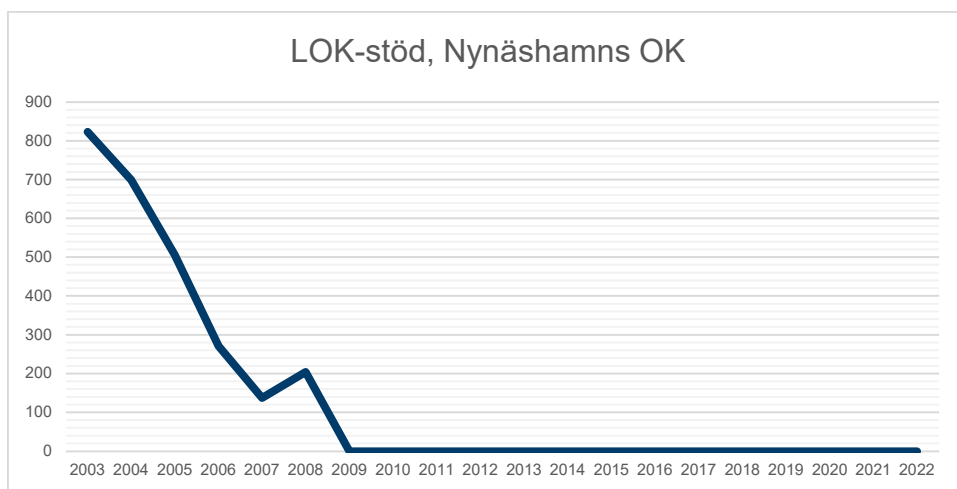


### Könsfördelning LOK-stöd, Mälars SOK

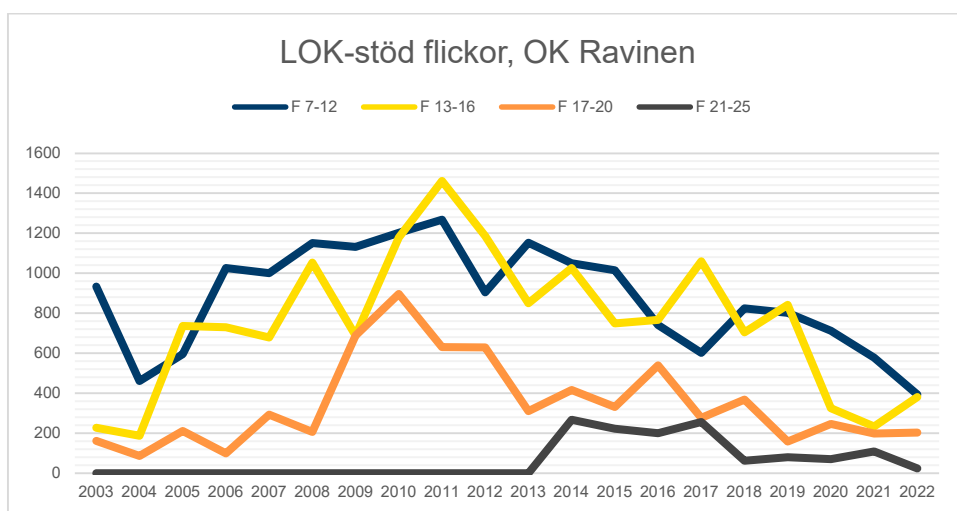
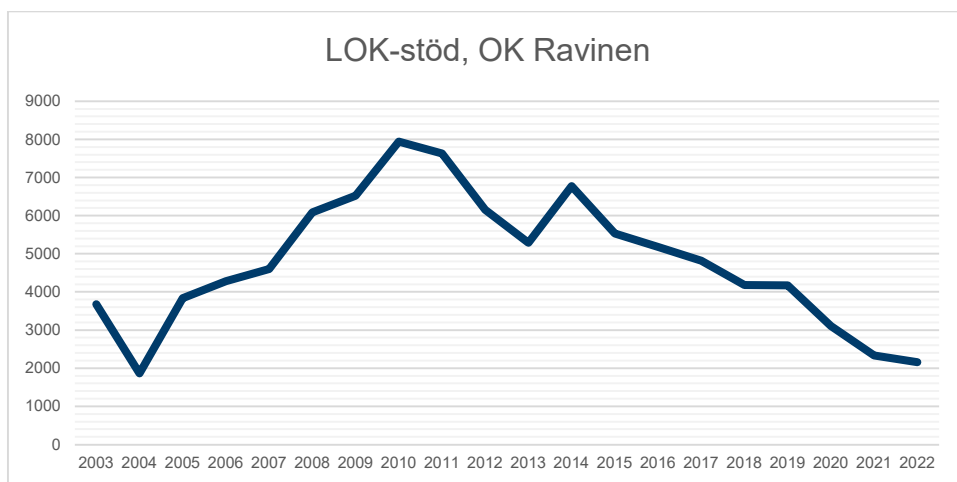


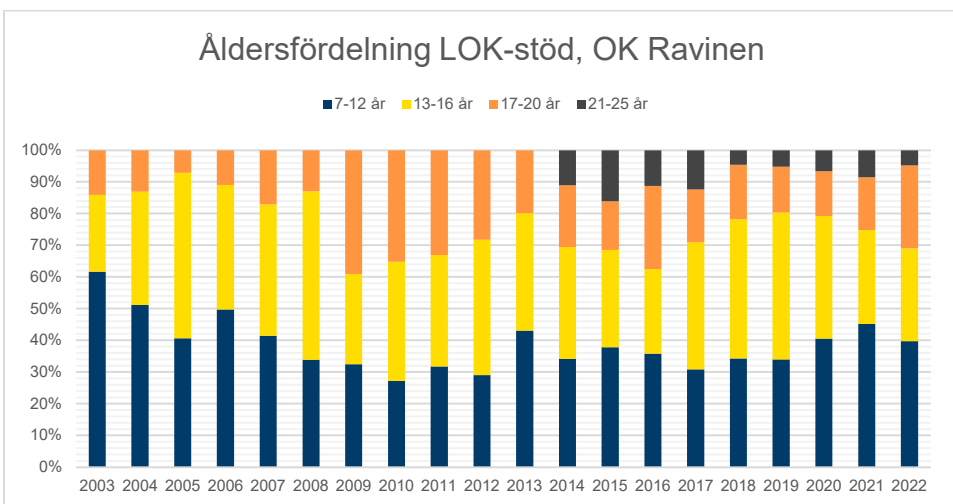
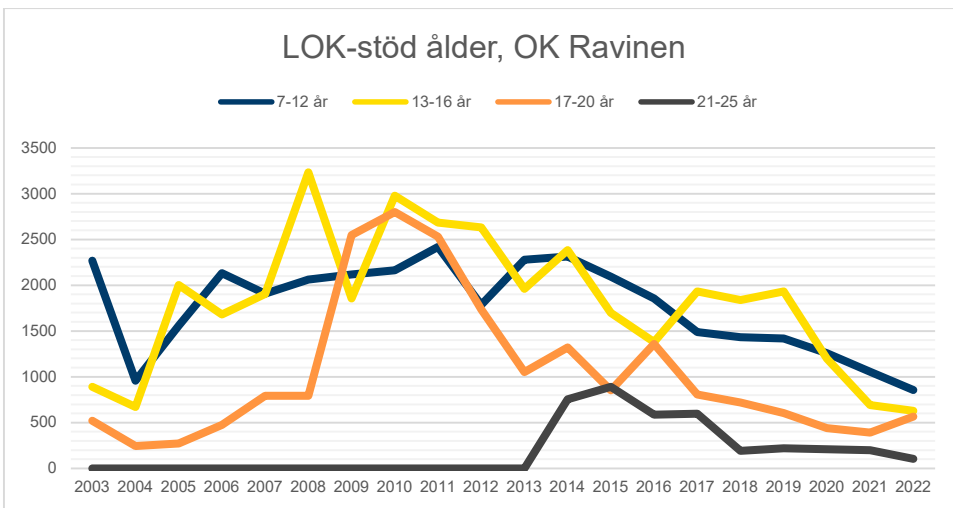
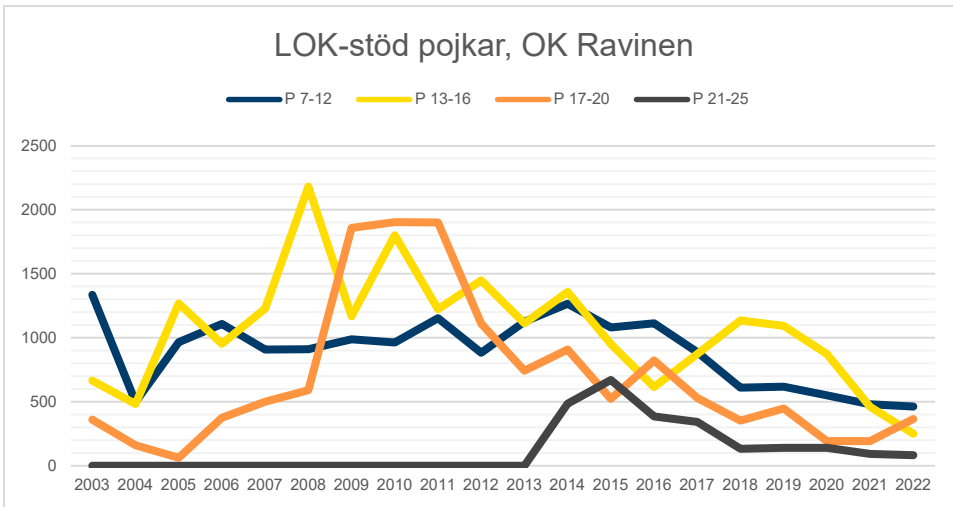


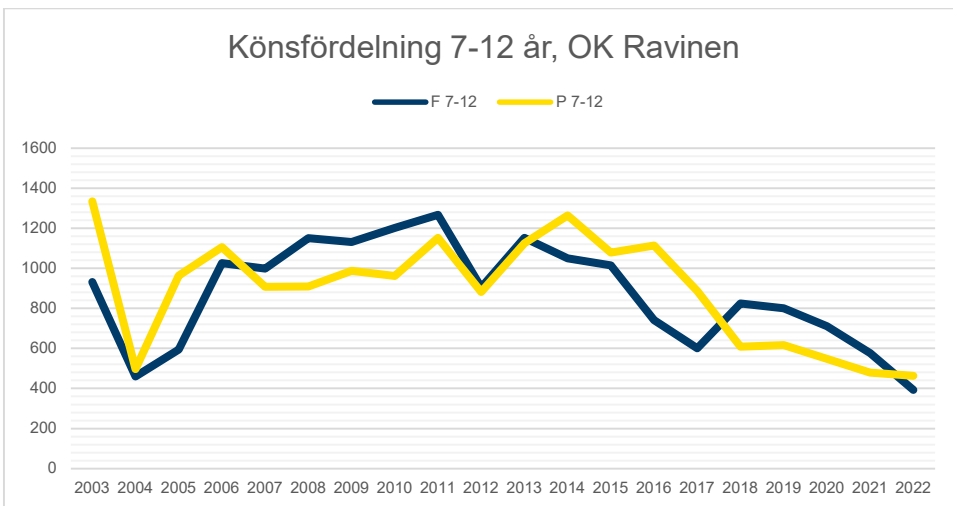
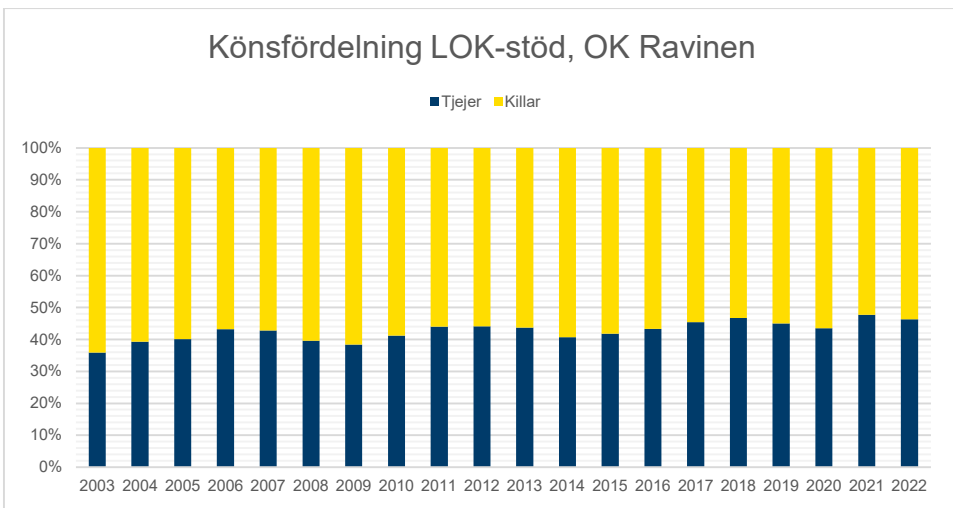
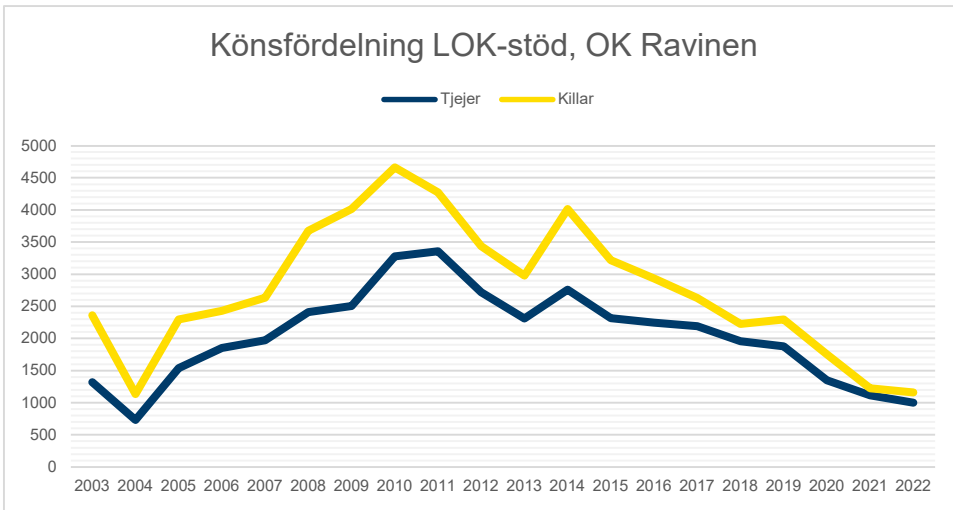
## 19. Nynäshamns OK

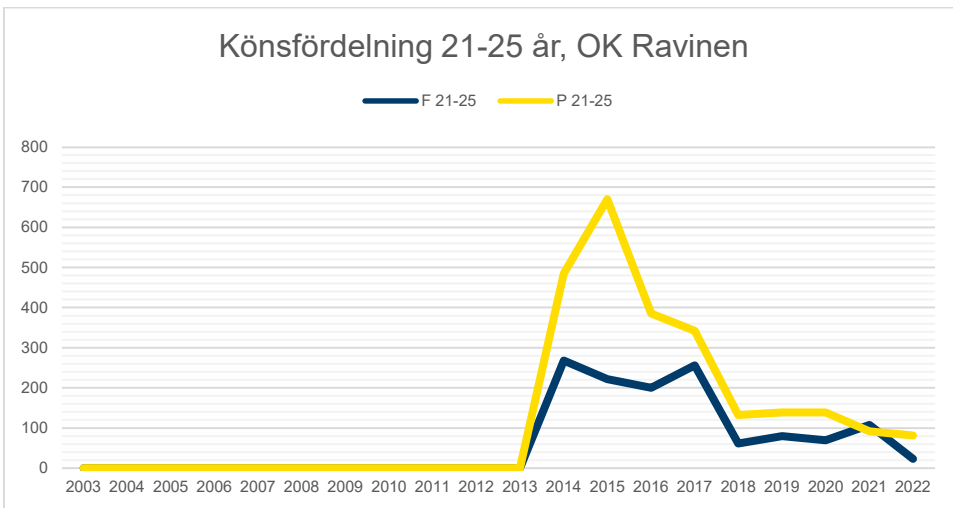
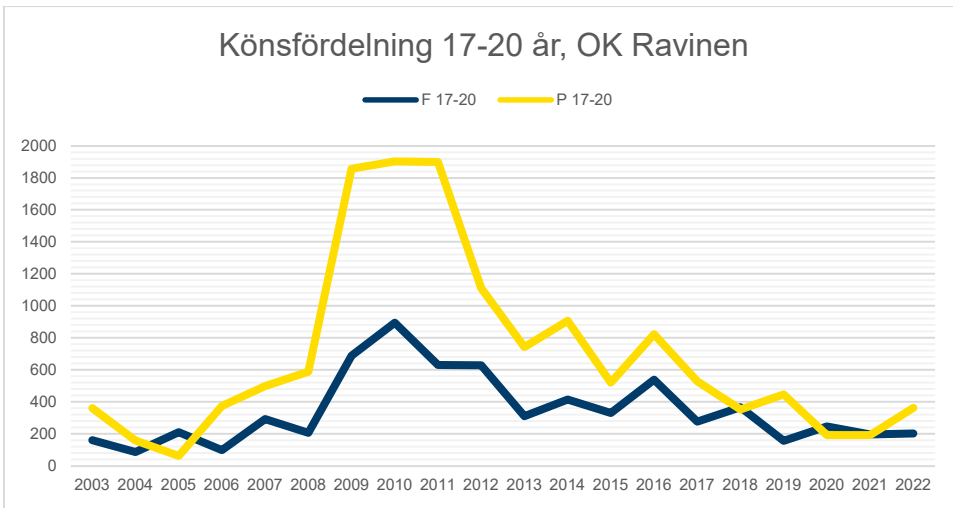
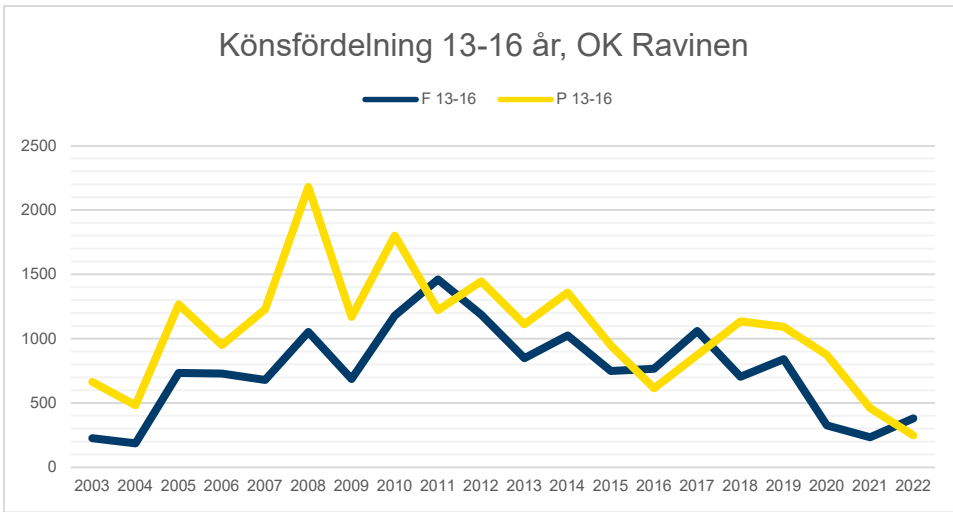


## 20. OK Ravinen

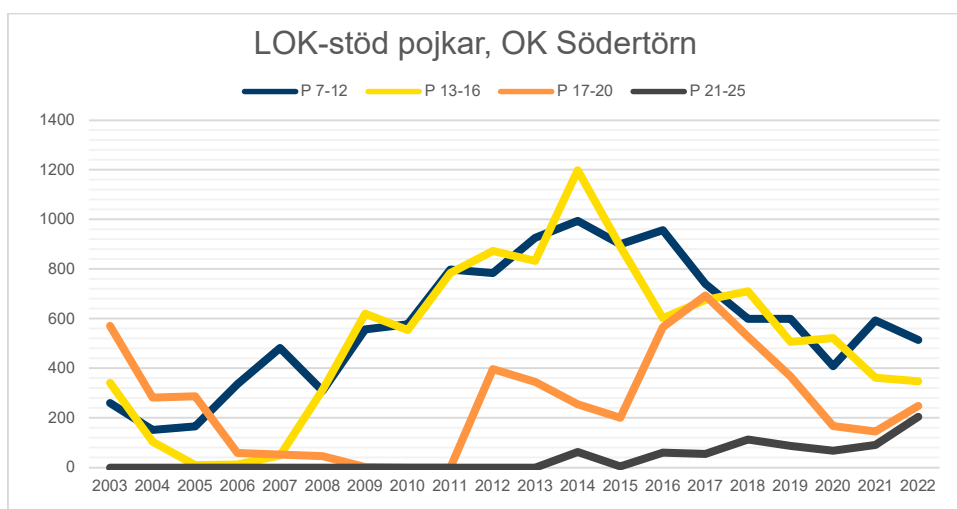
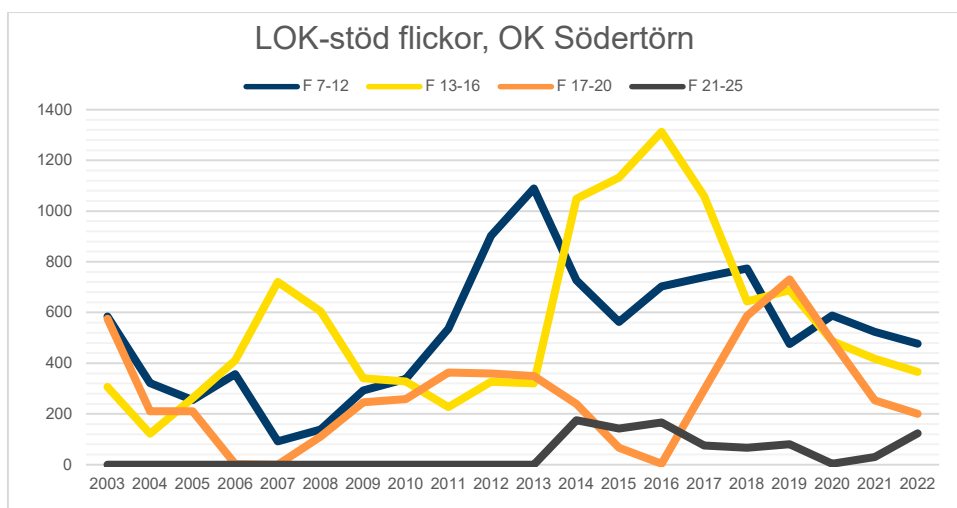
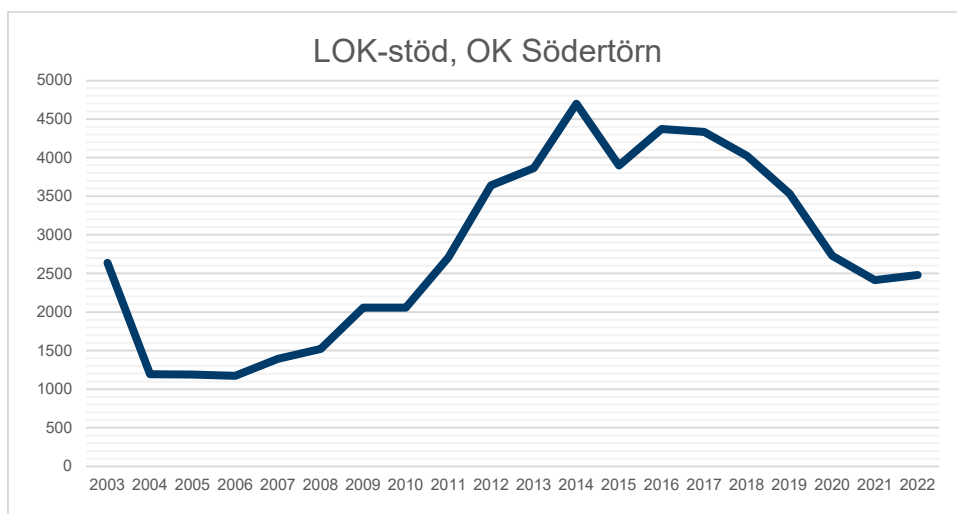


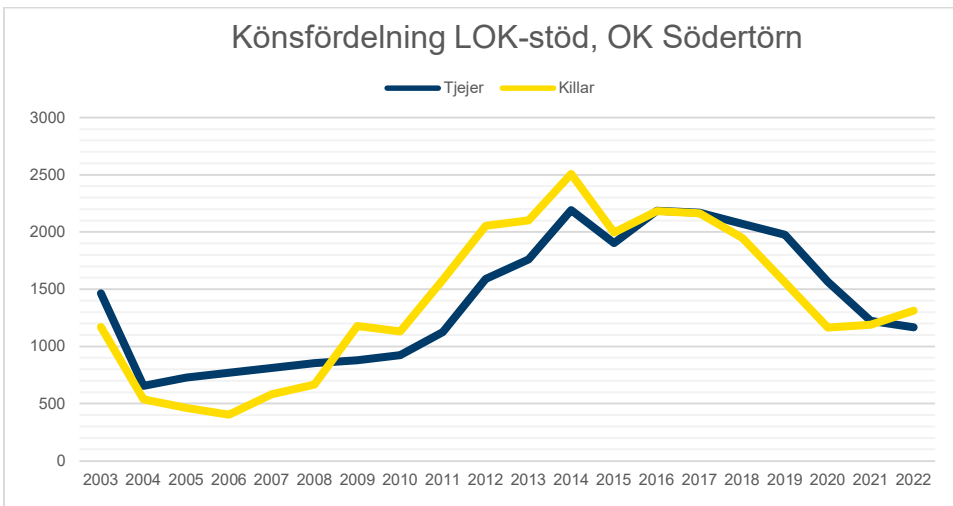
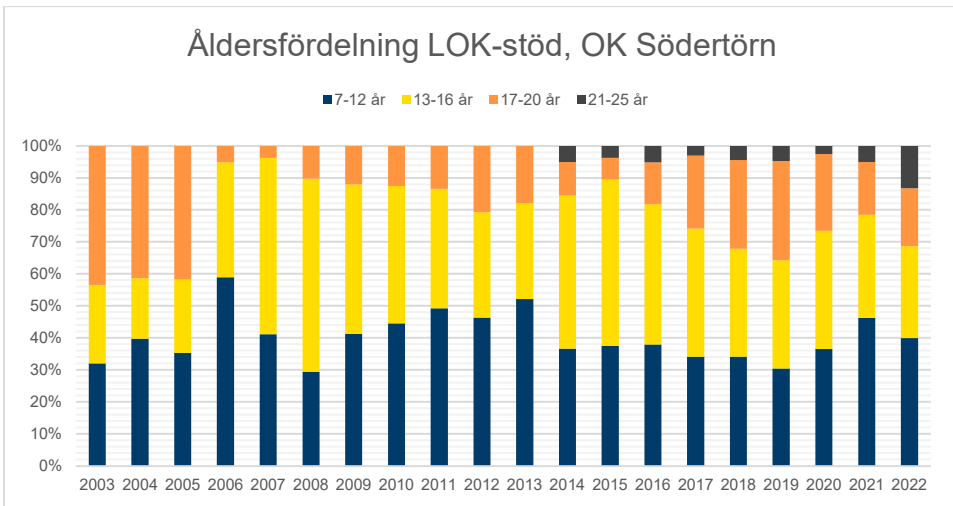
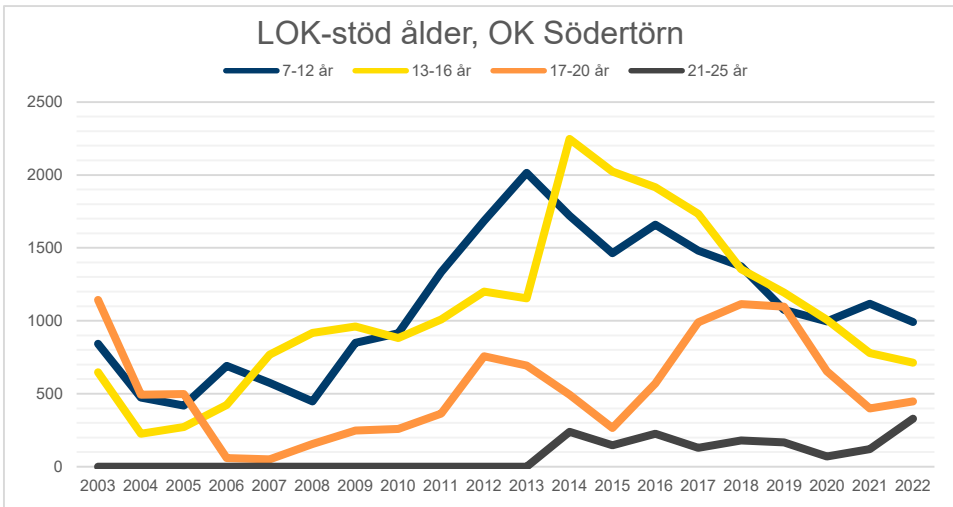






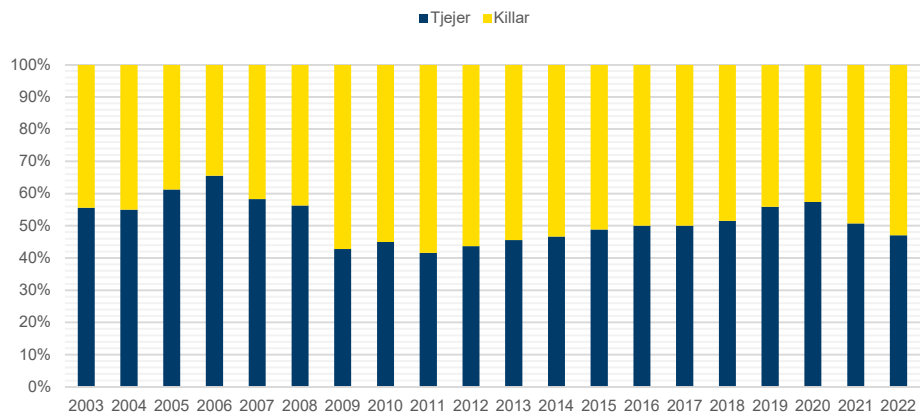
## 21. OK Södertörn



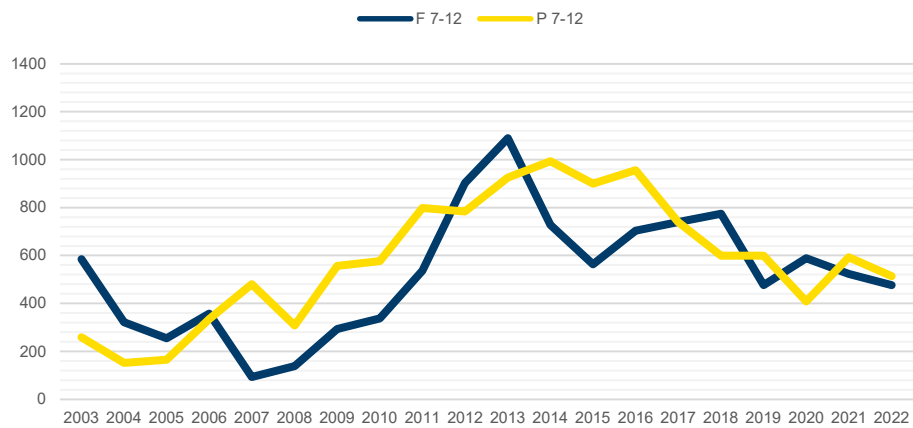




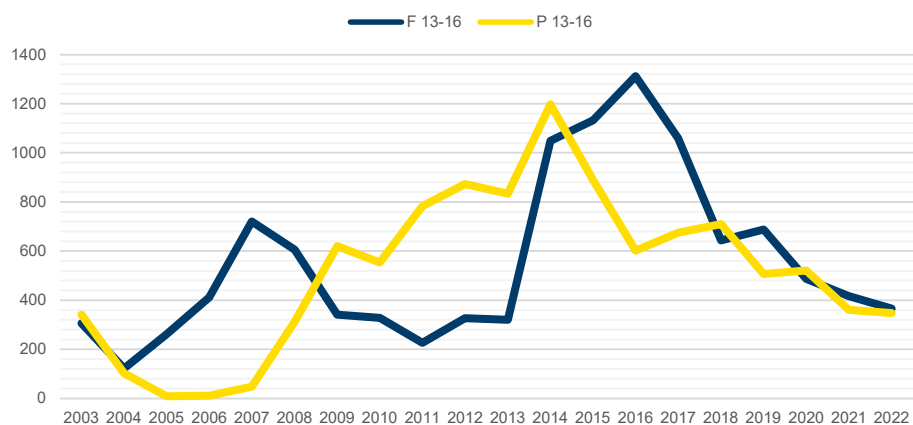
### Könsfördelning LOK-stöd, OK Södertörn

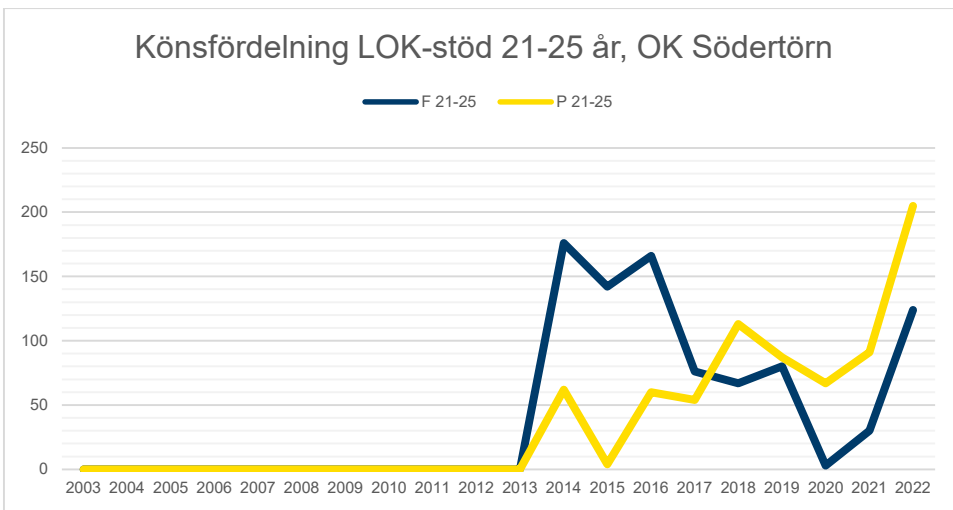
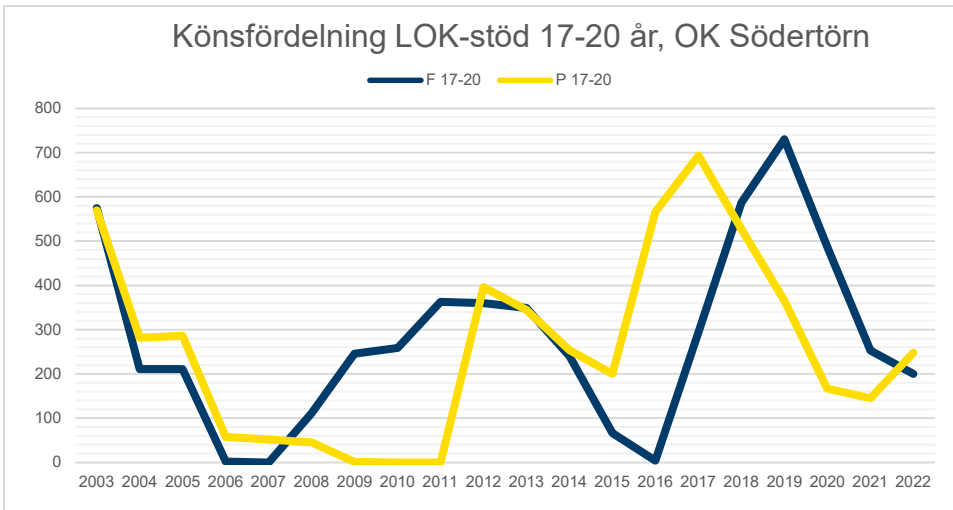


### Könsfördelning LOK-stöd 7-12 år, OK Södertörn

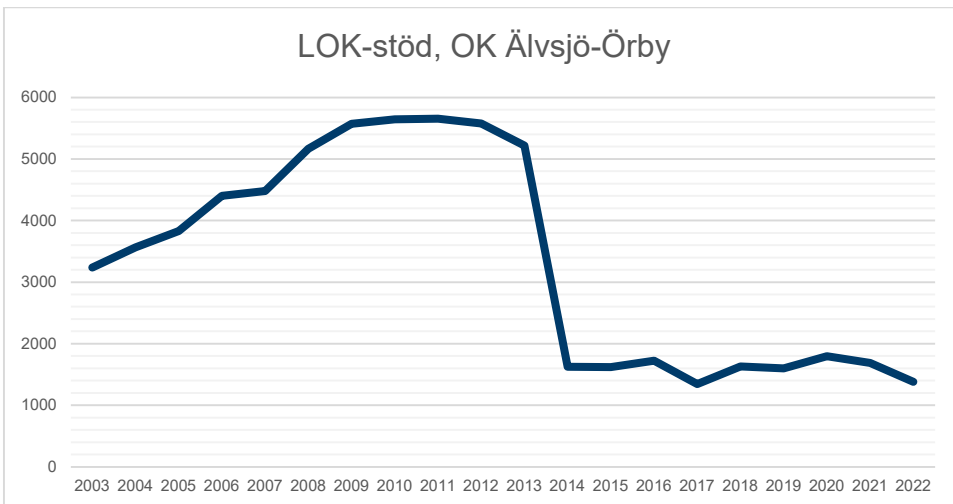


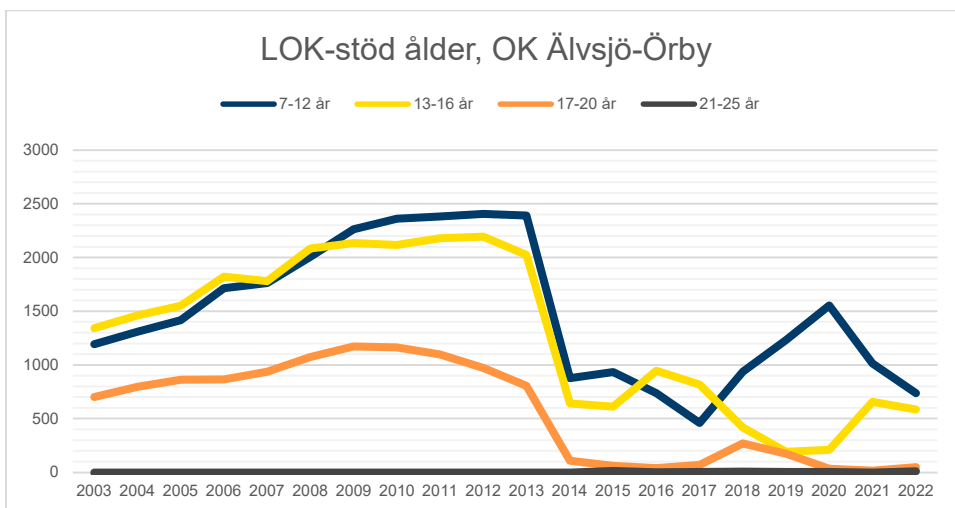
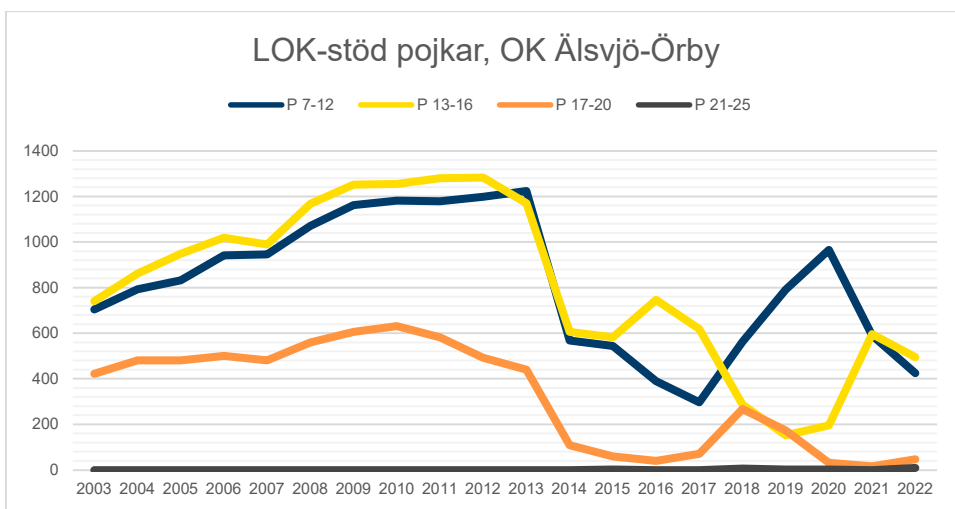
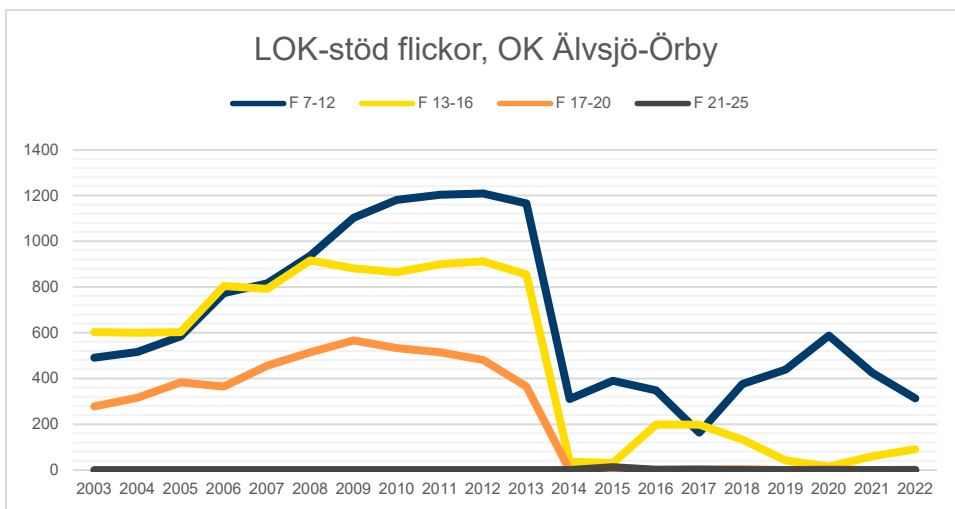
### Könsfördelning LOK-stöd 13-16 år, OK Södertörn



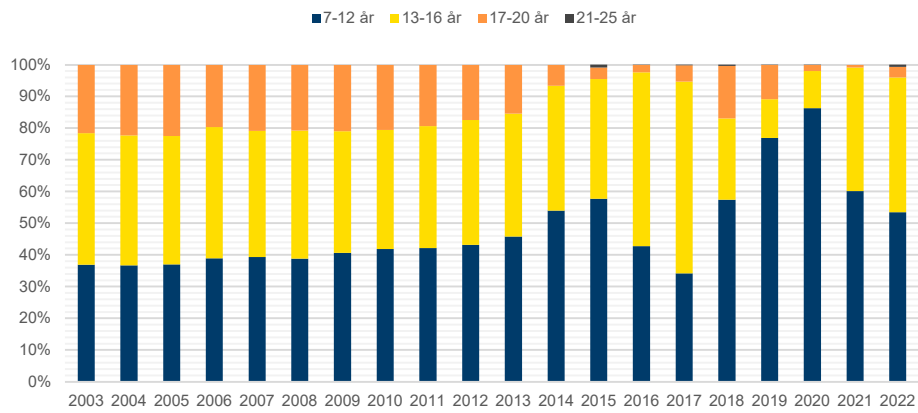


## 22. OK Älvsjö-Örby

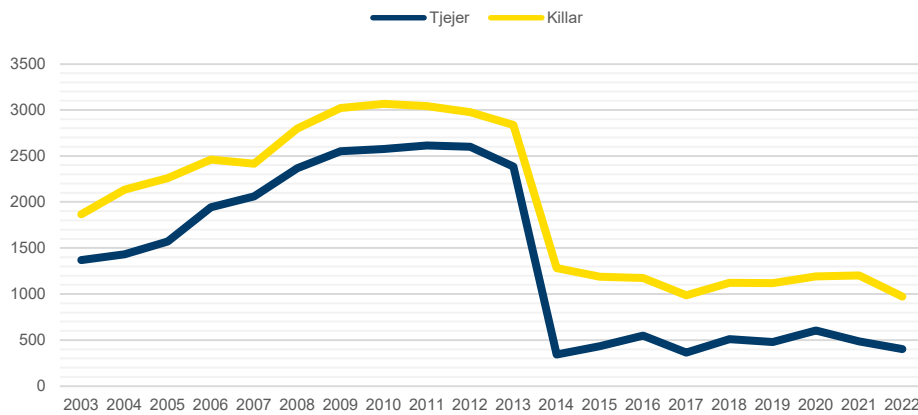




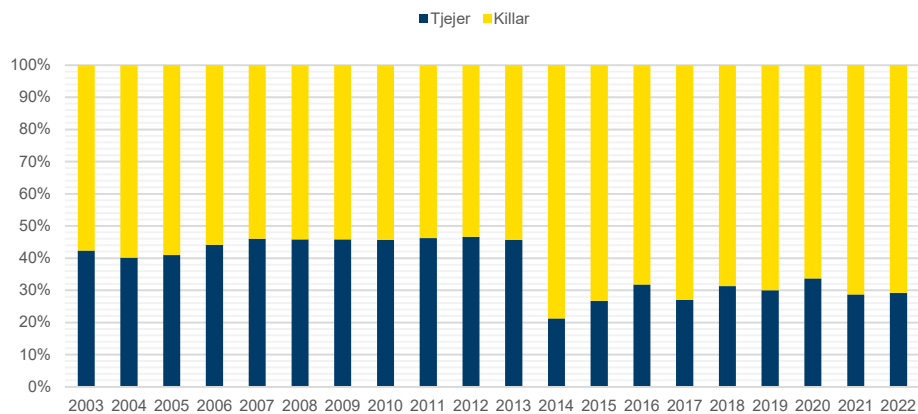
### Åldersfördelning LOK-stöd, OK Älvsjö Örby



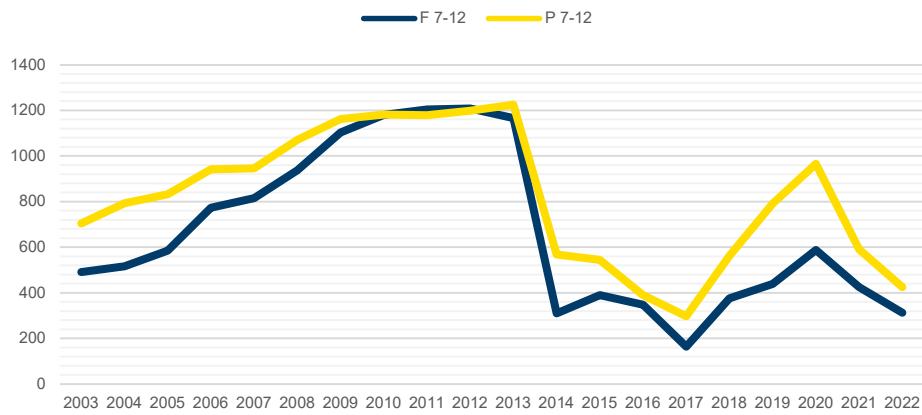
### Könsfördelning LOK-stöd, OK Älvsjö-Örby



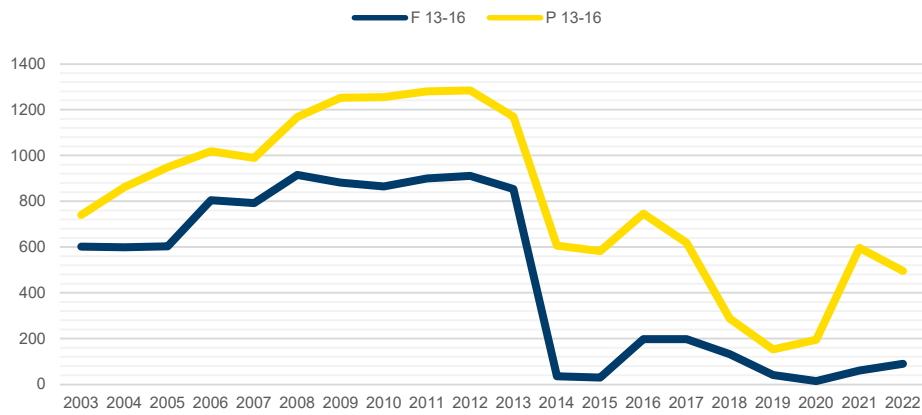
### Könsfördelning LOK-stöd, OK Älvsjö Örby



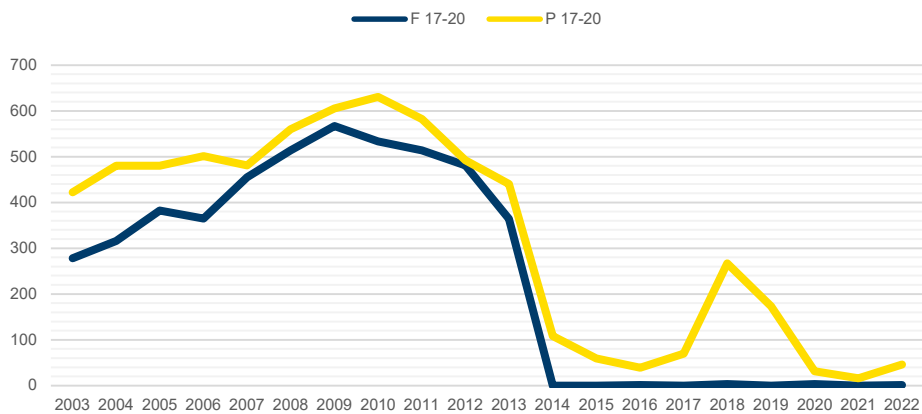
### Könsfördelning 7-12 år, OK Älvsjö-Örby

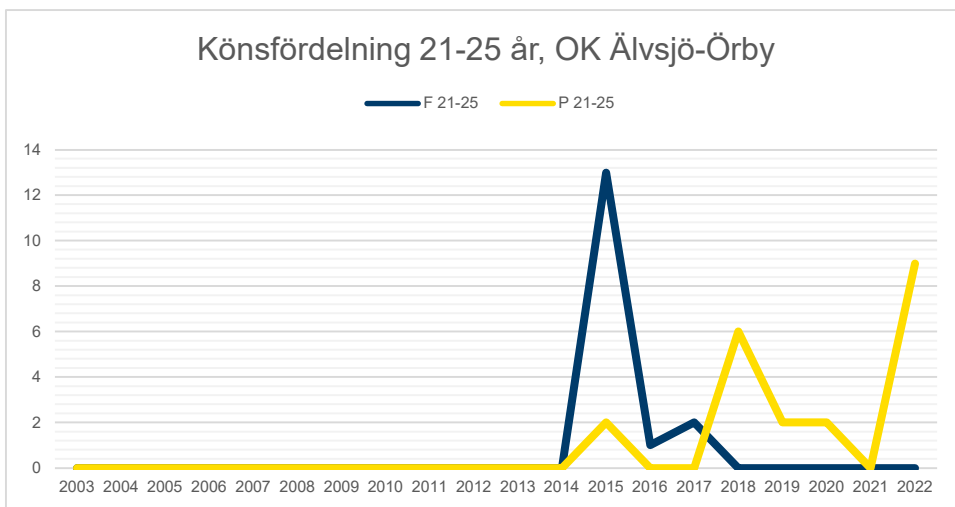


### Könsfördelning 13-16 år, OK Älvsjö-Örby

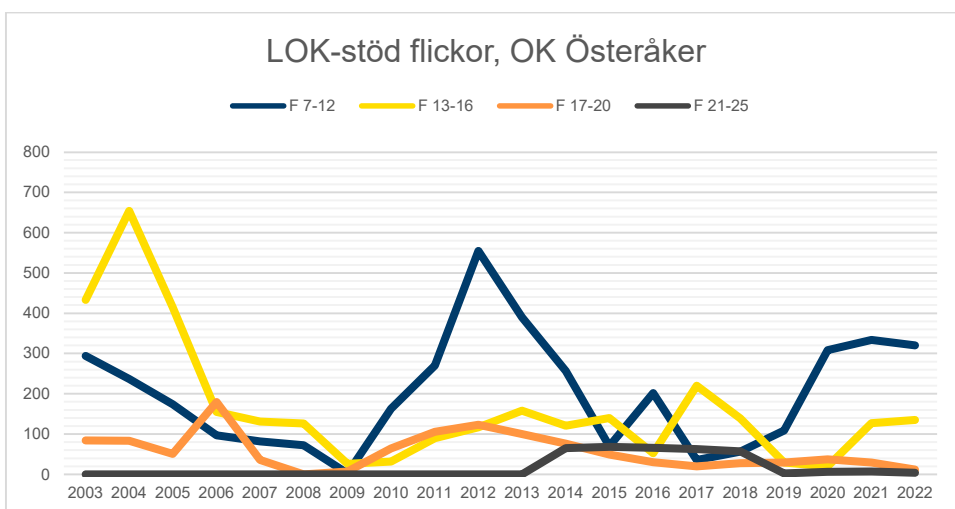
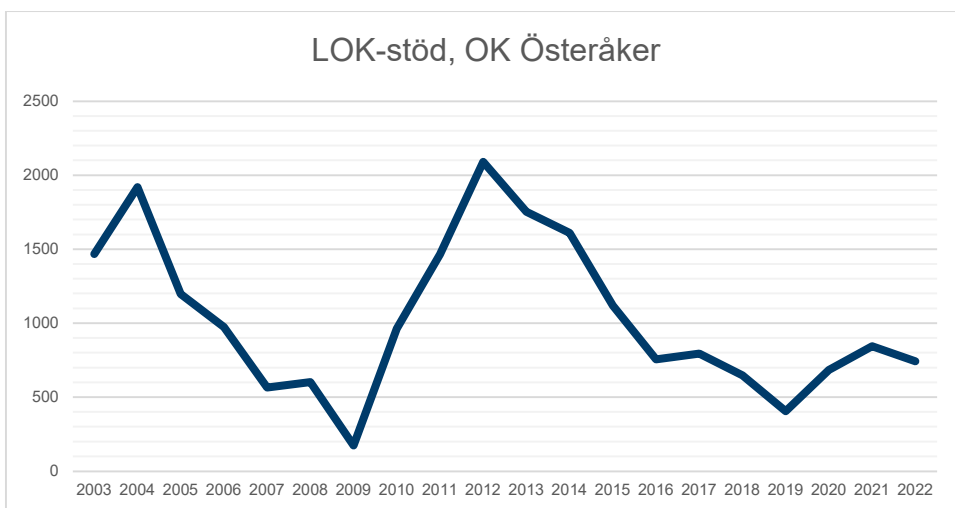


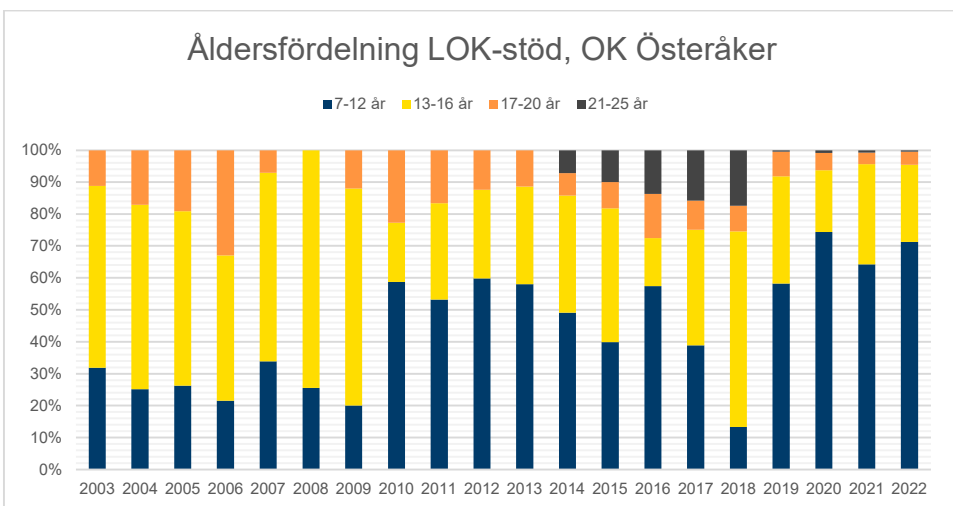
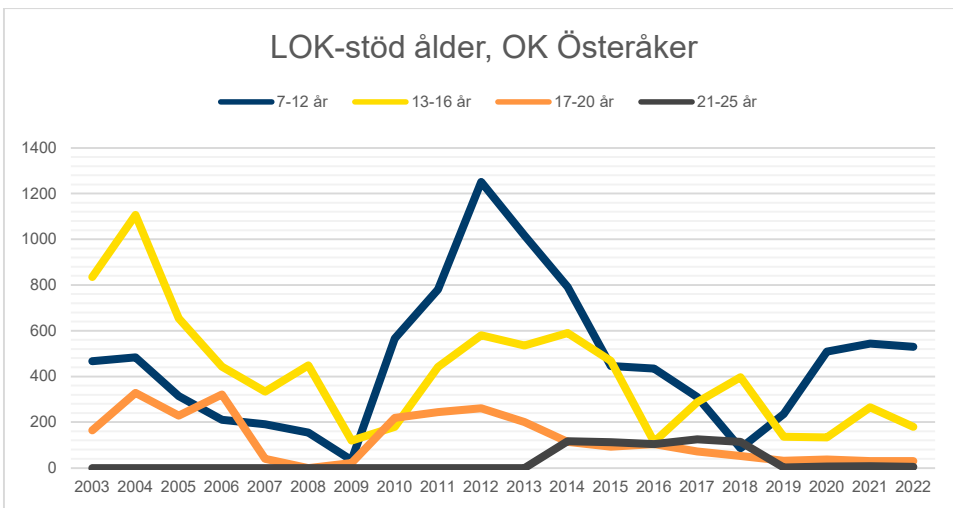
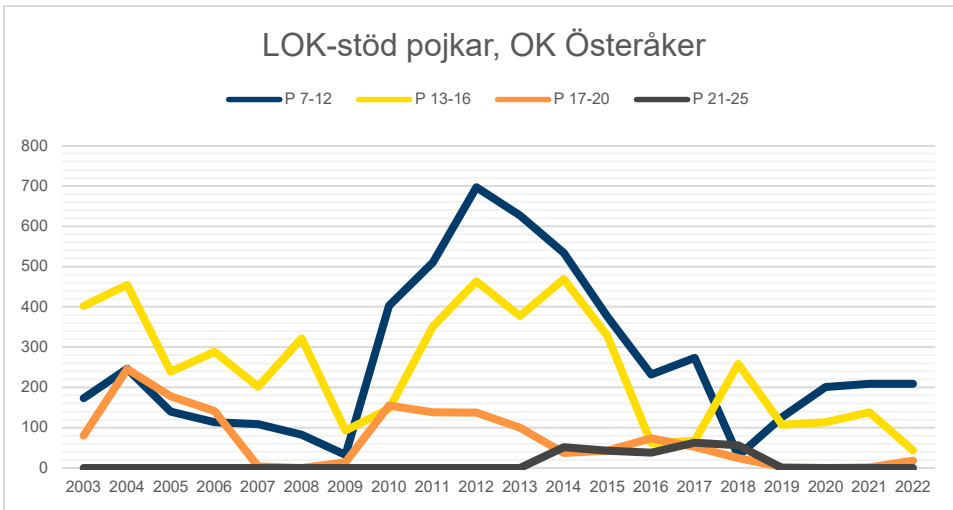
### Könsfördelning 17-20 år, OK Älvsjö-Örby

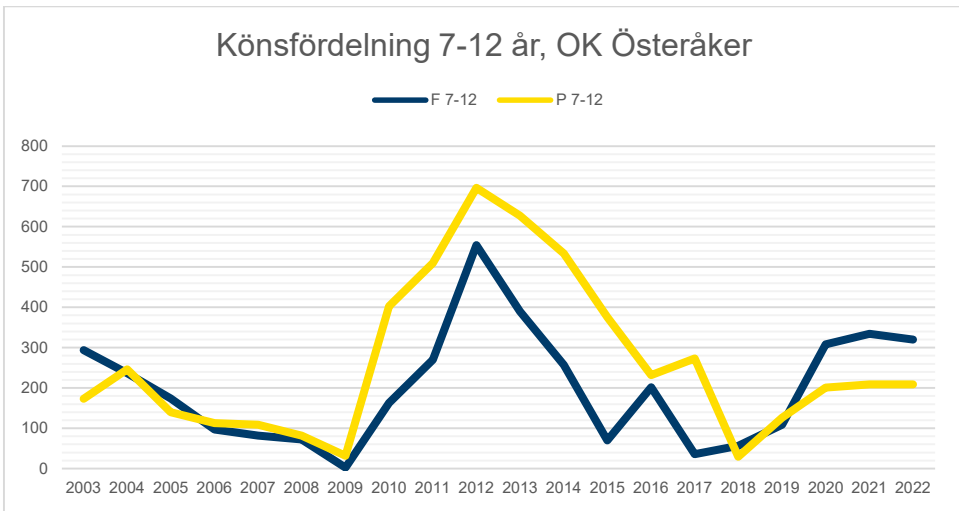
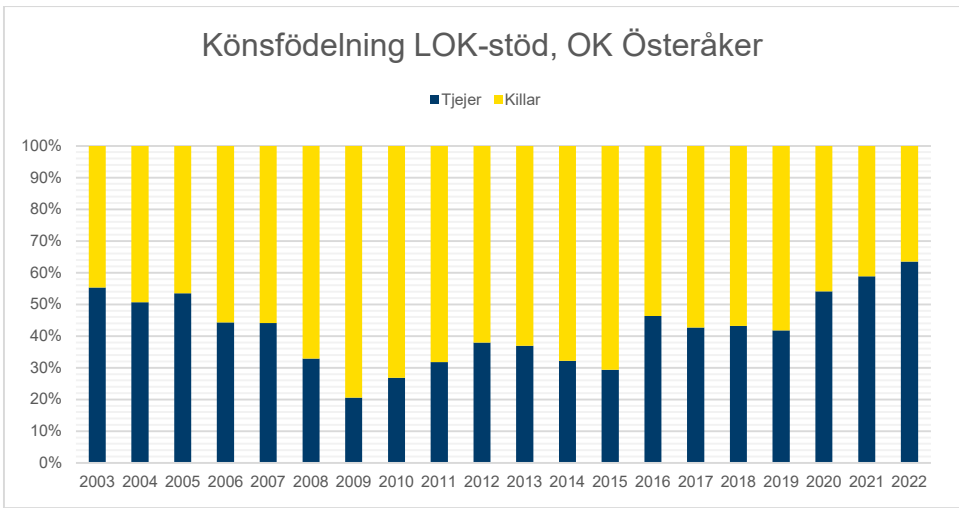
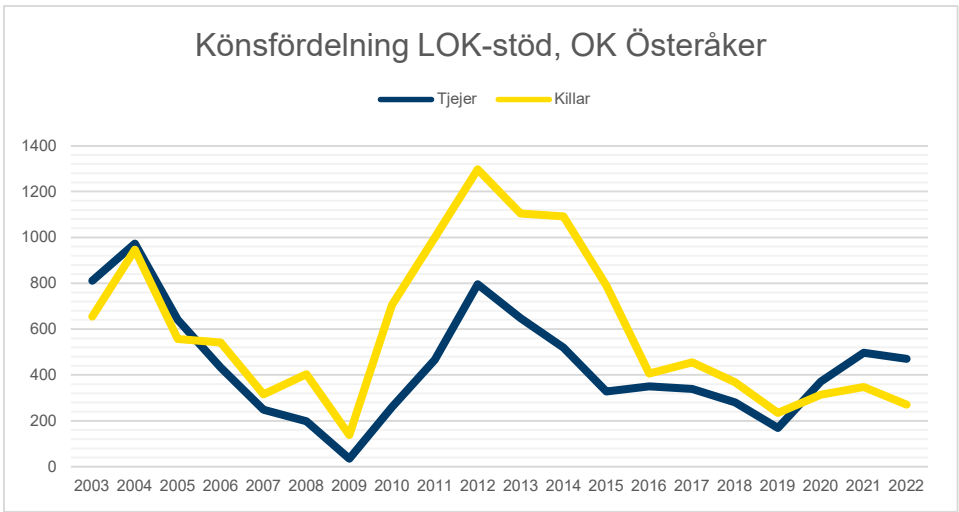




## 23. OK Österåker

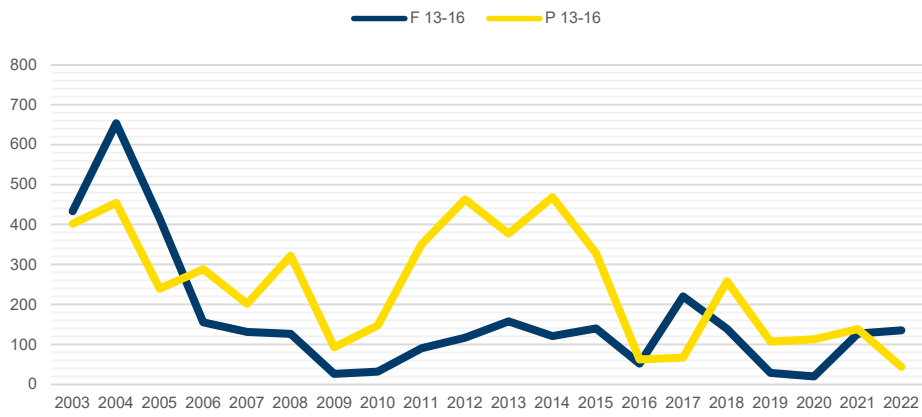




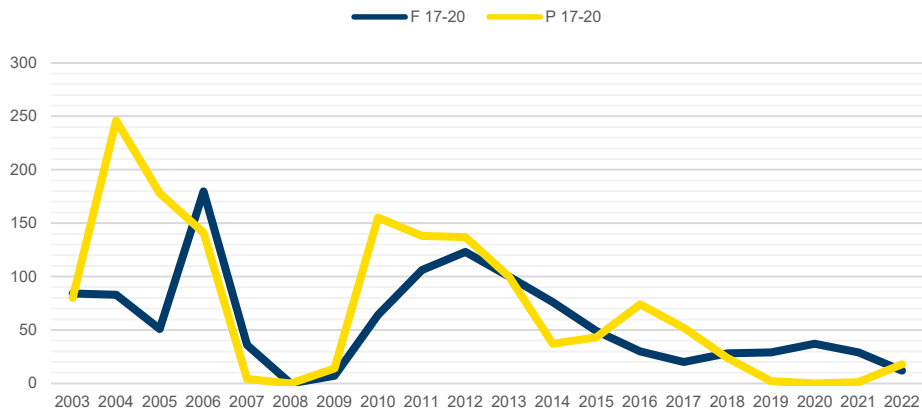




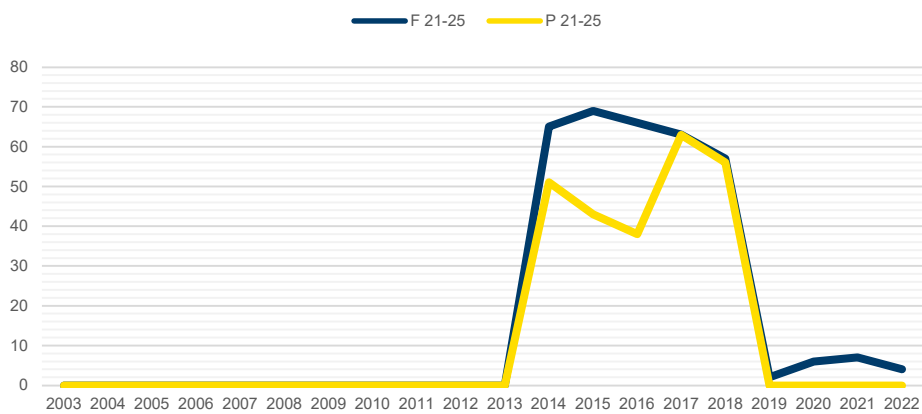
### Könsfördelning 13-16 år, OK Österåker



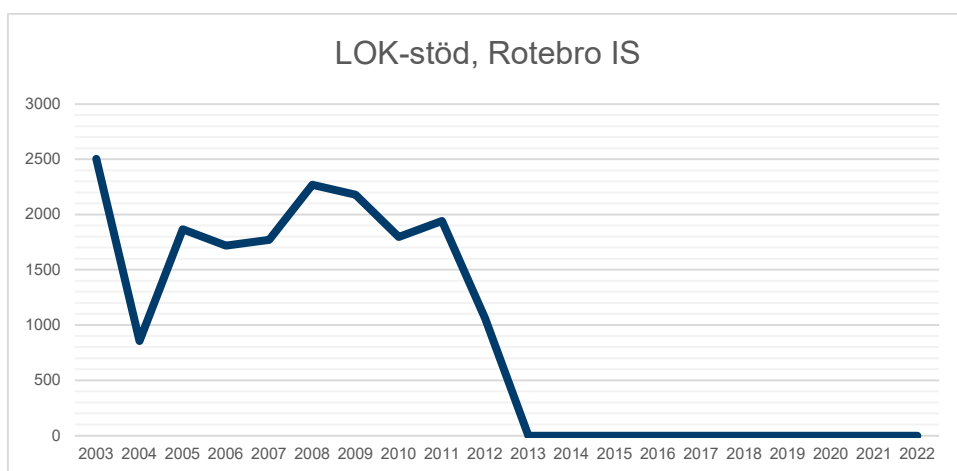
### Könsfördelning 17-20 år, OK Österåker



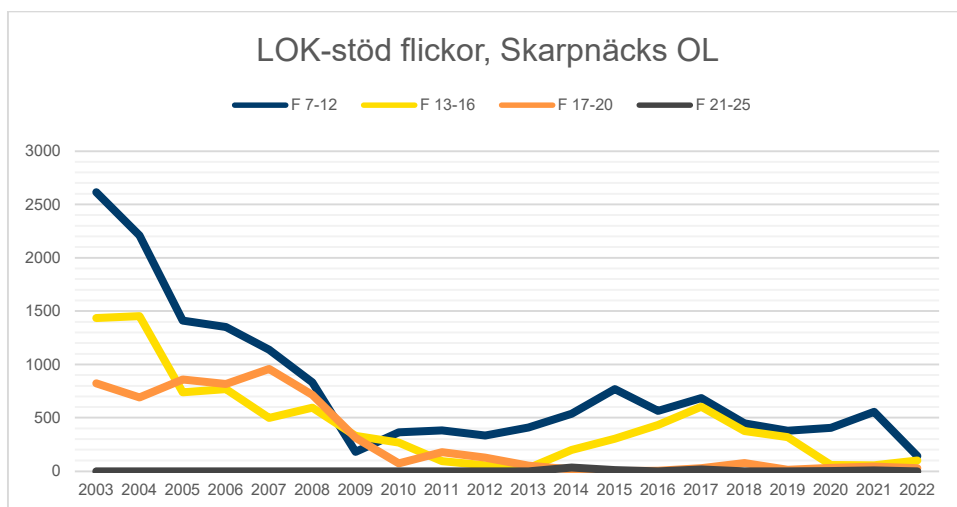
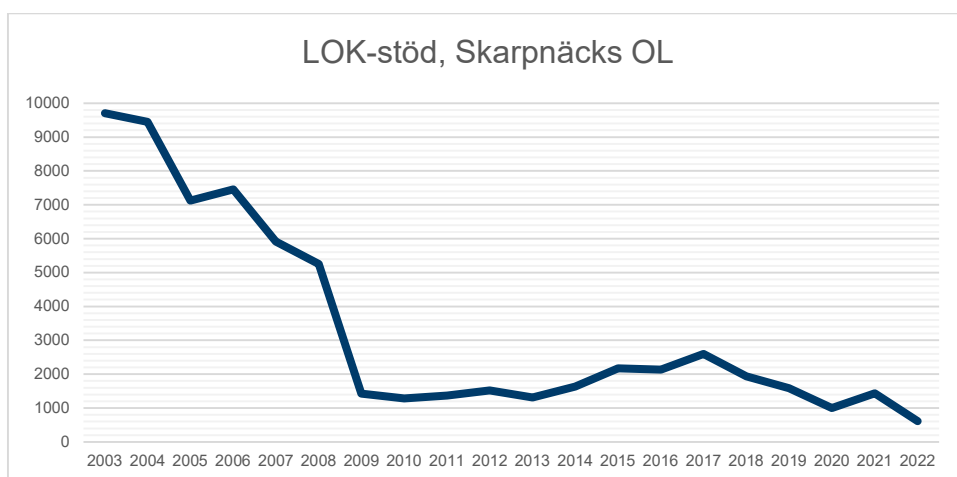
### Könsfördelning 21-25 år, OK Österåker

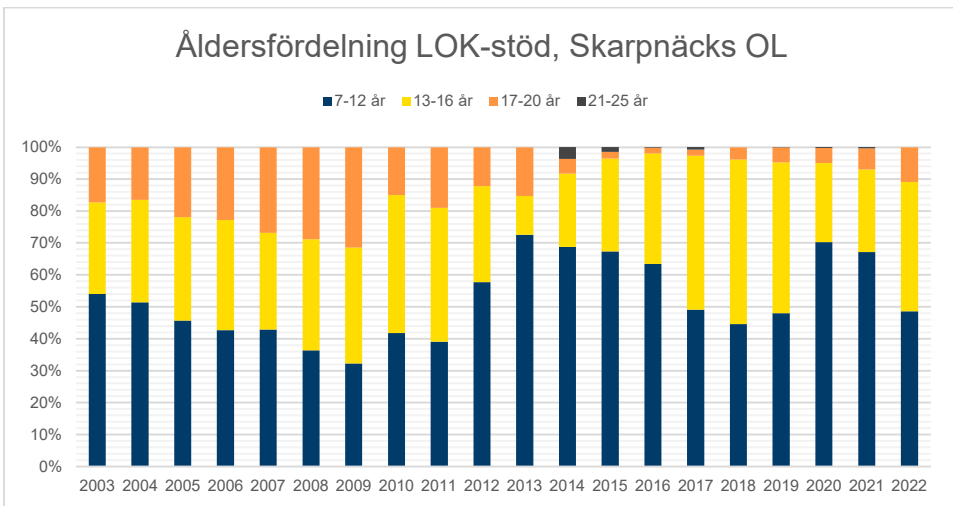
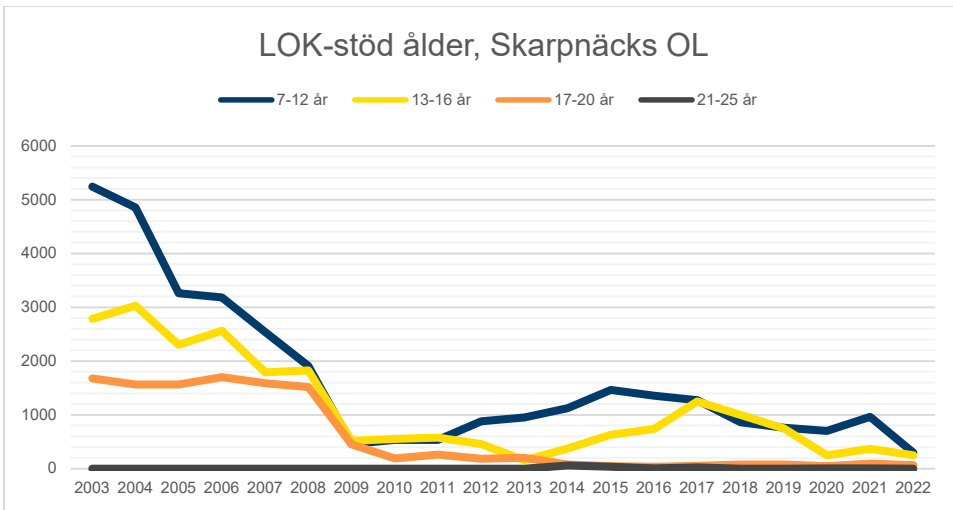
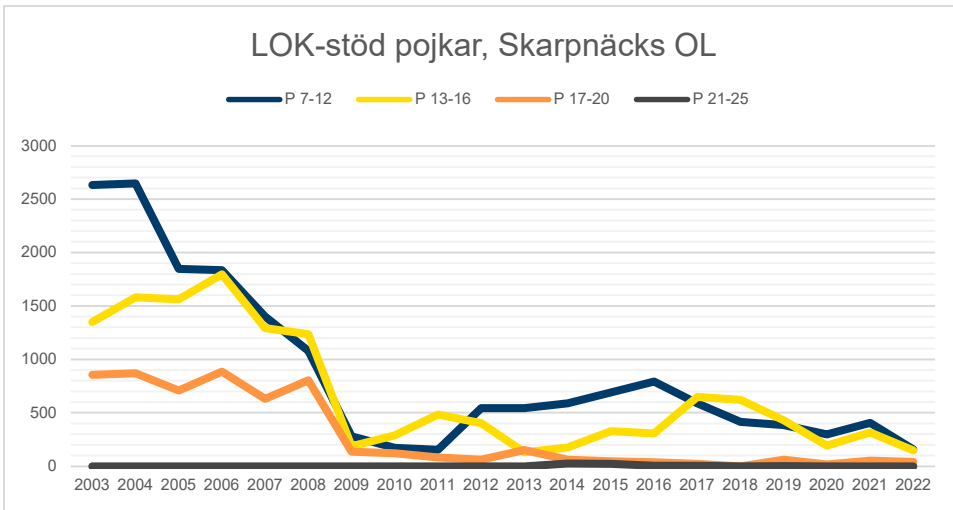


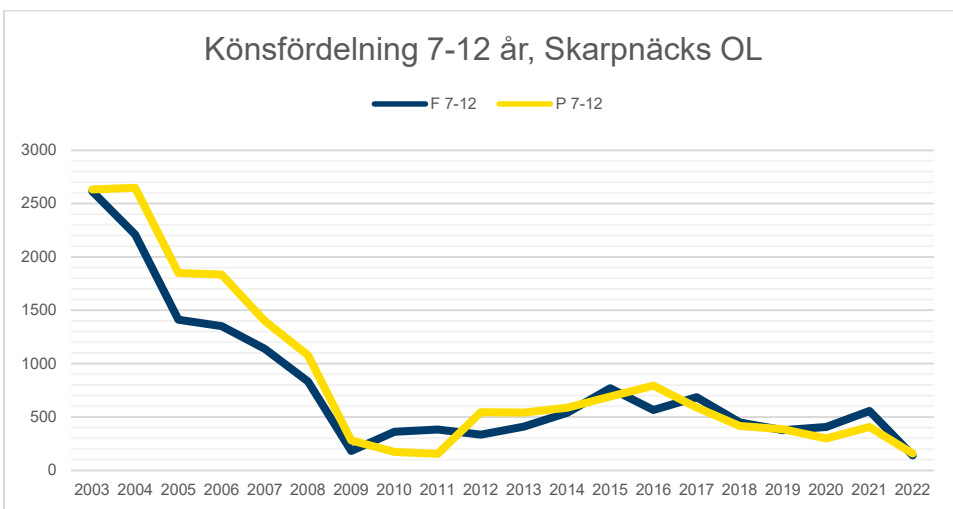
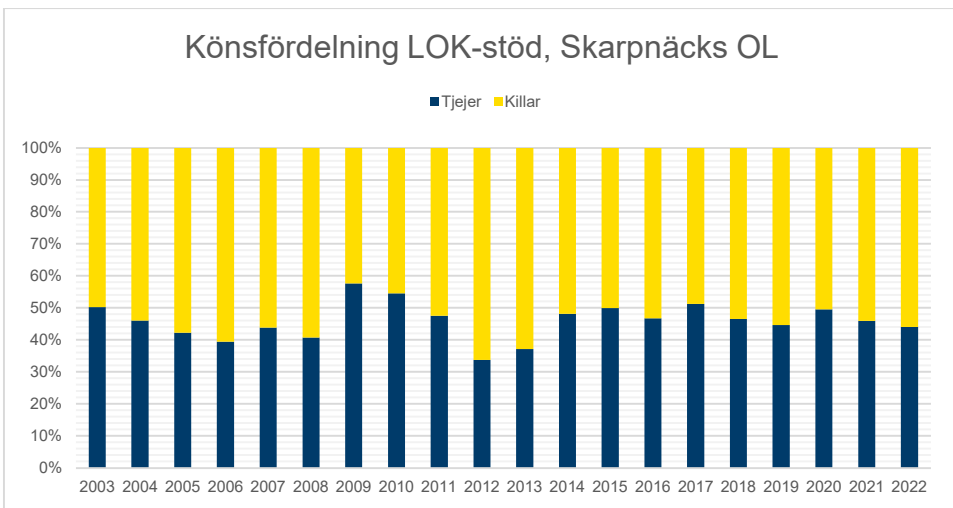
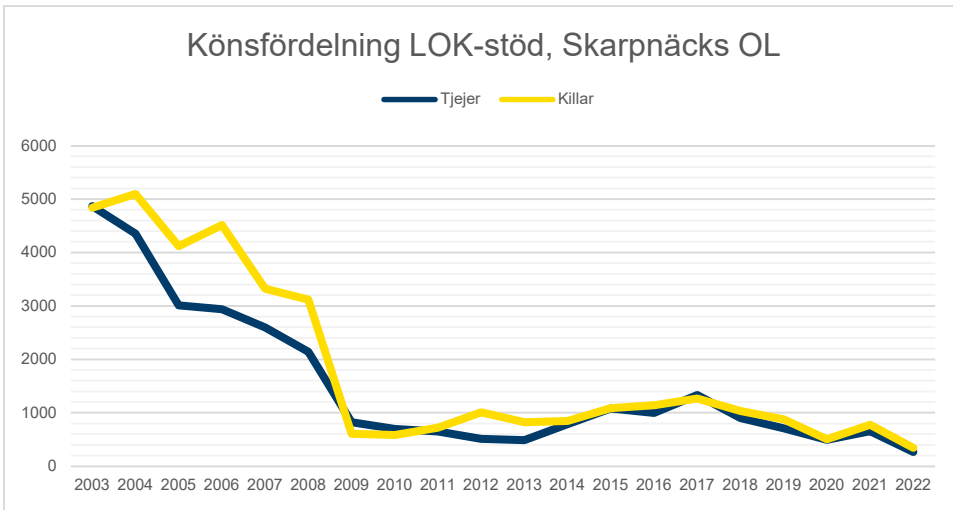
## 24. Rotebro IS



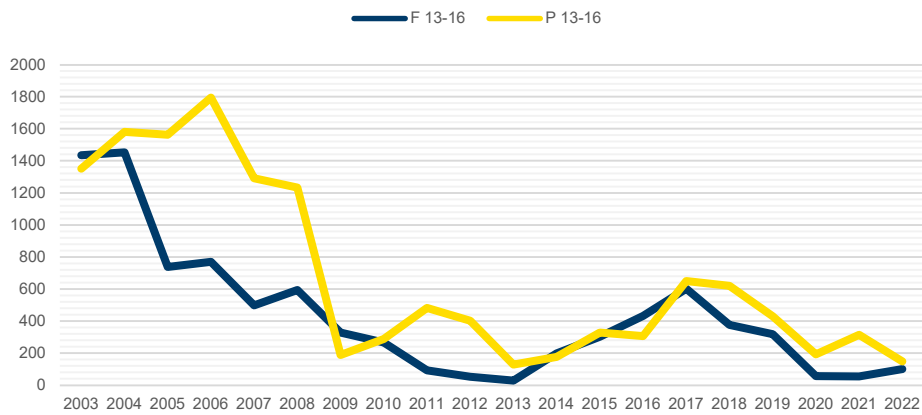
## 25. Skarpnäcks OL



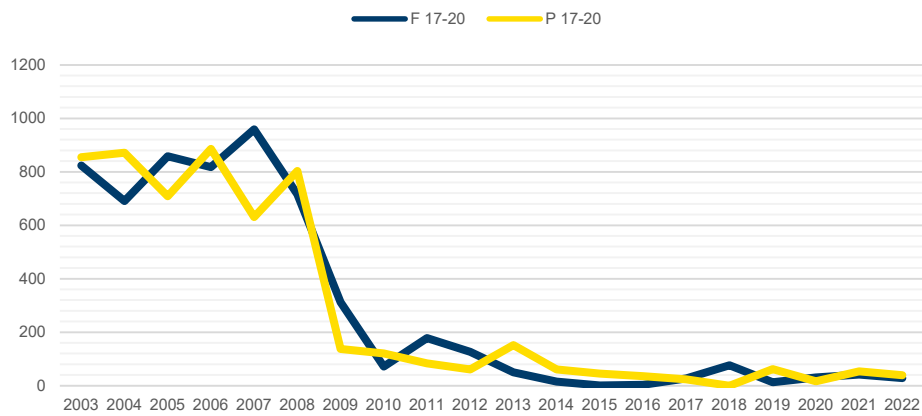




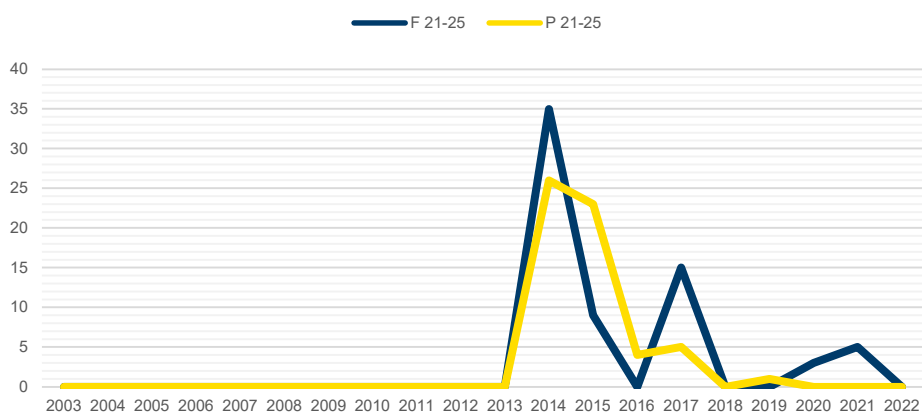
### Könsfördelning 13-16 år, Skarpnäcks OL



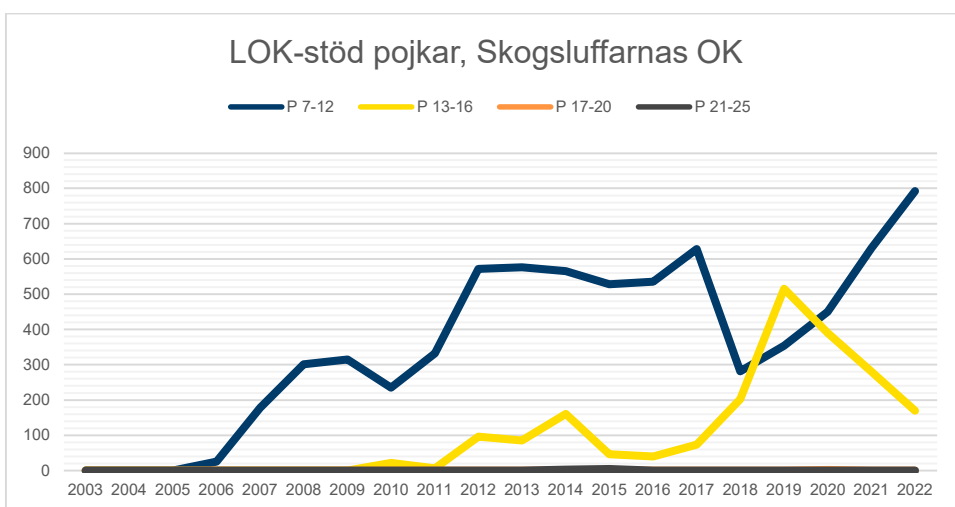
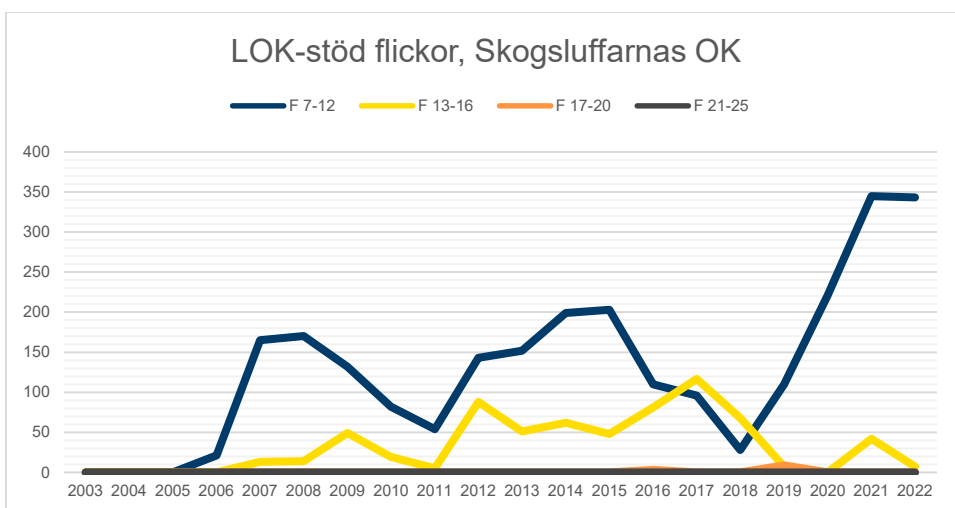
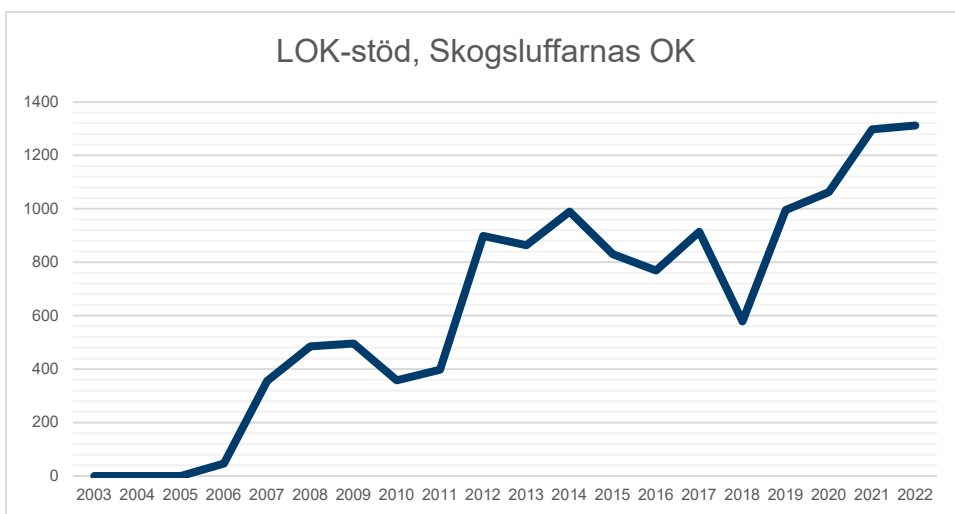
### Könsfördelning 17-20 år, Skarpnäcks OL

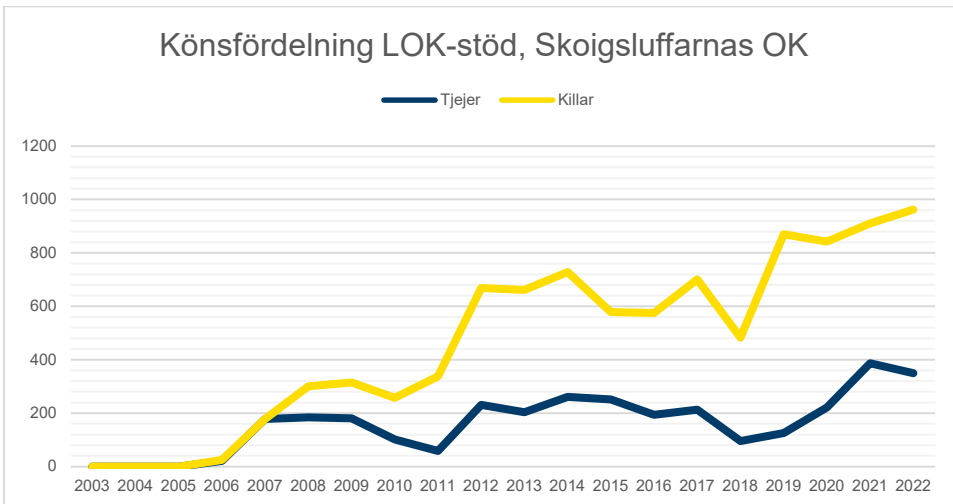
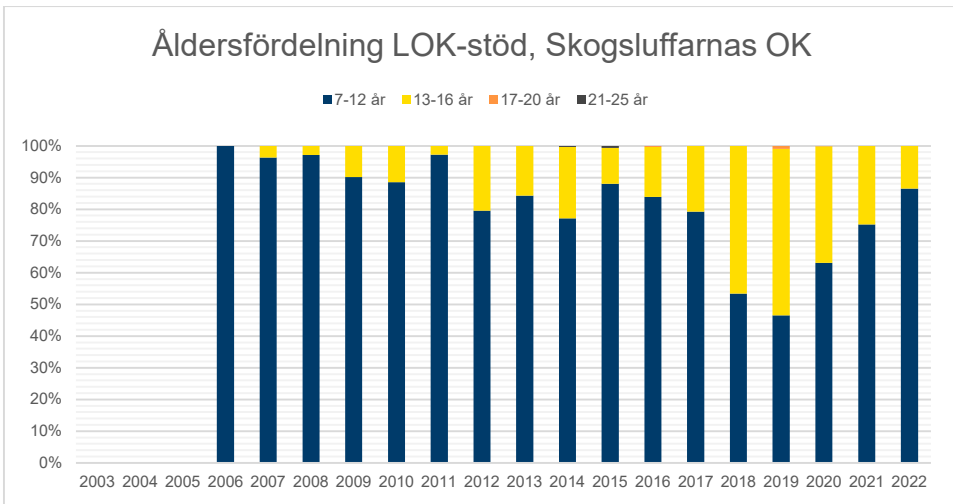
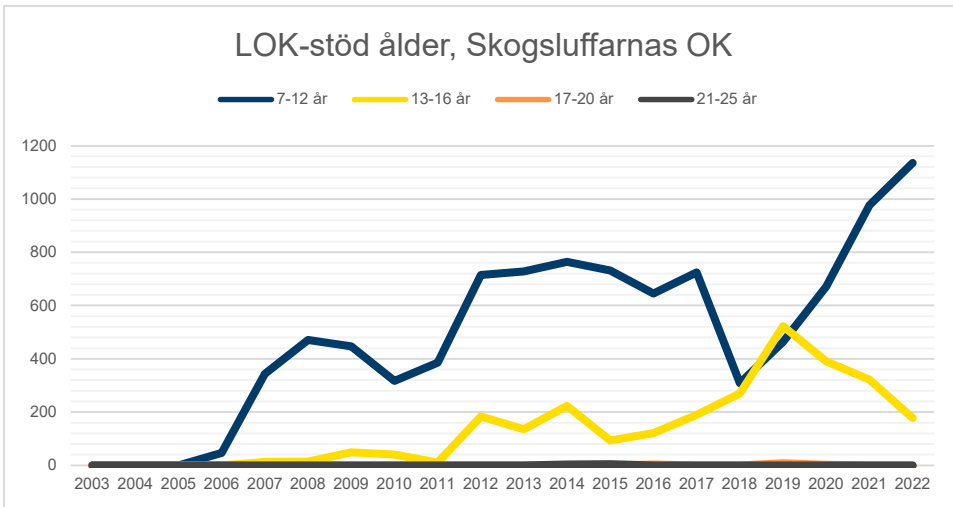


### Könsfördelning 21-25 år, Skarpnäcks OL

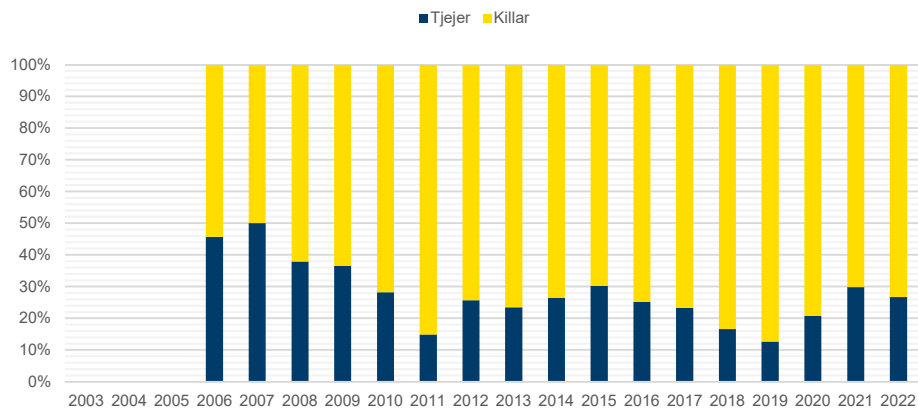


## 26. Skogsluffarnas OK

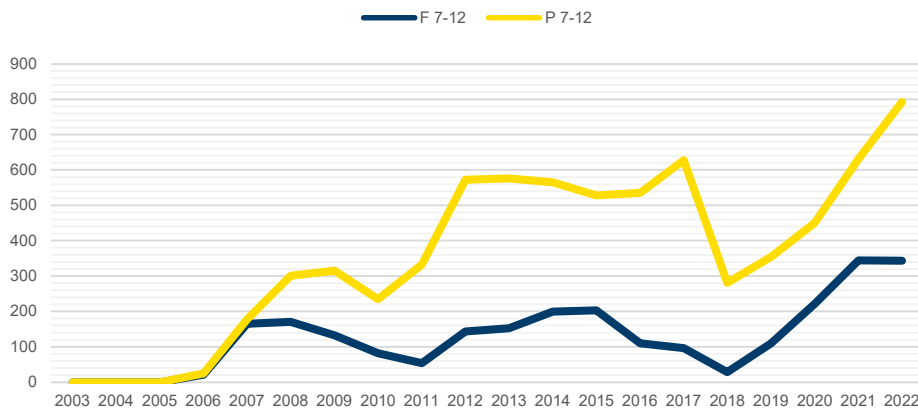




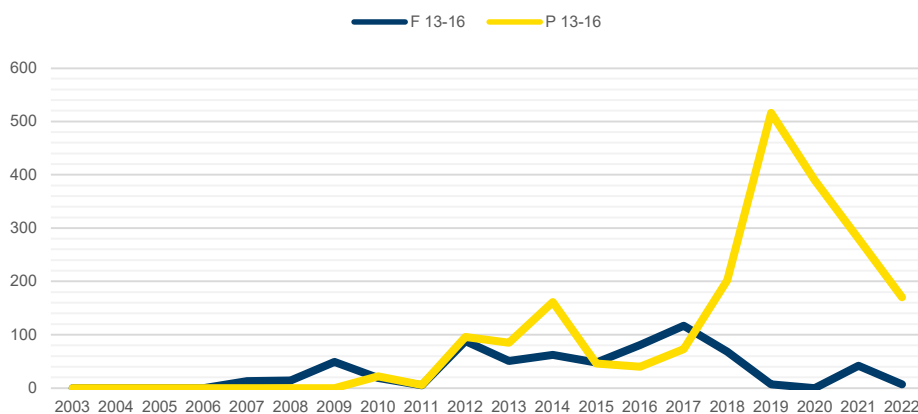
### Könsfördelning LOK-stöd, Skogsluffarnas OK



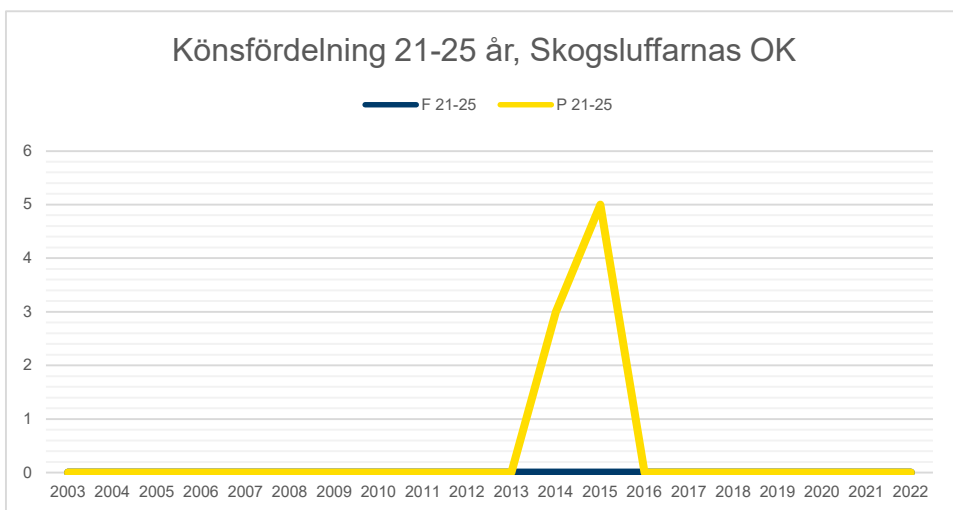
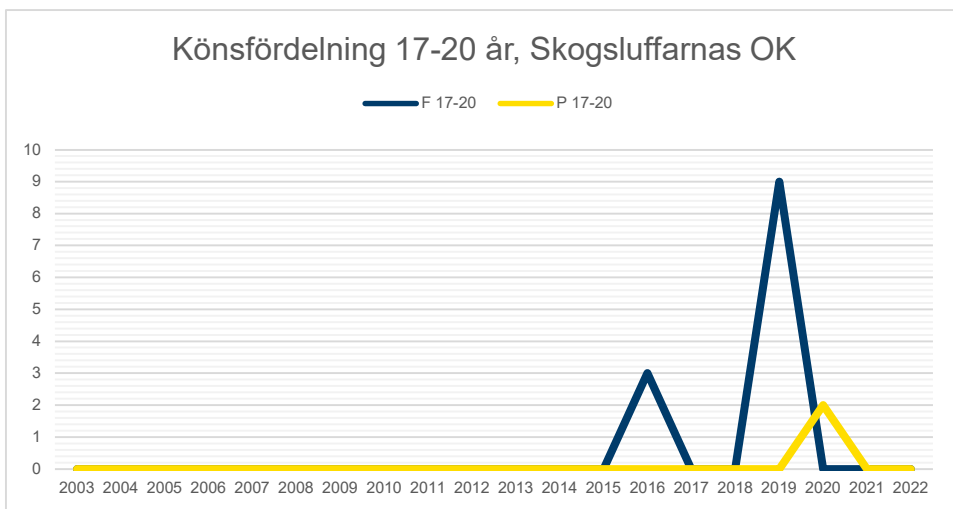
### Könsfördelning 7-12 år, Skogsluffarnas OK



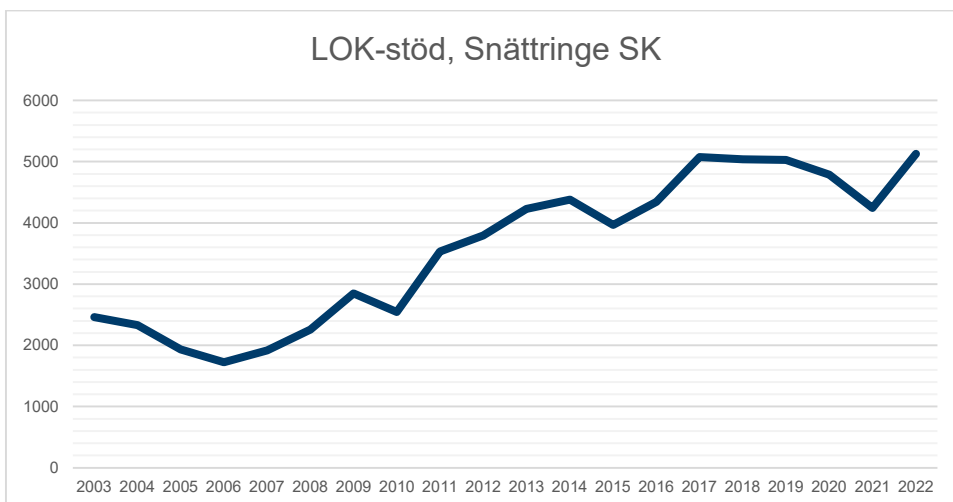
### Könsfördelning 13-16 år, Skogsluffarnas OK

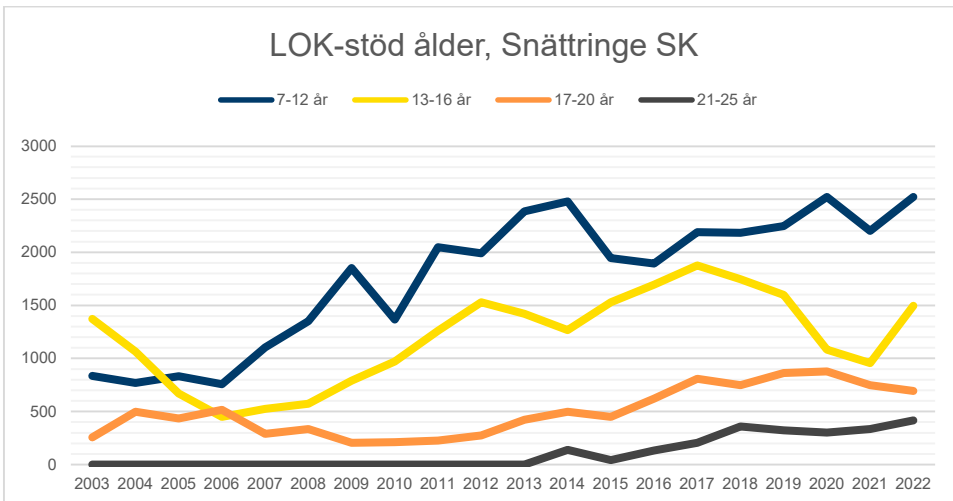
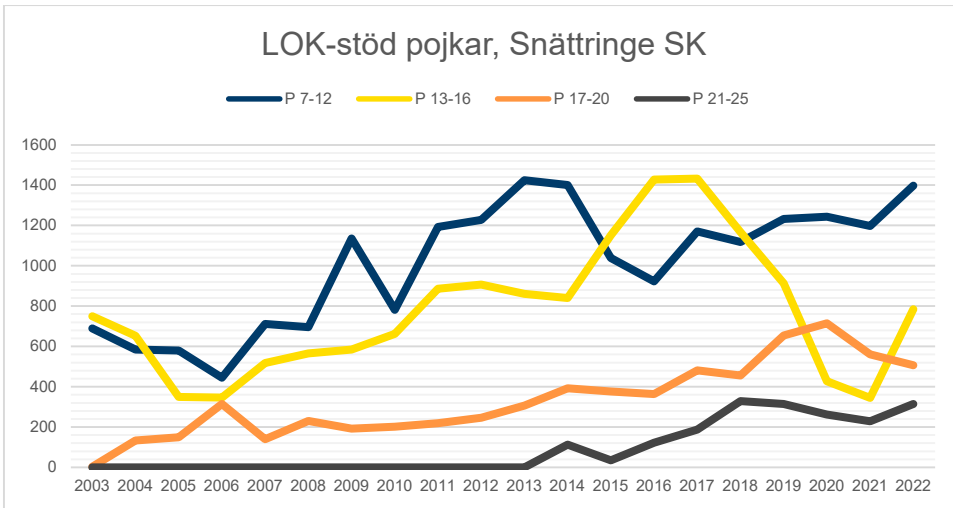
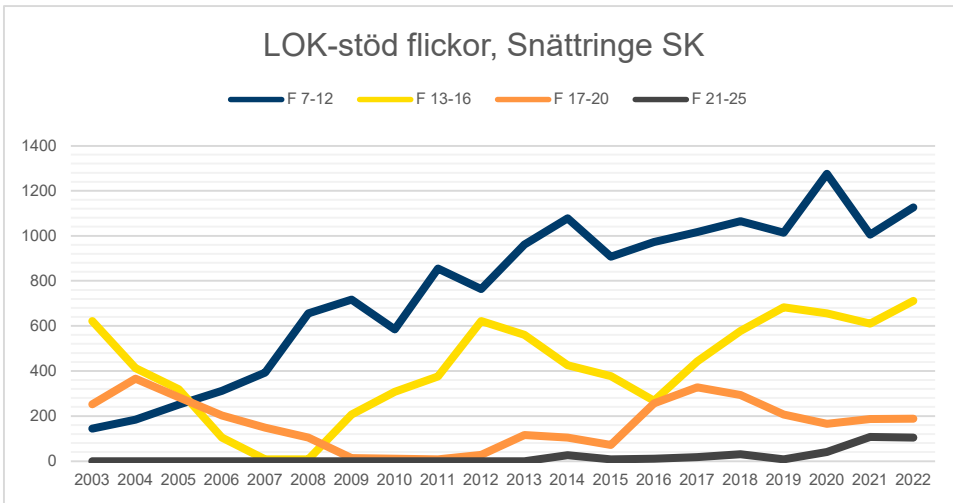




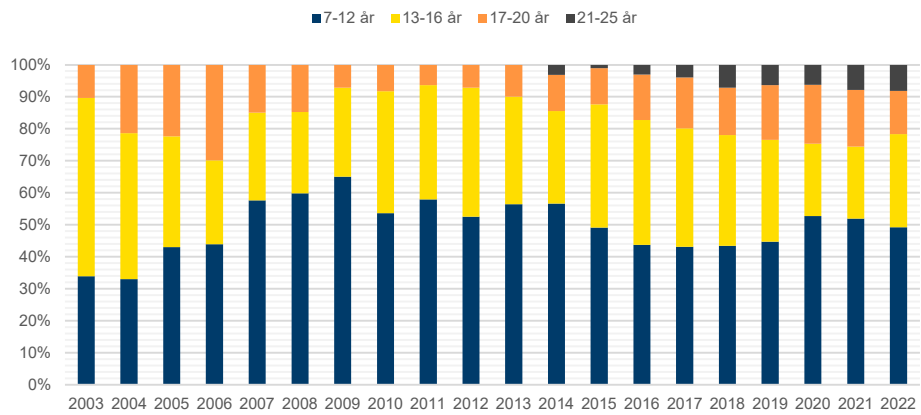


## 27. Snättringe SK

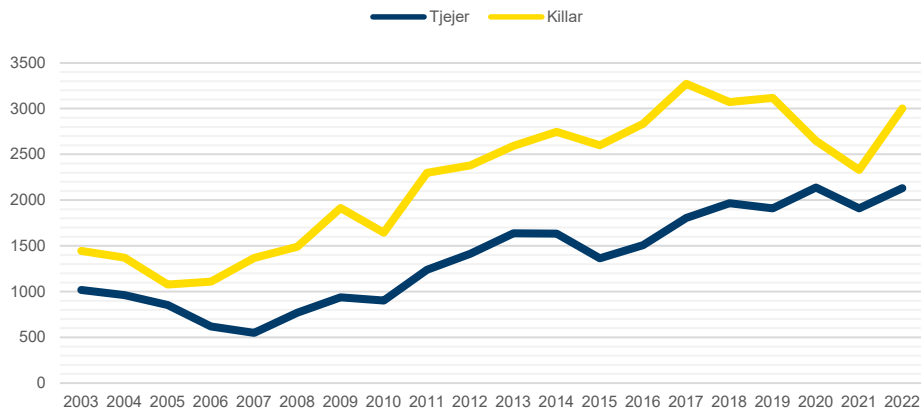




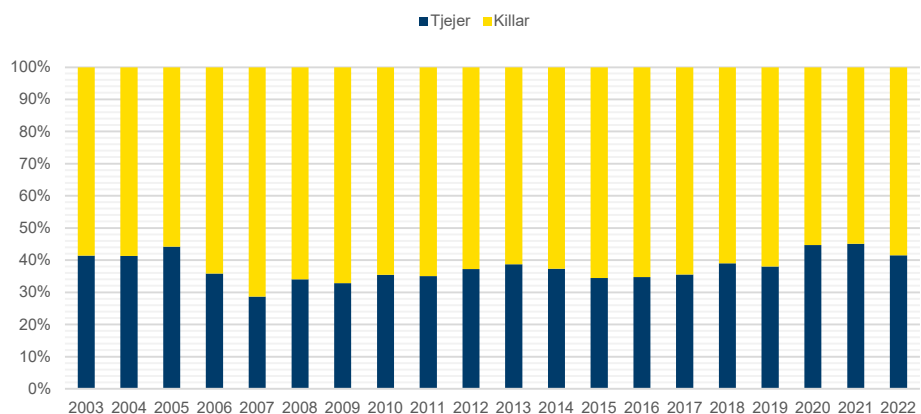
### Åldersfördelning LOK-stöd, Snättringe SK



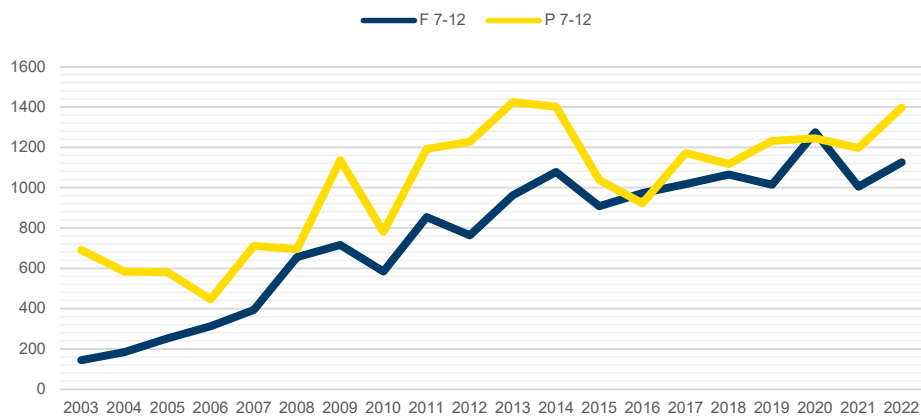
### Könsfördelning LOK-stöd, Snättringe SK



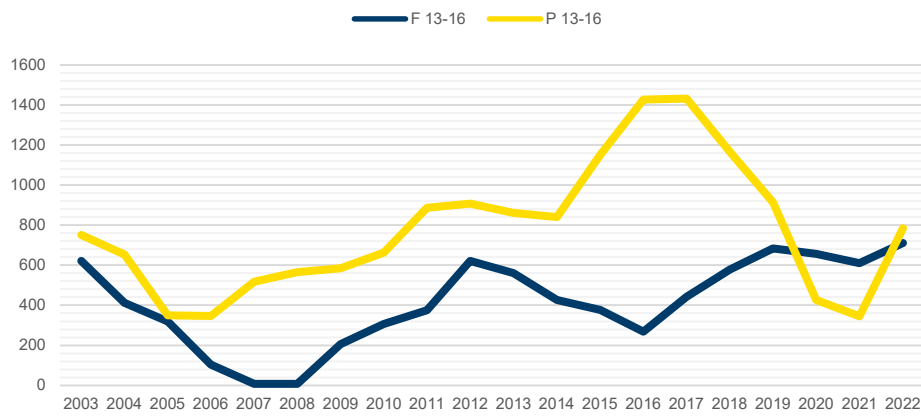
### Könsfördelning LOK-stöd, Snättringe SK



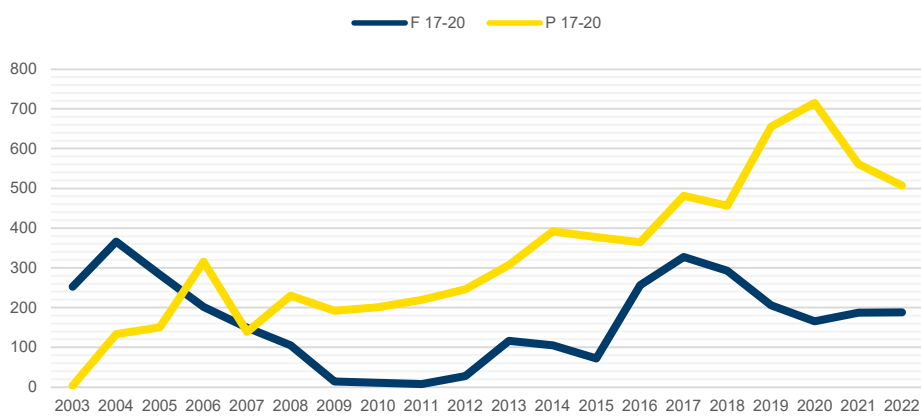
### Könsfördelning 7-12 år, Snättringe SK

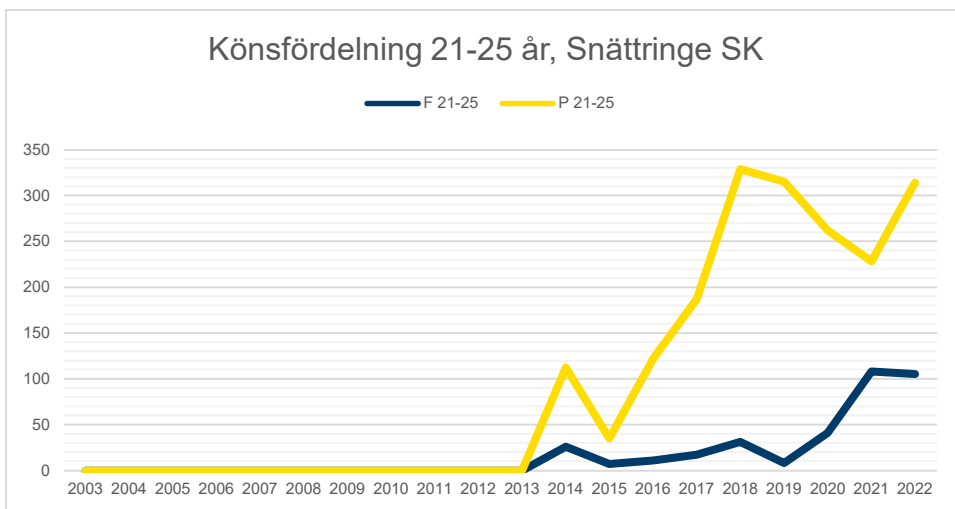


### Könsfördelning 13-16 år, Snättringe SK

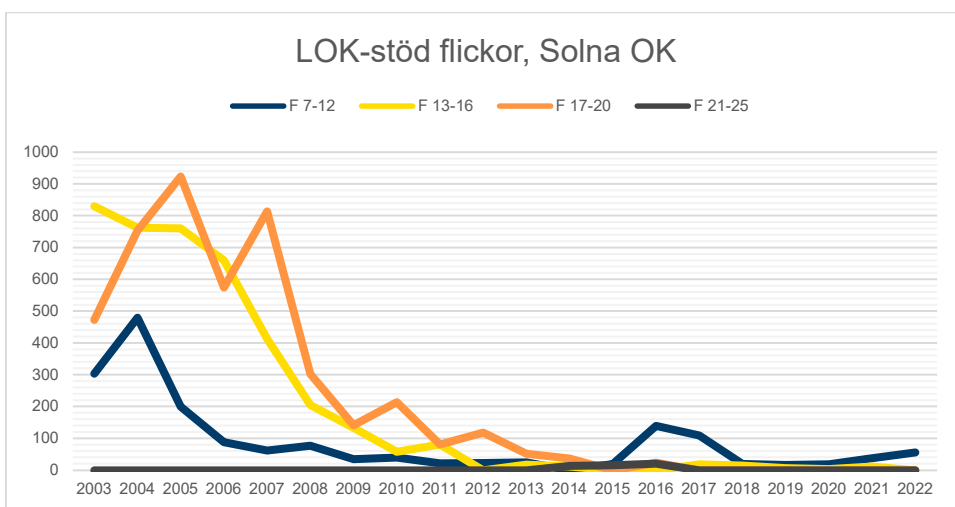
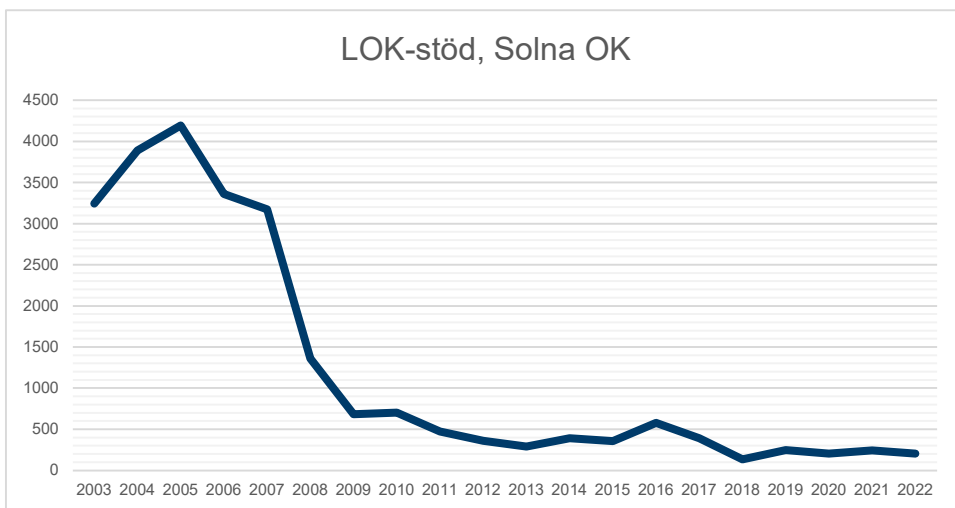


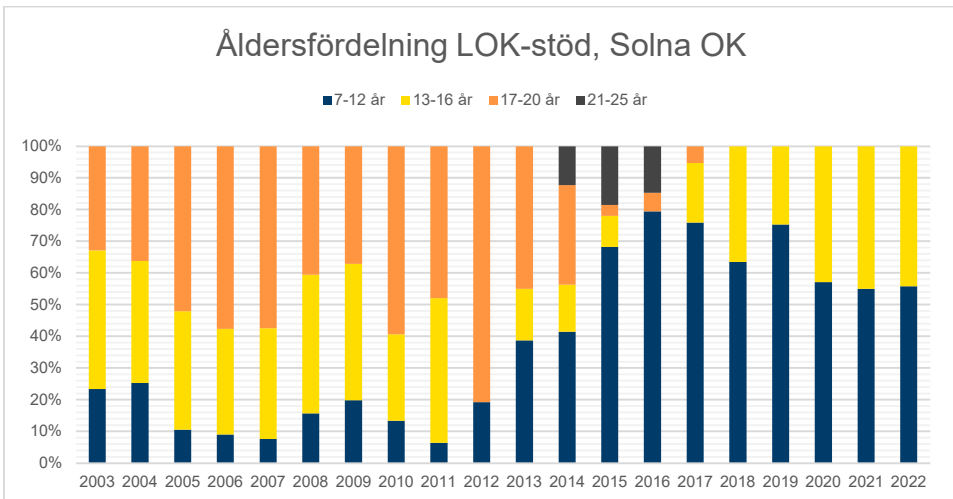
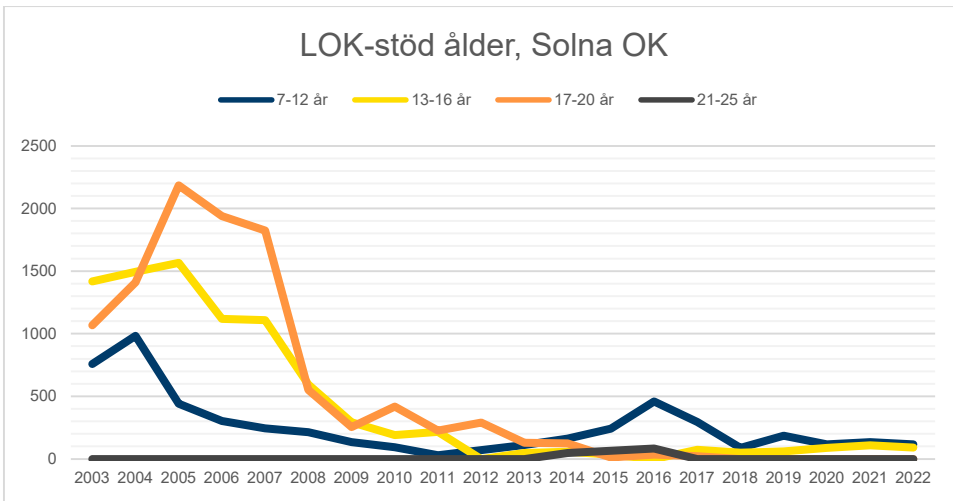
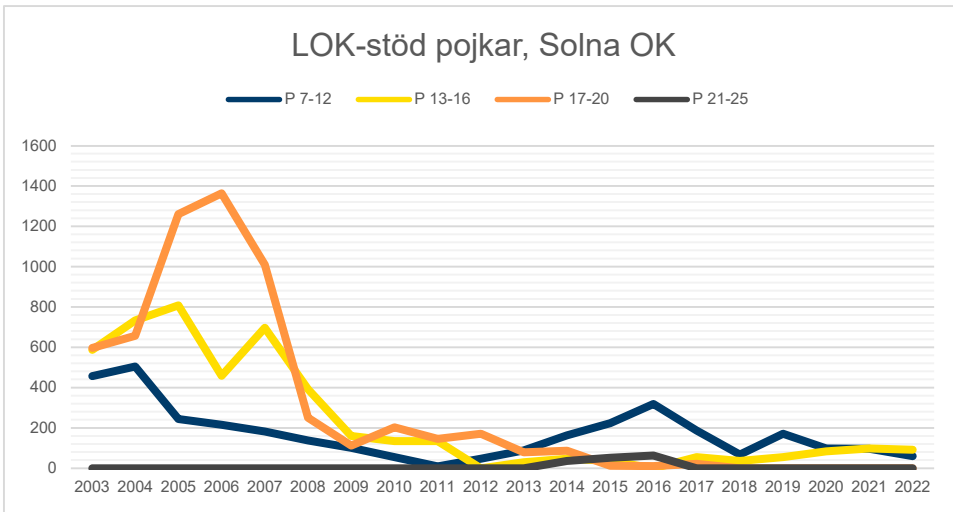
### Könsfördelning 17-20 år, Snättringe SK

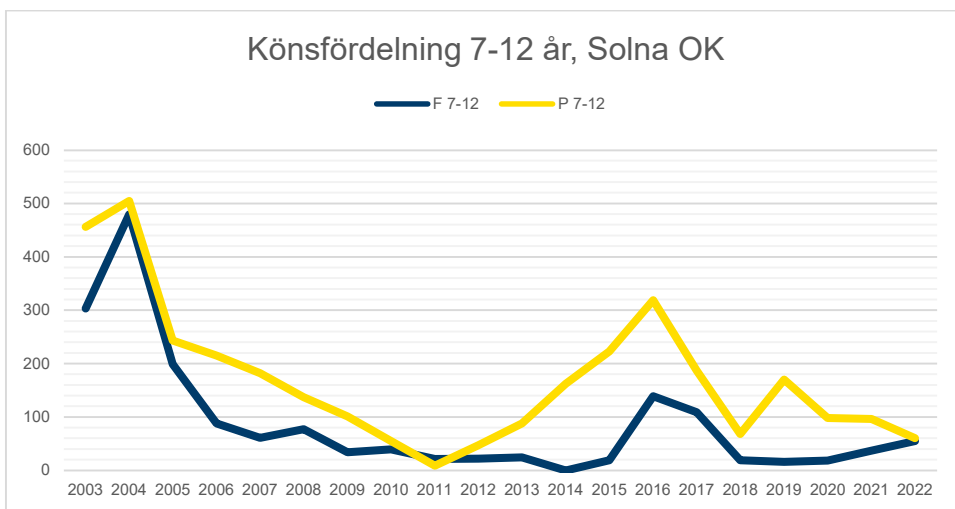
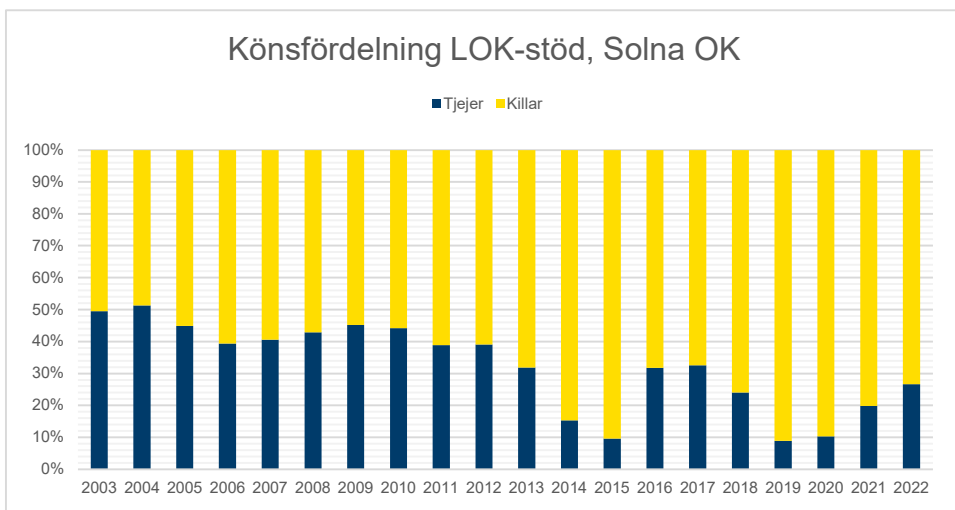
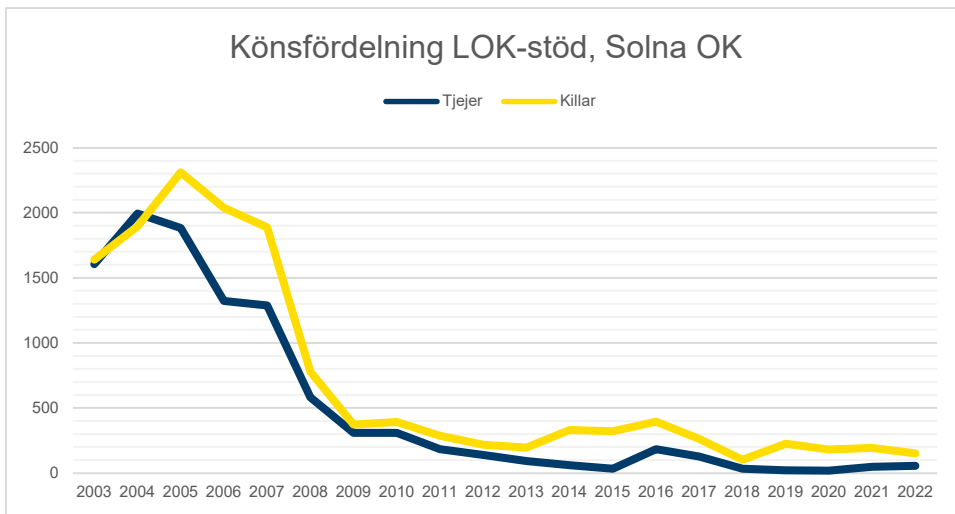




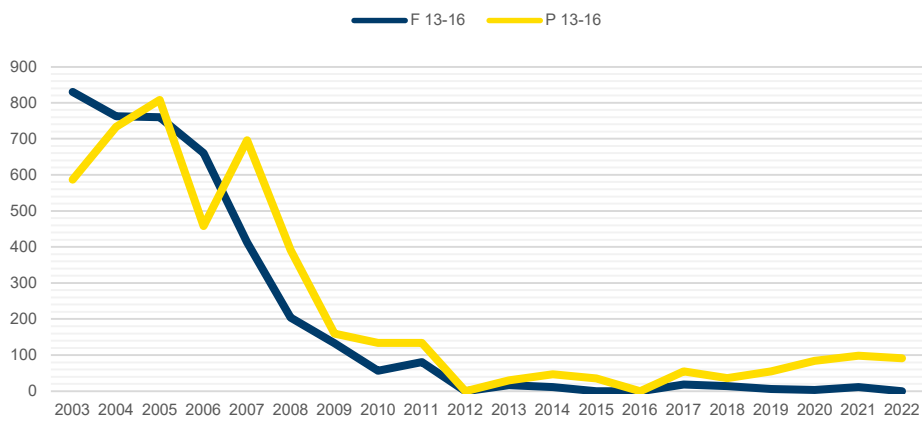
## 28. Solna OK



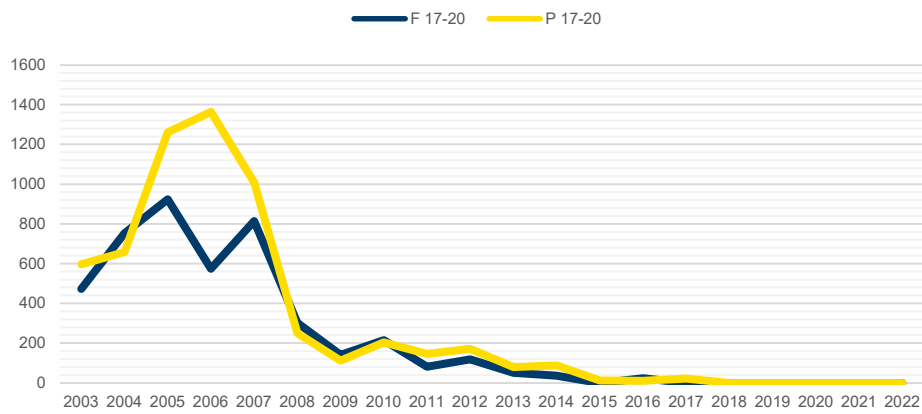




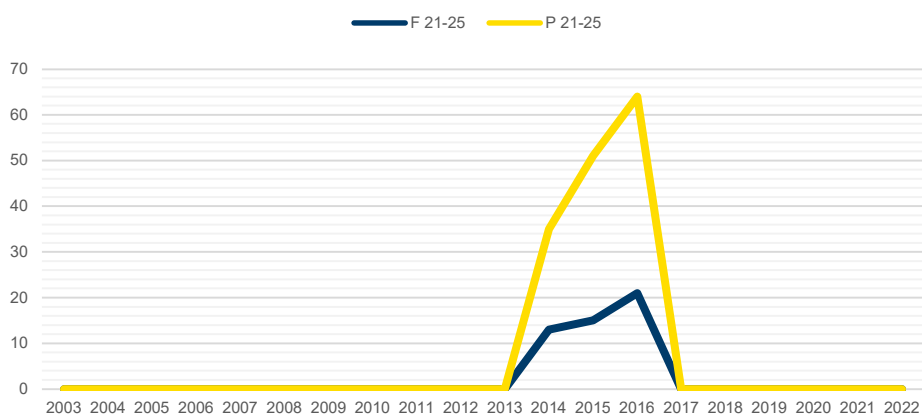
### Könsfördelning 13-16 år, Solna OK



### Könsfördelning 17-20 år, Solna OK

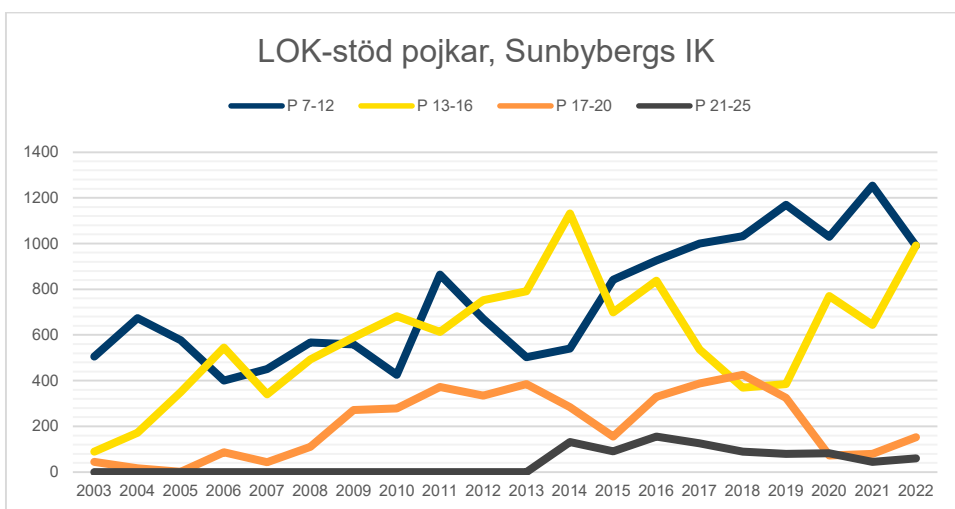
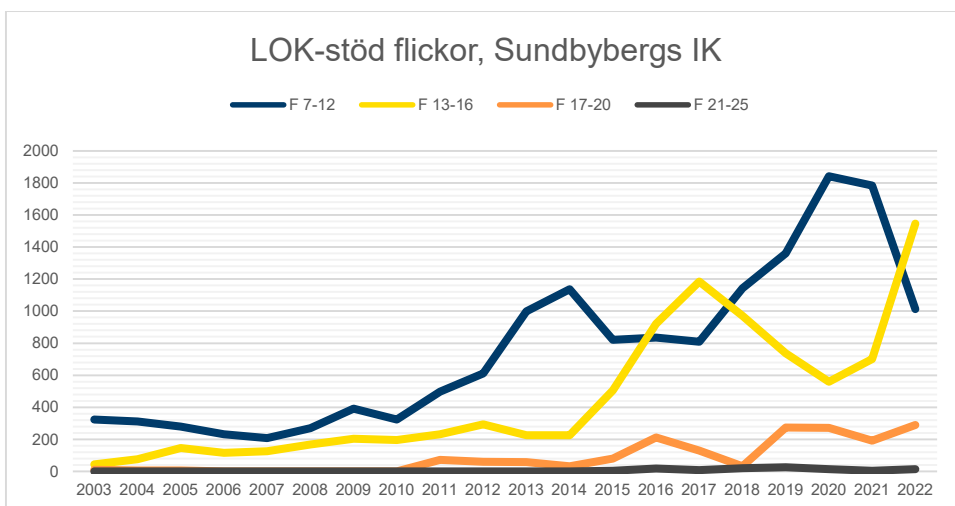
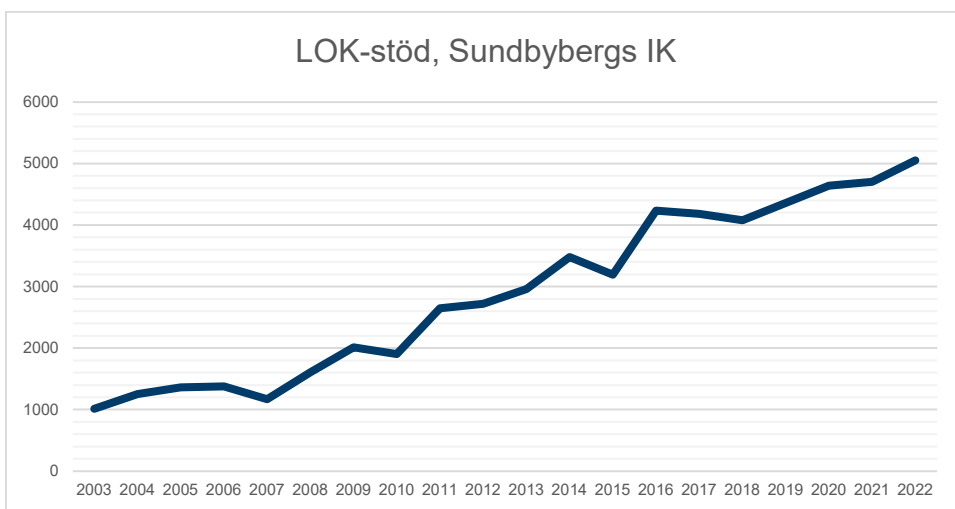


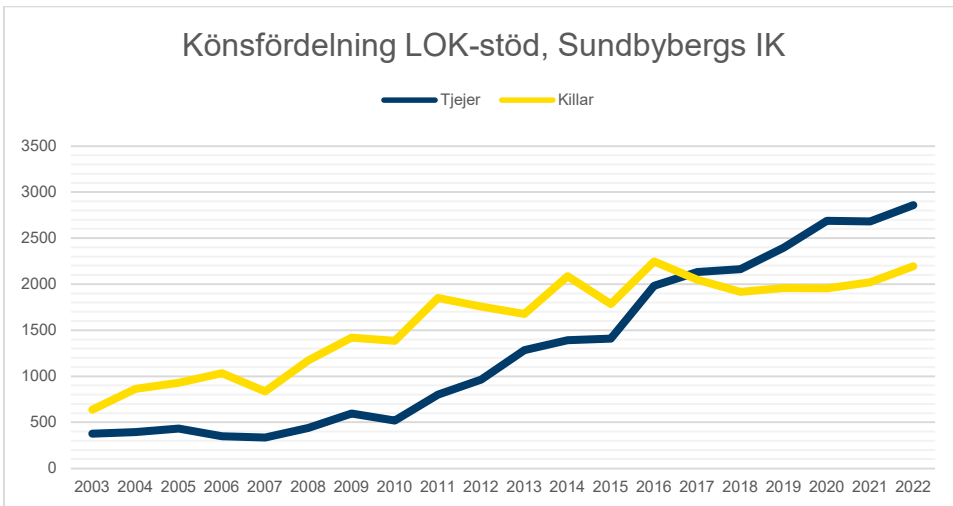
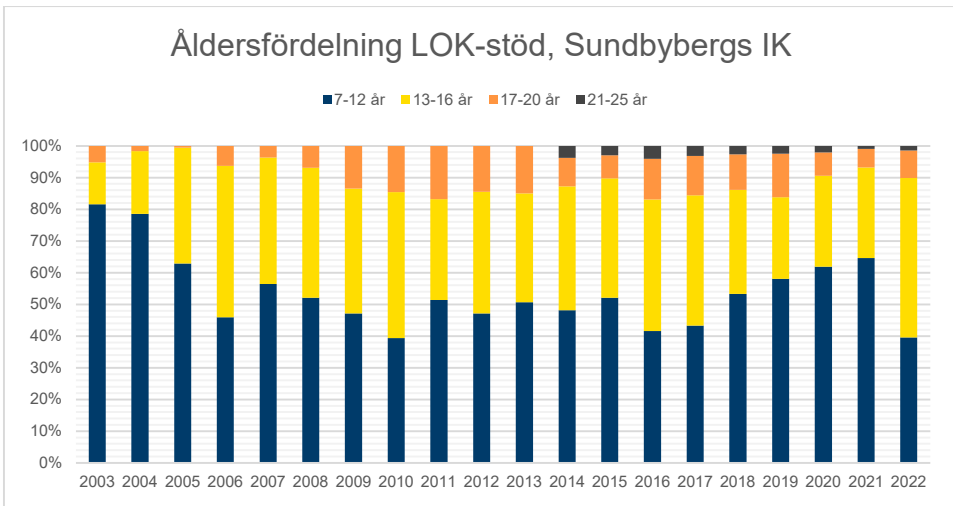
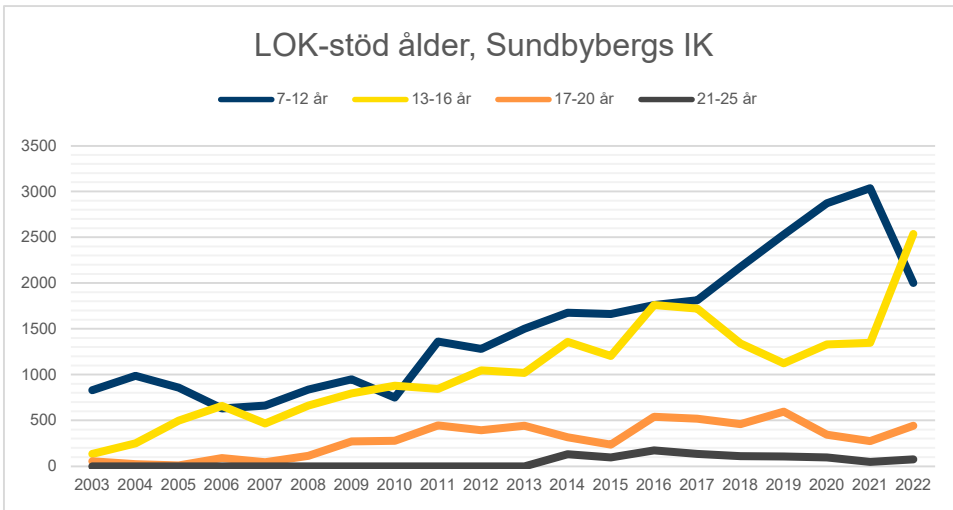
### Könsfördelning 21-25 år, Solna OK



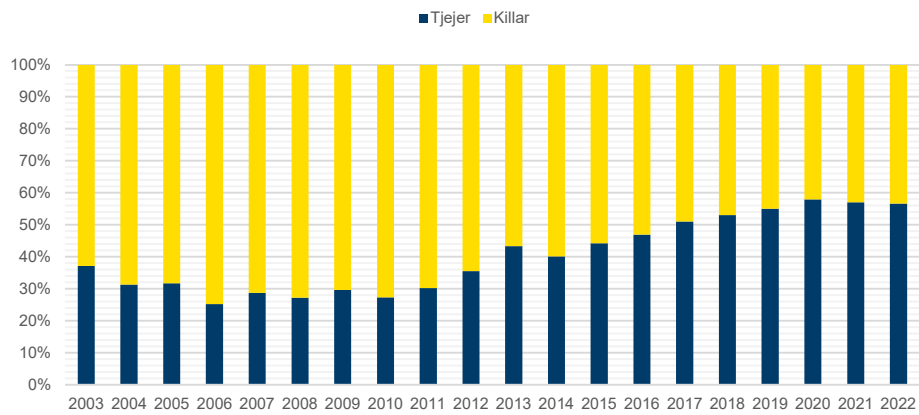


## 29. Sundbybergs IK

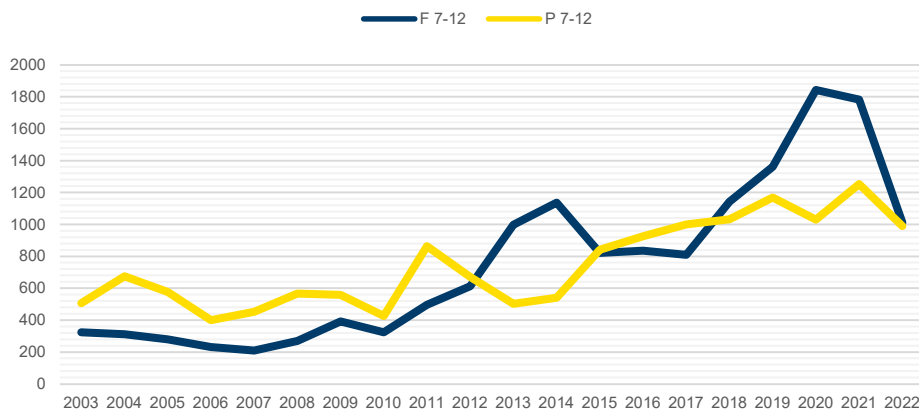




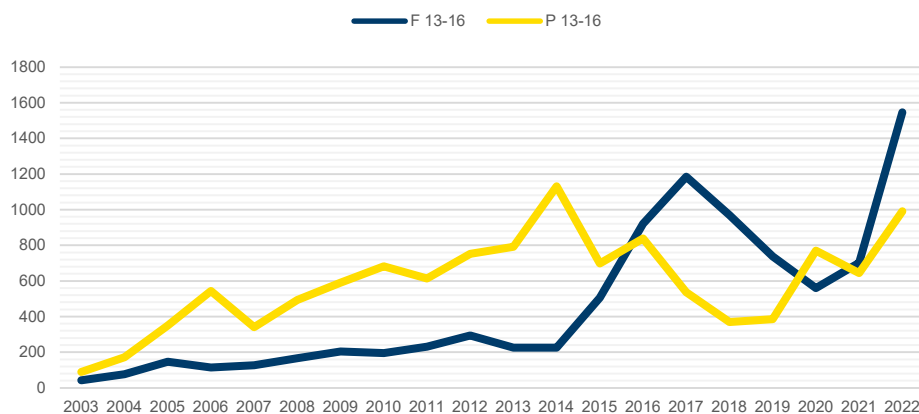
### Könsfördelning LOK-stöd, Sundbybergs IK

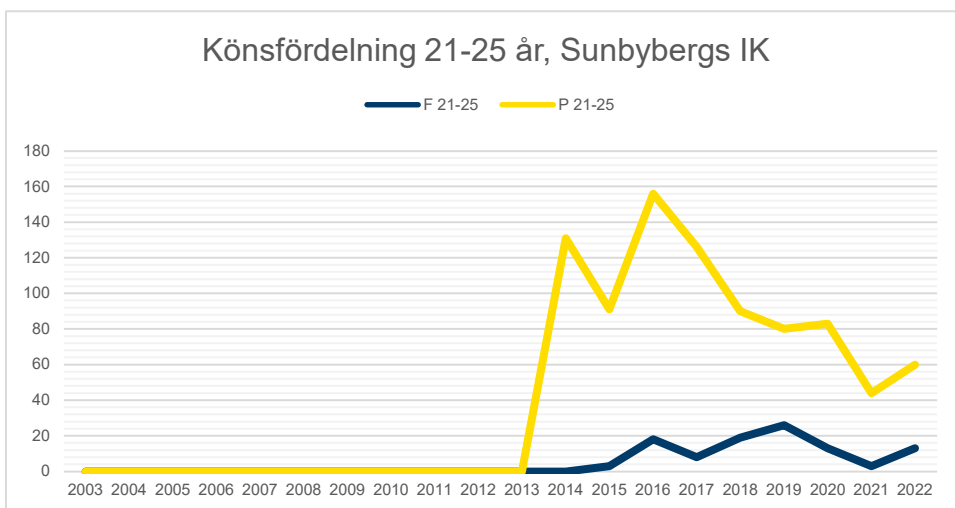
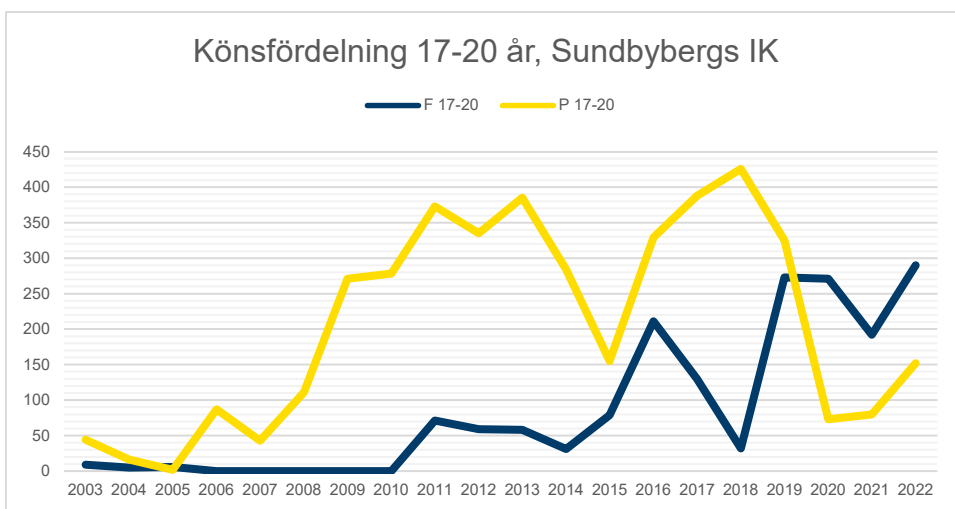


### Könsfördelning 7-12 år, Sundbybergs IK

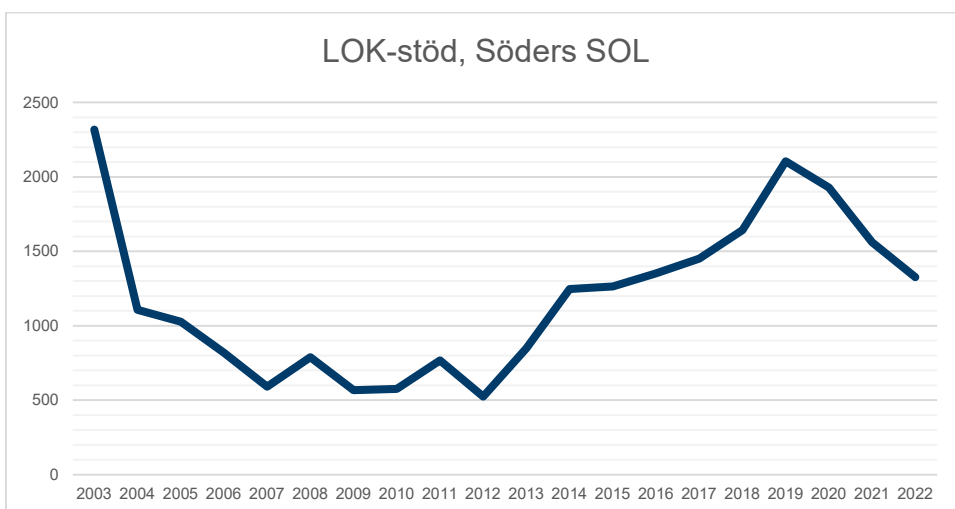


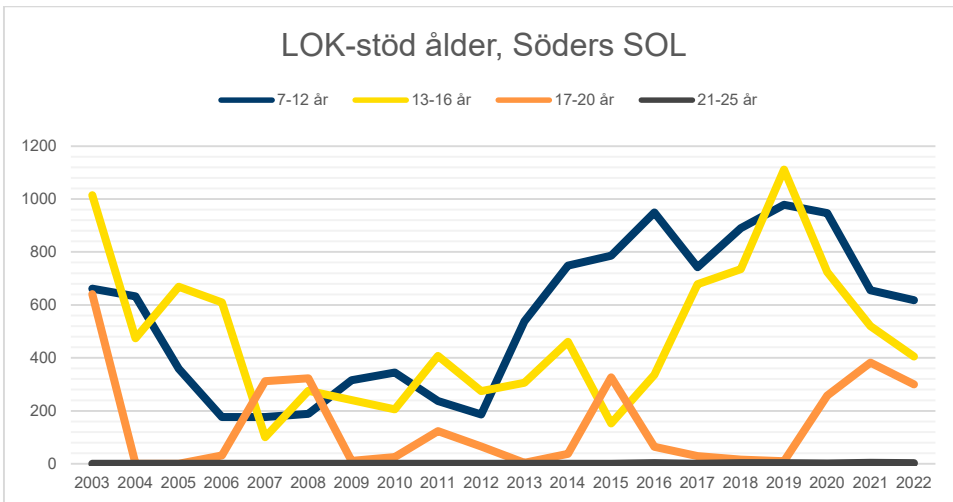
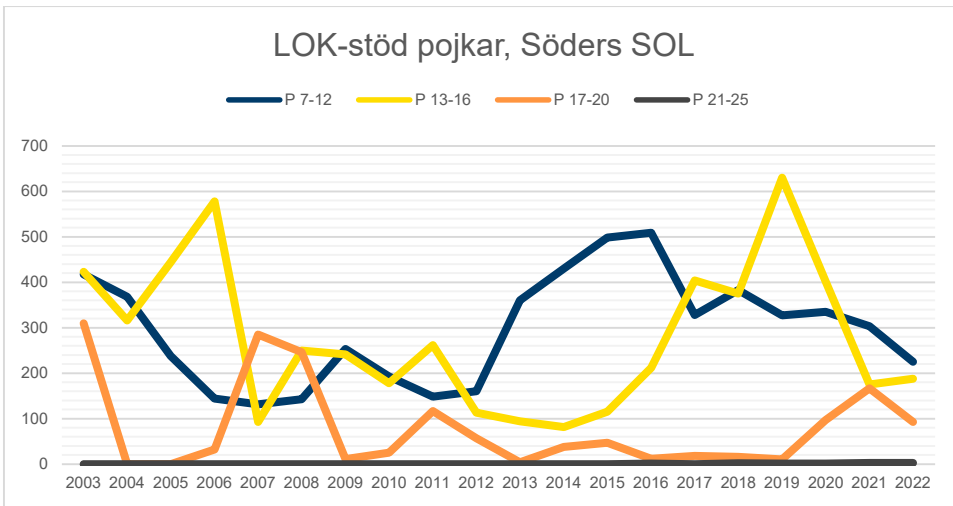
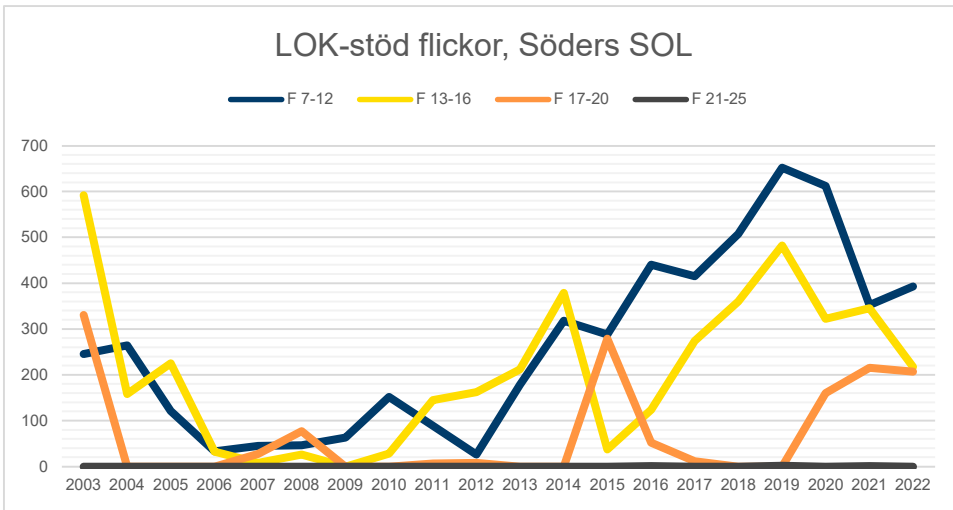
### Könsfördelning 13-16 år, Sundbybergs IK



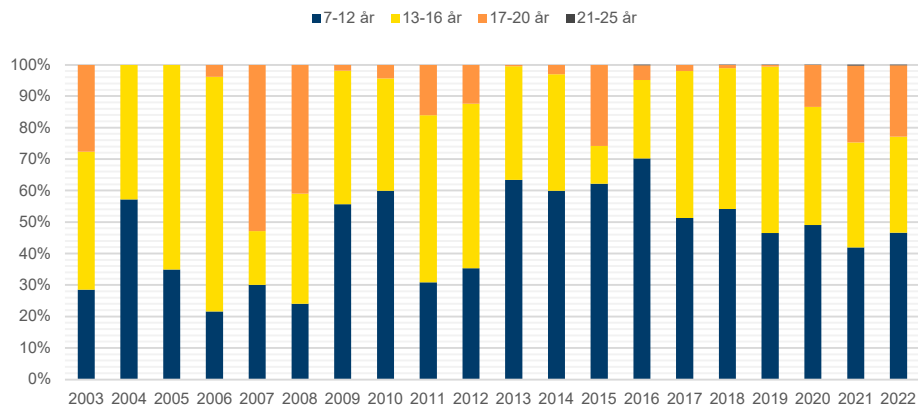


## 30. Söders SOL

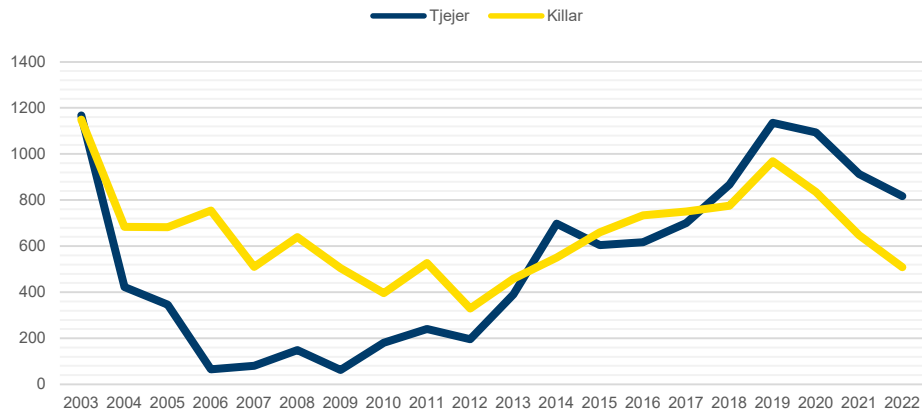




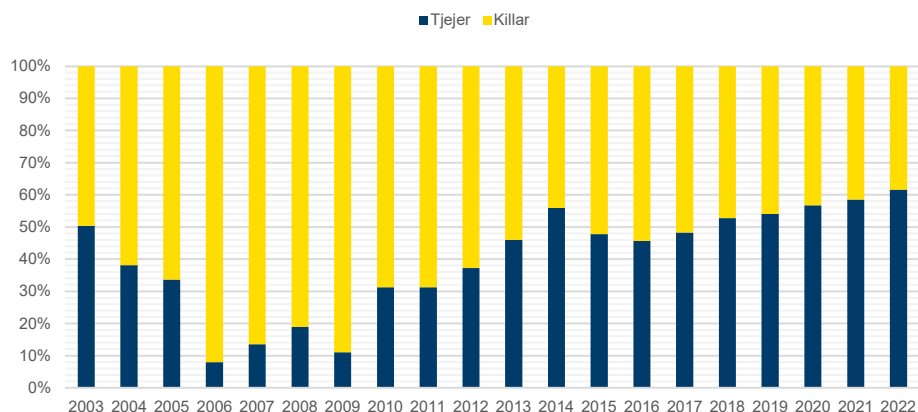
### Åldersfördelning LOK-stöd, Söders SOL

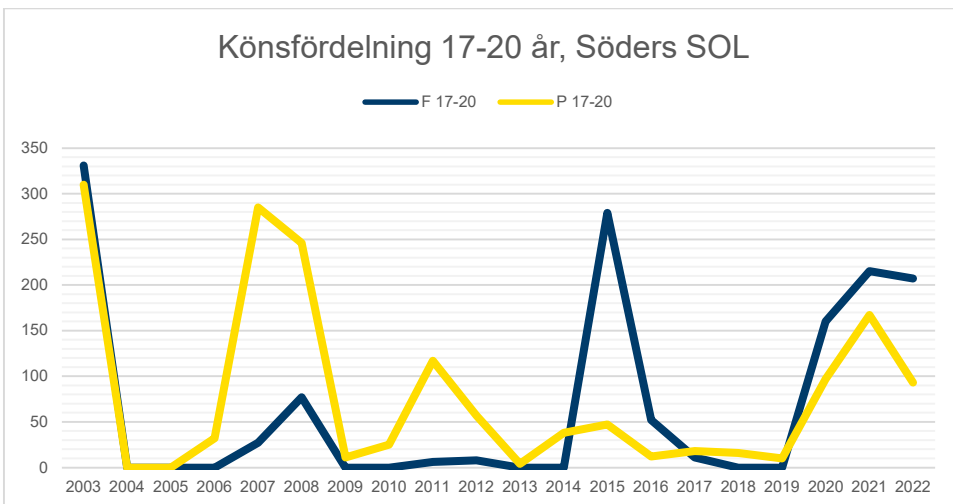
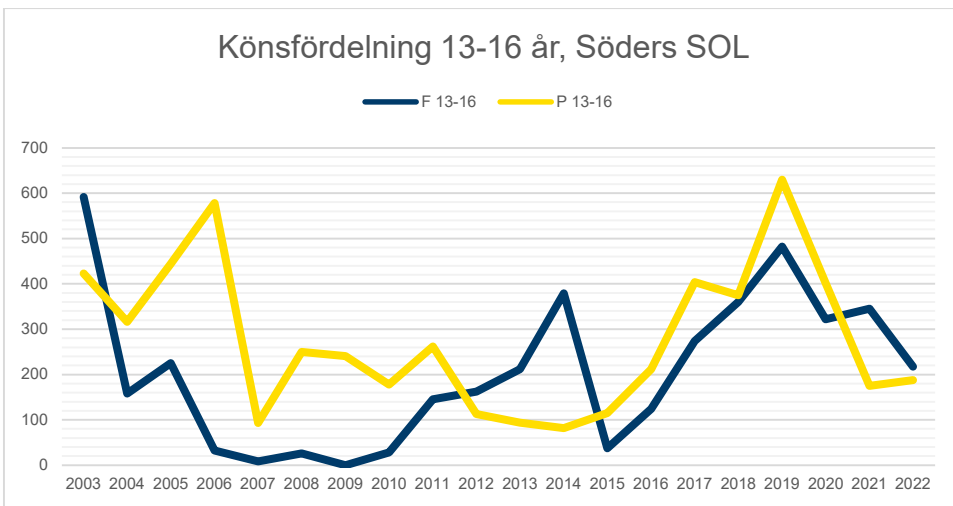
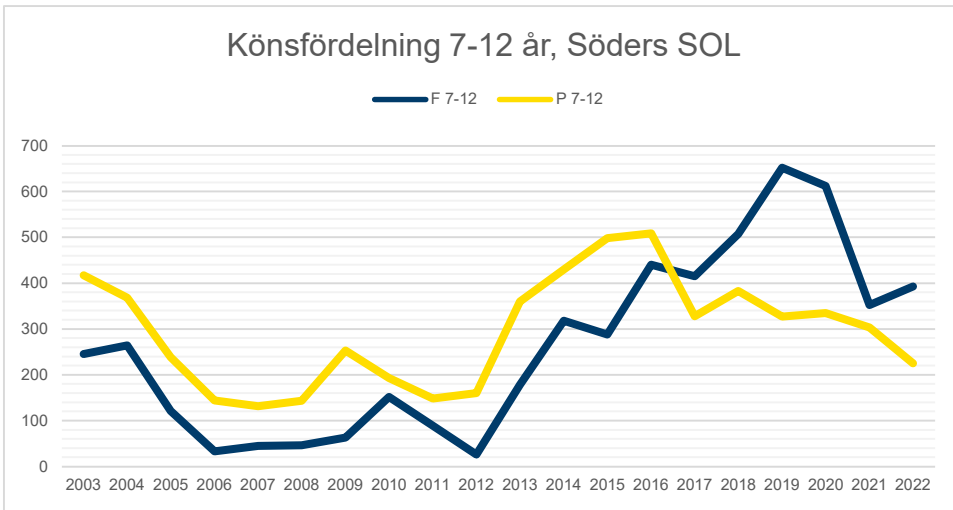


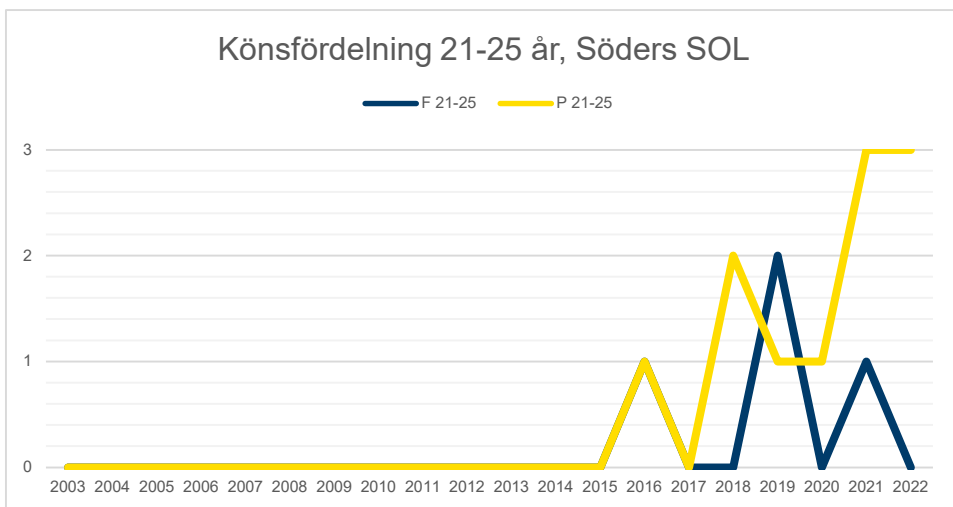
### Könsfördelning LOK-stöd, Söders SOL



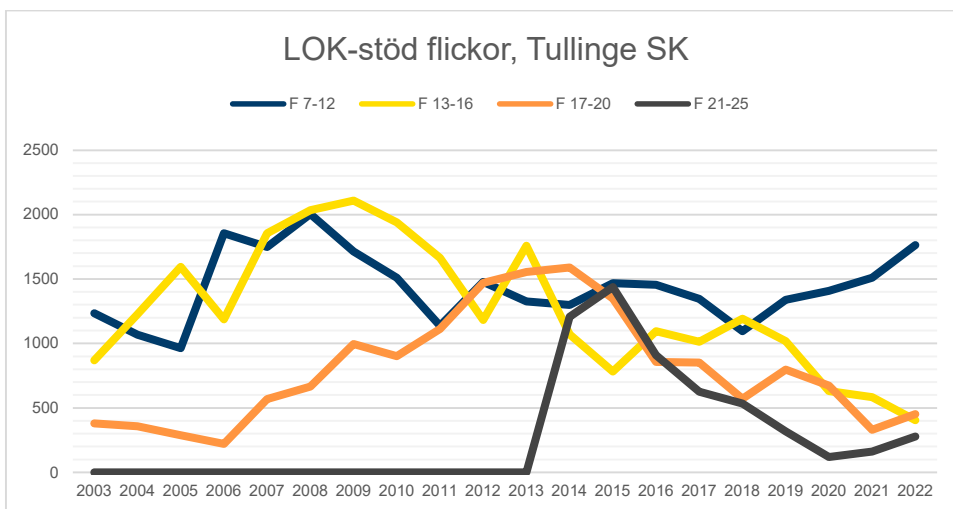
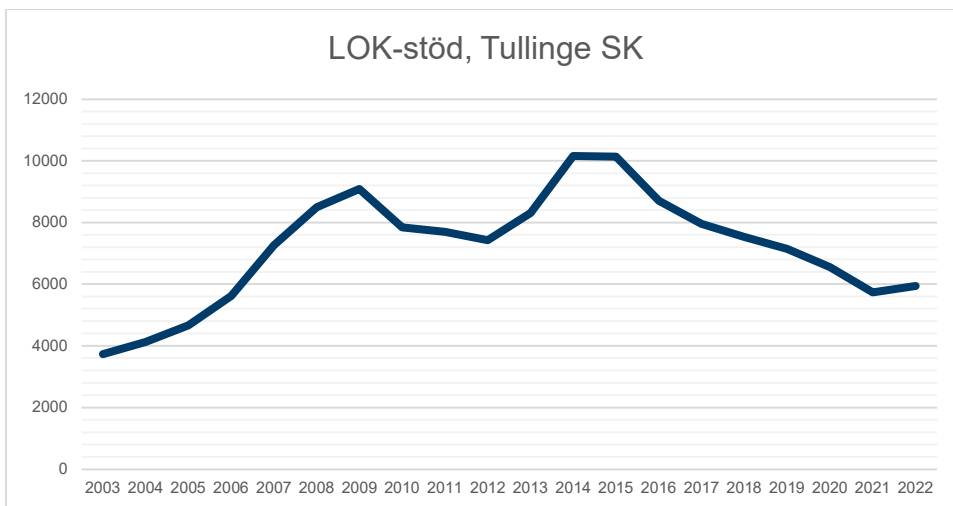
### Könsfördelning LOK-stöd, Söders SOL



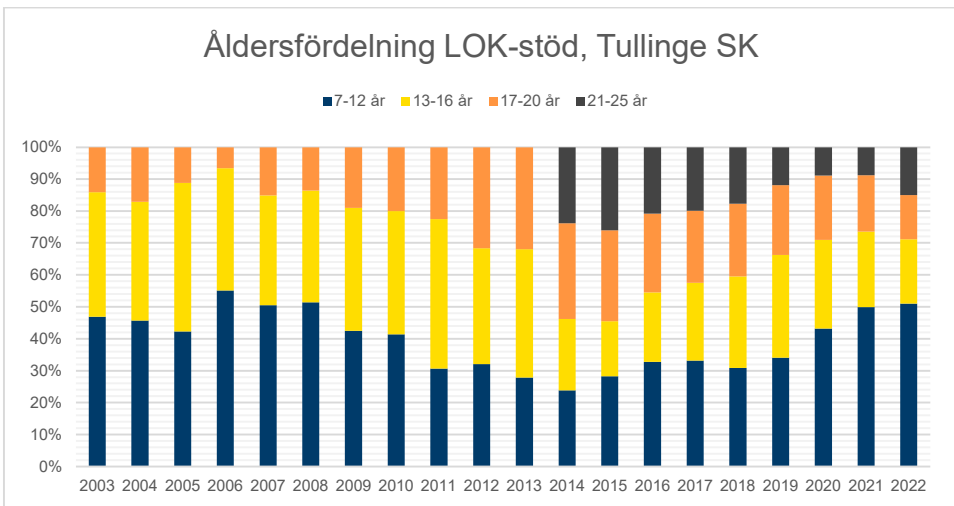
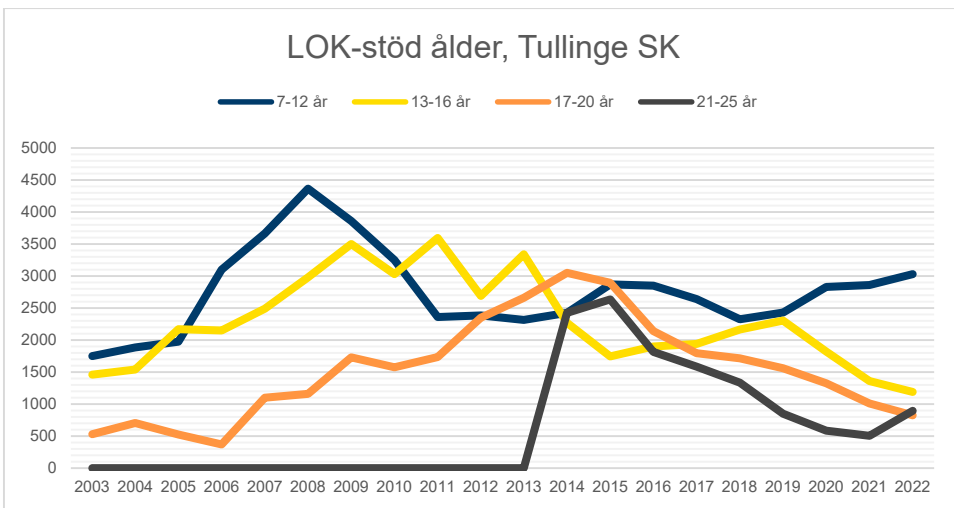
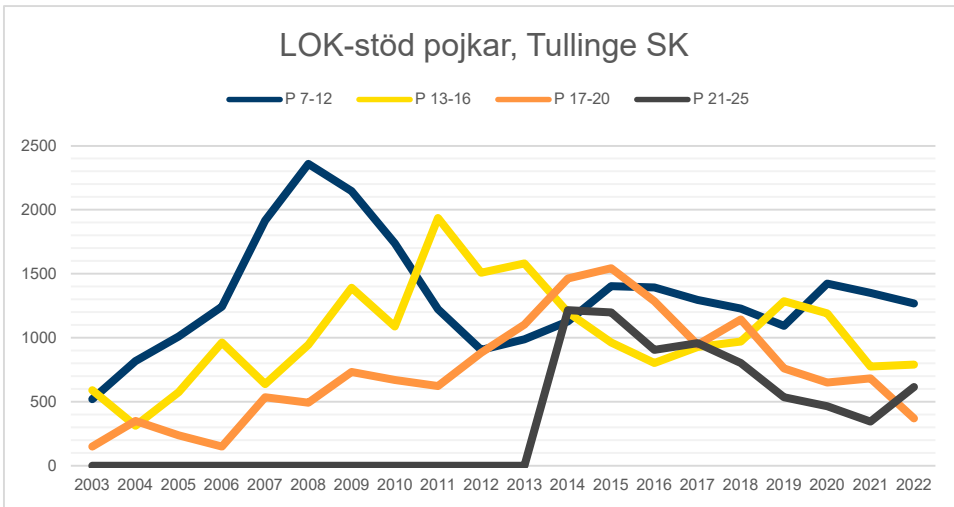


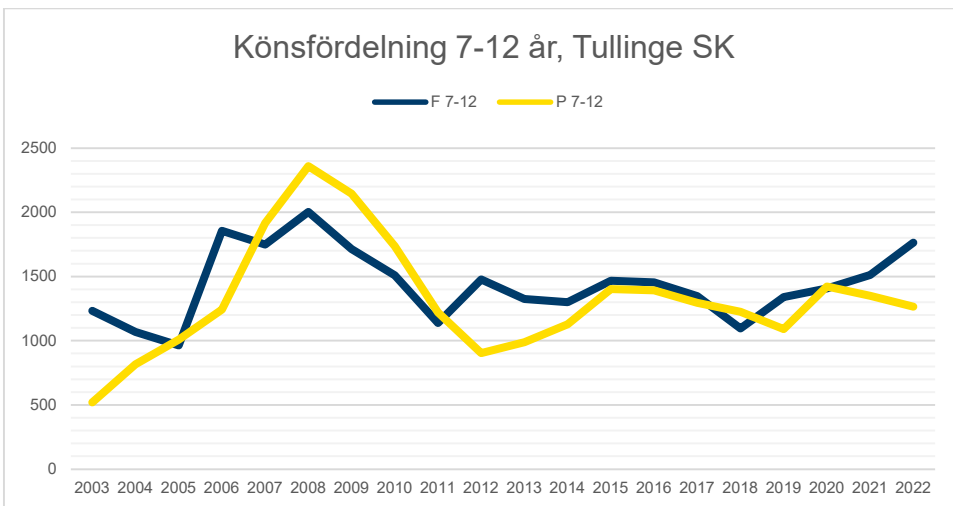
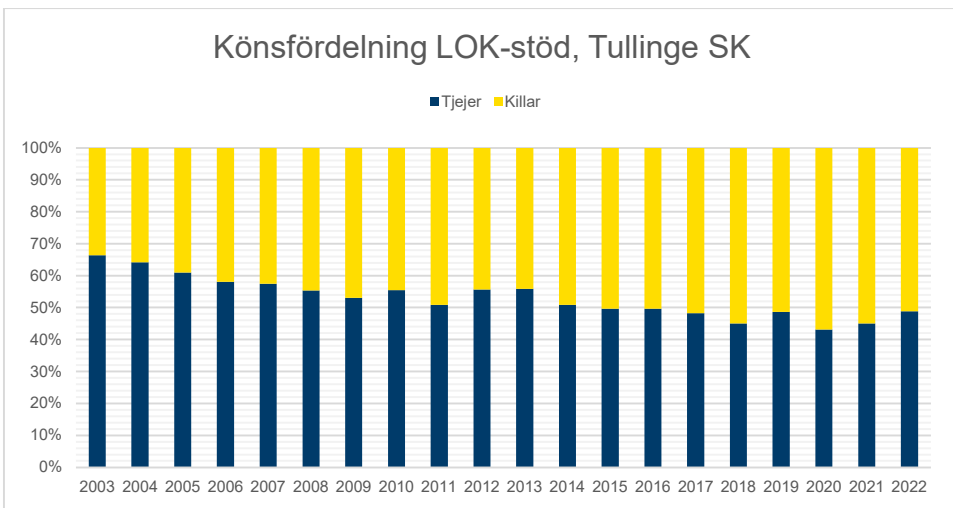
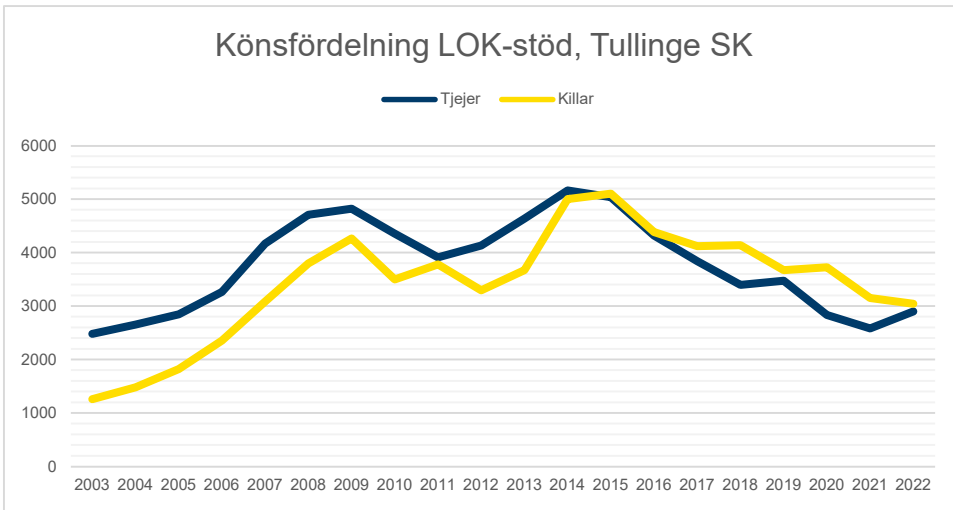


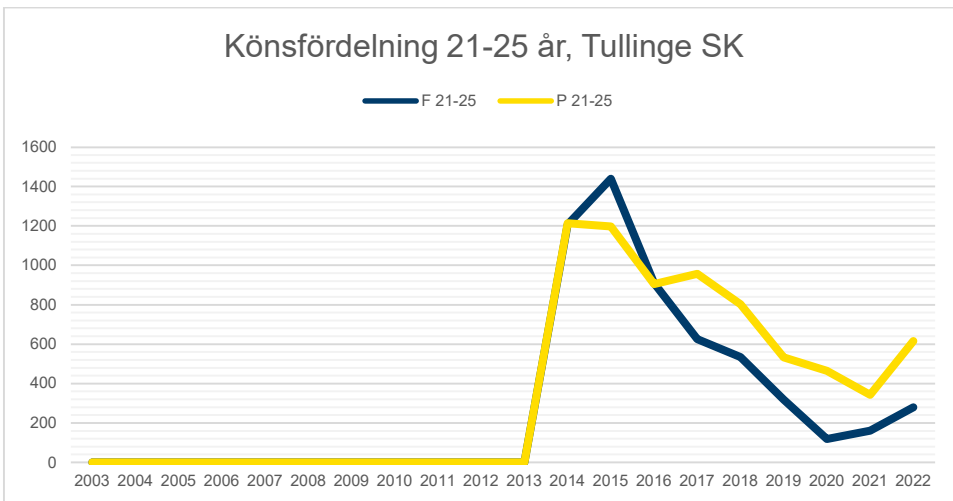
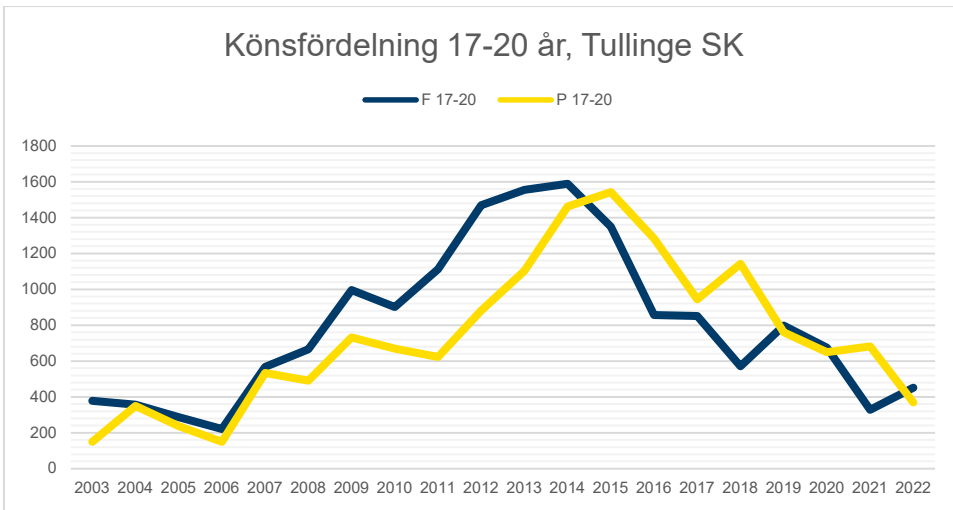
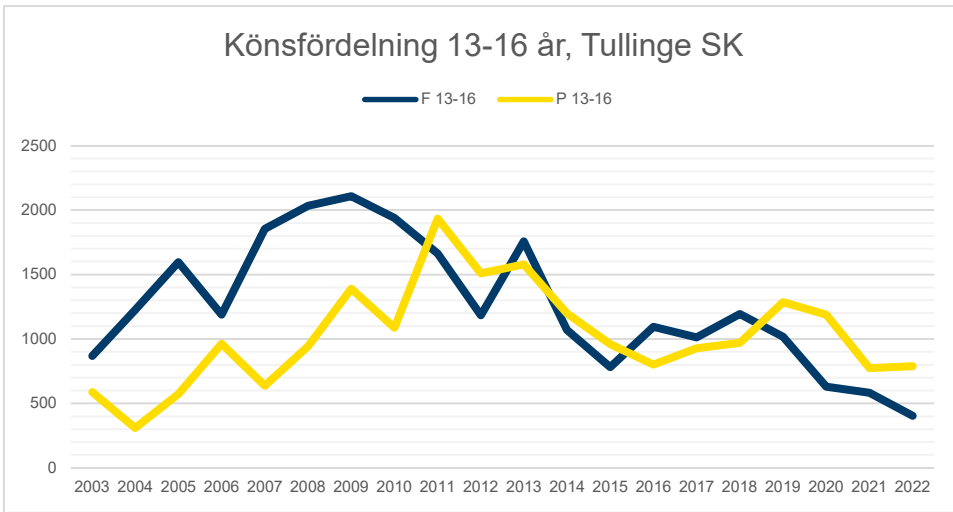
## 31. Tullinge SK



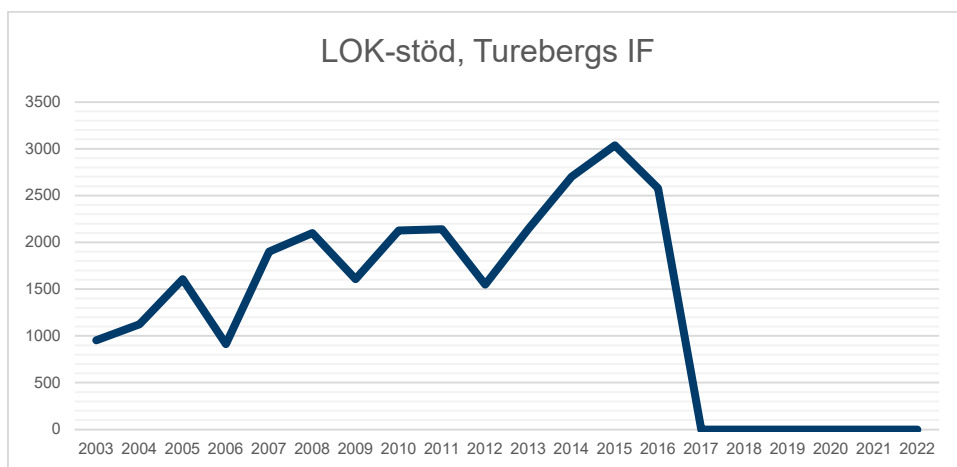




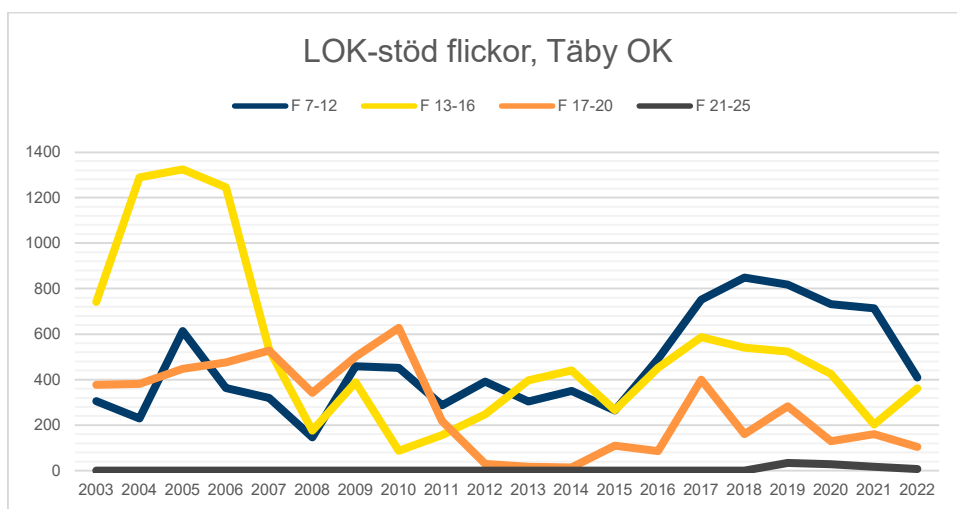
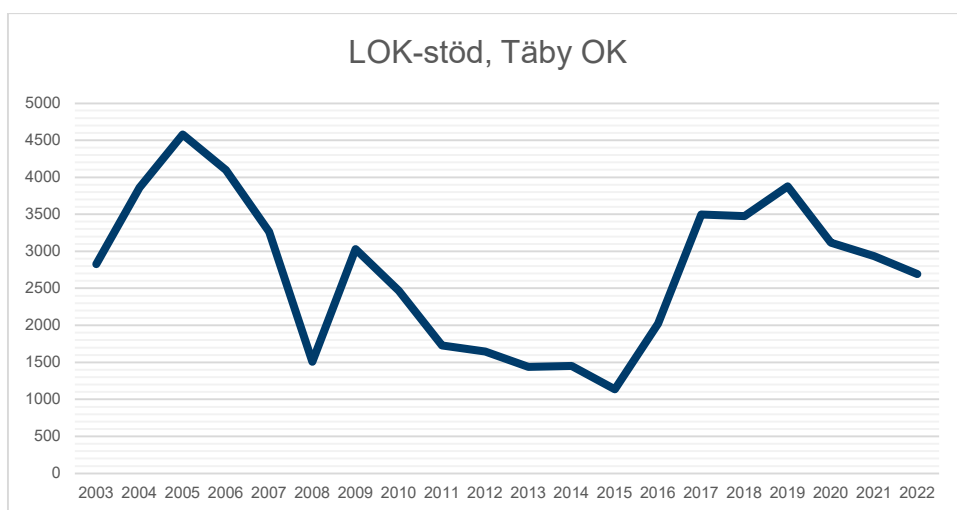


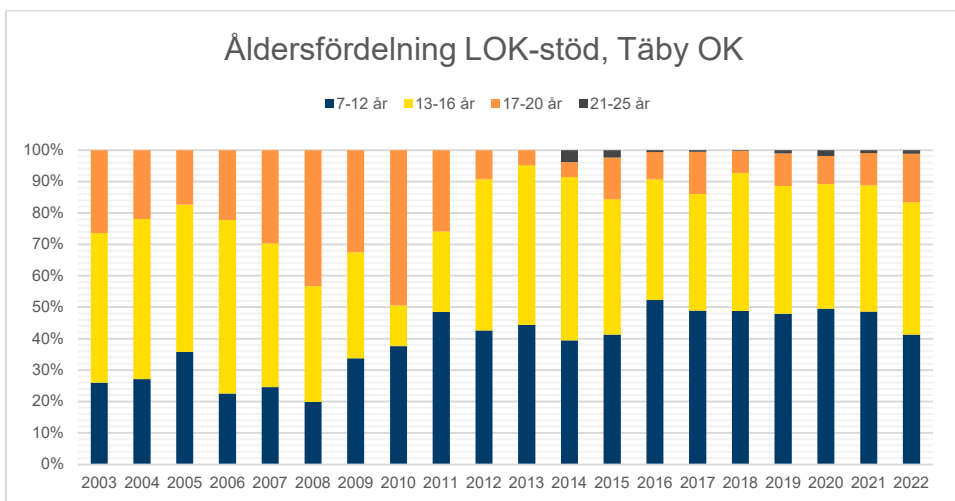
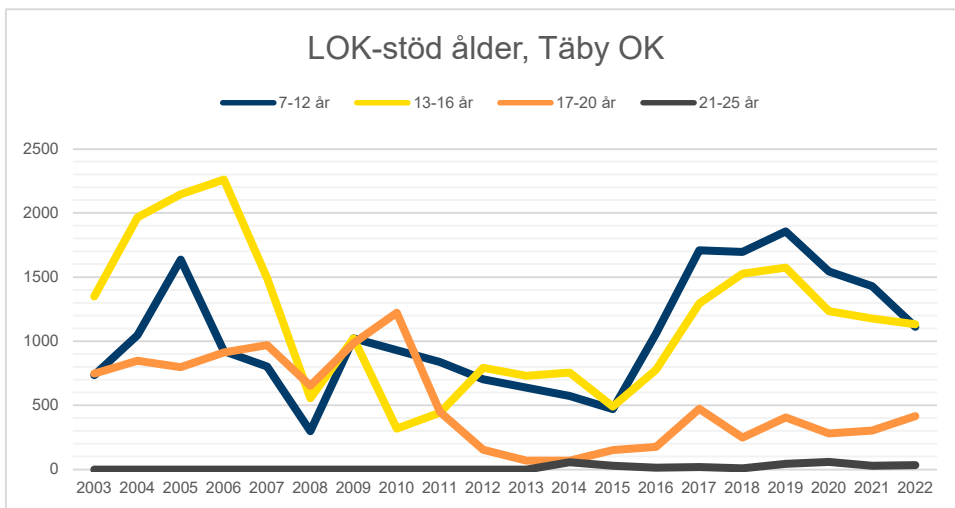
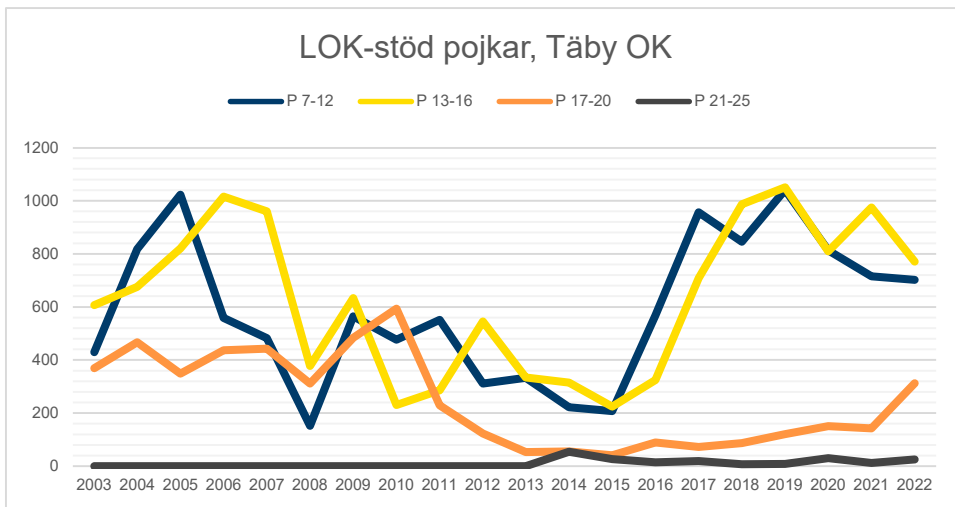


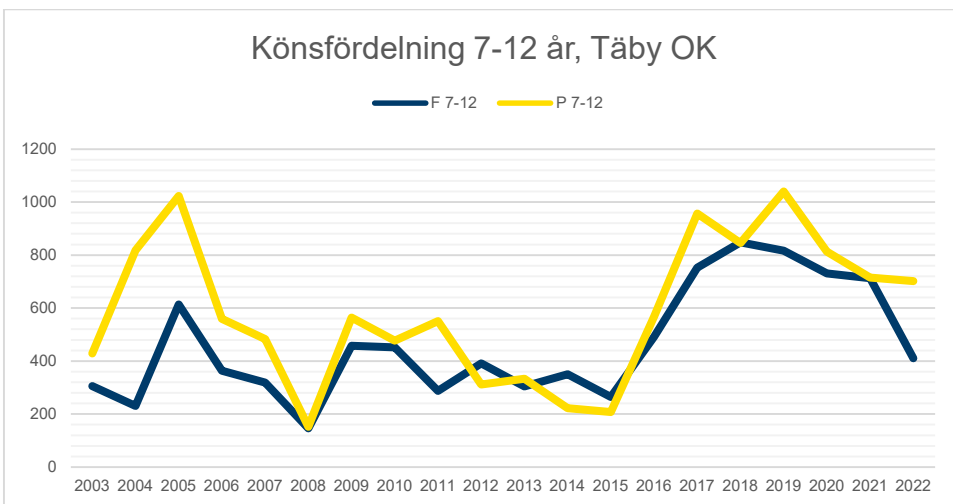
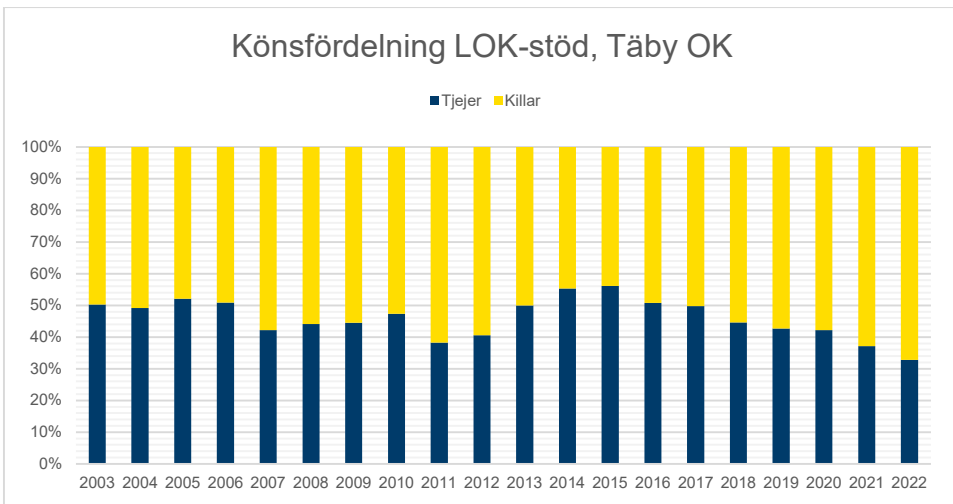
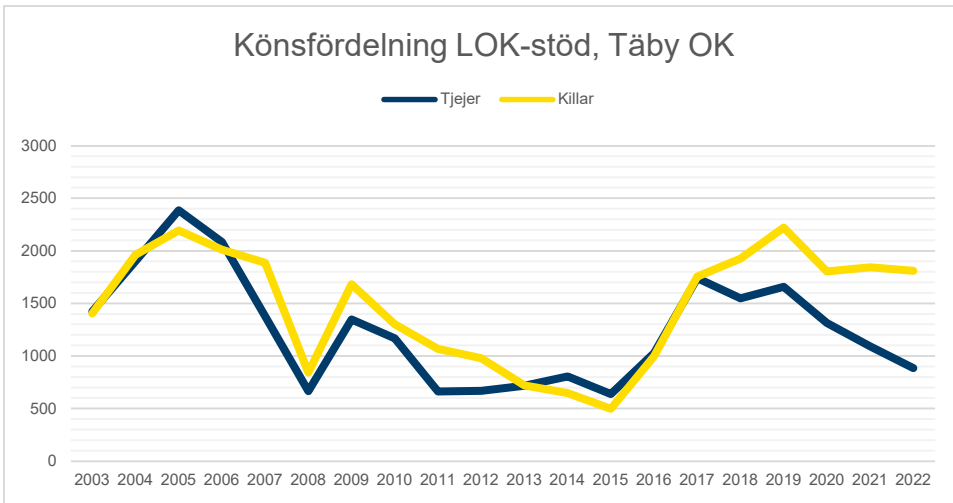
## 32. Turebergs IF



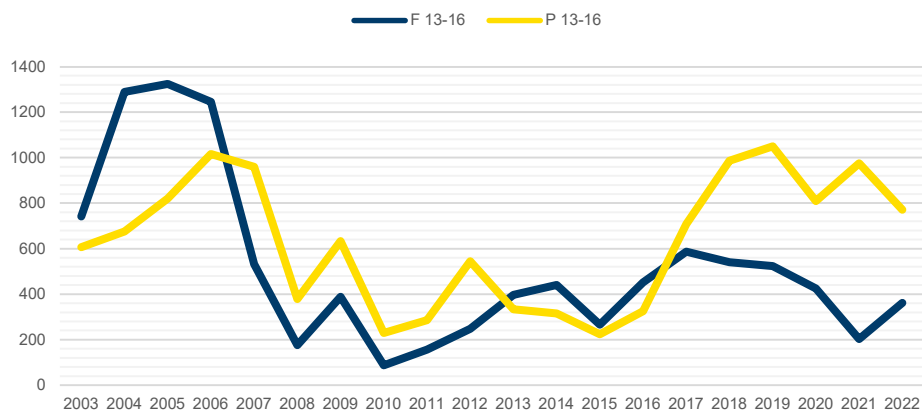
## 33. Täby OK



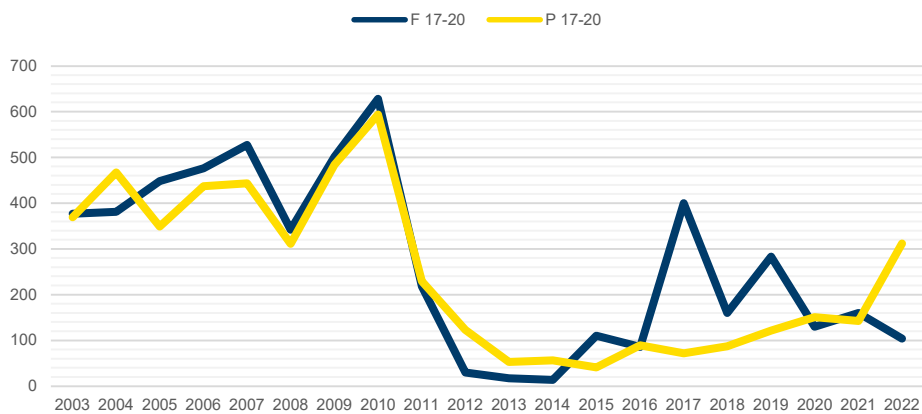




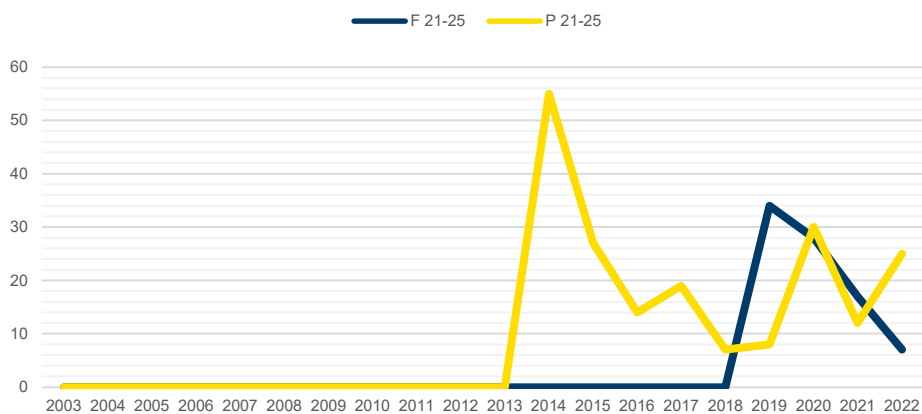
### Könsfördelning 13-16 år, Täby OK



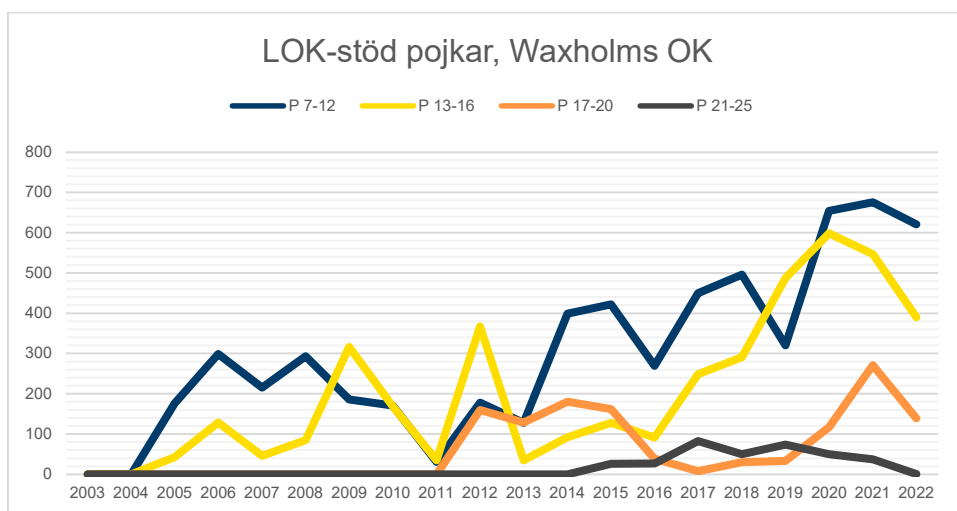
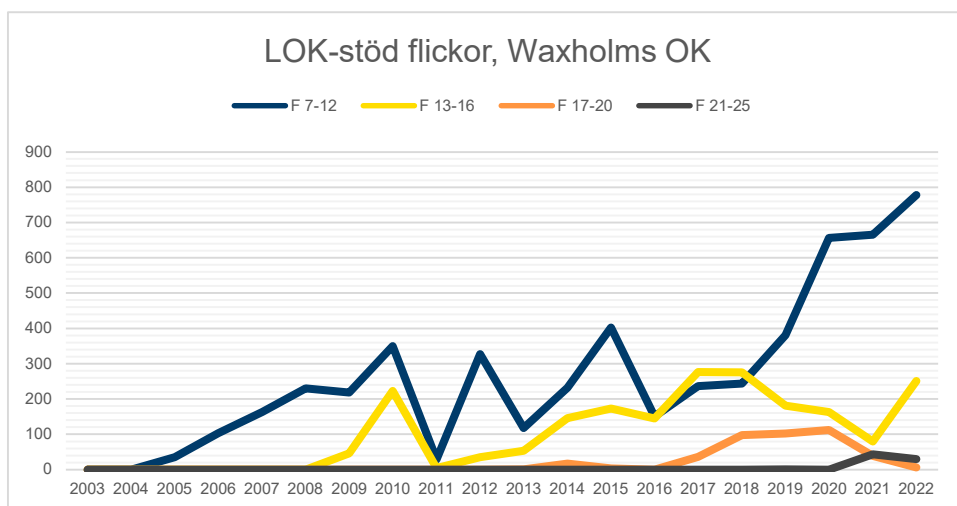
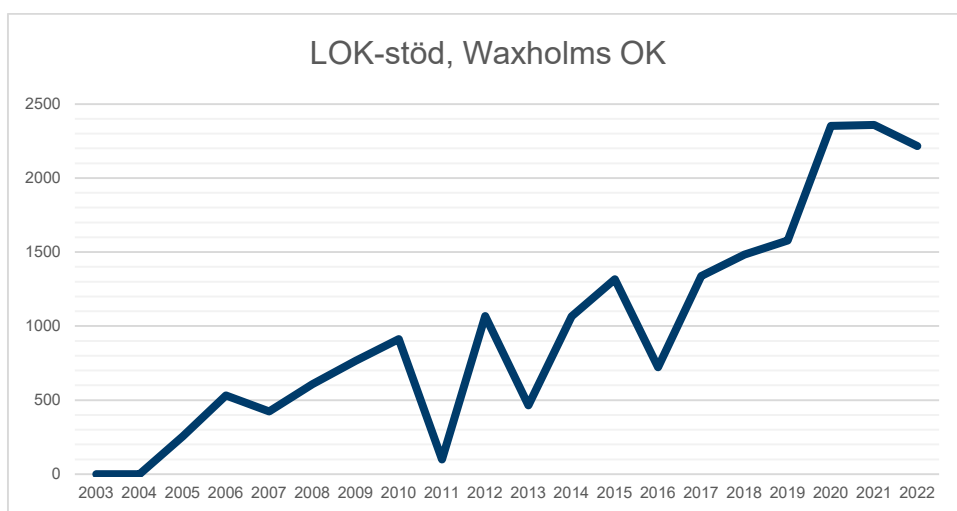
### Könsfördelning 17-20 år, Täby OK



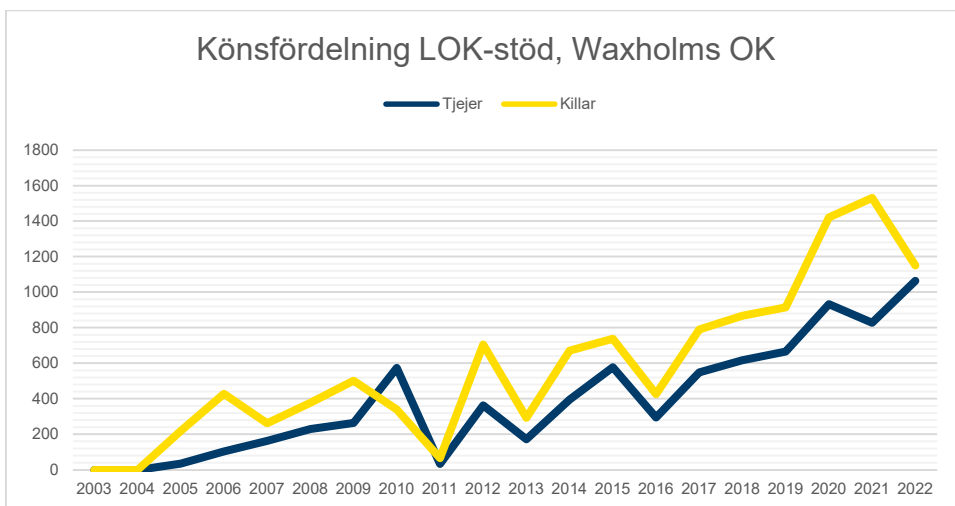
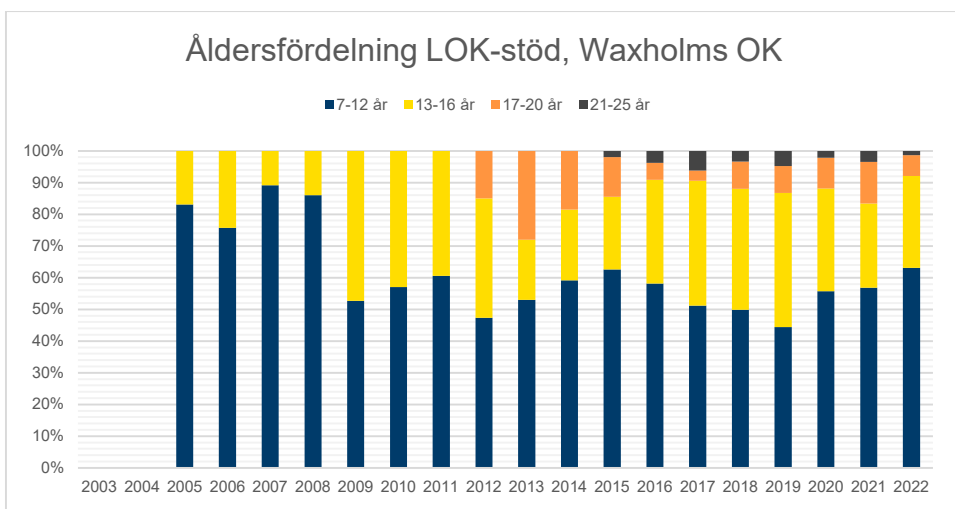
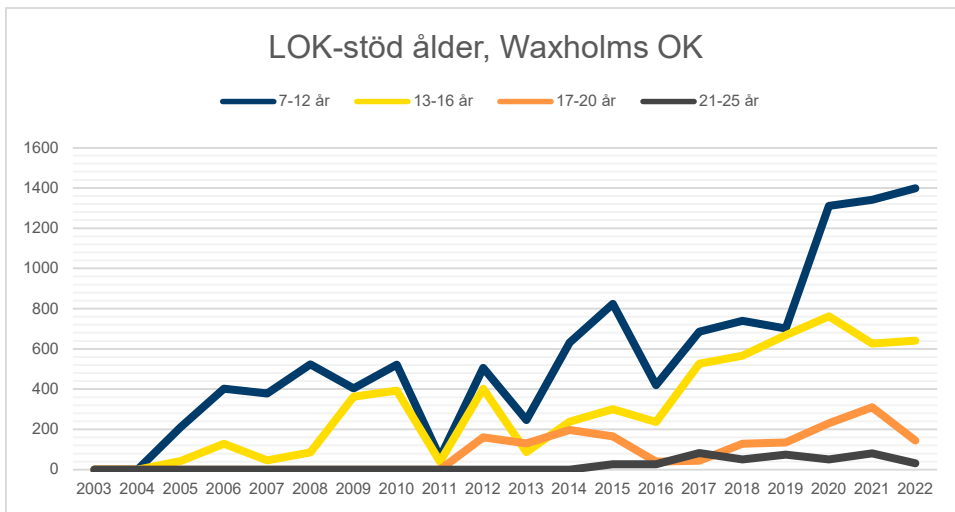
### Könsfördelning 21-25 år, Täby OK



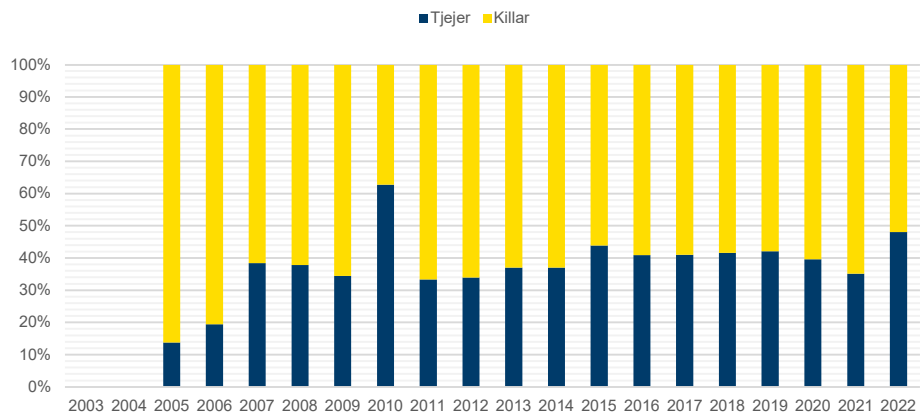
## 34. Waxholms OK



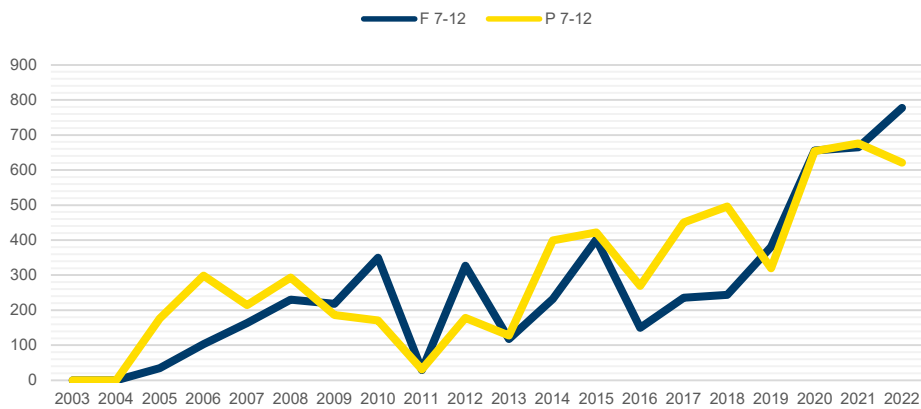




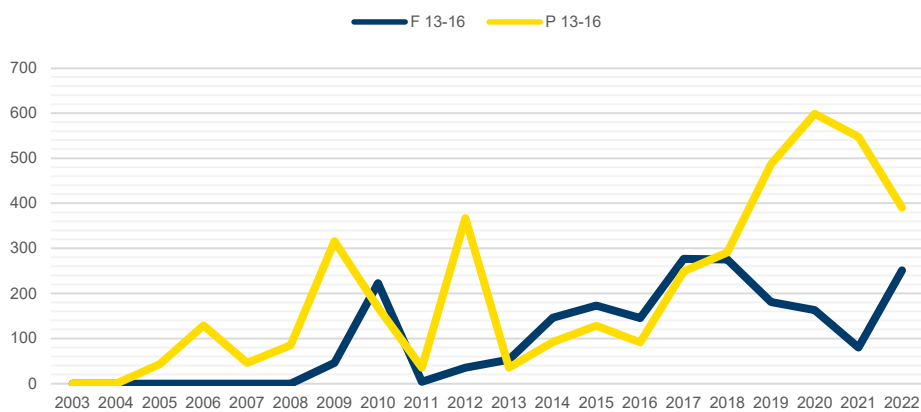
### Könsfördelning LOK-stöd, Waxholms OK

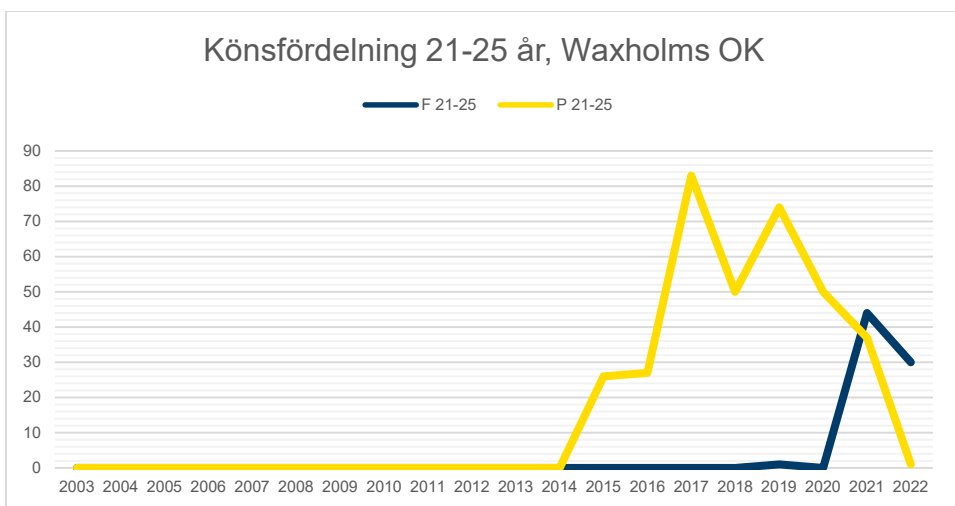
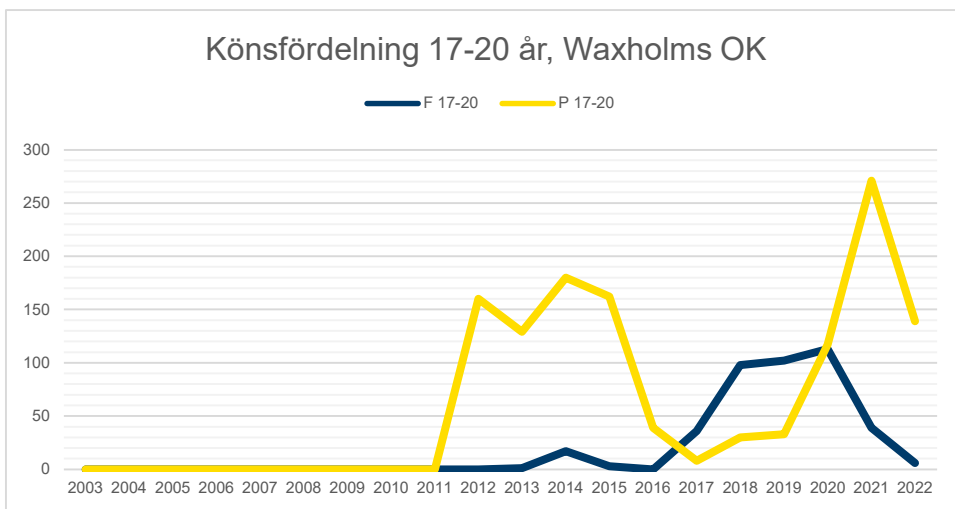


### Könsfördelning 7-12 år, Waxholms OK

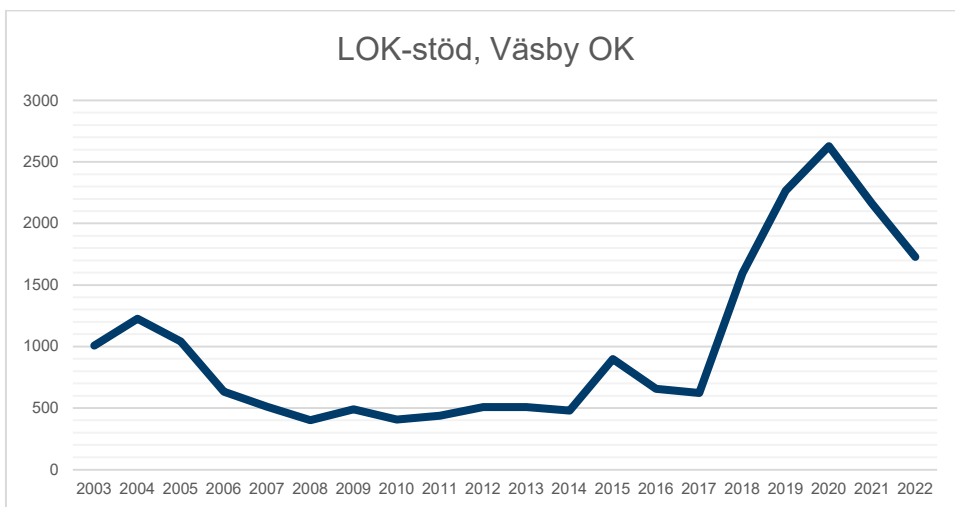


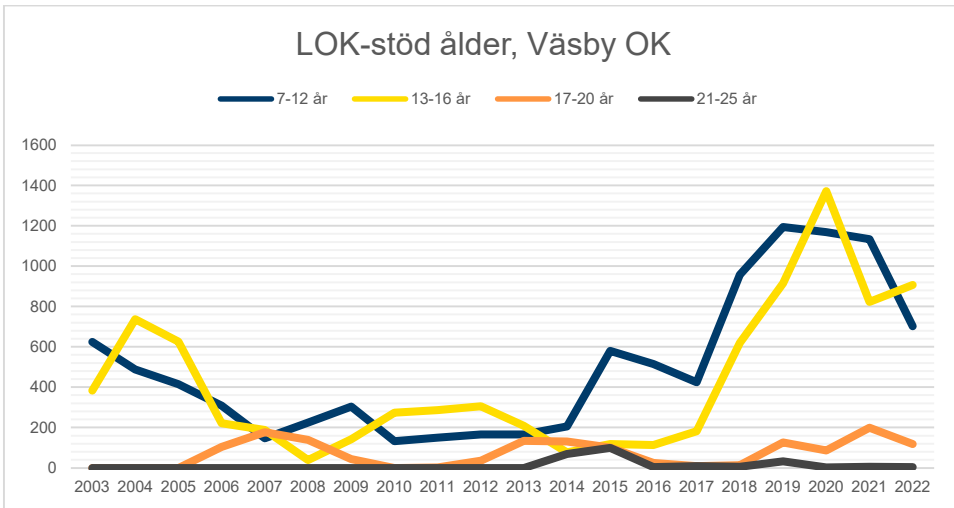
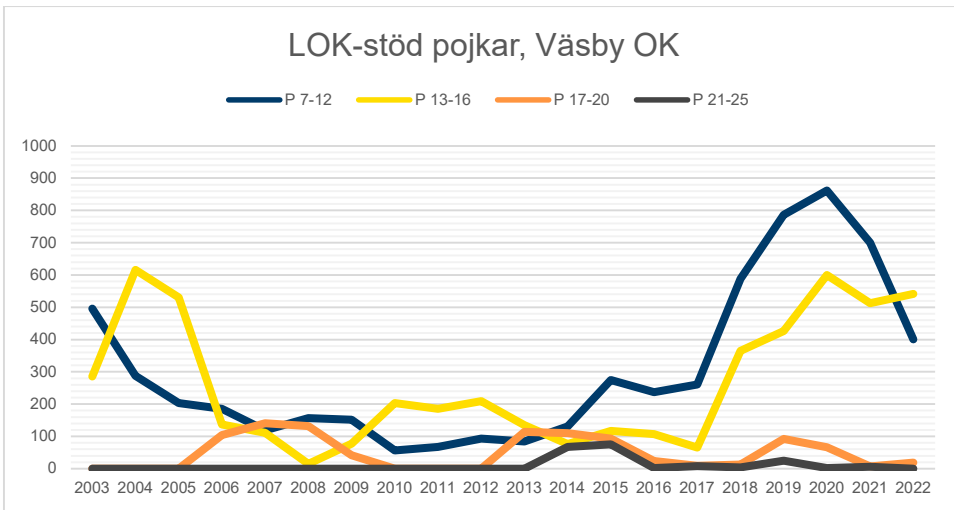
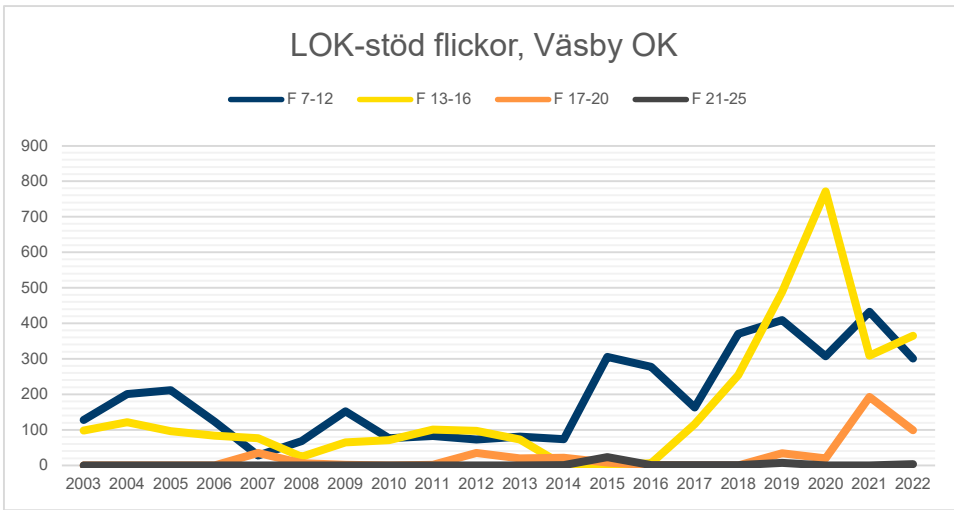
### Könsfördelning 13-16 år, Waxholms OK



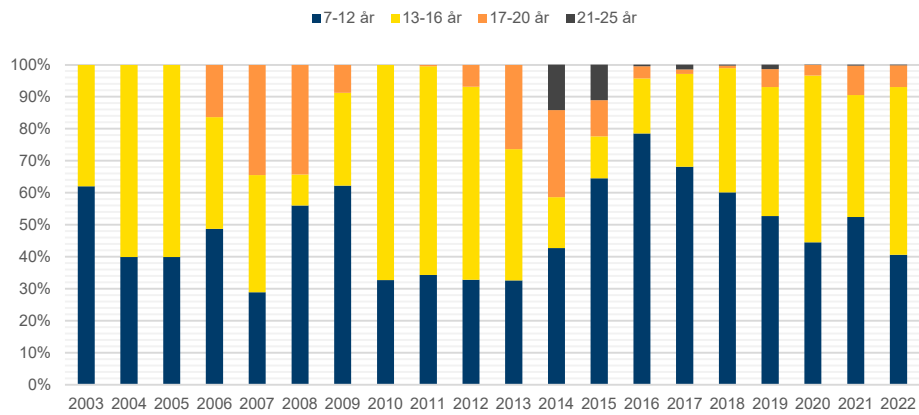


## 35. Väsby OK

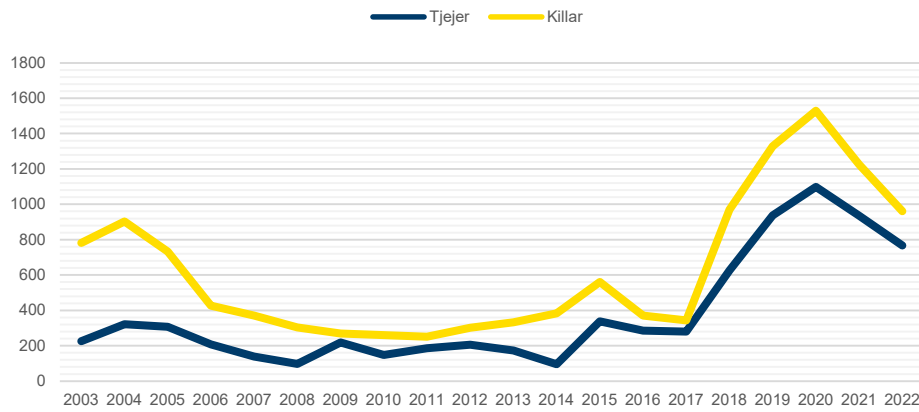




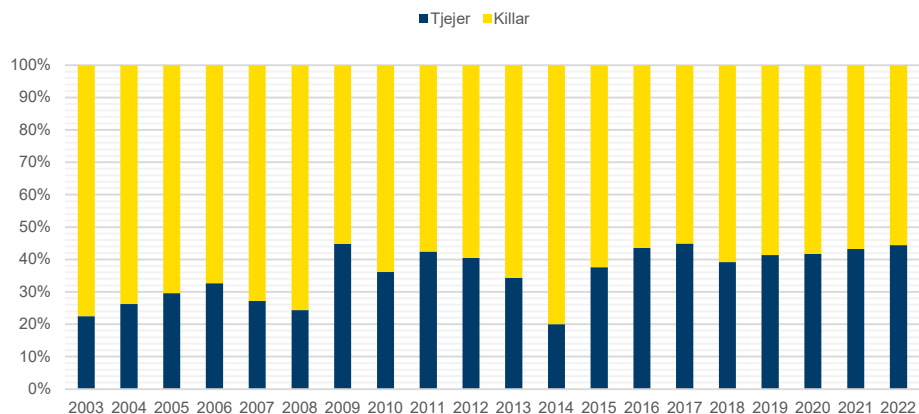
### Åldersfördelning LOK-stöd, Väsby OK

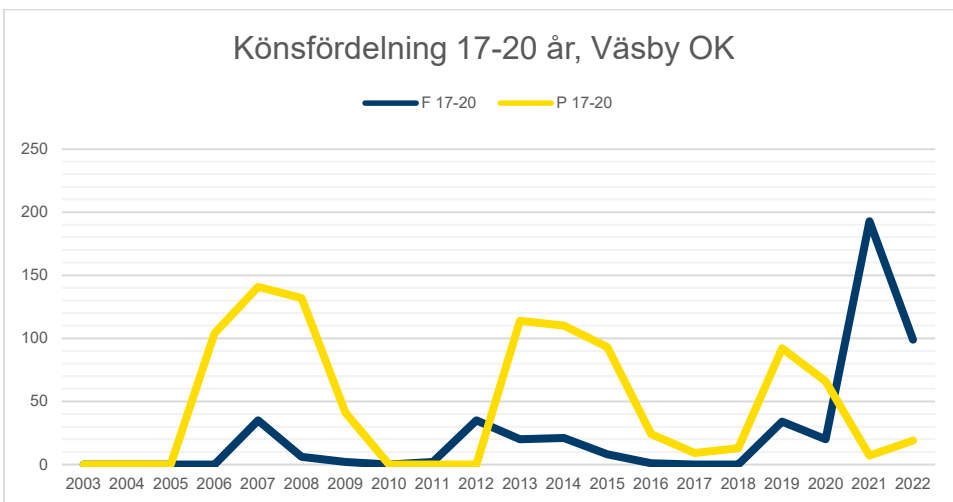
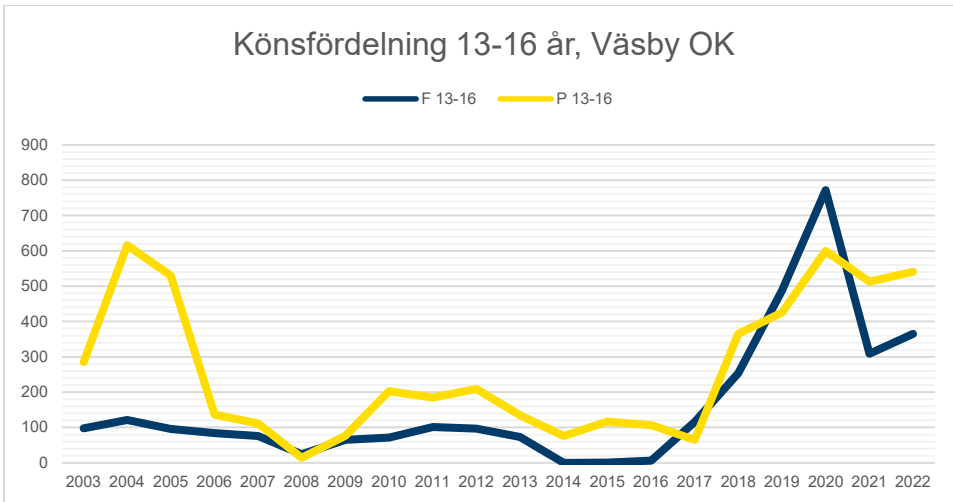
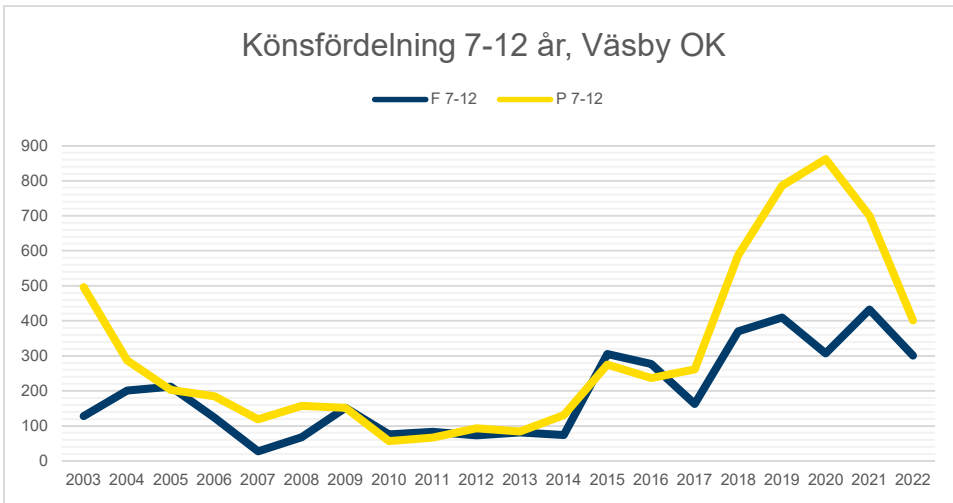


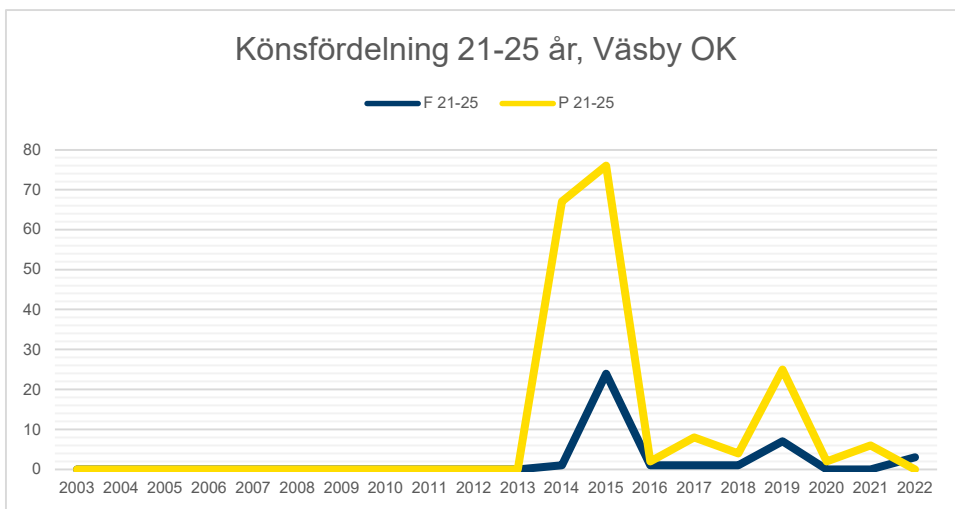
### Könsfördelning LOK-stöd, Väsby OK



### Könsfördelning LOK-stöd, Väsby OK







## 36. Älvsjö AIK

